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**Summit of the Future P4**

The second Lisbon Web Summit was staged this week at its riverside location at the Park of Nations. Last year's inaugural event in the Portuguese capital attracted a total of 53,000 people from 166 countries and 15,000 companies.



**Club Violence** ➤ P2-3  
One of Lisbon's most popular nightspots has been closed on after footage of bouncers violently attacking two civilians went viral on social media.

**Legionnaire deaths** ➤ P8



The number of confirmed cases of Legionnaire's disease in the current outbreak in Lisbon has now reached 38, which have resulted in two deaths.

**Santa's list** ➤ P16



Clothing, perfumes and books are at the top of Portugal's wish-list when it comes to Christmas presents, according to an annual study.

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FC Porto moved four points clear of Sporting, who had to share the points with SC Braga at Alvalade.

**WEATHER** ➤ P2

It was all smiles in Brussels and Lisbon this week as Portugal enjoys yet more financial successes

# ECONOMY KEEPS GROWING

Full story, see p. 6



Portuguese Finance Minister Mario Centeno (L) had reason to celebrate when he met with the President of Eurogroup Jeroen Dijsselbloem in Brussels this week following the release of excellent economic figures. (Photo: EPA/STEPHANIE LECOCQ)

# THE PORTUGAL News

Portugal's National Newspaper in English  
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## CONTACTS

Postal Address:  
Apt 13 • 8401-901 • Lagoa

Courier Address:  
Rua Município de S.  
Domingo Urb.Lagoa Sol •  
Lote 3 r/c  
8400-415 Lagoa

Classified: +351 282 380 315

Sales: +351 282 380 310

Accounts: +351 282 343 653

Newsdesk: +351 282 380 313

General: +351 282 341 100

Email:  
info@theportugalnews.com

Web:  
www.theportugalnews.com

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## PRODUCTION

Publisher:  
Paul Luckman  
publisher@theportugalnews.com

Editor:  
Brendan de Beer  
newsdesk@theportugalnews.com

Production Director:  
Madeline Luckman  
copy@theportugalnews.com

Photos:  
LUSA • Press Association

SALES MANAGER  
Sónia Seixas  
sales@theportugalnews.com

ACCOUNTS MANAGER  
Gaby Rodrigues  
accounts@theportugalnews.com

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# Government closes popular Lisbon nightclub on bouncer violence

One of Lisbon's most popular nightspots has been closed on government orders after footage of bouncers violently attacking two civilians went viral on social media, in what current affairs commentators have termed a "victory for social networks over Rule of Law".

**N**ewspaper *Público*, citing information from the Ministry of Home Affairs (MAI), reported 38 complaints have been made against the Urban Beach nightclub so far this year, 32 of which involved "the same eight security guards" and "allegations of violence or acts of discrimination or racism." Three security guards were arrested last Friday after shocking footage of them violently attacking a man already on the ground went viral on social media last week.

Two of the bouncers have been remanded in custody and all three appeared in court last weekend.

The "intolerable" incident triggered a hard-line response at the highest echelons, culminating in the Home Affairs Ministry shutting the venue down just hours after the footage went viral, and investigations being conducted by the Public Prosecutor and PSP police.

The incident happened during the early hours of Wednesday 1 November, in the immediate vicinity of the Urban Beach club, on the Santos Docks. In a statement issued following the episode, Urban Beach's parent company, Grupo K, said it "laments and vehemently condemns any act of violence."

**N** CARRIE-MARIE BRATLEY

The statement stressed "in nightlife there is sometimes a transformation and alteration of people's civic and social behaviour, which, for no apparent reason, provokes conflicts."

But, it added, the group "does not advocate or support any kind of aggressiveness by workers or employees."

Grupo K said it immediately suspended the security guards involved in the incident and has since rescinded its contract with the PSG private security group through which it subcontracted its bouncers. Urban Beach discotheque will remain closed for six months.

This is not the first time bouncers at Urban Beach have been accused of violence or discrimination. **The Portugal News** has been contacted by a regular visitor to Lisbon and told of a similar incident at that nightspot.

The French national, who regularly travels to Portugal, claims to have been "choked then kicked multiple times in the head and ribs by four men with my little sister watching." He said "at least eight" bouncers lined up outside the venue as the situation

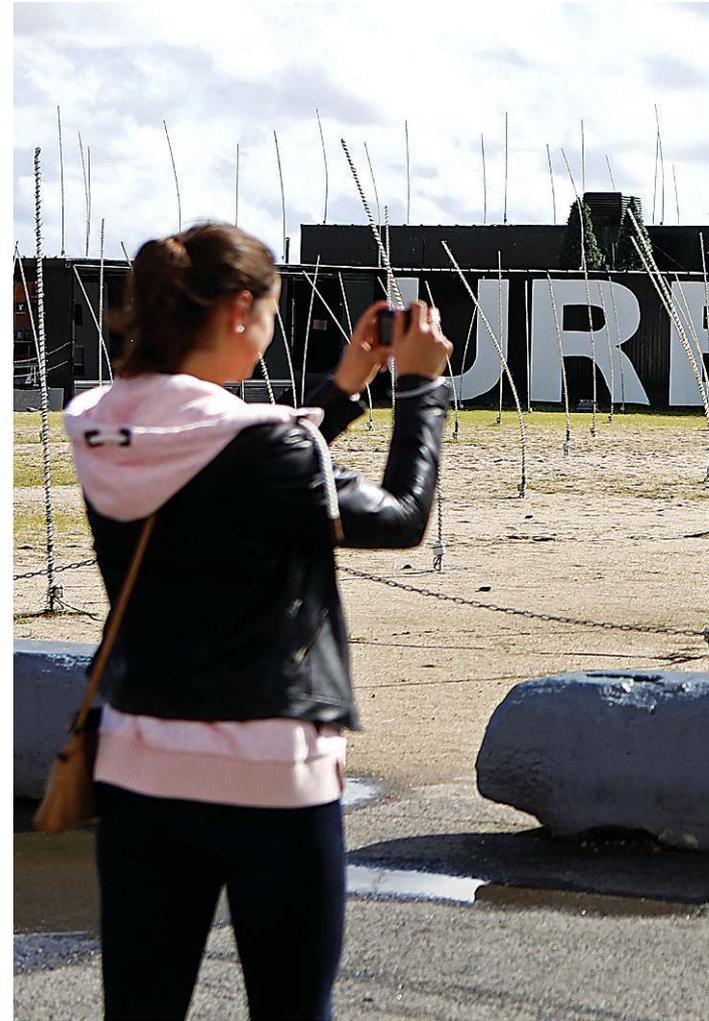
escalated, and described their response as "automated and weirdly organised". "I went to the club in mid August of this year. When being denied entry a friend of mine verbally confronted the bouncer and got sucker punched in the jaw. My friend started filming and was immediately put in chokehold and beaten to the floor - he has Asthma - when I intervened I was beaten by four men and suffered from concussion and multiple bruises all over my body. My younger sister witnessed all of this and started shouting and that's when they got physical with her, pulling her by the hair over several metres", the man recalled in comments this week. He said the bouncers "stopped immediately when their superior made a small hand gesture."

The victim, who asked to remain anonymous, said he was familiar with the club because on two prior separate occasions he was denied entry to the venue and feels both times it was because of his colour. He said the incident involving him this past summer, which happened on 12 August, "was not an interaction between drunk people and normal respectful bouncers; it was five young adults and teenagers trying to party in Lisbon, and a team of racist, violent bouncers."

In 2014 Portuguese Olympic athlete Nelson Évora also said he had been stopped from entering the club because of his colour. At the time he said on Facebook he had been stopped at the door because there were "too many black people in the group."

Urban Beach denied the accusations of discrimination. But it seems such incidents are not confined solely to Urban Beach.

**The Portugal News** was also contacted this summer by a 29-year-old British national who said he was "attacked on holiday"



The Ministry of Home Affairs has ordered the closure of the Urban Beach nightclub after security guards of the club violently attacking two apparently black tourists.

inside another Lisbon club, "for no apparent reason apart from the fact that I'm a black tourist." Don Samkange, who works for MTV UK as a Music Network Scheduler, told **The Portugal News** in August, he was left with injuries so severe that he required surgery, and a month later still had nerve damage and no feeling in part of his face. He spent two days in a Lisbon hospital following the attack inside the Place Lisbon nightclub, in June. Among the injuries he sustained were a broken jaw, fractured finger and extensive nerve damage to his face and throat which left the Londoner on a liquid diet and facing a recovery that could span months.

He claimed he was attacked by bouncers in the Lisbon club's toilets; "They punched me till I lost consciousness and stomped on my face and neck whilst I was on the floor, ignoring my scream that I couldn't breathe. My phone and cash were stolen from my person, and I was left literally drenched in blood."

An ambulance was called, and he claimed "the security guards lied to everyone and said I was doing cocaine and then changed their story to say that I was trying to buy cocaine - I don't do drugs, but I had tests which came back negative for cocaine and low blood alcohol."

"Regardless, drugs aren't a justification for that type of violence. I personally think that the attack was possibly racially-motivated."

Mr. Samkange, who filed an official complaint with police, added the incident had not put him off travelling, "but it has made me wary and less naive about racism in foreign countries."

He lamented: "Lisbon is a beautiful city with wonderful people and I know that not everyone is like the people who attacked me, but unfortunately, it has tainted my view of the city a little. It's also made some of my friends and family think differently about the city and Portugal as a whole. Despite this, I'm sure one day I'll go back." He said he decided to go public with his story after

## WEATHER

### Winter is coming

Some might have doubted whether or not winter would ever arrive as we entered the month of November, but the forecast for the coming week suggests that the smell of smoke coming from chimneys will be quite common.

**Lisbon:** The Portuguese capital will enjoy blue skies for much of the coming week, but with the clear skies, night temperatures are set to plummet. Rain at the end of next week will see highs drop to below 20 degrees Celsius.

**The South:** Southern Portugal will experience similar weather to Lisbon this coming week, with thermometers set to fluctuate between 7 and 20 degrees Celsius. There is a chance of rain at the end of next week.

**The North:** Northern Portugal will be much cooler next week, with highs set to struggle past the 15 degree mark. Rain is also expected to arrive before next weekend.

# Hotspot after shocking footage of



Urban Beach nightclub in Lisbon following an incident last week, footage of which went viral on social networks showing alleged senseless men, who did not put up resistance. (Photo: ANTÓNIO PEDRO SANTOS / LUSA)

discovering “other people including women have been manhandled in a similar way” at that venue. Social media and travel review sites are peppered with similar claims of bouncer violence at Place Lisbon.

In response to **The Portugal News’** request for comment, a spokesperson for Place Lisbon said it did not have any record of the incident involving Don

Samkange, but did offer to look into it further.

It stressed “ninety percent of complaints in nightlife allege ‘racial motivation’, and then it is confirmed that this is not the reason. We have several black security guards and others, for which we consider it an affront to claim racial motivation.”

The spokesperson reiterated, any suggestion the assault was racially-moti-

vated is “completely unrealistic.”

Meanwhile, the Portuguese Association of Security Companies (AES) said “harsh punishment” should be handed out to companies operating “outside the law.”

Rogério Alves, president of the AES, said the repeated situations of violence “end up destroying and affecting the image of an activity that is carried out by 35,000

professionals in thousands of places scattered throughout the country, and with a high level of public appreciation.”

The victims in last week’s incident at Urban Beach have said they will be pressing charges with the Public Prosecutor; the Ministry for Home Affairs has said it will be looking to introduce changes to the way private security companies are regulated.

## N News in Brief

### Economy minister says Portugal would welcome companies leaving Catalonia and UK

Portuguese economy minister, Manuel Caldeira Castro, said this week at the Web Summit that Portugal would be happy to welcome companies leaving Catalonia in Spain because of the political crisis, and those leaving the United Kingdom because of Brexit. He added these companies would find Portugal a tolerant and open-to-business country, as well as competitive in terms of costs, the quality of technological infrastructures and workers. The Minister further revealed car manufacturers such as Mercedes and Volkswagen are hoping to make major investments in Portugal.

### 400 athletes expected at IV International Algarve Swimming Meeting

The IV International Algarve Swimming Meeting will bring together around 400 athletes in the municipal swimming pools of Vila Real de Santo António. The event takes place this coming weekend and is part of the European Swimming League and the National Swimming calendars. In total, about four hundred competitors from more than 50 clubs are expected to attend.

### Rice producers fear unemployment next year

Rice producers from Alcácer do Sal, south of Lisbon, have said they are worried they won’t be able to grow anything next year if the current state of drought continues. This year, the sown area was already cut by between 20 to 30%. Rice producers fear they may be unemployed next year since the quantity of stored water in two dams in the region that supply the producers’ crops may be not enough to face future needs. The amount of water stored in the dams has been declining for three consecutive years.

### Little fortune for Portugal in Euromillions draw

Portugal enjoyed little fortune in Tuesday night’s Euromillions draw. The best performance here was a share of fourth prize, with two players in Portugal each collecting just over 4,000 euros after correctly selecting four of the five winning numbers and both the lucky stars. Meanwhile, no player anywhere in Europe managed to win either the first or second prize, with two players winning just under half a million euros after correctly selecting the five winning numbers, but neither of the lucky stars. The winning numbers were 7, 19, 20, 37 and 41 and the lucky stars 2 and 12.

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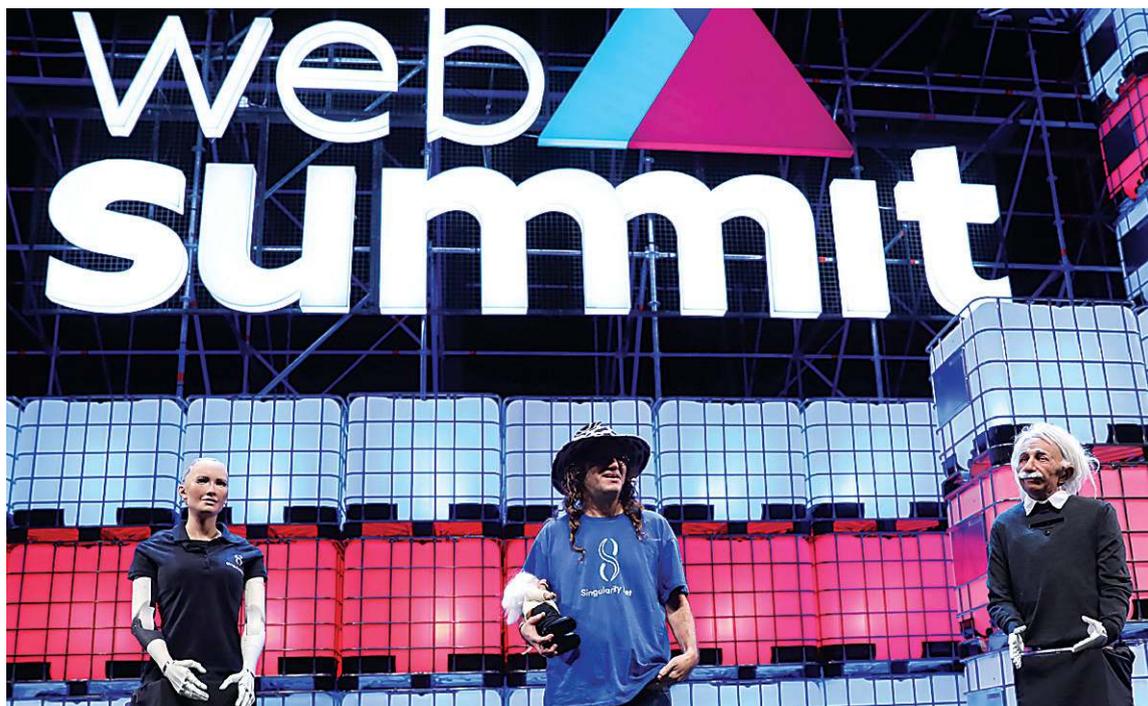
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# Lisbon hosts world's largest tech conference

The second Lisbon Web Summit was staged this week at its riverside location at the Park of Nations. Last year's inaugural event in the Portuguese capital attracted a total of 53,000 people from 166 countries and 15,000 companies.



The founder and CEO of SingularityNET Ben Goertzel (C) speaks with the humanoid robots Sophia (L) and Einstein (R) during the second day the 7th Web Summit in Lisbon, Portugal, 07 November 2017. The annual technology and internet conference attracts over 60,000 attendees from more than 100 countries, according to the organisers. (Photo EPA/ANTONIO COTRIM)

## Gov't down 13 million euros in revenue from tolls

Portugal's government has lost 13 million euros in revenue from tolls after cutting the charges last year.

The government slashed tolls on inland motorways and on the Algarve's A22 last August.

Despite an increase in the

number of vehicles using the motorways, revenue generated from tolls has dropped by an overall €13 million.

Organisers were this week expecting 59,000 participants at the four-day event, which ran from Monday to Thursday.

The event, which was completely sold out, is estimated to be worth at least 200 million euros to the Portuguese economy.

This year's event was marked by a series of discussions and interesting admissions by

guests invited to give an address at the Web Summit. Among them were the head of digital strategy for the United States president's campaign, who said Donald Trump should use Twitter "as much as possible" because that is the best method to communicate "directly with people". Asked about the US president's use of Twitter, communications expert Brad Parscale said he wants President Trump to use this social network as he believes "people want to hear their leaders."

Earlier, British scientist Stephen Hawking told the Lisbon Web Summit that he was optimistic about how artificial intelligence would be put to work, but launched serious warnings because this process could be the "best or the worst" thing for humanity.

Speaking through a video message shown on the two main screens at the technology summit, the scientist stated he was optimistic and believed that AI could make the world a better place.

Recalling his own experience with the use of technology due to his own disabilities, he told the audience that this new technological revolution could maybe cancel out the damage caused to nature by industrialisation. The CEO of Booking.com, a Dutch digital hotel accommodation platform, Gillian Tans, meanwhile said at the Web Summit that the company is going to invest in artificial intelli-

gence to make travelling much more customised for clients. "I really think artificial intelligence can help clients decide where to go for their vacations and what to do at their destination. Planning journeys is not always easy and artificial intelligence is going to provide better travelling experiences", Ms. Tans said at a conference called 'Artificial intelligence is the future of travel'.

Along these lines, two robots at the Web Summit in Lisbon discussed how they would take over human jobs in the future, but they also said they would not destroy mankind.

Sophia and Einstein are two robots developed by David Hanson, who created the company Hanson Robotics, and they are programmed to debate current affairs.

Sophia, who was also in Lisbon for last year's event gave a clear answer to the question: "We are not going to destroy the world, but we are going to take your jobs".

Einstein, another robot made to look like the famous scientist, said the problem of living alongside humans was not technological, but had to do with values.

"Robots are going to be able to assume human values and this is going to be a problem", it said. Einstein also said that humans have to take care of themselves to ensure their creations remain healthy and that "there is hope" of healthy work between humans and robots. *TPN/Lusa*



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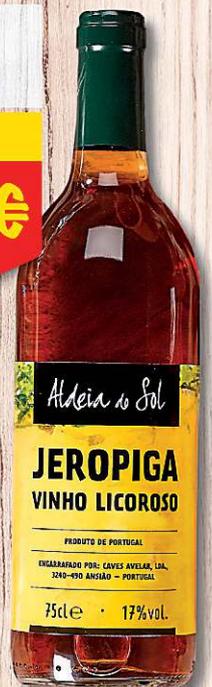


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# Economy – Records keep on tumbling



BRENDAN DE BEER

Portugal has once again recorded a series of positive economic results in the space of just one week. The unemployment rate hit a new low, debt yields fell to their best rates ever, overall well-being continued to improve, while the EU has revised Portugal's budget deficit forecast down to just 1.4 percent for 2017.



Prime Minister António Costa (left) and UN Secretary General António Guterres pictured here at the Lisbon Web Summit where they both delivered powerful addresses. (Photo: EPA/ANTONIO COTRIM)

**F**inance Minister Mário Centeno was this week in a celebratory mood yet again as Portugal auctioned off over a billion euros in sovereign debt at its lowest yield on record. This was even more satisfactory as it was the very fact that government debt had reached unsustainably high levels which led to Portugal asking the IMF and the EU for a bailout six years ago. This appears to be partly the result of the move by Standard & Poor's to upgrade Portugal's credit rating in September, with Fitch and Moody's now expected to follow suit, which would inevitably result in Portugal's sovereign debt yields falling even further. Portugal's improving financial situation and status globally, have also seen positive results on a domestic front. Figures out on Wednesday evening showed that dole queues had shrunk once again during the third quarter of year, dropping 0.3 points to 8.5 percent. The current employment rate has not been this low since the end of 2008, Portugal Statistics (INE) said, with the outlook remaining positive for the final quarter in terms of

job prospects. Compared with figures from just a year ago, there are currently 105,500 fewer people paying weekly visits to their local job centres having since found employment. There was also promise for the under-25's, who have been hardest hit by the economic crisis, with the number of jobless in this age group tumbling by almost 25 percent the past 12 months. On Thursday morning, while being cautious in attributing any particular policy, the European Commission positively revised its budget deficit forecast for Portugal in 2017 down to 1.4 percent from its previous figure of 1.8 percent. Overall debt in relation to the GDP is also projected to fall from around 130 percent to 126 percent. In a public engagement this week in Lisbon on the sidelines of the Lisbon Web Summit, Prime Minister António Costa underlined the country's growing investment potential. He reminded potential investors that "Portugal is a great place to invest. Bureaucracy has been tamed and is shrinking; there is political and economic stability and the ecosystem is enjoying great prosperity."

## Worst drought for a 100 years

Droughts have become more frequent and prolonged in Portugal, with a decrease in the annual average rainfall, which mainly affects the south, climate expert Filipe Duarte Santos said this week.

Compared to the years since 1960, annual average rainfall has decreased across the Iberian Peninsula and in other areas in the Mediterranean. "In Portugal's case the decrease is around 40 millimetres per decade which is a significant amount, so 200

millimetres of rain in half a century, that is 20 centimetres of water, said the professor. The numbers are particularly higher in the south: in the interior of the Alentejo the annual average rainfall was 500 millimetres before the reduction.

The current drought in Portugal has been considered the most intense, prolonged and worst of the last 100 years. A drought like this in the Middle Ages would have been dramatic, the country would have been in deep hunger crisis, he added. TPN/Lusa








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# Legionnaire's outbreak kills two patients



Two people have died and dozens others have been hospitalised after an outbreak of Legionnaire's Disease at a Lisbon hospital. (Photo: ANTÓNIO COTRIM/LUSA)

The number of confirmed cases of Legionnaire's disease in the current outbreak in Lisbon has now reached 38, with two deaths and five patients hospitalised in intensive care according to statements published by the *Lusa News Agency*.

**T**he latest health department statement said that more women than men were affected (63 percent being women) and most of the patients were elderly.

The first patient in this latest outbreak was diagnosed on 31 October.

The Portuguese health minister said earlier this week that the outbreak was limited to São Francisco Xavier hospital in Lisbon as all those affected were either there for appointments, visiting relatives or worked there. Meanwhile, regional health administrations in Portugal are to carry out a risk assessment of all public healthcare units following the outbreak.

In a joint statement, the Directorate-General of Health (DGS) and the National Health Institute (INSA) said that a survey would be carried out "of the structural and procedural con-

ditions of healthcare units that form part of the National Health Service" - including health centres and hospitals - "as part of assessment and management of risk".

The statement, which is signed by the director of the DGS, Graça Freitas, and the president of INSA, Fernando de Almeida, also states that INSA and the Service of Common Use of Hospitals "are developing an Operation Intervention Programme of technical auditing to support all hospital units in the National Health Service".

This comes after police interrupted a wake for one of the fatalities after the body had been released to next of kin without an autopsy being performed.

Police were acting out an order by the Public Prosecutor's Office, which called for autopsies to be conducted in the interests of public health safety.

## Alvor acid attack 'hit-man' suspect tracked to Uganda jail

A man suspected of throwing acid in the face of a British Thomson holiday rep in Alvor earlier this year on the orders of her ex-boyfriend has been tracked down to a prison cell in Uganda.

According to the *Daily Mail* the suspect was already in jail on drug smuggling charges when a sharp-eyed British Interpol agent noticed his name on a database and made the

connection.

Portuguese authorities are now seeking his extradition from the East African country. Rep Ellie Chessell, 29, suffered the attack earlier this year in May.

Her ex-boyfriend, who is alleged to have ordered the attack, has been arrested and faces extradition from the island of Madeira to mainland Portugal.

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# Situation in Catalonia ‘sensitive’ for Portuguese interests

Portugal’s minister of foreign affairs has described the political situation in Catalonia as “sensitive” where his country is concerned, and declined to comment on the detention on remand of eight members of the Spanish region’s government.



Foreign Minister, Augusto Santos Silva, has described the unstable situation in Catalonia as being ‘sensitive’ for Portuguese.

“We see the Catalan question as internal to the state, the society and the people of Spain,”

Augusto Santos Silva told a joint hearing of parliament’s committees on European affairs and the budget. “We respect the Spanish constitution and we do not comment on court decisions taken by the competent authorities.”

For Portugal’s government, he said, “The constitution and the law are the appropriate framework to deal with the question [of Catalonia’s status], which exists and has social and political aspects that no one should downplay or much less forget.”

It is within Spain’s constitution, he stressed, that “the responsible dialogue between the relevant political agents and institutions” must be carried on.

Portugal, the minister said, is monitoring the situation “with close attention and very carefully”, because it believes that it is “also sensitive for various Portuguese interests: interests as neighbours, interests with the Portuguese who live in Catalonia and interests of the very dense economic and social relationship that exists between Portuguese institutions and agents and Spanish and, among them, Catalan agents.”

Santos Silva was replying to a question from the Left Block, whose Isabel Pires had said that the regional elections scheduled for 21 December in Catalonia “have no minimum guarantees of democracy”, given the imprisonment of the members of the regional government. Portugal, she argued, “should have taken a stronger position, because it is a matter of defending rights”.

TPN/Lusa

# Man arrested on suspicion of attempted murder in Lagos

PJ police have arrested a man who stabbed and attempted to kill his ex-girlfriend’s stepfather at their home in the Algarve.

The arrest was carried out in collaboration with Lagos PSP police and the cooperation of the GNR from Alvalade do Sado.

The jilted 45-year-old man is believed to have turned up at his former girlfriend’s home in Lagos

and broke the door down. He then stabbed the woman’s stepfather who came to her defence.

According to PJ police, the man was only saved from death thanks to the swift arrival of paramedics.

# Police catch trio suspected of robbing Albufeira home

Algarve GNR officers have caught and arrested three men aged 20 to 27 on suspicion of robbing a house in Albufeira.

The arrests took place on Sunday and were made following a description given after the robbery, of both the suspects and the vehicles.

One of the assailants is believed to have been carrying a gun during the robbery.

In related news, Algarve GNR officers arrested two men, also on Sunday, on suspicion of having committed unrelated acts of domestic violence in the areas of Albufeira and Lagoa.

According to a statement from the GNR, the first suspect was arrested in Albufeira as part of an in-

vestigation into crimes of domestic violence being conducted by the Public Prosecutor.

Searches on the suspect’s house and vehicle turned up a .22 magnum gun and 53 rounds of ammunition.

The suspect detained in Lagoa was arrested on a warrant also as part of an ongoing investigation into domestic violence.

Both arrests were carried out by the Portimão branch of the Special Victims Investigation Bureau (NIAVE), and both men were fitted with ankle tags and forbidden from making any form of contact with the victims.



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# Tender to be launched before spring for train between Évora and Elvas



Transport Minister, Pedro Marques, this week unveiled plans for a new rail link between Évora and Elvas. (Photo: LUSA)

The Ministry for Infrastructures announced this week that sometime during the next three months, a tender will be launched for the construction of a new train line between the Alentejo's 'capital' Évora, and Elvas in the north-easternmost corner of the Alentejo, on the border with Spain.

**I**nfrastructures Minister Pedro Marques said in Parliament on Monday that proceedings would soon be launched for the €70 million project. Minister Marques was in Parliament to talk about next year's State Budget and the projects his bureau has lined up within the budget for 2018.

He highlighted a number of rail projects, a sector in which the Minister said he expected to invest around €360 million in total, both on infrastructures and new trains.

Imminently, he said, in the next 90 days, "the first big project" will be launched (the Évora-Elvas line), a route which is lacking, to connect Portugal to the rest

of southern Europe.

"In this case we are talking about the construction of a new line; it is clearly the most important investment that we have to make in the Sines-Caia corridor and we will launch it in the next 90 days with this first 70 million euro tender already in line," said Pedro Marques, adding that the tender "to modernise the line between Elvas and the border" will be awarded next year.

The government also expects to award a tender for work on the Covilhã-Guarda line, in Beira Baixa, worth 65 million euros, soon, "so that the work can begin in the first quarter of 2018."

The minister also pointed

out that in 2018, upgrades are planned for the Northern Line, namely between Alfarelos and Pampilhosa and between Ovar and Gaia; interventions on the Minho Line and the Viana-Valença section are scheduled for the first quarter, along with levelling works for the West Line.

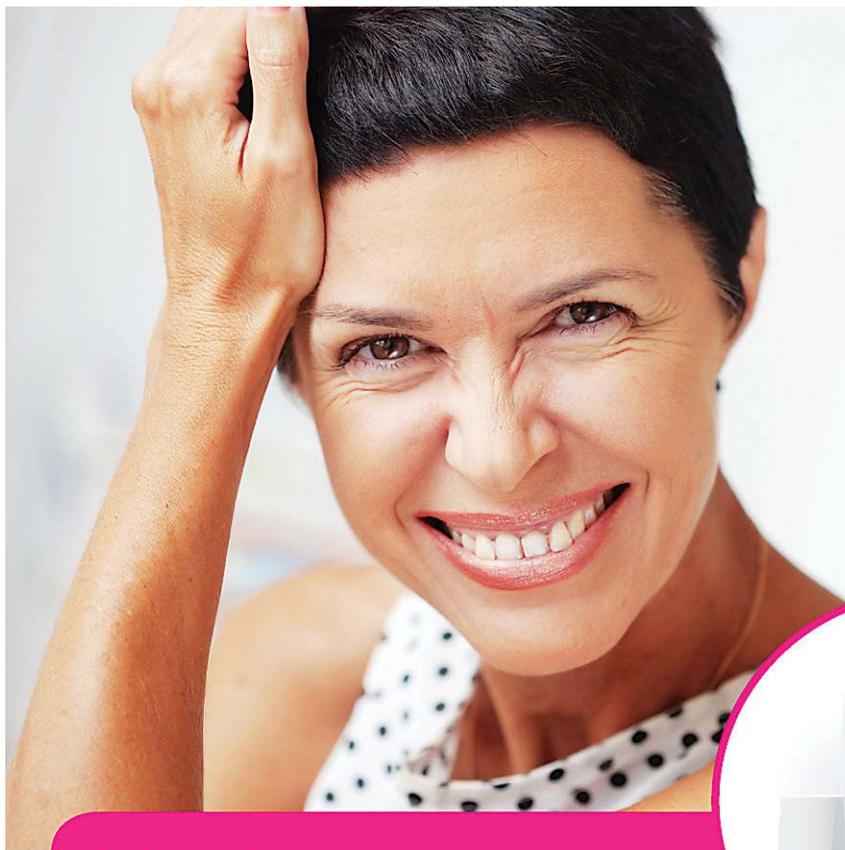
Pedro Marques pointed out that, within the framework of the Ferrovia 2020 programme, some 800 kilometres of infrastructure will be worked on, either through construction or contracting, in 2018. New trains will be purchased, in a process that is being sped up, while existing trains will undergo in-depth maintenance to modernise them.

## Phase three of renovations starts in Silves' historic area

The Algarve city of Silves has this week announced it will be investing close to one million euros in renovating its historic centre.

Phase three of renovation works started earlier this week, and will see a total of 889,000 euros invested on improving the area over the next 18 months.

These funds will mostly be spent on upgrading public infrastructures such as roads and walkways, drains, public illumination and water supply, the Town Hall said.



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# Russia returns for Lisbon Eurovision

Russia will return to the Eurovision Song Contest as the global competition moves to Lisbon for the first time. The 63rd year of the much-loved musical event will be hosted by the Portuguese capital when it returns next May with entries from 42 countries.

An act from Russia is among the listed participants, after last year's Eurovision host Ukraine barred the Russian representative, Yulia Samoylova, from travelling to the country. Ukraine's security services claimed that she had toured in Crimea after Russia's 2014 annexation of that peninsula from Ukraine.

The spring event will mark a momentous year for Portugal after last year's Eurovision victor, Salvador Sobral, gave the country its first win in 53 years in the contest.

It will also be a special year for Sweden, which will celebrate 60 years since its first appearance in the competition.

Paying tribute to this year's host, the theme for the 2018 contest is "All Aboard" in recognition of Lisbon's historical sea trade fame. The slogan is accompanied by a new main logo of a blue and yellow sea shell, with 12 ocean-inspired derivations.

Jon Ola Sand, the Eurovision executive supervisor at the European Broadcasting Union said: "We are extremely happy with the creative theme and logos for this year's contest, which resonate with Lisbon's history and underscore Eurovision's core values, including diversity, very well."

"The Ocean connects all of us, and its variety can provide good inspiration for each of the 42 participating broadcasters that we look forward to seeing in Lisbon next May."

Goncalo Madail, creative manager of Portugal's national broadcaster RTP, added: "For centuries, Portugal explored the world by sea. Today, Lisbon is more and more the city of all colours, a great harbour of cultures and sounds that welcomes you all to come aboard." The semi-finals of the Eurovision Song Contest 2018 will take place on May 8 and 9, with the grand final following on Saturday, May 12.

TPN/PA



Russia will be at next year's Eurovision song contest, which will be staged in Lisbon following the victory earlier this year by Portugal's Salvador Sobral. (Photo: LUSA)

## Draft 2018 budget 'penalises families with more children'

Portugal's draft state budget for 2018 "ignores" dependants, "strongly penalises" families and fails to take account of the number of children in calculating education expenses, according to a lobby group for families with more than the average number of children.

In a statement, the Portuguese Association of Large Families (APFN) said that the budget bill given its first reading last week "confirms that the family is far from [being among] the strategic priorities for the country" and that "many of the errors from the past" have been maintained or worsened in it.

The draft budget contains measures that "could be praiseworthy" but "suffer from the same flaw of not considering each dependant (children or elderly parents) in calculating taxes," it argues.

In the case of education expenses, the APFN notes, the maximum amount that can be deducted from income tax is €800 for the first child, but this falls to €400 for the second and €250 from the fourth.

Portugal, the association

states, is one of the European Union member states that set aside the lowest percentage of gross domestic product for policies to help families. At 1.44%, the figure is around half the Eurozone average, it said, citing an International Monetary Fund re-

port from 2016.

"This signal is the opposite of what the country needs, at a moment of deep demographic deficit in which families, more than ever, should be stimulated in their decisions to have more children," the group states. TPN/Lusa

## Faro PSP officers stop man from jumping off bridge

Two Algarve PSP officers last weekend prevented a man from committing suicide from a bridge in Faro.

The incident happened during the early hours of Sunday morning.

According to reports, the officers managed to talk the man down and seek professional help.

The police officers have also thanked the citizen who called the police to inform them of the situation.

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# Hair-raising rescue saves pet dog from vertiginous cliff-face



Specialist Mountain Rescue officers in northern Portugal were called out to rescue a dog from a sheer cliff face overhanging a river. (Photo: GNR)

Brave GNR officers from Moimenta da Beira (Viseu, northern Portugal) carried out a daring rescue last weekend to save a pet dog that had tumbled down a cliff.

**T**he incident happened on Sunday while the dog was out on a walk with its owner in the mountainous terrain of Sendim, Moimenta da Beira. The hapless animal fell 60 metres down a vertiginous escarpment along the Távora River. Police were called by the animal's frantic owner and promptly responded. Due to the challenging and hard-to-access terrain, covered with dense vegetation, a specialist Mountain Search and Rescue Unit (GIPS) was employed. The dog was successfully rescued and found to have suffered a few scratches, was dehydrated and hungry, but otherwise well and was reunited with its owner.

# Rarely seen 'living fossil' frilled shark caught off Algarve coast

A frilled shark, a species that is often termed a 'living fossil' because of several 'primitive' features that have survived for millions of years, has been captured off the coast of Portugal's Algarve region, the country's meteorological and sea institute has announced.

The animal was a male, 1.5 metres in length, and was fished in August at a depth of 700 metres, the Portuguese Institute for the Sea and the Atmosphere (IPMA) said in a statement released on Monday.

Researchers from IPMA and the Centre for Maritime Sciences recorded the catching of a shark "with unusual features" by a commercial trawler, as part of an "initiative to minimise undesirable catches in European fisheries".

According to the statement, the species has "a long, slim body and a head that is reminiscent of a snake" and "its biology and ecology are little known".

The frilled shark is found across the Atlantic, including off the coast of Norway and in the waters of Scotland, Galicia in Spain, the Azores, Madeira and the Canary Islands, as well as in the Indian and Pacific Oceans, namely off Japan, Australia and New Zealand. It is rarely caught because it lives at great depths. Fossils of the same species

have been found that date back millions of years. *TPN/Lusa*



The rare Frilled Shark caught off the Algarve coast. (Photo: IPMA)



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# Faro tax hike highest of all Portuguese airports

Passengers travelling to Faro are to pay an extra 25 cents on their tickets from next year after the Algarve's international airport hiked its taxes by 3.1 percent, which is the highest increment of all Portuguese airports. This comes after the airport this week welcomed its eighth millionth passenger so far this year.



Faro Airport is to increase airport taxes by just over 3 percent in 2018. (Photo: LUSA)

The Social Democrats (PSD) have criticised the hike for being "far superior" to those being implemented in Lisbon

and Porto. Newspaper *Correio da Manhã* reported that the PSD's comments came at the same time as the People's Party, the CDS-PP,

grilled the government on what effects British airline Monarch's insolvency has had on Algarve hospitality. According to national airport management com-

pany ANA, a 25 cent increase is in the pipeline for all passengers travelling to Faro (a 3.1 percent rise), while Lisbon will see an 18 cent hike (up 1.94 percent),

Porto 17 cents (up 2.19 percent) and the Azores will see its airport tax rise by eight cents (1.18 percent).

Airport taxes in Madeira and Beja will remain unchanged.

In Parliament, Cristóvão Norte, the Algarve-elected PSD MP, said that "when you know routes are being cancelled in low season, as happened with Ryanair, it can produce a slower growth of passengers in Faro; no one understands why Faro will have the biggest increase in airport taxes."

He reiterated that the taxes "play an important role in the region's competitiveness".

The CDS-PP has this week also queried Economy Minister, Manuel Caldeira Cabral, on Monarch's collapse and the effects it could have on the Algarve's hotels.

Three MPs recalled that as well as the airline, Monarch also had tour opera-

tors, who left debts to the Algarve hotel sector, and asked the minister if he was monitoring the situation and supporting the affected businesses.

News of the tax hikes emerged just hours before Faro airport issued a statement commemorating receiving eight million passengers this year, an occasion celebrated on Tuesday.

The benchmark was hit with passengers arriving on Jet2 flight LS 1221 from Birmingham, which landed slightly ahead of schedule, at around 1pm.

ANACEO, Carlos Lacerda, said, "This celebration is the culmination of work carried out by the ANA team, in particular that of Faro Airport, which, in recent years, has accompanied the growth and adaptation of this Airport to the needs of airlines and passengers, offering a better and more complete service without which growth would have been restricted."



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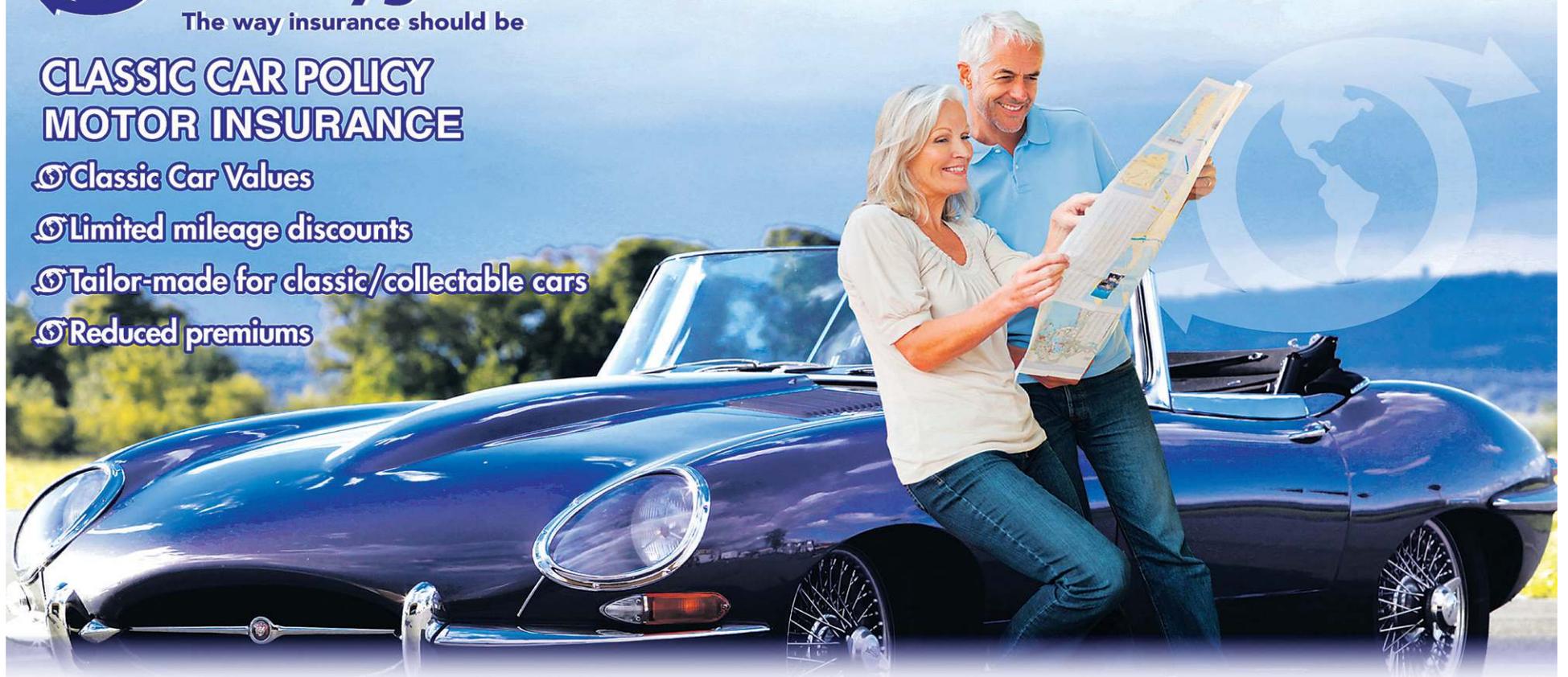
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Clothing, perfumes and books are top of the shopping lists for Portuguese this coming Christmas. (Photo: SUSANA BARRAGAN/LUSA)

## Clothing tops Christmas gift wish list

Clothing, perfumes and books are at the top of Portugal's wish-list when it comes to Christmas presents, according to an annual study conducted by Observador Cetelem, with cultural gifts such as books and event tickets overtaking the likes of smartphones and travel when it comes to preferences this year.

Once again clothing has taken the top spot in terms of what Portuguese would like to receive for Christmas, while cultural gifts have moved up on the table of preferences, to the top three, overtaking phones and trips. According to Cetelem's annual Christmas research, 34 percent of Portuguese involved in the survey said they would like to receive clothing, which is nine percent

more than last year.

After clothing, the Portuguese would most like to be given perfumes or a watch, and in third place are cultural gifts, such as books, up one percent on last year.

Four percent fewer participants in this year's survey said they wanted to find a smartphone or other mobile phone wrapped up under the tree, meaning this category has dropped to fifth place, while trips and travel fell significantly, from 19 percent in 2016 to 6 percent in 2017.

"Christmas is a time of great consumption, centred on the purchase of gifts, especially for little ones. However, it is interesting to note that even the elderly like to receive gifts from those closest to them, although they prefer more practical presents, such as clothing, as widely suggested by the respondents in the study of Observador Cetelem," says Pedro Camarinha, Distribution Director of Cetelem.

## News in Brief

### Ronaldo left out of Portugal squad

Cristiano Ronaldo has been left out of Portugal's squad for the coming friendly matches against the United States and Saudi Arabia. The national team captain will be given a rest for the two fixtures scheduled for 10 and 14 November. Veterans Ricardo Quaresma and Nani were also left out of the squad by manager Fernando Santos. The coach said the reasons for the high-profile omissions varied, adding he wanted to give some fringe players the opportunity to impress before he chooses the final 23 for next year's World Cup.

### Unseasonably hot start to autumn affects clothes and shoe sales

The unseasonably hot start to autumn is having an effect on clothes sales. Reports out today suggest the recent hot weather has kept people out of stores and away from the new autumn-winter lines as they still opt for cooler clothing. The footwear sector is also said to be suffering as a result of the warm weather. A spokesperson for the textile industry said the sector has lost a month and a half of sales.

### Million-euro upgrade for Culatra Island

A total of 1.5 million euros is to be invested in upgrading Culatra Island, in the Ria Formosa off Faro. The EU funds are to be provided via the Algarve Operational Programme. The project includes the creation of a dry dock, renovating the local church square, and integrating the area surrounding the quays. More leisure areas are to be created, the island's pathways are to be upgraded, and a series of measures are to be implemented to reinforce environmental conditions.

### Portuguese researchers hopeful of malaria cure

Researchers from Lisbon's molecular medicine institute have discovered how the malaria parasite protects itself inside the human liver and are now optimistic of finding a cure. In a study published in the latest edition of 'Nature Microbiology', the scientists say that their investigation has shown that the parasite cannot survive inside normal mouse liver cells without the UIS3 protein. Researchers believe this could be the parasite's Achilles heel as additional research now continues.

### Ozzy Osbourne reveals Portugal date

Rocker Ozzy Osbourne has revealed that he will be performing in Portugal next summer. The former Black Sabbath lead singer will be celebrating five decades of rock during what he has called the Farewell World Tour. The British rocker is to take to the stage at the Altice Arena in Lisbon on the 2 July. Osbourne also revealed that he invited Judas Priest as special guests during the first half of his tour which starts next year in Mexico. Tickets for the Portugal concert go on sale this Saturday, with prices ranging between 42 and 89 euros.

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ACCA relies on individuals and sponsoring companies to take the name of a child or a list of children, and to buy a present that will make their dreams come true. It is that simple. And that worthwhile.

If you would like to join in this year's programme, contact Wanda on 919 617 995, or Jenny on 936 249 667; they have details of more than 1,500 children on ACCA's Christmas Wishlist. Those wishes are not very large, but the children's appreciation of your kindness is overwhelming.

Please be an Angel and buy a Christmas present for a child who, otherwise, might never experience the joy of opening a gift of their very own. If you prefer, we can do the shopping for you - just call us.



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# Spain supports Portugal minister as president of Eurogroup

Spain will “of course” support any bid by Portugal’s finance minister, Mário Centeno, to become the next president of the Eurogroup, its economy minister said on Tuesday, describing it as an example of the “traditional” mutual support between the two Iberian nations.



Portuguese Finance Minister, Mário Centeno, has received Spain’s backing to become the next Eurogroup President.

**M**ário Centeno is seen as a strong candidate to succeed Jeroen Dijsselbloem of the Netherlands as the president of the informal gathering of Eurozone finance ministers, known as the Eurogroup, although he has not formally announced a bid for the role. “If Mário Centeno puts himself forward of course he will have Spain’s support,” said the Spanish minister, Luis de Guindos, in Brussels, where he was attending a meeting of Ecofin, the formal council of all European Union economy and finance ministers. De Guindos himself made

a bid for the Eurogroup presidency in 2015, but lost out to Dijsselbloem, who is shortly to step down after serving two terms.

The Spanish minister said that he had already told Centeno he could count on his support, just as the latter had said de Guindos could count on Portugal’s backing if he were to put himself forward - which, de Guindos stressed, will not happen.

On the mutual support between the two governments, de Guindos said it was a matter of well-known “Iberian affinity” that “has always been traditional between Spain and Portugal”. *TPN/Lusa*

## Renewable energy company to build two new wind farms

Portuguese renewable energy company EDP Renováveis is going to build two new wind farms in 2018 that have already been approved by the government, the company’s chairman said.

Questioned about the amounts involved, João Manso Neto said the investment was a bit more than foreseen, “around €60 million” since the two farms would have a joint output of around 50 megawatts.

The initial figure for the investment was about €50 million.

One park is to be erected in Maunça (20 megawatts), near Leiria, and the other one is in Vigia (28 megawatts), near Viseu.

*TPN/Lusa*

## DBRS considers raising country’s credit rating

Canadian ratings agency DBRS will “analyse in the next evaluation” of Portugal, a potential improvement of the country’s rating “if favourable developments continue,” DBRS economist, Adriana Alvarado, told the *Lusa News Agency* this week.

DBRS, the only leading international credit rating agency that rates Portugal’s sovereign debt as better than junk, said on Friday that it was maintaining its BBB (low) rating, its lowest investment grade, and with a continued stable outlook.

Asked whether she would consider a review of the Portuguese rating next year after DBRS confirmed its BBB rating

and stable outlook last Friday, Alvarado said “this is something that [DBRS] will review in the next evaluation.”

The economist added that “Portugal has made important progress” and that “it can go in that direction if favourable developments continue,” while noting that no decision had been made in this respect.

In a telephone interview with

*Lusa*, the head of the Canadian agency’s sovereign ratings department said, “if the improvement in public finances and economic growth is sustained and results in a downward trend in public debt, this may be good for the rating.”

Additionally, to improve the rating assigned to Portugal, the agency also needs to see “more sustained progress in reducing

bad debts.”

According to the timetable for sovereign ratings decisions, DBRS will not comment on Portugal again this year and the calendar for 2018 is not yet available.

Last week’s decision by Toronto-based DBRS means that Portuguese government debt continues to be eligible for the European Central Bank’s bond-

purchase programme, which has helped keep a lid on bond yields.

It was widely expected, after Portugal’s minority Socialist government submitted a draft state budget for 2017 to parliament that pledges it to meet previous commitments to reduce the public sector deficit as a proportion of gross domestic product.

*TPN/Lusa*



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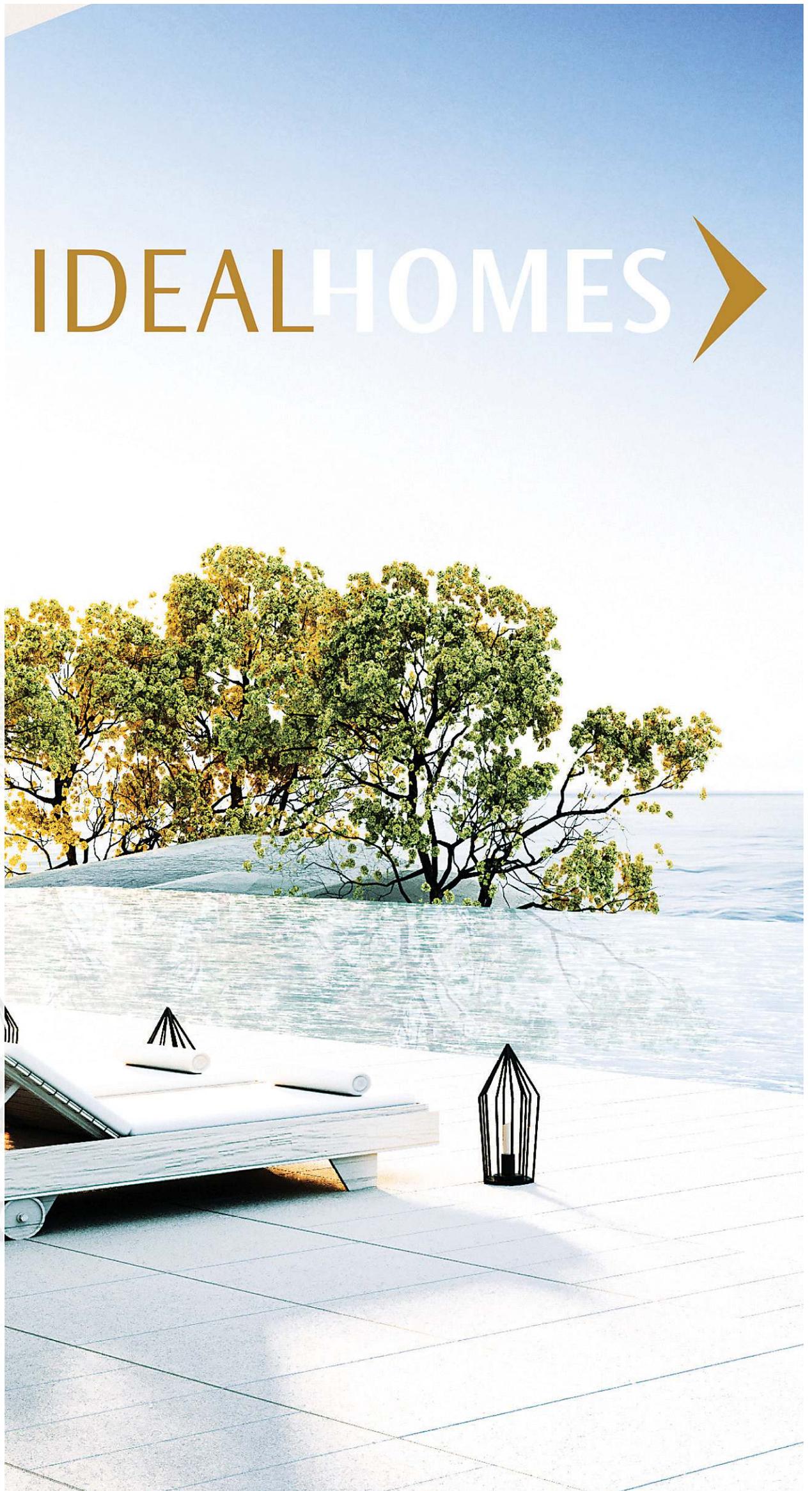
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# Clothing online platform, Zalando, to hire 150 people by 2020

Online shoes and clothes platform, Zalando, is going to install a technology centre in Lisbon next January and expects to hire 150 people by 2020 including engineers and designers, the company said.

“For Zalando, it is important to have people specifically working on a determined product or market,” the

head of Innovation and Partnership, Marc Lamiz, said. However this does not mean the company is going to start operat-

ing in Portugal. The objective is to work from Lisbon with the 15 countries that Zalando operates in. The Portuguese capital has

the best atmosphere to install this centre, he added. The technological centre aims to improve its shopping experience by improving the offer in products in its online store, and the information available to customers, giving them an upgrade when searching, he added.

He has not established a value in price but is focused instead on hiring the best professionals and giving them the best possible conditions, he added.

The exact location of the centre has not yet been identified, but is going to be somewhere with easy access to the city. Zalando was founded in 2008, in Berlin and links clients, brands and partners of 15 European countries.

In 2016, the company made a profit of €3.6 billion, had around 70 million orders and had 21 million active customers this year. It has currently more than 12,000 employees, 1,800 of whom are in the technology area.

TPN/Lusa

## EU support for Portuguese educational project

The European Investment Bank will support scientific education for children by financing the growth strategy of Science4you, a 100 percent Portuguese company specialised in developing and producing scientific and educational toys to improve the cognitive capacities of children.

The EU bank will finance the company's investments to develop new products and expand its sales with a 10 million euro loan, in the form of a hybrid debt/capital instrument (quasi-equity).

The agreement was signed in Lisbon by EIB Vice-President Román Escolano, and CEO and founder of Science4you, Miguel Pina Martins, in the presence of Carlos Moedas, European Commissioner for Research, Science and Innovation, and is guaranteed by the European Fund for Strategic Investments (EFSI), the core of the Investment Plan for Europe, the Juncker Plan.



Zalando board members (L-R) David Schneider, Robert Gentz and Rubin Ritter. (Photo: EPA/BRITTA PEDERSEN)



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## Golden Visas: new rules in November

The Golden Visa Programme is a simple, alluring residency scheme aimed at attracting investors from around the world to Portugal.

The qualifying conditions for the concession of *Residency Permits of Investment Activity* have been expanded, creating new opportunities. The recently passed up-dates take effect on 26 November and are part of a transposition of three EU directives, introducing new schemes for a) seasonal workers, b) transfer of migrant workers within a company or group, as well as c) a regime for the entry and stay of students, researchers, volunteers and trainees.

The Golden Visa investment may be any activity performed in person or through a company for a minimum period of five years, provided that it meets the legal requirements, minimum values and purposes of investments. The Programme is only available to non-EU citizens.

#### Residency Permits for Investment Activity

Two new situations allowing access to a Golden Visa are:

1) The acquisition of units of investment funds or venture capital funds aimed at capitalising Portuguese companies, with minimum capital transfers of €350,000 (instead of the current €500,000). At the time of the investment, the maturity must be five years or more. At least 60% of the value of the investments must be made in commercial companies based in Portugal.

2) Direct Company investment, also with a minimum capital transfer of €350,000 for:

- Establishment of a commercial company with its head office in Portugal, together with the creation of a least five permanent jobs; or
- Reinforcement of the share capital of an already existing commercial company with its head office in Portugal with the creation or maintenance of a minimum of five permanent jobs for at least three years.

The other qualifying situations already foreseen for accessing a Golden Visa in Portugal continue as follows:

- Transfer of capital amounting to €1,000,000 or more;

- Creation of at least 10 jobs;
- Acquisition of immovable property worth €500,000 or more;

- Acquisition of real estate at least 30-years-old or located in an urban renewal area, totalling at least €350,000;

- Capital transfer of €350,000 or more to be applied in research activities carried out by public or private scientific research institutions, integrated into the national scientific and technological system;

- Transfer of €250,000 or more in capital to be invested in artistic production or the recovery or maintenance of national cultural heritage.

What are the benefits of a Golden Visa?

- Residency Visa waiver for entering Portugal;
- Living and working in Portugal, on condition of staying in Portugal for a period of 7 days or more in the first year, and 14 days or more in subsequent years;

- Aimed at attracting foreign investment to Portugal, Visa exemption for travelling within the EU Schengen Area;

- Family reunification;
- Applying for permanent residency;
- Applying for Portuguese citizenship by naturalisation.

Golden Visas are renewable after the first year and then for two-year periods.

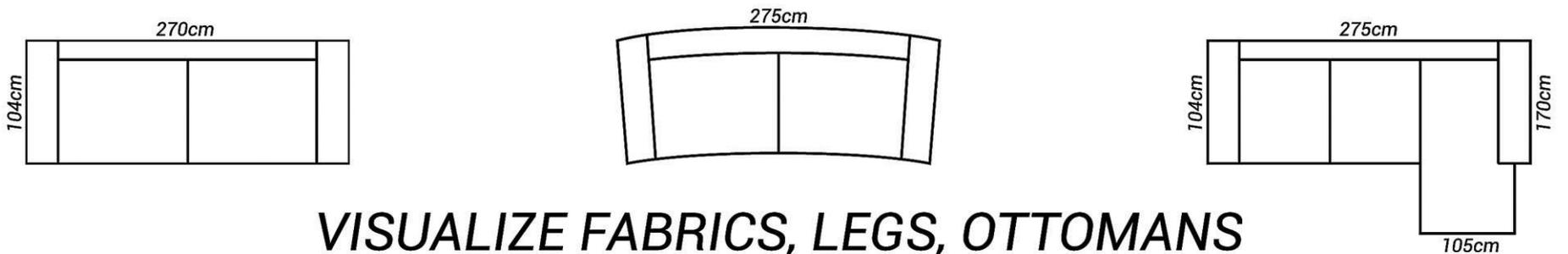
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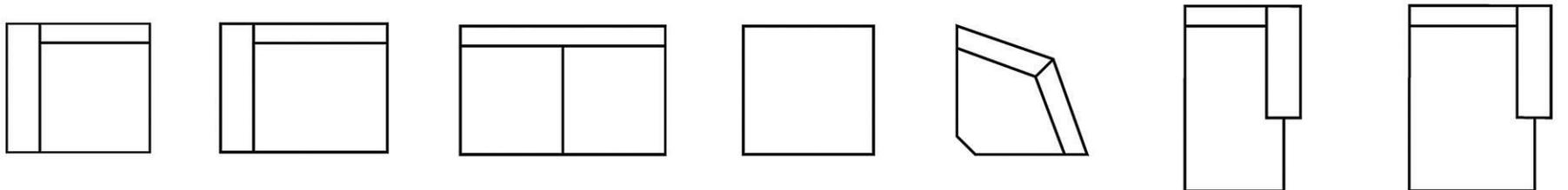
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# Why China Won't Budge on North Korea

Over the next few days, Donald Trump will be visiting the leaders of Japan, South Korea and China, and the same topic will dominate all three conversations: North Korea. Japan's Prime Minister Shinzo Abe and South Korea's President Moon Jae-in will be looking for reassurance that the United States will protect them from North Korea's nuclear weapons, but in Beijing Trump will be the supplicant.

**N** GWYNNE DYER

**T**he American president will be asking President Xi Jinping to do something, ANYTHING, to make North Korea stop testing nuclear weapons

and intercontinental ballistic missiles. Trump has painted himself into a corner with his tongue, but even he knows (or at least has been told many times by his military advisers) that

there is no military solution to this problem that does not involve a major war, and probably a local nuclear war. Trump promised that North Korea would never be able to

strike the United States with nuclear weapons, and the reality is that it will get there quite soon (if it is not already there). The United States has no leverage over North Korea except the threat of war, so he needs China to get him off the hook. China has lots of leverage: 90 percent of North Korea's imports come in through China, and most of its foreign exchange comes from selling things to China. Beijing could leave the North Korean population freezing and starving in the dark if it chose - but it won't do that.

Xi Jinping may throw Donald Trump a couple of smallish fish - a ban on the sale of blow-dryers and chain-saws to North Korea, perhaps - but he won't do anything that actually threatens the survival of the North Korean regime. Yet he knows that nothing less will sway Kim Jong-un, because the North Korean leader sees his nukes and ICBMs as essential to the survival of the regime. Xi Jinping does not love Kim, and he definitely doesn't like what he has been doing with the nuclear and missile tests. Kim has even purged the senior people in the North Korean hierarchy who were closest to China, and Beijing still puts up with his behaviour. Why? Because the survival of Communist rule in North Korea is seen in Beijing as vital - not vital to China as a whole, but to the continuation of Communist rule in China. That may sound weird, but look at it from the point of view of China's current rulers. Almost all the world's rul-

ing Communist parties have been overthrown in in the past quarter-century. What's left, apart from the Chinese Communist Party (CCP), is just a few odds and ends: North Korea, Cuba, Vietnam and Laos. And the CCP's highest priority is not "making China great again" or building a blue-water navy or whatever; it is protecting the power of the Party. The Chinese leadership cares about those things too, but everything is always seen through the prism of "Will it strengthen the Party's rule?" Seen through that prism, the collapse of the North Korean Communist regime is a potentially mortal threat to the CCP as well. The reasons that are usually given for Beijing's determination to keep the North Korean regime afloat just don't make sense. The Chinese Communists don't really worry about a flood of North Korean refugees across the border into Manchuria if the North Korean regime falls. They'd mostly go home again after things settled down, and become happy citizens of a reunited Korea. Beijing doesn't stay awake at night worrying that a reunited Korea would bring American troops right up to the Chinese border either. It's actually more likely that US troops would eventually leave a reunified Korea. After all, nobody in Korea worries about a Chinese attack, so why would the US troops stay? What truly frightens the men in charge in China is seeing another Communist regime go down. They were terrified by the collapse of the

Soviet regime in 1989-91, and they blame it on the weakness and willingness to compromise of the Soviet Communist Party. For all their power and all their achievements, they see themselves as standing with their backs to a cliff. One step backward, one show of weakness, and they could be over the edge and in free fall. Letting Kim Jong-un fall, however much they dislike him, might unleash the whirlwind at home. That is probably not true, but it has been the view of the dominant group in the Chinese Communist Party ever since the Soviet Union fell. They will not push Kim too hard no matter what the cost. And the US Joint Chiefs of Staff have just told Congress that there is no way the US can eliminate North Korea's nuclear weapons without a full-scale land invasion. Conclusion? No matter what the various players say now, in the end North Korea will get to keep a modest nuclear deterrent force, but it will have to agree to keep it small enough that it could not possibly launch a successful first strike. Not that it could even remotely afford to build a force big enough to do that anyway.



South Korean President, Moon Jae-in (R), and US President, Donald J. Trump (L) shake hands after a joint press conference at the presidential office Cheong Wa Dae in Seoul, South Korea, 07 November 2017. (Photo: EPA/KIM MIN-HEE / POOL)



Gwynne Dyer is an independent journalist whose articles are published in 45 countries.

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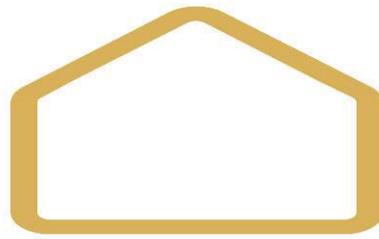
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São Brás de Alportel – a town with history



This little town has approx. 10,000 inhabitants and is located about 22km north of Faro, surrounded by a chain of hills called the 'Barrocal' the doorway to the 'Serra' - mountains with lots of greenery, forests and countryside. It was once a popular retreat for the bishops of the Algarve in ancient times to escape from the hot summers.

São Brás gained importance during the 19<sup>th</sup> century when it prospered because of its cork industry. It was the biggest producer in the country and became no. 1 worldwide. Over the years, the cork industry has relocated and today many vineyards have switched to screw tops or even materials like glass. Times have changed for this quaint town.

Today it's a mix of old and new - typical Portuguese homes and grander merchant properties from its wealthy past. It has an historic centre with a 'praça', church, museum, art expo, small shops, cafes and restaurants in between its houses and caters to all of your daily needs.

São Brás is surrounded by beautiful and interesting neighbouring villages and towns like Loulé, Querença, Santa Catarina, Santa Bárbara de Nexe and Estói. These are nestled within beautiful countryside and nature - some with distant sea views, though none are far from the coast. Togofor-Homes can provide and offer superb properties in these areas.

Susanna Gross, Sales & Marketing Manager, Togofor-Homes Real Estate

Unique three-bedroom apartment at Monte da Palhagueira Village



If you are searching for the ideal location to settle down in Portugal's Algarve, we have the perfect solution.

Monte da Palhagueira offers the ultimate blend of beauty, tranquility and security for those over the age of 55. The village offers a wide range of property options; all set within 22 acres of manicured grounds and gardens in the hillside of Gorjões and conveniently located just 20 minutes drive from Faro International Airport.

The extensive range of properties includes 33 unique villas, townhouses and apartments, each having been individually designed with a host of traditional features and an eye on practicality.

The village also offers excellent amenities, including the Anglican Church of St. Luke, the award winning Le Marquis restaurant, swimming pools and an ornamental lake, all set within delightful,

traditional village surroundings.

Residents are able to maintain complete independence yet also enjoy the added reassurance that there is qualified medical assistance on hand, available 24-hours a day should it ever be required, making the village unique and ideally suited to both couples and individuals alike.

Village social life includes a weekly book club, coffee mornings, social evenings and a monthly lunch arranged within the highly regarded Le Marquis restaurant.

**Casa Boa Vista** - this is a highly individual and spacious 3-bedroom property designed over 2 levels and featuring a self-contained, 1 double bedroom apartment connected via an internal lift. As such, the apartment is the perfect option for those seeking a delightful home with the additional capacity to entertain friends and family. Casa Boa Vista is now available at a cost of £350,000.

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Call us today and let us see how we can help.

Simple Taste Interiors sets the Trend!



Believe it or not, Autumn is just around the corner, and we've been busy searching high and low for the upcoming trends. Of course, remember to choose what you love, regardless of what might be in style. But as the weather shifts from Summer to Autumn, it can be fun to make a few changes to your house. Here's what we predict will be "in" this coming season:

- Dark Green! Combined with rich natural wood and leather and accented with brass and cream, the cosy colour is a perfect fit for the new season.

- Velvet! The fabric feels luxurious and welcoming for autumn and winter, and when combined with rough natural textures (think reclaimed wood and woven baskets) and smooth metals and ceramics, it adds visual interest and tactile cosiness to a room.

- Brass! Brass is the new copper, especially when incorporated into furniture in an overt way.

- Gold! Is making a great comeback combine this with Navy and white to be sure of making a bold statement.

- Extending the Outdoor Season! Start by investing in a deep seating patio set and complement it with a fire pit or outdoor heater for warmth. This is also a good time to update your planters, rugs, and throw pillows by transitioning to warmer autumn colours and textures.

Explore more or set your own trend with Simple Taste Interiors! You can find many ideas on our website or why not stop by one of our showrooms and let our knowledgeable and experienced professional interior decorators help you explore all that we have to offer. Best of all, once everything is selected, we deliver and install all your chosen items free of charge!

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# Making your own compost



Virtually any container with airholes will do, and you can buy biodegradable leaf compost sacks. (Photo: PA Photo)

As you're raking leaves off your lawn, beds and borders, don't consign them to the recycling bin when you can make a rich leafmould out of them which will protect your borders.

**L**eamould is such an easy thing to make. All you need is a good rake, some plastic bags - and patience.

### 1. Get raking

Use a good wide-fanned rake to clear leaves from your lawn, beds and borders, gathering them in one spot so they'll be easy to scoop up. If you have a large garden, a leaf blower may make the job easier. Alternatively, use a rotary mower on your lawn to shred and gather the leaves in the grass box, to add to the pile.

### 2. Suitable candidates

Beech, hornbeam and oak provide some of the

best leaves for leafmould, because they break down easily, although tougher specimens including needles from conifers will eventually break down. Thicker leaves will need shredding as they take longer to break down. You'll be better off shredding holly and cherry laurel and adding them to the compost bin as they take much longer to decompose.

### 3. Stuff into bags

Virtually any container with airholes will do, and you can buy biodegradable leaf compost sacks, but the cheapest is probably black plastic bin liners with airholes punched into them with a garden fork. Wet the leaves if they are dry, then pile them into the bags, tying loosely at the top.

### 4. Leave to decompose

Place the bags in a quiet, sheltered, preferably hidden-away spot in the garden, where they will start to break down. You should have a rich, dark leafmould within two years. Make sure you rewater it regularly in dry weather and turn the heap if it is slow to break down.

### 5. Best uses

Add leafmould to beds and borders as a mulch, to suppress weeds and keep moisture in the soil. Well-rotted leafmould left for more than two years can also be used as seed-sowing compost. But watch out for weeds in the leafmould and remove them when you start to use it.

# A great first impr

**R**efreshing your home's entrance is a big job. Richard Burr reveals his 5 top tips for a perfect paint job.

Thanks to the property programmes on telly, we know all about kerb appeal these days. No better place to start than your front door. If it's been looking shabby for a while and you've been meaning to sort it, now's the perfect time - before the dark and wet evenings set in. It's not as daunting as you might think...

### Tip 1: Timing is everything

The only reason our front door got done is because we blocked out two consecutive weekends to tackle it (it was in pretty horrible nick). If you don't make the time to start it and get it finished, you'll regret it - an unfinished door is much uglier than one that needs painting. Get it done before the weather gets too cold, as you'll need your front door open for as long as possible while the paint dries.

### Tip 2: Stock up on all the kit you need

Get all your gear ready before you start. Here's what you'll need: 80-120 grit sandpaper - I usually buy these in rolls, as I use it so regularly at work, but you can also buy it in sheets. Rags - it's a dusty job and you'll need to rub off dust while you work. Have a vacuum cleaner handy too. Plastic dust sheet for your

porch or hall. If someone opens your back door while the front door is open, you'll pull a dust cloud through the house.

If your door's in particularly bad condition, use a two-part wood filler before undercoating. Do not use decorators caulk, as it's not appropriate for front doors. Paint primer and an undercoat to prepare your surface. However, you won't need both of these separately if you get a primer undercoat (more on that in a minute).

Paint for the door.

You'll mostly use a two-inch synthetic bristle brush, but you'd be better off getting a paint brush set - they don't cost much and you'll need the one-inch brush for cutting-in windows if you have them.

White spirit or brush cleaner for cleaning brushes.

Stanley knife blade - very useful for cleaning spots of paint off glass - just don't cut your fingers.

### Tip 3: Choose the best paint

If you're painting your front door, you'll need exterior gloss. This is far harder-wearing than interior gloss and well worth the money. And if you're going to all this trouble, why not be bold with your colour? I painted my door bright red and it cheers me up every time I see it. Plus, when I'm in a cab, I can say, 'The house with the red door please', as it's the only one in our street!

Whatever paint you



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Thanks to the property programmes on telly, we know all about kerb appeal these days. No better place to start than your front door. If it's been looking shabby for a while and you've been meaning to sort it, now's the perfect time. (Photo: PA Photo)



choose, make sure you get the same brand primer undercoat to go with the top coat. Paints are designed to work together for the best results and, in some cases, can be completely incompatible between brands.

**Tip 4: Paint in the right order**

It may seem obvious, but this guide is only for painting the front of your door. Save the inside for another time.

Prepare the outside of the door on day one, by removing all the door furniture then sanding it all over (being careful not to scratch your glasswork), wood-filling if necessary and dusting it down with

your rags. Start painting early in the day to get maximum drying time.

Don't overload your brush with paint - you'll get drips all over the floor and it'll run on the door. First, paint all the mouldings and cut into the windows (if you have any) using the one-inch brush. As you look at the door, you'll see horizontal lengths of wood - 'rails' - that fit into vertical lengths called 'stiles'. Often down the middle of a door, you'll also have a length of wood called a 'muntin'. If the door has them, paint the muntins first, using long, sweeping motions, then start 'laying off' the paint using one long, continuous stroke back into the paint you've put on the door.

Next, paint the rails. Once you've painted all the rails, you can paint the stiles, so that the edge where each rail finishes is painted over on the stile - this will give you a good finish. While you're painting the stiles, paint the hinge edge of the door at the same time.

**Tip 5: Leave your door to dry properly**

For a front door, I use two layers of primer undercoat and one coat of gloss. The undercoat is touch-dry after two hours, but I always leave the door open for as long as possible, before closing it to go to bed. I let it dry properly for 18 hours, then give the door a fine-sand, rub-off with a rag, and repeat the process.

Use a wedge to prop the door open while it dries and if you need to be elsewhere in the house, put on the internal security chain. For the gloss layer, it takes 24 hours to dry properly, so you will need to sleep with the door very slightly wedged open and the internal chain on. If you don't want to risk that, leave it for as long as possible, but you may need to do some touching-up the next day.

Once everything is dried and set, you can re-fix your door furniture and you're done. Incidentally, while you're painting your front door, you tend to meet just about every neighbour in your road - just don't get roped into painting theirs for them!

## Office Inauguration



Fastighetsbyrån, Sweden's leading real estate agency in Portugal, just opened its second store in the Algarve, in Vilamoura.

The official opening was on 2 November and the occasion was celebrated with a cocktail party where several professionals in the real estate field, construction and related areas were present.

Fastighetsbyrån is a subsidiary of Sweden's

largest bank Swedbank and has had a key role in attracting foreign investment to the region.

At this moment the brand, which has been present in Portugal since 2014, has two stores in the Algarve and one in Cascais.

For more information about Fastighetsbyrån Tel: 289 321 327 or visit [fastighetsbyran.se/algarve/vilamoura](http://fastighetsbyran.se/algarve/vilamoura)

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# Cat Playtime!



Cats who are bored tend to eat too much and get fat according to the PDSA. Help your cat stay active and interested in life by giving them a range of special cat toys and activities. Remember to keep your cat's toys clean and throw

them away if they get damaged. Getting them a new toy every now and again is a perfect treat, and much better for them than food. Most cats love playing games, especially with:

- **Things they can hit.** Cats enjoy batting at light things that move easily

across the floor: a ball of paper is ideal. It's important not to give them anything they can chew up or swallow. If you're fed up of your cat losing their toys under furniture you can put the ball or toy in a large cardboard box so that your cat can play with it in a controlled space.

- **Things they can chase.** Wind-up or motorised toys, or a piece of string dragged across the floor, will turn even a couch potato into a hunter!

- **Things they can jump onto.** Cats love to be up high so making sure there are safe surfaces and space they can jump on and off, to help burn extra calories.

- **Things they can climb into.** Cats can have hours of fun with an empty box or a tunnel.

- **Things they can scratch.** Scratching keeps a cat's claws sharp, and tones their shoulder and back muscles. A scratching-post will meet this need - and should save your furniture!

Although it's tempting, it's not a good idea to use your hand or fingers as 'bait'. Your cat will think it's OK to scratch and bite you - and it's not, even as a game!

### Scratching – claw conditioning

Scratching, or 'claw conditioning' is a natural part of cat behaviour. It keeps their claws healthy and leaves scent marks.

**Try a scratching post** for your cat to help prevent damage to your furniture or carpets. Ensure it's stable and tall enough for your cat to exercise at full body stretch. If it isn't, your cat may choose your furniture instead!

If you require advice about the best toys for your cat then visit your vet who will be able to suggest the best toys for your cats needs.

TPN/PDSA ■

## Animal World

### PETS FOR ADOPTION



**HUGO** was born Oct 2015 and came to us from the Canil in August. He has the look of an Australian Shepherd. Medium-sized, microchipped and vaccinated. Hugo is very shy around people and needs an owner who will build his trust and confidence. Please email [cadelacarlota.comp@gmail.com](mailto:cadelacarlota.comp@gmail.com) if you would like to meet him.



**MARIO** Belgian Shepherd mix about 2.5 years old. Has been in foster care for 8 months and is waiting for his forever home. Friendly, good with other dogs, likes children and very smart. If you would like to meet him email: [friemdsacanilportimao@gmail.com](mailto:friemdsacanilportimao@gmail.com)



**TONY** is an 8/9 month friendly girl. She is a German shepherd cross, strong and needs good leadership. She learns quickly, and is very trainable. Walks well on the lead. Like to meet her? Email: [friemdsacanilportimao@gmail.com](mailto:friemdsacanilportimao@gmail.com)

# The Cliff Bay Funchal

Having stayed in many of the world's top luxury hotels, I feel well qualified to comment on the standards of service and accommodation you should expect from a five-star hotel. The Cliff Bay in Funchal exceeds in almost every aspect.



Aerial view of the Cliff Bay.

It is a quite extraordinary hotel and both staff and management would seem to have a commitment to achieving excellence in every aspect of a guest's visit. It's much more than a hotel, it is a complete resort overlooking the sea and set in its own subtropical gardens. It is, without doubt, a superb place to chill out and relax.

Let's start with the rooms themselves. They are of a size that many hotels would sell as a junior suite. The beds are king-size plus, the bed linen is of a very high standard and the bed is very comfortable. So comfortable that we guessed there was a memory foam topper. Everything is of the highest standard and maintenance must be very efficient for we did not see a mark or scratch anywhere. The bathroom has both a shower and bath and quality toiletries in abundance. There are plentiful large, high quality towels, bath robes, slippers - in fact everything you could wish for. It's the attention to detail that impressed us.

Just above the bedside tables, on both sides, there were two USB outlets for your phone, tablets etc. Most hotels will give you an electric socket, usually somewhere

under the bedside table, but no, Cliff Bay gives you twin USB outlets just where you need them. The TV is somewhat strangely located beside the bed rather than in front, but it seemed to work well and didn't dominate the room. Plentiful TV channels are available and there was a CD player connected. Wi-Fi is free and very strong. Our room had a large veranda and a delightful view over Funchal harbour.

Although the hotel is large, it's never crowded: public space is plentiful and very well arranged. Although 'perched' on the top of the cliff, it has its own lift down to sea level, where you find more pools, restaurants, loungers and even sun beds for two. There was never a shortage of sunbeds anywhere. Look out for the art in the public areas, especially around the reception area. Sculptures, paintings, some fascinating wall decoration, exquisitely arranged fresh flowers and greenery everywhere. Again, it's the attention to detail that is so impressive. You can eat or drink outside overlooking the sea or inside should you prefer.

Breakfast in the Rose Garden is included in the room rate and although it's a buffet there

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is an extensive choice of everything you might like from fresh fruit, cereals, yogurts, and a very good English breakfast with eggs freshly cooked to order and served with bacon, sausages and all the trimmings. (Don't worry, there is a gym and several pools to work off the calories afterwards). Service is discreet but very attentive. You can sit inside or out on the large outdoor seating area. Although

waiters seem to be almost invisible, the moment you need anything, or you have finished with a plate or dish, they attend to you within seconds. It's the standard of service you find throughout the hotel.

Dinner is also served in the Rose Garden, À la Carte or buffet. Personally, I am not a fan of a buffet for dinner although there was a vast choice of 'themed' dishes each night.



The beautiful and spacious reception at The Cliff Bay

Below: One of the most comfortable pool side loungers we have ever seen



The heated indoor/outdoor pool where you can swim from the inside to the outside or vice versa.

We chose À la Carte. The dishes are excellent and clearly inspired by the two Michelin Star *Il Gallo d'Oro* restaurant on the floor beneath. Chef Benoît Sinthon obviously keeps a very close eye on everything served throughout the hotel's restaurants. If you are planning a day walking on the island, the hotel will gladly supply a picnic for you to take with you. It's that sort of hotel, whatever the

guest needs, it will be arranged. Needless to say, the Cliff Bay has a well-equipped and luxurious Spa. The treatments available are extensive and carried out by highly qualified specialists, prices are not unreasonable. The nearby indoor/outdoor pool is used for complimentary Hydrogymnastic classes twice a week and Pilates once a week. It is surrounded by the most comfortable pool side loungers we have ever seen.



Our room had a large veranda and a delightful view over Funchal harbour.

If you want to experience true luxury and a high level of service, this is a hotel you really should visit. It's just a short flight from Lisbon, and we chose our favourite airline, TAP. Madeira is a beautiful island with plenty to see and do, but if you don't want to get out and about, you will find that the Cliff Bay will meet all your needs to relax and be pampered. It's very popular, so book early. We struggled to book a room at the last minute, but we are so pleased we were successful. Can't wait to go back. PL

For more information, go to [www.cliffbay.com](http://www.cliffbay.com)

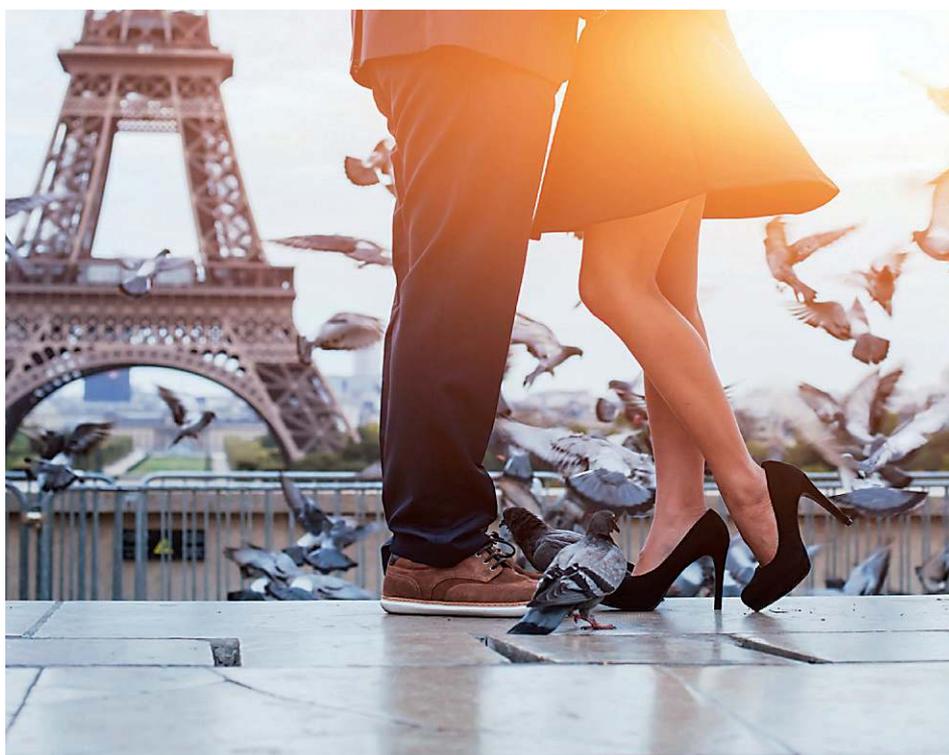


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## Restaurant of the Week

## Boutique Pão &amp; Pão

**Location:** Av. Tivoli, Edf. Moura Praia, 13, Vilamoura (next to the Banks)

**Opening hours:** Open daily from 7am

**Style:** Boutique Pão & Pão in Vilamoura takes the art of a coffee and a cake to an entirely new level, this a place where the world of gourmet delights meets coffee shop culture. While the cakes are the stars of the show at Boutique Pão & Pão there are plenty of other items on the menu that are equally enticing. Enjoy a sandwich made with one of around 20 different types of bread or sip on a fruit juice or smoothy made with exotic fruits from Brazil.

**Speciality dishes:** Those looking for something special need look no further than the exclusive O Melhor Bolo de Chocolate do Mundo (the best chocolate cake in the world). Other best sellers include "The Banoffee", "O Melhor Pão de Ló do Universo" (the best Pão de Ló in the universe) and "Tarte de Lima".

**Extras:** Customers can pick up their own gourmet delights to treat friends (or themselves!) back at home with speciality chocolates, olives and even gourmet mushroom kits as well as cakes and breads available to take away.

**Tell us more:** The philosophy at Boutique Pão & Pão in Vilamoura is to offer customers the very best products, from the most highly acclaimed suppliers, to create the ultimate coffee shop experience. From the teapots that the tea is served in, to the fresh milk used in the coffees, everything is sourced to provide the best possible experience, with a focus on all of the senses.

**Contacts:** Tel: 289 313 542 or visit [www.facebook.com/pg/boutiquepaoepao](http://www.facebook.com/pg/boutiquepaoepao)



O Melhor Bolo de Chocolate do Mundo (the best chocolate cake in the world).

## Recipes Straight from the River Café

## Spinach gnocchi

Making gnocchi - traditional Italian dumplings - needn't be daunting, and they don't have to be made with potato either.

These spinach ones from the new River Cafe cookbook, celebrating the restaurant's 30th year in business, are simple but flavourful, and make a great 'primi' or starter dish.

(Serves 6)

1kg fresh spinach leaves, blanched and squeezed dry  
50g unsalted butter  
A small bunch of fresh marjoram  
400g fresh ricotta  
40g plain flour, plus extra for dusting  
3 egg yolks  
1/4 nutmeg, grated  
120g Parmesan, freshly grated, plus extra for serving  
225g unsalted butter  
A bunch of fresh sage, leaves picked  
Sea salt and freshly ground black pepper

1. Melt the butter, add the marjoram, and cook for a minute. Add the spinach, and stir to combine the flavours. Season, leave to cool, then chop roughly.
2. In a large bowl, lightly beat the ricotta with a fork, then sieve in the flour. Add the egg yolks, nutmeg and Parmesan and fold in the cooled spinach mixture until well combined. Taste for seasoning.

3. Line a baking tray with greaseproof paper. Using two dessertspoons, take a small spoonful of mixture and, using the other spoon, mould the mixture so that it forms a gnocchi (a small oval dumpling). Place on the baking tray. The gnocchi should all be the same size, about 2cm in diameter.

4. To make the sage butter, heat the butter gently so it separates. Pour out the clarified butter into a clean pan and return to the heat. When very hot, add the sage leaves. Remove from the heat and allow to cool.
5. Bring a large pan of water to the boil, then lower the heat to a simmer. Gently place the gnocchi in the water in batches - it is important not to overcrowd the pan. When the gnocchi come back to the surface, remove carefully with a slotted spoon and briefly place the spoon on kitchen paper to drain off excess water.
6. Serve immediately on warm plates with the sage butter and extra Parmesan.

## Pressed chocolate cake

Chocolate cake recipes are two-a-penny, but this one only really comes second to the River Cafe's infamous Chocolate Nemesis cake.

The restaurant serves their pressed chocolate cake with ice cream, but a simple cup of tea would work too.



Spinach and Ricotta Gnocchi from River Cafe 30 by Ruth Rogers. (Photo: PA Photo/Handout/The River Cafe Ltd)

(Serves 10)

Unsalted butter and flour for the tin  
400g best-quality bitter-sweet chocolate (70%), broken into pieces  
300g unsalted butter  
10 eggs, separated  
225g caster sugar  
4tbsp cocoa powder

1. Preheat the oven to 180°C. Butter and line a 30cm round cake tin that is 7.5cm deep, with greaseproof paper.
2. Melt the chocolate with the butter in a heatproof bowl set over a pan of simmering water (the water should not touch the base of the bowl). Remove the bowl from the pan and cool a little, then whisk in the

egg yolks. Add the sugar and cocoa powder and mix well.

3. Beat the egg whites until they will form soft peaks. Fold into the chocolate mixture, a third at a time.
4. Pour the mixture into the prepared cake tin. Bake for about 30 minutes or until the cake has risen like a soufflé and is slightly set.
5. Remove from the oven. Place a piece of greaseproof paper, and a plate on top of that, on the cake - the plate should fit exactly inside the tin - and press down firmly, then weight the plate. Leave to cool for 30 minutes before turning out. Cool completely before serving.

TPN/PA

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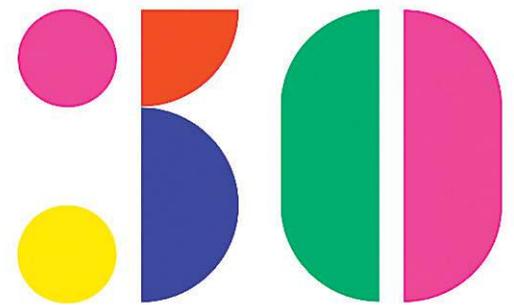
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## River Cafe



River Cafe 30 by Ruth Rogers, Sian Wyn Owen and Joseph Trivelli is available now. (Photo: PA Photo/The River Cafe Ltd)

**Difficulty booking CP Rail Tickets online**

SIR, I write to relate the difficulties I encountered while trying to book rail tickets online. As a frequent intercity passenger, I have been registered with CP Rail for years and have often made use of their online booking service. This week I went through the usual motions, changed the allocated seats to ones I wanted and opted to pay by debit card. At that point the CP Rail site switches one across to a *Verified by Visa* site (<https://acs.sibs.pt/2/servlet/acscr>) which asks for the client's card details and sends a seven-digit authentication code to a registered mobile phone. I entered the code and clicked on the *authenticate* button, only to see the screen go blank. So I went through the reservation process again, this time opting to pay with my credit card. The results were exactly the same. Another blank screen. For my third attempt, I chose to use *Paypal* - my final option. Instead of a blank screen, I got a message saying that payment had been rejected. So I phoned my bank, which suggested that I might not have authorised the *Verified by Visa* service for my cards - something that could be done on the bank's website. I checked. Both cards had already been authorised. So that wasn't the problem. Later that day, I tried both cards and *Paypal* again. No luck. Same frustrating results!

My final attempt - the 7th - was at midnight with my debit card. This time the payment was accepted. Clearly, there are problems with the service that are likely to drive many frustrated clients to the railway ticket office, which was to have been my last resort. NAME AND ADDRESS WITHHELD, By email

**Portuguese v English**

SIR, To say that Graham Standwell is talking arrant nonsense might be a little harsh but he is certainly being unrealistic. Whilst some of us might have been required to learn a good deal of what he lists we certainly do not speak that way. Almost everyone speaks his own language colloquially. If asked how long he is staying here the average Englishman would say "I am going next week" - the present simple continuous instead of the future "I shall be going" and in Portuguese we say "Vou para semana" not needing the personal pronoun nor the gerund nor the future tense. For decades I have been sympathetic to foreigners who have wanted to learn Portuguese but have given up because of incompetent teachers who have insisted on useless grammar and I say uselessly advisedly because no-one heeds the arcane rules which Mr. Standwell says a foreigner "has to learn". I have been able to help quite a few to start to learn by pointing out that the average five-year-old child communi-

cates quite well with his peers and his parents because he has acquired the limited vocabulary that he requires and has never been concerned with grammar. Portuguese everyday speech tends to be simpler than English not only using the present for the future but also for the past as can be seen in the popular press every day. What is needed is vocabulary and a dictionary. There are many bi-lingual people in the Algarve (in bars, restaurants, estate agencies etc.) who are happy to help if asked. JIMG, Faro.

**Reply to Philip G. Nixon**

SIR, What amazing ignorance to miss the point completely and rant on about some perceived issue that was not inferred in my letter. Just to give an indication of what was in my letter is that the Hotels that do "All Inclusive" do little for the local community and businesses. The people that are employed in these hotels are generally low paid and find it difficult to find good affordable accommodation. Rates are generally increased to all the local businesses to pay for the additional infrastructure required for these new Hotels which would be acceptable for the locals were they to benefit commercially. As for your rant on how wonderful the people of Albufeira are it might be an idea for you to travel throughout Portugal and you will find that no matter

where you go the people are very welcoming, pleasant and understanding. KEVIN WILLIAMS, By email

**Lisbon Scam**

SIR, I am writing to complain about the absolutely unacceptable rip-off that I was a victim of in Belem, Lisbon last weekend. My partner and I decided to take a flight from London to visit Lisbon, a city we love and find incredibly charming. We are both Italian and resident in London, but we are thinking about moving to Lisbon - this is how much we love that place. Everything went well during our last weekend in Lisbon, with the exception of our dinner on Saturday night, which shocked us for the treatment and the scam we were victims of. We went to a restaurant, supposedly one of the best seafood restaurants in the city. I won't bore you with all the details. Suffice to say that right at the beginning we were given a platter of ham we didn't order and we were charged dearly for, without any explanation. The restaurant was full, so the waiters were not inclined to spend much time at our

The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication.



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table. Following that, we were recommended by a waiter to choose the mixed seafood platter, the price of which was not on the menu. We agreed to do so, only to find out at the end of the dinner that the total price of our meal was 250 euros! Shocked by this discovery, we asked the waiter to clarify. Instead of apologising or making any gesture to appease us, he refused to accept our complaints and accused us of carelessness, because we didn't check on the menu the price. Now, as I have already explained, the mixed seafood platter is not an option on the menu - according to him, we should have checked every single item on the platter, guess its weight and get an

idea of how much it would have cost us - and after that, send it back to the kitchen before eating it. It doesn't take a genius to understand that this is completely far-fetched and the whole operation was a scam. Indeed, we looked at this restaurant's reviews on Google and Tripadvisor and we realised that, among many positive reviews by locals, many tourists complained about the same unacceptable treatment. Long story short, that restaurant treats its customers differently: if you are a local, they treat you nicely; if you are a tourist or a foreigner, you should be mercilessly scammed. I am extremely disappointed. RICCARDO FABIANI London, UK

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## ASB Ride to Odemira



View from Santa Clara Hotel. (Photo: Ulf Kulbratt / John Heffernan)

Members of the Algarve Senior Bikers enjoyed their ride to Odemira in the lower Alentejo on Wednesday 25 October. The ride was organised by Stan Green and Miriam Post. Miriam did a great job when leading the 32 riders taking part, from the

start in Silves to the coffee break at the hotel overlooking the barragem at Santa Clara. The terrace of the hotel offers great views of the surrounding countryside and the water.

After a coffee and a chance to chat with the several new riders attending for the first

time the members, now led by Stan, took to the road again to head for lunch at Restaurante O Tarro overlooking the river in Odemira and the well known tree on the roundabout sculptured from scrap metal.

Next Event will be announced soon.

David Shirley.

## Valverde Anniversary Pairs

On Sunday 29 October, Valverde Bowls Club Almancil, held its Anniversary Pairs Competition. The event was sponsored by Ibox Insurance of Almancil.

Twenty pairs took part and the weather stayed fine and sunny. The final result was close.

Margaret and Peter Wilson came third with 42 points and Brian and Mandy Fitzgibbon took second place with 43. The winners were Jack Romano and Paul Rawlings with 47 points.

The prizes were presented by the Ibox Insurance representative, Rui.



Jack Romano, Rui and Paul Rawlings

## Jubilee Cup Competition



On behalf of Bowls Algarve, Alvor club are staging a return of the Jubilee Cup - an Open Bowls Triples competition.

This competition was first held in May 2012 to celebrate the Diamond Jubilee of Queen Elizabeth II. In 2013 and 2014 it was held later in the year to help raise funds for the Royal British Legion but no competition was held in 2015 or 2016. The intention is to, once again, hold this competition on Remembrance Sunday (12 November), in aid of the Royal British Legion 2017 Poppy Appeal. Alvor's green can accommodate 16 triples and they would very much like to have a full house.

The day will start at 11am with a respectful silence followed by 18 ends of bowls. Lunch will then be served, followed by a presentation to the winners. The cost of €15 per person includes a donation to the poppy appeal and they are hopeful that a representative of

the Legion will be available to make the presentation and collect their donations.

The Royal British Legion does a wonderful job for the UK's ex-service personnel and we hope that you will take this opportunity to show your appreciation of their work and enjoy a game of bowls at the same time.

Six Bowls Algarve members were recently successful in their training and assessment, and the Algarve can now boast six newly qualified Umpires. Joe Scott of Tavira Bowling Club, Maggie Dance and Stuart Buckley of Alvor Bowling Club, Jean King, Miriam Hare and Peter Hare of Balaia Bowls Club all were successful.

This week's Super 10's results see Alvor at the top of the league, whilst this week's league games see Tavira Tigers at the top of league A and Alvor Amigos at the top of league B.

Miriam Hare

St. Andrew's Society Algarve

## St. Andrew's Ball

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Penina Hotel & Golf Resort  
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Music by Sounds of Islay  
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Contact Kathy on 919 635 246



## Cottingham Come To Town



A group of walking footballers from one of England's largest est villages, Cottingham near Hull, (the population is over 18,000) were the guests of East Algarve Walking Football on Tuesday.

A Mini-Festival between the visitors from Yorkshire and teams from Tavira and Olhão proved a great success with a high standard of skill in evidence.

With a maximum of three touches and no slide tackles or challenges from behind, the sport promotes cardiovascular fitness whilst producing the least stress on the body; it also

helps participants maintain an active lifestyle.

The Cottingham players, all over 55 years-of-age, will be turning out again on Friday (10 November) at the José Arcaño Stadium, Olhão (behind McDonalds on the EN125).

Next week the same venue hosts a Mini-Tournament on Tuesday and Wednesday with teams from Spain, Silver Coast (Lisbon), Vilamoura, Tavira and Olhão; starting at 9.30am each day.

Free admission and everyone welcome.

[www.walkingfootballalgarve.com](http://www.walkingfootballalgarve.com)

## Let's Walk in the Algarve

**Tuesday 15 November – Let's Walk to the Cliff tops from Porches:** A fantastic walk through countryside to those spectacular cliffs. Moderately easy with some gentle ups and downs and just over 2.5 hours. 10.30am start. Meet at the Casa de Pasto on the road between Porches and Armação de Pêra. On the EN125 at Porches going west turn left at the roundabout and follow the signs for Armação de Pêra. The Casa de Pasto is just over 3km along on the right. Julie 965 753 033

**Tuesday 22 November – Let's Walk from Praia da Luz:** An easy circular walk through countryside and along the cliff

tops with stunning views, almost 2.5 hours. 10.30am start. Meet at the Snack Bar / Café. Drive along the EN125 from Lagos towards Sagres and after the lights for Espiche turn left at the roundabout direction Luz. When you arrive at the next roundabout take the first exit right and drive for almost 2km. You will see the snack bar on your right and plenty of parking on the left. Julie 965 753 033

*There is no need to book please just come along wearing shoes suitable for country walking and please bring a sense of humour! There is a nominal charge of €5 per person.*

## Algarve Activity Bike Rides

Here are the details of this week's rides:

**Saturday 11 November - Bike Ride starting in São Brás:** We meet at Lidl supermarket at 9.15am ready for a 9.30am start. This will be a fairly challenging ride with a café stop somewhere along the way.

**Sunday 12 November - Bike Ride starting in Almancil:** We meet close to Apólonia supermarket (park in the street not the supermarket car park) at 9.15am ready for a 9.30am start. This will be a regular Sunday ride with a café stop somewhere along the way.

*If you would like to come along to one of these rides, please confirm either by text, email or on Facebook via the Activity Algarve Bike Rides page. If a ride has to be cancelled for any reason, such as bad weather, notification will be via text. We reserve the right to cancel any ride if less than 5 people are signed up. Price for participation is €5 per rider per ride.*

*For more information please contact Paul Beesley on tel: 913226954, email: paul@algarvebikeholidays.com, see website: www.algarvebikeholidays.com, or Facebook: AlgarveBikeHolidays.*

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## Santa needs your Help

'Castelo de Sonhos' registered charity has more than 200 elderly in need living in this area. This Christmas we would again like to help them and we now planing the 13<sup>th</sup> Annual Shoebox Drive for the Elderly. The boxes will be delivered by the 'Castelo de Sonhos' team. We hope you will participate. Here is what you'll need to do:

1. Find an empty shoe box. Most shoe shops are only too pleased to give you one.
2. Decide whether your gift will be for a man or a woman.
3. Fill your shoe box with a variety of gifts (each gift may be individually wrapped) see suggestions below. Please pack carefully and wrap breakables well.
4. Wrap the shoebox and label for man or women, or couple.
5. Deliver filled shoeboxes to 'Castelo de Sonhos' or the Holiday Inn, Algarve in Armação de Pêra. Between 15 November and 9 December 2017.



bath gel, foam hairbrush, comb, mirror,

- Woolly hat, gloves, scarf, socks, hankies, tights, small shawl
- Sewing kit
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- Packet of tissues
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Please do not include: **Medicines.**

For more information please contact: Sue Butler-Cole on 282 330 242, or mobile 933 374 856 or email [sueloram@gmail.com](mailto:sueloram@gmail.com).

## British Ambassador reaching out to the British community

Following the start of formal withdrawal negotiations, the British Ambassador Kirsty Hayes will be in Cascais on Tuesday, 14 November to meet members of the local British community to respond to questions and concerns about the UK's exit from the European Union.

Ambassador Hayes will attend a public session at the Centro Cultural de Cascais, from 6.30pm to 7.30pm, where she will be interested to hear of any concerns British residents might have about the possible impact of the UK's withdrawal from the EU.

This session has been organised with the kind co-operation of the Cascais Town Council. There are a limited number of

places available and registration is therefore essential. Please confirm your attendance by registering here. The registration password for this event is **Cascais**.

If those attending have any questions for the Ambassador, it would be helpful if you could send these in advance to [Notarial.portugal@fco.gov.uk](mailto:Notarial.portugal@fco.gov.uk)

Please inform any of your friends or contacts who may be interested in registering to attend this event.

Please follow our facebook and Twitter channels for updates.

Venue: Centro Cultural de Cascais, Avenida Rei Humberto II de Itália, 2750 Cascais

## Police Officer exchange visit

In April of this year Almancil International Rotary Club (AIRC) sponsored Loulé GNR officer Frederico (Freddie) Fragoso to spend 4 days with South Wales Police in Gwent to observe policing practices in that division.

More recently Police Constable Stephen Jones, Ward Manager, Neighbourhood Policing Team in Gwent paid a reciprocal visit to the Loulé GNR.

Thanks to Major Paulo Santos, Freddie and some of his colleagues were assigned to show Steve how things are done here in the Algarve, starting with a visit to the GNR station in Loulé.

Steve was able to see first-hand the dogs and horse teams, traffic policing and many other aspects of the work of the GNR.

At the end of his time spent with the GNR, Steve gave a presentation to Rotary members and guests at the Conrad Hotel. Steve explained in more detail his role in Gwent and how the force was combating the problems in one area of Gwent: in particular drug gangs, burglaries and prostitution. Thanks



(L to R) Major Paulo Santos, Steve Jones, Claire Rusbridge (President AIRC) and Freddie Fragoso

to targeted policing, drug gangs had been eliminated in this area.

However, the force remains vigilant as there are always criminals ready to move into the vacancy left by the gangs.

Steve was very impressed with the respect afforded by the public to the GNR, which is

sadly lacking in many areas of the UK. He commented on the warm welcome he had received from the GNR and his appreciation of the time everyone took to make his visit memorable. It was his first time in the Algarve and he was so impressed he hopes to return with his two sons in the not too distant future.

## Algarve Saint Andrew's Ball 2017

The Saint Andrew's Society of the Algarve is a small group of Scots and other nationalities whose main aim is to promote all things Scottish, but also to enjoy ourselves. We will be having our annual Saint Andrew's Ball on Saturday **25 November**. Once again it will be at the marvellous Penina Hotel.

Participants will be greeted by the skirl of the pipes from **7pm** played by our wonderful piper Malcolm MacGillivray. Following a champagne reception there will be a bounteous and sumptuous buffet accompanied by wine, followed by coffee and Atholl Brose.

Afterwards Scottish dancing will be to the accompaniment of our excellent ceilidh band from Scotland, "The Sound of Islay". Each dance will be talked and walked through beforehand so no need for beginners to hang back!

So a great opportunity to get out your glad rags. Tickets will cost €45 for Society members and €47,50 for non-members. If you prefer not to drive and spend the night at the hotel after the Ball, and/or have a round of golf on the Sir Henry Cotton Championship Course, the Hotel is offering special rates for Ball participants. If you would like to buy tickets and/or inquire about the Hotel's special offer – or to find out more about the Saint Andrew's Society and its other events - give Kathy Prentice a ring on 919 635 246.

If you would like to sharpen your dancing skills beforehand or even have a go for the first time why not give it a try at the Nobel School at Porches on Monday evenings from 7.30-9.30pm. For details contact **Mardie Cunningham** either on 282 356 029 or email [mardie@sapo.pt](mailto:mardie@sapo.pt).

*Doug McAdam, Chieftain*

## School delivers donations

The donations received for the Cultivate Smiles campaign, initiated by Colégio Internacional de Vilamoura, have exceeded expectations! These donations have now been distributed to the areas with the highest incidence of fires in October.

Last week toys, school supplies, kitchen utensils, household appliances, blankets, children's and adults' clothing, shoes, food, toiletries and cleaning detergents, were transported by the CIV mini-van and a truck to the designated areas. Several people and hotels, in the municipal areas of Albufeira and Loulé also donated furniture, especially beds, mattresses, bedside tables, dining tables, chairs, televisions and interior decoration objects.

The campaign lasted 5 days and had the assistance of par-

ents, students, staff and friends, all united in the knowledge that each one's contribution will bring comfort and hope to those who have lost their homes, family and friends.

CIV would like to thank all those who contributed to this campaign and reiterates the role of schools and educators in promoting civic education. Besides cognitive and socio-affective skills, educational projects should encourage social and environmental awareness as well as active citizenship.



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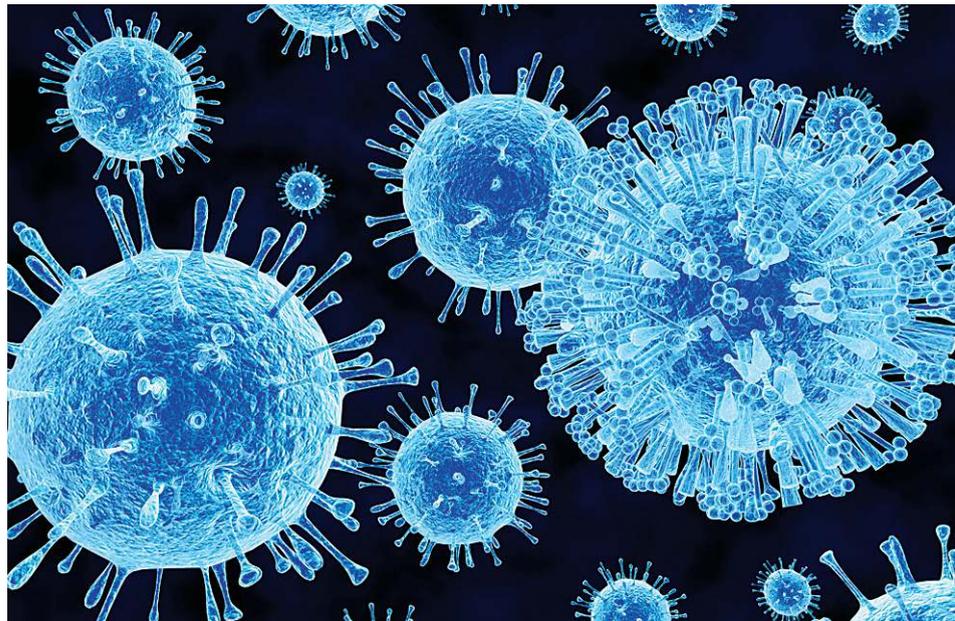
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# How to avoid the norovirus



The virus is incredibly contagious and can be passed on through contact with an infected person, or contact with contaminated surfaces or objects. (Photo: PA Photo)

It starts with a foreboding colleague mentioning they don't feel quite right. Perhaps it was the under-cooked prawns at lunch, or last night's takeaway? Before you know it, the work toilets have become a quarantine for sickness-stricken workers, too feeble to make it into an emergency taxi home (while everybody else starts to obsessively douse various body parts in anti-bacterial gel). Yes, winter is back, and while we can all look forward to the excesses of the festive season, there's one element of the colder months that nobody enjoys: norovirus. More unpleasantly known as the 'winter vomiting bug', this highly contagious

viral infection is the silent fun-killer of every office, lurking in keyboards and on taps, ready to take down unsuspecting workers right before the Christmas party. Sick season is unflappably constant, but you don't have to catch norovirus every time November rolls around. It's all about knowing your enemy.

**It's highly infectious**  
GP Dr Roger Henderson explains: "The virus is incredibly contagious and can be passed on through contact with an infected person, or contact with contaminated surfaces or objects. Faecal matter can also carry the virus, meaning it can be found on toilet seats and handles." "You can also get norovirus

from contaminated food and water, especially bivalve molluscs, such as oysters, mussels, clams, cockles and scallops." As well as the obvious breeding ground of the office, other germ hotspots to be particularly wary of during the winter months include public transport, schools and cruise ships.

**It will bring you down fast**  
Norovirus doesn't take long to turn you into an extra from *The Walking Dead*; the virus particles are extremely fast-acting, and are usually ingested through either your mouth or nose. It has a very short incubation period, and once you've come into contact with the virus, it only takes 12-48 hours for symptoms

to kick in. It hits the stomach first, but it's only when norovirus arrives at the small intestine that it really begins to multiply (this is generally when you start to feel the first twinges of nausea). Much like a parasite, the virus is not able to operate as a single agent - it needs living cells to feed from. Once it's gained control, it's able to spread like wildfire by attaching itself to healthy cells in the lining of the intestine. During this early incubation period, the infected cells explode, producing replicas of the virus and releasing more infected particles into the bloodstream.

**You'll suffer for 48 hours**  
At this point, you'll begin to feel very unwell, as your body's immune system twigs that something isn't quite right and begins to produce antibodies to fight the infected cells. You may experience sudden projectile vomiting and watery diarrhoea as your body attempts to fight the infection. While this may be alarming in its unpleasantness, these are your body's natural trigger-responses, as your immune system toils to flush the particles out of your body. (The irony is, though, the worst side-effects of norovirus that keep us glued to the toilet are, in fact, completely pointless, as the virus affects the small intestine, not the stomach, which means vomiting and diarrhoea do very little to help.)

As well as the dreaded toilet runs, Dr Henderson notes that you may experience stomach cramps, abdominal pain, fatigue and a mild fever while you're contagious. The good news is, norovirus tends to leave as quickly as it arrives, usually lasting one to two days. People generally find they continue to feel weak for a few days afterwards, as the immune system works overtime to battle against the infection, gradually locating the infected cells and deactivating them.

**Recovery takes a while**  
At this point, you're probably wondering if there's something you can do to speed up the recovery process. The short answer is no. "There is no specific treatment for the virus but to let the illness run its course," says Henderson. "While the symptoms are not pleasant, most people make a full recovery within a few days. Both vomiting and diarrhoea cause loss of water from the body, so you need to drink plenty of liquids to replace lost fluids. Antidiarrheal medicines such as loperamide can ease symptoms, while paracetamol helps aches and pains." You might be tempted to rush straight back to work once the vomiting quells, but Henderson advises staying at home until 48 hours after the symptoms have passed, otherwise you still run the risk of passing the virus onto others. "Because it is highly conta-

gious, the best thing is to stay at home and away from public places - including your doctor's surgery. You should also disinfect all surfaces that have been contaminated by the virus, such as toilets, bedding and walls."

**There are ways to keep the virus at bay**  
So how do you avoid getting sick during the cheeriest of seasons? Christmas is all about coming together, and nobody wants to be confined to their quarters like a Scrooge all winter. Your best course of action is to practice good hygiene. Washing your hands after using the toilet should involve a good scrub with anti-bacterial soap, not just a quick splash of water before you run out of the bathroom. "Consider wearing gloves when travelling on public transport and avoid touching your face and mouth with your hands," adds Henderson. Norovirus is also good motivation for a delayed spring clean. Scour your surfaces, but don't overlook places that might have been touched by a sick partner, colleague or family member, such as remote controls, phones, door-knobs and keyboards. The virus can linger on hard surfaces for days and withstand many basic anti-bacterial sprays, so throw on your Marigolds and start scrubbing with a diluted bleach solution. Your colleagues will certainly thank you. *TPN/PA*



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# Using mindfulness for IBS

**M**indfulness could change your relationship with IBS. Experts often talk about the brain and gut being closely linked, but what does this actually mean in practical terms for people suffering with troublesome irritable bowel syndrome? Well, one thing worth keeping in mind is that stress, along with certain foods and ingredients, is known to be a key 'trigger' for IBS (meaning it's one of the factors that can make symptoms flare up). This is why Senocalm has teamed up with mindfulness expert Emma Mills to launch their 'Gutfulness' campaign. The aim? To provide 'quick, unusual and practical advice for busy women', to help them alleviate stress and therefore better manage their IBS. Here's what it's all about...

## What is IBS?

IBS is a very common digestive condition, affecting around one in five Brits to varying degrees, with symptoms including diarrhoea, constipation, bloating and abdominal pain and cramps - and it can cause a lot of distress, wreaking havoc with your work and social life, energy levels and even self-esteem. The good news is, IBS can be very well managed, and taking steps to manage your stress levels is one important way of helping avoid or reduce IBS symptoms and flare-ups. "Stress can be detrimental to your mental and physical wellbeing, and for many IBS sufferers it can be a key trigger of their symptoms," says Emma. "Taking time out for a few minutes a day for meditation and mindfulness helps ease emotional tension, which can help to re-balance the digestive system." Here are Emma's five top 'gutfulness' tips:

**1. Belly Breathing:** Take five minutes to focus on your breathing. Lying down, place both hands on your



The good news is, IBS can be very well managed, and taking steps to manage your stress levels is one important way of helping avoid or reduce IBS symptoms and flare-ups. (Photo: PA Photo)

tummy, covering your belly button. When you breathe in, imagine there is a little balloon inside your tummy. As it expands, lift your hands as you breathe in, lower as you breathe out.

**2. Visualisation:** Picture your digestive tract as a long, calm river that flows gently, passing through the throat and into the tummy. Feel the 'river' gently cooling the soft walls of your tummy, working to cleanse and heal your body.

**3. Humming:** Sit comfortably and on your next out breath, close your

mouth and make a little humming sound. This can be very relaxing for the digestive system and restore a sense of harmony.

**4. Focus in:** Take three minutes to focus on a flower. Put all your attention on this; its petals, fragrance, shape etc. Notice how it feels to be engaged and ask yourself what starts to feel different.

**5. Tapping:** Gently tap using your knuckles around the rib cage, across the back of the ribs and around the hips, use 20% of your effort while you say, 'I can trust my body, I can feel relaxed'. TPN/PA



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# Long hair Autumn looks



Use hair straighteners, section by section, ensuring that the hair is poker straight. (Photo: PA Photo/TIGI)

If there was one word to describe the overarching theme of the hair on the AW17 catwalks, it would be pretty - but, make no mistake, that doesn't mean boring. From the sleekest, chicest ponytail you've ever seen (a massive hit at the New York shows) to beautifully messy braids in Milan and the return of hair ribbons in London, these versatile looks work for day or night - the only prerequisite is that you have long enough hair. We asked three Fashion Week hair stylists for their guide to recreating the major catwalk hair trends at home, and the products you'll need to get the job done. Here's what they said...

### 1. The sleek pony tail

**The look:** A super-shiny, side-parted ponytail tied low on the neck. As seen at: Carolina Herrera, Oscar de la Renta and Jason Wu in New York, Eudon Choi, Mark Fast and Shrimps in London. **Get the look:** By Odile Gilbert, New York Fashion Week Ambassador for

Tresemme at Carolina Herrera.

1. Starting with freshly washed hair, create a deep side parting using a rat tail comb to ensure that the parting is straight. Use hair straighteners, section by section, ensuring that it's poker straight.
2. Put chin down and secure the low ponytail with an elastic, then wrap a one-inch section of hair around the elastic and pin underneath with a bobby pin.
3. Finish the look by applying hydrating mist to the ponytail to create a smooth, silky look and tame any flyaways.

### 2. Half-up with hair ribbons

**The look:** Taking inspiration from the Nineties, this half up-do is accessorised with a black velvet ribbon. As seen at: Emilia Wickstead and Temperley at London Fashion Week. **Get the look:** By Luke Hershenson, John Frieda UK Creative Director at Emilia Wickstead. 1. Apply serum to the lengths of soaking wet hair



These versatile looks work for day or night - the only prerequisite is that you have long enough hair. (Photo: PA Photo/Isabel Infantes)

- and blow-dry straight. Once the hair is completely dry, run through with straightening irons to ensure the hair is poker straight.
2. Take a square section of hair from [level with] the middle of each eyebrow back to the crown. Pull it back quite tightly so you can see the graphic parting lines, and secure with elastic.
  3. Apply hairspray to fix flyaways and give hair a mannequin-like shine.
  4. Finish with a long length of black velvet ribbon, tied once (not a full bow) with the ends left long down the back.

### 3. The 'romantic rebel' look

**The look:** Braids and ponytails were given an artfully messy, rebellious twist. As seen at: Mark Fast, Antonio Berardi and Bora Aksu in London, Alberta Ferretti in Milan. **Get the look:** By Maria Kovacs, TIGI European Session Director. 1. Begin by applying dry shampoo then Bodifying Spray to smooth hair back and create a sleek and clean look. 2. Leave an inch of hair loose at the front for creating the rebellious fringe, then part hair in a low side parting following the inside of the eyebrow. 3. Blow-dry the hair downwards to keep the shape clean. 4. Using the front inch of hair, create the rebellious fringe with hairspray, a hairdryer and a roll hairbrush to add volume. 6. With the lengths of the hair used to create the fringe, wrap the ends around the ponytail, then straighten the pony tail to create a super shiny finish 7. Set the look with hairspray with effortless finish. TPN/PA

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# Unique, large, top floor apartment with extra 'top' studio!

In a very central location, within walking distance of supermarkets, nice restaurants, bars and the hospital you will find this unique top floor apartment with an extra "top" studio.

The studio, with its separate entrance for guests, is a plus and comprises: a living / bedroom, large kitchenette, bathroom and a large roof terrace with wonderful panoramic views overlooking Lagos with partial views of Meia Praia beach.

This unique apartment on the top (3<sup>rd</sup>) floor of a nice residential building offers plenty of living space with an approx. area of 270m<sup>2</sup>.

With the several balconies and terraces this apartment is perfect to enjoy the lovely views of

Lagos, to relax and to enjoy the sunny Algarve.

The apartment comprises: entrance/hallway, on the right-hand-side, double doors leading to the spacious living room featuring Lagos with partial views of Meia Praia beach.

On the opposite side is the spacious fully fitted and equipped kitchen with electrical equipment, lots of cupboard space, granite counter tops and a nice (breakfast) bar. Adjacent to

the kitchen is another balcony of 20m<sup>2</sup> with outdoor kitchen including a built-in BBQ and sink, perfect to enjoy AlFresco meals!

In the hallway you will find a guest toilet and a bathroom with walk-in shower.

The spacious master bedroom with an ensuite bathroom is featured with a dressing area, lots of closet space and sliding doors onto another large balcony. The 2<sup>nd</sup> bedroom is currently being used as a dining room and the 3<sup>rd</sup> bedroom is actually being used as an office.

Via a lovely spiral staircase in the hallway you reach the attic, which is the ideal space for an office, games room, gym or guest area because there is also a bathroom.

It features, good living areas, large balconies and terraces, extra separated "top" studio and panoramic views, this all makes this apartment a must see property!

Looking forward to arranging a viewing of this unique apartment? Please do not hesitate to contact us or visit our office in the Marina of Lagos (next to the Wax Museum)

For further information or to arrange a viewing of this property (REF: AA-315SH), reduced in price to €350,000, do not hesitate to contact Abacoz Algarve, tel: (+351) 282 044 886, email: info@abacozproperties.com, or visit website: www.abacoz-properties.com.



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**REF: AV-404SJ - VALE DA TELHA**  
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**VILAMOURA**  
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**Vilamoura - 3 Bedroom Detached Villa**  
Location, location and location. Nice detached villa with private pool and garden. 3 good size bedrooms, 2 bathrooms, dining room, bright and airy lounge, fitted kitchen and secure parking.

**Ref:FS131 Price:€595,000 ono**



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**Vilamoura – 2 Bed Apartment in Central Vilamoura**  
A lovely 2 beds/2 baths apartment in Encosta da Oliveira area of Vilamoura. Roof and side terraces. Large lounge and dining area. Secured parking and extra storage room.

**Ref:FS135 Price:€195,500 ono**



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**Price: U/C Ref. 014170215**  
Spacious Detached Villa with character, 6 Bedrooms, 5 bathrooms at only five minutes to the beach. Vale de Éguas, Almancil



**Price: 640.000€ Ref. 014170144**  
Brand New 4 bedrooms Detached House with modern architectural lines, situated at a walking distance of the beach. Great opportunity. Al-Sakia/Passis, Quarteira



**Price: 450.000€ Ref. 014170198**  
Beautiful 2 bedrooms Villa, surrounded by a beautiful mature garden that offers plenty of privacy, situated in the quiet area of Vale de Éguas in Almancil.



**Price: 260.000€ Ref. 014170185**  
Excellent 2 bedroom apartment inserted in a closed condominium with pool and garden. Book your private visit. Fonte Santa, Quarteira



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**Near Santa Barbara**  
3 bedroom villa, OFFERS INVITED, brand new, very high standard details and finishing's, all modern conveniences, sea view.  
EC class: A+  
**Ref: P-MDC Price: €975.000**



**Near Loulé**  
7 bedroom Quinta, private and peaceful, property full of character, applying for licence for rural boutique hotel, 14,000m² of fenced land.  
EC class: D  
**Ref: HAM Price: €895.000**



**Near Vilamoura**  
4 bedroom villa, rustic style, private, elevated position with views, pool with beautiful mature garden, borehole.  
EC class: D  
**Ref: WGN Price: €730.000**



**Near Loulé**  
2 bedroom villa, charming country property, spacious, rustic style, central heating, pool to be built, borehole, basement for 3rd bedroom.  
EC class: B  
**Ref: GLA Price: €325.000**



**Near Santa Barbara**  
Building plot, 300m² of construction plus 200m² basement on plot of 2192m², just 1km from Santa Barbara, stunning sea and country views.  
**Ref: R-OVP-3 Price: €250.000**

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## OUR PROPERTY OF THE WEEK:

REF: AA-398SH - LAGOS  
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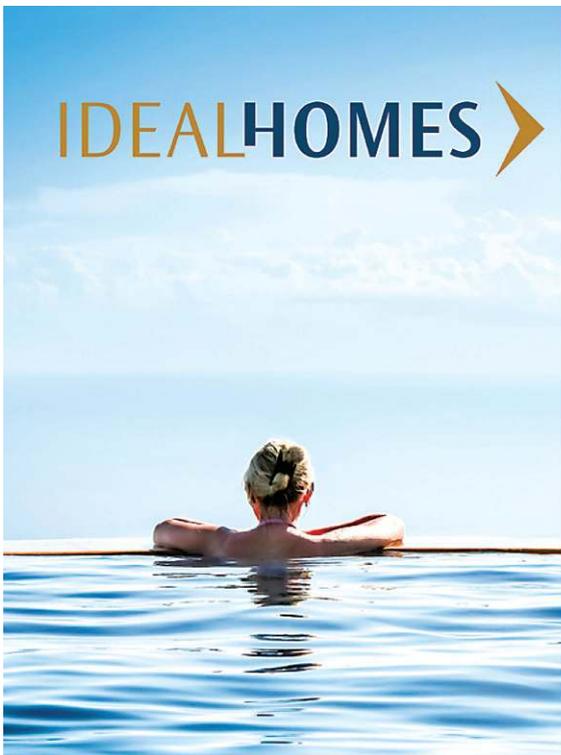
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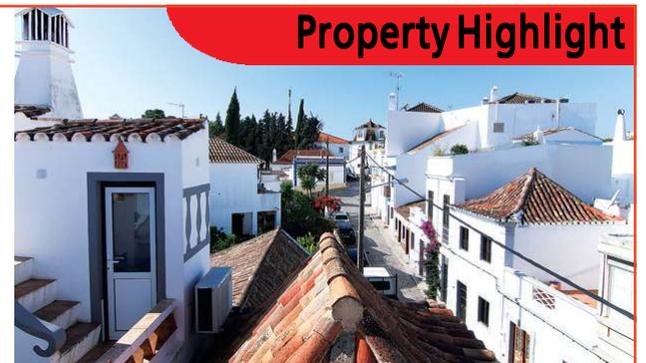


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## T4 Townhouse in the heart of Tavira

Energy certificate: C  
 Tavira: Reference TV961  
 €350,000

This traditional Portuguese townhouse built in 1988 is located in the centre of Tavira, just a few steps away from all amenities. With unique architecture, pleasant terraces, generous living areas (total 300m<sup>2</sup>) and a privileged location - this property has potential for modernization and presents a fantastic investment opportunity, particularly for rentals. There is independent access for the ground floor and the first floor and this property already has a rental licence (Alojamento Local). Ground floor and First



Floor each comprise: A Living/ Dining Room, Kitchen, Family bathroom, 2 Bedrooms and access to terraces, plus two more rooms that can be utilized as bedrooms if required and ample storage.

The first floor is almost a copy of the ground floor. There is a balcony that runs from the hallway to the ground floor staircase and there is also a roof terrace, but the access to it requires some renovation. There is on-street parking

and the property is ideally situated with distances of 2.5km from Tavira Island, 4km from Barril Beach, 5km from Benamor golf course and just 35km from Faro International Airport.

A viewing is highly recommended. Contact our Tavira team for more information.  
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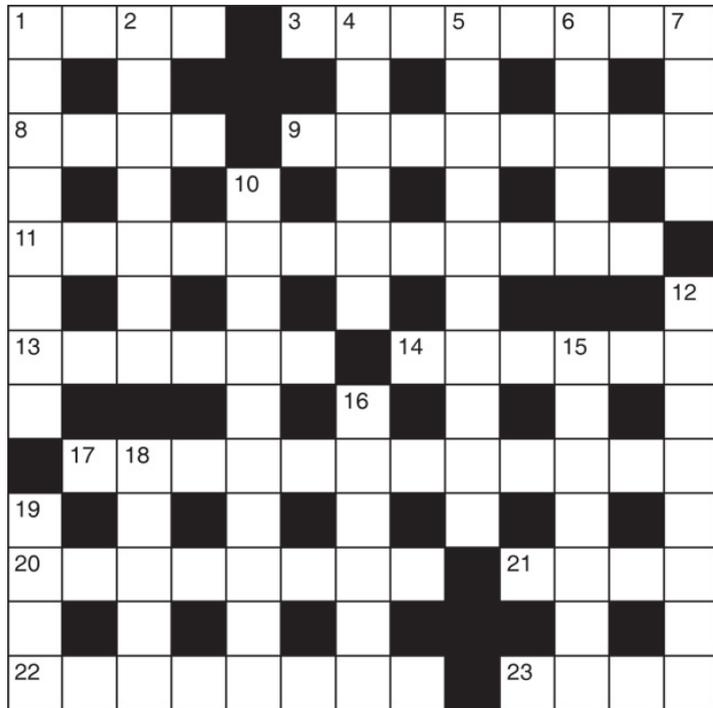
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**Last week's cryptic crossword solutions**  
**Across:** 1 Off one's head; 9 Out; 10 Look sharp; 11 Adder; 13 Village; 14 Cumber; 16 Grocer; 18 Italics; 19 Clean; 20 Tailor; 21 Sue; 22 Anaesthetic.  
**Down:** 2 Fit; 3 Oiler; 4 Evolve; 5 Hustler; 6 Avalanche; 7 Monarchists; 8 Appearances; 12 Damnation; 15 Episode; 17 Ascent; 19 Caste; 21 Ski.

**CRYPTIC CROSSWORD**

**ACROSS**

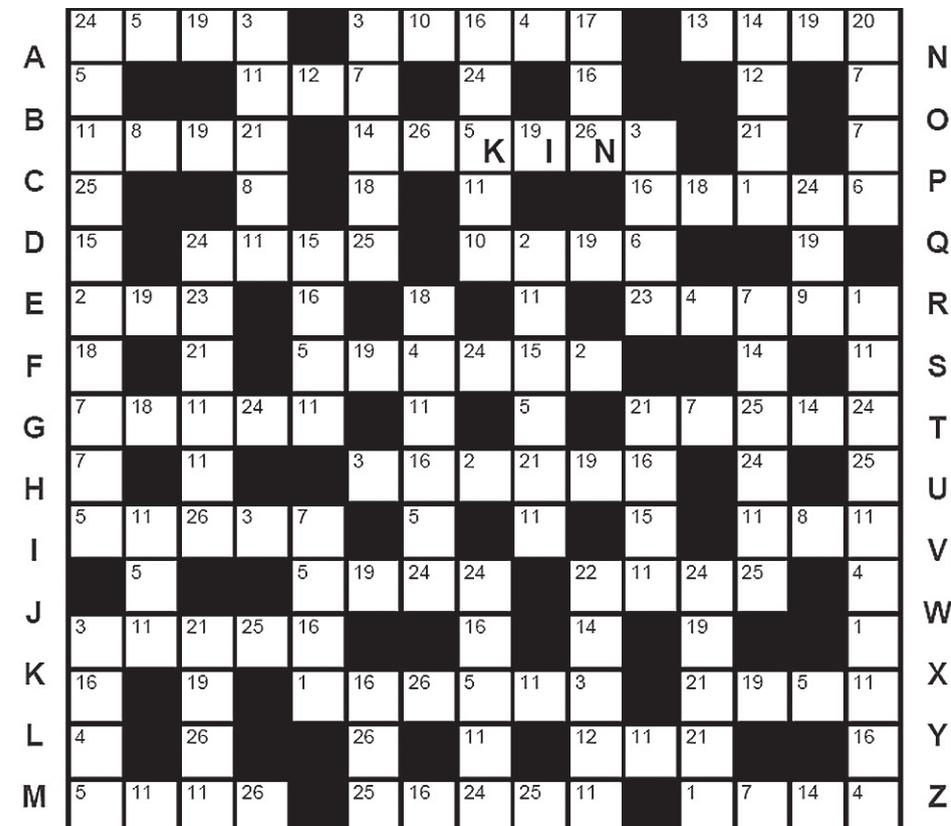
- 1. Linesman? (4)
- 3. Red-hot stripper! (8)
- 8. Return message for school (4)
- 9. Sending out for gin and it met with trouble (8)
- 11. Dwarf spotted with poor vision (5-7)
- 13. Commit murder or back reigning family (6)
- 14. BR robe pinched by thief (6)
- 17. Dissatisfied when ices don't tend to melt (12)
- 20. Axe falls on mole inspector (8)
- 21. Sprinkled salt on band (4)
- 22. Introduces gifts (8)
- 23. Manipulator with tricky ruse (4)

**DOWN**

- 1. An excuse certain to provide delight (8)
- 2. Thrift utilised with money management? (7)
- 4. It's clear that little devil hid in cover (6)
- 5. We throw cat out from look-out post (5-5)
- 6. Being a wicked reverse (5)
- 7. Summon an attendant? (4)
- 10. Foolishly steal cat - it may fall from roof (10)
- 12. Rat pored over vulture (8)
- 15. Unfortunately lost bet on the clear holders (7)
- 16. Creature found in tribe (6)
- 18. Very angry, I warrant (5)
- 19. Type of show to make you whistle? (4)

**CODEWORD**

1	2	3	4	5	6	7	8	9	10	11	12	13
				K								
14	15	16	17	18	19	20	21	22	23	24	25	26
				I								N



**QUICK CROSSWORD**

**ACROSS**

- 1. Uncommon (4)
- 3. Circumspection (8)
- 8. Covenant (4)
- 9. View (8)
- 11. Spineless (12)
- 13. Truth (6)
- 14. Fireside (6)
- 17. Importance (12)
- 20. Frequently (8)
- 21. Conspiracy (4)
- 22. Sing to (8)
- 23. Daze (4)

**DOWN**

- 1. Respite (8)
- 2. Win back (7)
- 4. Tallied (6)
- 5. Rebellion (10)
- 6. Build (5)
- 7. Location (4)
- 10. Claim (10)
- 12. Menace (8)
- 15. Curl (7)
- 16. Affront (6)
- 18. Bury (5)
- 19. Fling (4)

**Last week's quick crossword solution**

**Across:** 1. Plain-spoken; 9 End; 10 Principle; 11 Local; 13 Courage; 14 Raised; 16 Devise; 18 Tangent; 19 Sweet; 20 Operative; 21 Spa; 22 Teetotaler.  
**Down:** 2 Lad; 3 Impel; 4 Stitch; 5 Occlude; 6 Emphasise; 7 Declaration; 8 Deferral; 12 Clientele; 15 Elegant; 17 Strict; 19 Steal; 21 Sec.

**SUDOKU**

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Answers next week.

1			9	2				5
		3		5		7		
	6		8		7		9	
2		1				8		4
		9		6		4		1
			9		7		6	
6			4		9			3

Medium

				9	3			8
9		7				3		
	2		1			9	4	
5			9	2				
					8	7		5
	3	4			2		7	
		1				4		6
2			4	6				

Hard

**Last week's solutions**

**Last Week's Codeword Solution**

S	L	A	T	E	L	I	V	E	S	T	O	C	K
O	C	T	E	A	P	A							
P	O	R	C	E	L	A	I	N	O	V	A	R	Y
O	E	R	F	Q	O	M	A						
R	E	S	E	N	T	R	U	C	K	S	A	C	K
I		I	F	I	Y	Z							
F	A	C	E	T	A	L	S	O	T	I	F	F	
I	A	Y	V	H	F	N	I						
C	O	R	K	W	O	V	E	I	N	G	O	T	
I	J	U	D	X	T								
F	E	B	R	U	A	R	Y	W	A	P	I	T	I
E	O	M	A	S	T	D	N						
T	H	U	M	B	B	A	P	T	I	S	I	N	G
I	L	L	A	O	O	L							
D	I	F	F	E	R	E	N	T	N	U	T	T	Y

**Last week's solutions**

7	6	9	5	8	4	3	1	2
4	8	1	7	3	2	9	6	5
2	3	5	1	6	9	4	7	8
1	4	8	9	7	5	2	3	6
6	7	3	8	2	1	5	4	9
5	9	2	3	4	6	7	8	1
9	2	4	6	1	7	8	5	3
3	5	6	4	9	8	1	2	7
8	1	7	2	5	3	6	9	4
3	8	5	1	2	4	9	6	7
2	4	6	7	5	9	8	1	3
9	7	1	8	3	6	5	2	4
4	6	8	5	1	2	3	7	9
5	3	2	9	7	8	6	4	1
7	1	9	4	6	3	2	8	5
1	9	4	2	8	5	7	3	6
6	2	7	3	9	1	4	5	8
8	5	3	6	4	7	1	9	2

Medium

Hard

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## SATURDAY 11/11/17

BBC One	
06.00	Breakfast.
09.15	Saturday Kitchen Live.
10.45	Lord Mayor's Show 2017.
12.05	Football Focus.
12.35	Bargain Hunt.
13.00	BBC News; Weather.
13.15	Rugby League World Cup.
14.00	Live International Rugby Union.
16.30	Escape to the Country.
17.00	Len Goodman's Partners in Rhyme.
17.35	BBC News.
17.45	BBC Regional News; Weather.
17.55	Pointless Celebrities.
18.45	Strictly Come Dancing.
20.10	Casualty.
21.00	Royal British Legion Festival of Remembrance 2017.
22.40	BBC News; Weather; National Lottery Update.
23.00	Mrs Brown's Boys.
23.30	The NFL Show.
00.00	FILM: Three Fugitives (1989).
01.35	Weather for the Week Ahead.
01.40	BBC News.
BBC Two England	
06.00	Holiday of My Lifetime with Len Goodman.
06.45	Animal Park Summer Special.
07.30	Naomi's Nightmares of Nature.
08.00	Deadly 60.
08.30	Show Me What You're Made Of.
09.00	Saturday Mash-Up! Two Minutes Silence.
11.00	Rick Stein's Long Weekends.
12.00	Nigella: At My Table.
12.30	Italy Unpacked.
13.30	Wild Brazil.
14.30	Flog It!
15.15	Mastermind.
15.45	Cycling - Track World Cup.
16.45	Live International Rugby Union.
19.30	International Rugby Union.
20.30	Dad's Army.
21.00	FILM: Effie Gray (2014).
22.40	QI XL.
23.25	FILM: Private Peaceful (2012).
01.00	FILM: Free Men (2011).
02.35	This Is BBC Two.
ITV London	
06.00	CITV.
07.30	Scrambled!: Scrambled!
07.35	Scrambled!: The Tom and Jerry Show.
07.50	Scrambled!: Fangbone.
08.10	Scrambled!: The Powerpuff Girls.
08.30	Scrambled!: Thunderbirds Are Go.
09.00	Scrambled!: Wishfart.
09.25	ITV News.
09.30	Saturday Morning with James Martin.
BBC Four	
11.30	Gino's Italian Coastal Escape.
11.55	The Harbour.
12.25	ITV News and Weather; Weather.
12.30	The X Factor.
14.20	Thunderbirds Are Go.
14.50	Midsomer Murders.
16.40	Catchphrase.
17.25	The Cruise.
17.55	Paul O'Grady: For the Love of Dogs.
18.25	ITV News London; Weather.
18.30	ITV News and Weather.
18.45	New You've Been Framed!
19.10	Ninja Warrior UK.
20.10	The X Factor Live.
21.40	The Jonathan Ross Show.
22.40	ITV News and Weather; Weather.
22.50	World Cup Qualifier Playoff Highlights.
23.55	FILM: Run Fat Boy Run (2007).
Channel 4	
06.00	Everybody Loves Raymond.
06.25	Everybody Loves Raymond.
06.50	Everybody Loves Raymond.
07.15	Frasier.
07.40	Frasier.
08.05	Frasier.
08.30	The Big Bang Theory.
08.55	The Big Bang Theory.
09.20	The Simpsons.
09.50	The Simpsons.
10.15	The Simpsons.
10.45	The Simpsons.
11.15	The Simpsons.
11.45	Come Dine with Me.
12.20	Come Dine with Me.
12.50	Come Dine with Me.
13.25	Come Dine with Me.
13.55	Come Dine with Me.
14.25	A Place in the Sun: Home or Away.
15.30	A Place in the Sun.
16.00	Best Laid Plans.
17.00	Grand Designs.
18.00	Channel 4 News.
18.30	Volatile Earth: Killer Floods.
19.30	Formula 1: Brazilian Grand Prix Qualifying - Highlights.
21.00	FILM: Terminator Genisys (2015).
23.30	FILM: GI Joe: Retaliation (2013).
01.40	The Last Leg.

## SUNDAY 12/11/17

BBC One	
06.00	Breakfast.
09.00	The Andrew Marr Show.
10.20	Remembrance Sunday: The Cenotaph.
12.30	Women at War: 100 Years of Service.
13.30	BBC News; Weather.
13.45	Flog It!
14.05	FILM: War Horse (2011).
16.20	Songs of Praise.
16.55	Blue Planet II.
17.55	BBC News.
18.10	BBC Regional News; Weather.
18.20	Countryfile.
19.20	Strictly Come Dancing: The Results.
20.00	Blue Planet II.
21.00	Howards End.
22.00	BBC News.
22.20	BBC Regional News; Weather.
22.30	Alan Shearer: Dementia, Football And Me.
23.30	The Women's Football Show.
00.05	Ronny Chieng: International Student.
00.35	Weather for the Week Ahead.
00.40	BBC News.
BBC Two England	
06.05	Coast.
06.50	A to Z of TV Gardening.
07.35	Great British Garden Revival.
08.35	Countryfile.
09.30	Live Rugby League World Cup.
13.00	International Rugby Union.
14.00	Live Tennis: ATP World Tour Finals.
16.30	Cycling: Track Cycling World Cup.
18.00	Remembrance Sunday: The Cenotaph.
19.00	Big Life Fix: Children in Need Special.
20.00	Robot Wars.
21.00	Louis Theroux: Transgender Kids.
22.00	Snowfall.
22.45	Mock the Week.
23.15	Rugby League World Cup.
00.15	FILM: The Human Factor (1979).
02.10	Sign Zone: Question Time.
03.10	Sign Zone: Holby City.
04.10	This Is BBC Two.
ITV London	
06.00	CITV.
07.30	Scrambled!: Scrambled!
07.35	Scrambled!: The Tom and Jerry Show.
07.50	Scrambled!: Ben 10.
08.10	Scrambled!: Mr Bean: The Animated Series.
08.30	Scrambled!: Make It Pop.
09.00	Scrambled!: Wishfart.
09.25	ITV News.
09.30	FILM: Columbo: Butterfly in Shades of Grey (1993).
11.25	Tipping Point.
Channel 4	
06.00	Kevin Can Wait.
06.25	Kevin Can Wait.
06.50	Kevin Can Wait.
07.15	Frasier.
07.40	Frasier.
08.05	The Simpsons.
08.30	The Simpsons.
09.00	The Simpsons.
09.30	Sunday Brunch.
12.30	Simpsons Day.
12.55	Simpsons Day.
13.25	Simpsons Day.
13.55	Simpsons Day.
14.20	Simpsons Day.
14.50	Simpsons Day.
15.20	Simpsons Day.
15.50	Simpsons Day.
16.15	Simpsons Day.
16.45	FILM: Men in Black (1997).
18.30	Channel 4 News.
19.00	Britain's Forgotten Army.
20.00	The Queen's Favourite Animals.
21.00	Big Ben: Saving the World's Most Famous Clock.
22.30	Formula 1: Brazilian Grand Prix Highlights.
00.45	FILM: Life on the Limit (2013).
02.45	The Supernet.
03.40	Location, Location, Location.
04.40	Gillette World Sport.
05.05	KOTV Boxing Weekly.
05.35	Countdown.
BBC Four	
19.00	Only Connect.
19.30	University Challenge.
20.00	Hedd Wyn: The Lost War Poet.
21.00	Shark.
22.00	The Sky at Night.
22.30	Horizon: Strange Signals from Outer Space!
23.30	I Was There: The Great War Interviews.
00.30	War of Words: Soldier-Poets of the Somme.
02.00	Balletboyz - Young Men.
03.00	Shark.
04.00	Close.

## MONDAY 13/11/17

BBC One	
06.00	Breakfast.
09.15	The Housing Enforcers.
10.00	Homes Under the Hammer.
11.00	Getting the Builders In.
11.45	Fugitives.
12.15	Bargain Hunt.
13.00	BBC News at One; Weather.
13.30	BBC Regional News and Weather.
13.45	Doctors.
14.15	Impossible.
15.00	Escape to the Country.
15.45	Royal Recipes.
16.30	Flog It!
17.15	Pointless.
18.00	BBC News at Six; Weather.
18.30	BBC Regional News and Weather.
19.00	The One Show.
19.30	Student Loan Scandal - Panorama; BBC News; Regional News.
20.00	EastEnders.
20.30	Children in Need Rocks the 80s.
22.00	BBC News at Ten.
22.30	BBC Regional News and Weather.
22.45	Have I Got a Bit More News for You.
23.30	The Graham Norton Show.
00.20	Weather for the Week Ahead.
00.25	BBC News.
BBC Two England	
06.00	The Hairy Builder.
06.30	Women at War: 100 Years of Service.
07.15	Getting the Builders In.
08.00	Sign Zone: The Big Family Cooking Showdown.
09.00	Victoria Derbyshire.
11.00	BBC Newsroom Live.
12.00	Daily Politics.
13.00	Permission Impossible: Britain's Planners.
14.00	Live Tennis: ATP World Tour Finals.
16.45	Bob Monkhouse: Talking Comedy.
17.15	Street Auction.
18.00	Eggheads.
18.30	Strictly Come Dancing - It Takes Two.
19.00	Celebrity Antiques Road Trip.
20.00	University Challenge.
20.30	Nigella: At My Table.
21.00	The Boy with the Topknot.
22.30	Newsnight.
23.10	Weather.
23.15	Exodus: Our Journey Continues.
00.15	Sign Zone: Countryfile.
01.00	Sign Zone: Blue Planet II.
02.00	This Is BBC Two.
ITV London	
06.00	Good Morning Britain.
08.30	Lorraine.
09.25	The Jeremy Kyle Show.
10.30	This Morning.
12.30	Loose Women.
13.30	ITV Lunchtime News;
Channel 4	
06.00	Breakfast.
09.15	The Housing Enforcers.
10.00	Homes Under the Hammer.
11.00	Getting the Builders In.
11.45	Fugitives.
12.15	Bargain Hunt.
13.00	BBC News at One; Weather.
13.30	BBC Regional News and Weather.
13.45	Doctors.
14.15	Impossible.
15.00	Escape to the Country.
15.45	Royal Recipes.
16.30	Flog It!
17.15	Pointless.
18.00	BBC News at Six; Weather.
18.30	BBC Regional News and Weather.
19.00	Emmerdale.
19.30	Coronation Street.
20.00	The Harbour.
20.30	Coronation Street.
21.00	Gone to Pot: American Road Trip.
22.00	ITV News at Ten; Weather.
22.30	ITV News London; Weather.
22.45	The Murder of Becky Watts: Police Tapes.
23.40	The Jonathan Ross Show.
00.40	Jackpot247.
03.00	The Jeremy Kyle Show.
03.55	ITV Nightscreen.
Channel 4	
06.20	The King of Queens.
06.45	The King of Queens.
07.10	The King of Queens.
07.35	Everybody Loves Raymond.
08.00	Everybody Loves Raymond.
08.30	Everybody Loves Raymond.
09.00	Frasier.
09.35	Frasier.
10.05	Ramsay's Hotel Hell.
11.00	Undercover Boss USA.
12.00	Channel 4 News Summary.
12.05	Come Dine with Me.
13.05	My Kitchen Rules.
14.10	Countdown.
15.00	A Place in the Sun: Summer Sun.
16.00	Coast vs Country.
17.00	Four in a Bed.
17.30	Steph and Dom's One Star to Five Star.
18.00	The Simpsons.
18.30	Hollyoaks.
19.00	Channel 4 News.
20.00	The Great Housing Scandal: Channel 4 Dispatches.
20.30	Tricks of the Restaurant Trade.
21.00	999: What's Your Emergency?
22.00	First Dates.
23.05	Naked Attraction.
00.10	The Simpsons.
00.40	The Simpsons.
01.05	The Truth About Slim People.
02.00	The Secret Life of 4 Year Olds.
02.55	The Supernet.
03.55	Grand Designs Australia.
04.50	Kirstie's Fill Your House for Free.
BBC Four	
19.00	Beyond 100 Days; Weather.
19.30	A King's Speech: Martin Luther King on Tyneside.
20.00	The Art of Scandinavia.
21.00	Toffs, Queens and Traitors: The Extraordinary Life of Guy Burgess.
22.30	Kim Philby - His Most Intimate Betrayal.
23.30	Kim Philby - His Most Intimate Betrayal.
00.30	Francesco's Venice.
01.30	The Search for Life: The Drake Equation.
02.30	The Art of Scandinavia.
03.30	Close.

## TUESDAY

BBC One	
06.00	Breakfast.
09.15	The Housing Enforcers.
10.00	Homes Under the Hammer.
11.00	Getting the Builders In.
11.45	Fugitives.
12.15	Bargain Hunt.
13.00	BBC News at One; Weather.
13.30	BBC Regional News and Weather.
13.45	Doctors.
14.15	Impossible.
15.00	Escape to the Country.
15.45	Royal Recipes.
16.30	Flog It!
17.15	Pointless.
18.00	BBC News at Six; Weather.
18.30	BBC Regional News and Weather.
19.00	The One Show.
19.30	EastEnders; BBC News; Regional News.
20.00	Holby City.
21.00	The A Word.
22.00	BBC News at Ten.
22.30	BBC Regional News and Weather; National Lottery Update.
22.45	Saying Goodbye.
23.45	Life and Death Row.
01.05	Weather for the Week Ahead.
01.10	BBC News.
BBC Two England	
06.00	The Hairy Builder.
06.30	The Housing Enforcers.
07.15	Getting the Builders In.
08.00	Sign Zone: Great British Menu: The Finals.
09.00	Victoria Derbyshire.
11.00	BBC Newsroom Live.
12.00	Daily Politics.
13.00	Permission Impossible: Britain's Planners.
14.00	Live Tennis: ATP World Tour Finals.
16.45	Bob Monkhouse: Talking Comedy.
17.15	Street Auction.
18.00	Eggheads.
18.30	Strictly Come Dancing - It Takes Two.
19.00	Celebrity Antiques Road Trip.
20.00	MasterChef: The Professionals.
21.00	Rick Stein's Road to Mexico.
22.00	Motherland.
22.30	Newsnight.
23.10	Weather.
23.15	NFL This Week.
00.05	Extreme Wives with Kate Humble.
01.05	Sign Zone: The Apprentice.
02.05	Sign Zone: The Ganges with Sue Perkins.
03.05	This Is BBC Two.
ITV London	
06.00	Good Morning Britain.
08.30	Lorraine.
09.25	The Jeremy Kyle Show.
10.30	This Morning.
12.30	Loose Women.
13.30	ITV Lunchtime News; Weather.
13.55	ITV News London; Weather.
14.00	Dickinson's Real Deal.
15.00	Tenable.
15.59	ITV London Weather.
16.00	Tipping Point.
17.00	The Chase.
18.00	ITV News London; Weather.
18.30	ITV Evening News; Weather.
19.00	Emmerdale.
19.30	Live International

## British Workers Wanted

(Channel 4, Thursday 10pm)

Bognor Regis recruitment agency Opus Loco is facing a problem. Ninety-eight per cent of its staff is from eastern Europe, and many of them are now choosing to leave the UK. This documentary follows the three women who run the agency as they set out to sign up British workers ready to take on temporary work ranging from landscape gardening and catering to general warehouse work. But it proves more difficult than they had expected, with one of the women's own sons claiming he'd rather hang out with his girlfriend than get a job.

## Must See TV

14/11/17

Football.  
22.15 ITV News; Weather.  
22.45 ITV News London; Weather.  
23.00 World Cup Qualifier Playoff Highlights.  
00.10 Jackpot247.  
03.00 Loose Women.  
03.50 ITV Nightscreen.  
05.05 The Jeremy Kyle Show.

**Channel 4**

06.20 The King of Queens.  
06.45 The King of Queens.  
07.10 The King of Queens.  
07.35 Everybody Loves Raymond.  
08.00 Everybody Loves Raymond.  
08.30 Everybody Loves Raymond.  
09.00 Frasier.  
09.35 Frasier.  
10.05 Ramsay's Hotel Hell.  
11.00 Undercover Boss USA.  
12.00 Channel 4 News Summary.  
12.05 Come Dine with Me.  
13.05 My Kitchen Rules.  
14.10 Countdown.  
15.00 A Place in the Sun: Summer Sun.  
16.00 Coast vs Country.  
17.00 Four in a Bed.  
17.30 Steph and Dom's One Star to Five Star.  
18.00 The Simpsons.  
18.30 Hollyoaks.  
19.00 Channel 4 News.  
20.00 The Secret Life of 4 Year Olds.  
21.00 Grand Designs: House of the Year.  
22.00 Gogglebox.  
23.05 8 Out of 10 Cats Does Countdown.  
00.10 Music on 4: The Great Songwriters.  
01.05 Trump: An American Dream.  
02.00 FILM: Finding Fanny (2014).  
03.50 Phil Spencer: Secret Agent.  
04.45 Best of Both Worlds.  
05.35 Countdown.

**BBC Four**

19.00 Beyond 100 Days; Weather.  
19.30 Great Continental Railway Journeys.  
20.00 Border Country: The Story of Britain's Lost Middleland.  
21.00 Operation Grand Canyon with Dan Snow.  
22.00 Timeshift: Dial 'B' for Britain: The Story of the Landline.  
23.00 Maps: Power, Plunder and Possession.  
00.00 Francesco's Venice.  
01.00 Border Country: The Story of Britain's Lost Middleland.  
02.00 Operation Grand Canyon with Dan Snow.  
03.00 Timeshift: Dial 'B' for Britain: The Story of the Landline.  
04.00 Close.

[theportugalnews.com](http://theportugalnews.com)

WEDNESDAY 15/11/17

**BBC One**

06.00 Breakfast.  
09.15 The Housing Enforcers.  
10.00 Homes Under the Hammer.  
11.00 Getting the Builders In.  
11.45 Fugitives.  
12.15 Bargain Hunt.  
13.00 BBC News at One; Weather.  
13.30 BBC Regional News and Weather.  
13.45 Doctors.  
14.15 Impossible.  
15.00 Escape to the Country.  
15.45 Royal Recipes.  
16.30 Flog It!  
17.15 Pointless.  
18.00 BBC News at Six; Weather.  
18.30 BBC Regional News and Weather.  
19.00 The One Show; BBC News; Regional News.  
20.00 DIY SOS: The Million Pound Build for Children in Need.  
21.00 The Apprentice.  
22.00 BBC News at Ten.  
22.30 BBC Regional News and Weather; National Lottery Update.  
22.45 A Question of Sport.  
23.15 Junior Doctors: Blood, Sweat and Tears.  
23.45 The Week the Landlords Moved In.  
00.45 Weather for the Week Ahead.  
00.50 BBC News.

**BBC Two England**

06.00 The Hairy Builder.  
06.30 The Housing Enforcers.  
07.15 Getting the Builders In.  
08.00 Sign Zone: Nigella: At My Table.  
08.30 Sign Zone: Caught Red Handed.  
09.00 Victoria Derbyshire.  
11.00 BBC Newsroom Live.  
11.30 Daily Politics.  
13.00 Permission Impossible: Britain's Planners.  
14.00 Live Tennis: ATP World Tour Finals.  
16.45 Frankie Howerd: Talking Comedy.  
17.15 Street Auction.  
18.00 Eggheads.  
18.30 Strictly Come Dancing - It Takes Two.  
19.00 Celebrity Antiques Road Trip.  
20.00 MasterChef: The Professionals.  
21.00 Peaky Blinders.  
22.00 The Apprentice: You're Fired.  
22.30 Newsnight.  
23.10 Weather.  
23.15 Ireland with Simon Reeve.  
00.15 Sign Zone: Harry Potter: A History of Magic.

**ITV London**

06.00 Good Morning Britain.  
08.30 Lorraine.  
09.25 The Jeremy Kyle Show.  
10.30 This Morning.  
12.30 Loose Women.  
13.30 ITV Lunchtime News; Weather.  
13.55 ITV News London; Weather.  
14.00 Dickinson's Real Deal.

15.00 Tenable.  
15.59 ITV London Weather.  
16.00 Tipping Point.  
17.00 The Chase.  
18.00 ITV News London; Weather.  
18.30 ITV Evening News; Weather.  
19.00 Emmerdale.  
19.30 Coronation Street.  
20.00 Gino's Italian Coastal Escape.  
20.30 Coronation Street.  
21.00 Gone to Pot: American Road Trip.  
22.00 ITV News at Ten; Weather.  
22.30 ITV News London; Weather.  
22.40 On Assignment.  
23.15 Heathrow: Britain's Busiest Airport.

**Channel 4**

06.20 The King of Queens.  
06.45 The King of Queens.  
07.10 The King of Queens.  
07.35 Everybody Loves Raymond.  
08.00 Everybody Loves Raymond.  
08.30 Everybody Loves Raymond.  
09.00 Frasier.  
09.35 Frasier.  
10.05 Ramsay's Hotel Hell.  
11.00 Undercover Boss USA.  
12.00 Channel 4 News Summary.  
12.05 Come Dine with Me.  
13.05 My Kitchen Rules.  
14.10 Countdown.  
15.00 A Place in the Sun: Summer Sun.  
16.00 Coast vs Country.  
17.00 Four in a Bed.  
17.30 Steph and Dom's One Star to Five Star.  
18.00 The Simpsons.  
18.30 Hollyoaks.  
19.00 Channel 4 News.  
20.00 The Secret Life of the Zoo.  
21.00 Lifers Behind Bars.  
21.00 Man Down.  
22.30 Greg Davies: The Back of My Mum's Head.  
23.35 999: What's Your Emergency?  
00.35 Pokerstars Championship.  
01.30 Ramsay's Kitchen Nightmares USA.  
02.20 FILM: To the Wonder (2012).

**BBC Four**

19.00 Beyond 100 Days; Weather.  
19.30 Great Continental Railway Journeys.  
20.00 Gods and Monsters: Homer's Odyssey with Simon Armitage.  
21.00 Venus Uncovered: Ancient Goddess of Love.  
22.00 Detectoirsts.  
22.30 The League of Gentlemen.  
23.00 Sleuths, Spies & Sorcerers: Andrew Marr's Paperback Heroes.  
00.00 Francesco's Venice.  
01.00 Gods and Monsters: Homer's Odyssey with Simon Armitage.  
02.00 The Genius of Turner: Painting the Industrial Revolution.

THURSDAY 16/11/17

**BBC One**

06.00 Breakfast.  
09.15 The Housing Enforcers.  
10.00 Homes Under the Hammer.  
11.00 Getting the Builders In.  
11.45 Fugitives.  
12.15 Bargain Hunt.  
13.00 BBC News at One; Weather.  
13.30 BBC Regional News and Weather.  
13.45 Doctors.  
14.15 Impossible.  
15.00 Escape to the Country.  
15.45 Royal Recipes.  
16.30 Flog It!  
17.15 Pointless.  
18.00 BBC News at Six; Weather.  
18.30 BBC Regional News and Weather.  
19.00 The One Show.  
19.30 EastEnders; BBC News; Regional News.  
20.00 Room 101.  
20.30 EastEnders.  
21.00 Love, Lies & Records.  
22.00 BBC News at Ten.  
22.30 BBC Regional News and Weather.  
22.45 Question Time.  
23.45 This Week.  
00.30 Weather for the Week Ahead.  
00.35 BBC News.

**BBC Two England**

06.00 The Hairy Builder.  
06.30 The Housing Enforcers.  
07.15 Getting the Builders In.  
08.00 Sign Zone: Council House Crackdown.  
09.00 Victoria Derbyshire.  
11.00 BBC Newsroom Live.  
12.00 Daily Politics.  
13.00 Permission Impossible: Britain's Planners.  
14.00 Live Tennis: ATP World Tour Finals.  
16.45 Ken Dodd: Talking Comedy.  
17.15 Street Auction.  
18.00 Eggheads.  
18.30 Strictly Come Dancing - It Takes Two.  
19.00 Celebrity Antiques Road Trip.  
20.00 MasterChef: The Professionals.  
21.00 Exodus: Our Journey Continues.  
22.00 MOTD: The Premier League Show.  
22.30 Newsnight.  
23.10 Weather.  
23.15 Ireland with Simon Reeve.  
00.15 Sign Zone: Chris Packham: Asperger's and Me.  
01.15 Sign Zone: This Farming Life.  
02.15 This Is BBC Two.

**ITV London**

06.00 Good Morning Britain.  
08.30 Lorraine.  
09.25 The Jeremy Kyle Show.  
10.30 This Morning.  
12.30 Loose Women.  
13.30 ITV Lunchtime News; Weather.  
13.55 ITV News London; Weather.  
14.00 Dickinson's Real Deal.

15.00 Tenable.  
15.59 ITV London Weather.  
16.00 Tipping Point.  
17.00 The Chase.  
18.00 ITV News London; Weather.  
18.30 ITV Evening News; Weather.  
19.00 Emmerdale.  
19.30 Acid Attacks: How Scared Should We Be? Tonight.  
20.00 Emmerdale.  
20.30 Paul O'Grady: For the Love of Dogs.  
21.00 Serial Killer with Piers Morgan.  
22.00 ITV News at Ten; Weather.  
22.30 ITV News London; Weather.  
22.40 The Late Debate.  
23.10 Parking Wars.

**Channel 4**

06.20 The King of Queens.  
06.45 The King of Queens.  
07.10 The King of Queens.  
07.35 Everybody Loves Raymond.  
08.00 Everybody Loves Raymond.  
08.30 Everybody Loves Raymond.  
09.00 Frasier.  
09.35 Frasier.  
10.05 Ramsay's Hotel Hell.  
11.00 Undercover Boss USA.  
12.00 Channel 4 News Summary.  
12.05 Come Dine with Me.  
13.05 My Kitchen Rules.  
14.10 Countdown.  
15.00 A Place in the Sun: Summer Sun.  
16.00 Coast vs Country.  
17.00 Four in a Bed.  
17.30 Steph and Dom's One Star to Five Star.  
18.00 The Simpsons.  
18.30 Hollyoaks.  
19.00 Channel 4 News.  
20.00 Ugly House to Lovely House with George Clarke.  
21.00 Trump: An American Dream.  
22.00 British Workers Wanted.  
23.05 Gogglebox.  
00.05 Random Acts.  
00.40 Lifers Behind Bars.  
01.35 Angry, White and American.  
02.30 Grand Designs: House of the Year.  
03.25 The Great Housing Scandal: Channel 4 Dispatches.

**BBC Four**

19.00 Beyond 100 Days; Weather.  
19.30 The Sky at Night.  
20.00 SAS: Rogue Warriors.  
21.00 Ovid: The Poet and the Emperor.  
22.00 Ovid from the RSC: The World's Greatest Storyteller.  
23.00 Handmade in Hull.  
23.45 Francesco's Venice.  
00.45 SAS: Rogue Warriors.  
01.45 Ovid: The Poet and the Emperor.  
02.45 Ovid from the RSC: The World's Greatest Storyteller.  
03.45 Close.

FRIDAY 17/11/17

**BBC One**

06.00 Breakfast.  
09.15 The Housing Enforcers.  
10.00 Homes Under the Hammer.  
11.00 Getting the Builders In.  
11.45 Fugitives.  
12.15 Bargain Hunt.  
13.00 BBC News at One; Weather.  
13.30 BBC Regional News and Weather.  
13.45 Doctors.  
14.15 Impossible.  
15.00 Escape to the Country.  
15.45 Royal Recipes.  
16.30 Flog It!  
17.15 Pointless.  
18.00 BBC News at Six; Weather.  
18.30 BBC Regional News and Weather.  
19.00 The One Show: Children in Need Special.  
19.30 Children in Need 2017.  
22.00 BBC News at Ten.  
22.25 BBC Regional News and Weather; National Lottery Update.  
22.40 Children in Need 2017.  
00.30 DIY SOS: The Million Pound Build for Children in Need.  
01.30 Children in Need Rocks the 80s.  
03.00 Weather for the Week Ahead.  
03.05 BBC News.

**BBC Two England**

06.00 The Hairy Builder.  
06.30 The Housing Enforcers.  
07.15 Getting the Builders In.  
08.00 Sign Zone: Gardeners' World.  
09.00 Victoria Derbyshire.  
11.00 BBC Newsroom Live.  
12.00 Daily Politics.  
13.00 Rugby League World Cup.  
14.00 Live Tennis: ATP World Tour Finals.  
16.45 Kenneth Williams: Talking Comedy.  
17.15 Street Auction.  
18.00 Strictly Come Dancing - It Takes Two.  
19.00 Celebrity Antiques Road Trip.  
20.00 Mastermind.  
20.30 Only Connect.  
21.00 Extreme Wives with Kate Humble.  
22.00 Weakest Link Celebrity Special for Children in Need.  
22.40 Newsnight.  
23.10 Weather.  
23.15 Snowfall.  
00.00 Sign Zone: Student Loan Scandal - Panorama.  
00.30 Sign Zone: Louis Theroux: Talking to Anorexia.  
01.30 Sign Zone: Army: Behind the New Frontlines.

**ITV London**

06.00 Good Morning Britain.  
08.30 Lorraine.  
09.25 The Jeremy Kyle Show.  
10.30 This Morning.  
12.30 Loose Women.  
13.30 ITV Lunchtime News; Weather.  
13.55 ITV News London; Weather.  
14.00 Dickinson's Real Deal.

14.00 Dickinson's Real Deal.  
15.00 Tenable.  
15.59 ITV London Weather.  
16.00 Tipping Point.  
17.00 The Chase.  
18.00 ITV News London; Weather.  
18.30 ITV Evening News; Weather.  
19.00 Emmerdale.  
19.30 Coronation Street.  
20.00 Australian Wilderness with Ray Mears.  
20.30 Coronation Street.  
21.00 Gone to Pot: American Road Trip.  
22.00 ITV News at Ten; Weather.  
22.30 ITV News London; Weather.  
22.40 FILM: The Chronicles of Riddick (2004).

**Channel 4**

06.20 The King of Queens.  
06.45 The King of Queens.  
07.10 The King of Queens.  
07.35 Everybody Loves Raymond.  
08.00 Everybody Loves Raymond.  
08.30 Everybody Loves Raymond.  
09.00 Frasier.  
09.35 Frasier.  
10.05 Ramsay's Hotel Hell.  
11.00 Undercover Boss USA.  
12.00 Channel 4 News Summary.  
12.05 Come Dine with Me.  
13.05 My Kitchen Rules.  
14.10 Countdown.  
15.00 A Place in the Sun: Summer Sun.  
16.00 Coast vs Country.  
17.00 Four in a Bed.  
17.30 Steph and Dom's One Star to Five Star.  
18.00 The Simpsons.  
18.30 Hollyoaks.  
19.00 Channel 4 News.  
19.30 Unreported World.  
20.00 Food Unwrapped: Supermarket Special.  
21.00 Gogglebox.  
22.00 The Last Leg.  
23.05 First Dates.  
00.10 The Simpsons.  
00.40 The Simpsons.  
01.05 FILM: Your Highness (2011).  
02.50 Humans.  
03.45 Man Down.  
04.15 Location, Location, Location.  
05.10 Kirstie's Fill Your House for Free.

**BBC Four**

19.00 World News Today; Weather.  
19.30 The Good Old Days.  
20.20 Top of the Pops: 1984.  
20.50 Top of the Pops 1978: Big Hits.  
21.50 Gregory Porter's Popular Voices.  
22.50 Showstoppers at the BBC.  
23.50 Van Morrison Live at Eden.  
00.45 Top of the Pops: 1984.  
01.20 Top of the Pops 1978: Big Hits.  
02.20 Gregory Porter's Popular Voices.  
03.20 Close.

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## Cinema

### NEW THIS WEEK

**Muder on the Orient Express** Stars: Kenneth Branagh, Penélope Cruz, Willem Dafoe. *Genre:* Crime, Drama, Mystery. *Director:* Kenneth Branagh. *Rating:* M/12. *Plot:* A lavish train ride unfolds into a stylish & suspenseful mystery. From the novel by Agatha Christie, Murder on the Orient Express tells of thirteen stranded strangers & one man's race to solve the puzzle before the murderer strikes again.



## Cinema Listings

### NOS Forum Algarve - Faro

The Little Vampire (PV); What Happened to Monday; Breathe; Thor: Ragnarok; The Nut Job 2: Nutty by Nature; Peregrinação; Murder on the Orient Express

### Gran-Plaza NOS - Tavira

Thor: Ragnarok; A Bad Mom's Christmas; Brad's Status; The Nut Job 2: Nutty by Nature (PV); Thank You for Your Service; What Happened to Monday

### Algarvine - Portimão

Thor: Ragnarok; The Nut Job 2: Nutty by Nature (PV); Geostorm; Stronger; Jigsaw

### Algarvine - Lagos

What Happened to Monday; Geostorm; Thor: Ragnarok; The Nut Job 2: Nutty by Nature (PV)

### Algarve Ria Shopping - Olhão

Thor: Ragnarok; Happy Family (PV); Jigsaw; Loving Vincent; The Nut Job 2: Nutty by Nature (PV); Geostorm

### Cineplace AlgarveShopping - Guia

Happy Family (PV); Jigsaw; Thor: Ragnarok, 2D & 3D; La marche de l'empereur L'appel de l'Antarctique; Brad's Status; Stronger; The Big Sick; Geostorm; What Happened to Monday; Breathe; The Little Vampire (PV); The Nut Job 2: Nutty by Nature (PV); The Foreigner; A Bad Mom's Christmas; Murder on the Orient Express; Thank You for Your Service; The LEGO Ninjago Movie

### Cineplace - Portimão

The Little Vampire (PV); Thor: Ragnarok, 2D & 3D; A Bad Mom's Christmas; Geostorm; Jigsaw; Happy Family (PV); What Happened to Monday; The Nut Job 2: Nutty by Nature (PV); Peregrinação; Murder on the Orient Express

### Cineplace Loures Shopping

The Nut Job 2: Nutty by Nature (PV); Happy Death Day; Happy Family (PV); Geostorm; The LEGO Ninjago

Movie (PV); Jigsaw; A Bad Mom's Christmas; The Son of Bigfoot (PV); Thor: Ragnarok, 2D & 3D; Murder on the Orient Express; The Little Vampire (PV); Stronger (PV); What Happened to Monday

### Cineplace LeiriaShopping

Murder on the Orient Express; Happy Family (PV); Thor: Ragnarok, 2D & 3D; The Nut Job 2: Nutty by Nature (PV); The Foreigner; Thank You for Your Service; The Little Vampire (PV); The Son of Bigfoot (PV); Peregrinação; What Happened to Monday; The LEGO Ninjago Movie (PV); Geostorm; Jigsaw; A Bad Mom's Christmas

### Cineplace Riosul - Seixal

Thor: Ragnarok, 2D & 3D; The Nut Job 2: Nutty by Nature (PV); The Foreigner; A Bad Mom's Christmas; Murder on the Orient Express; The LEGO Ninjago Movie (PV); Geostorm; Jigsaw; The Little Vampire (PV); What Happened to Monday; Thank You for Your Service; Happy Family (PV)

### Estação Viana Shopping - Viana do Castelo

Breathe; Happy Family (PV); The Little Vampire (PV); Jigsaw; The Nut Job 2: Nutty by Nature (PV); Geostorm; Thor: Ragnarok, 2D & 3D

\* (PV) = Portuguese version.  
(OV) = Original version.



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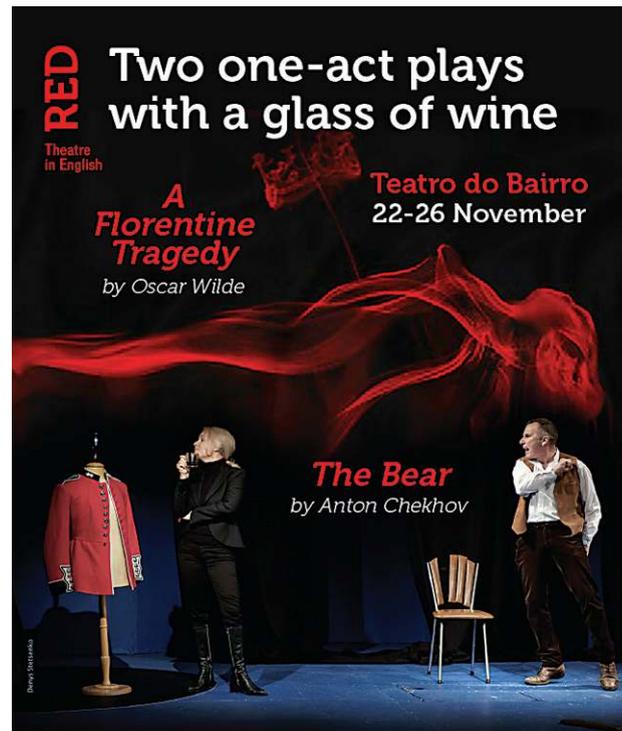


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cinemas.nos.pt

## North & Centre



Teatro do Bairro | 22-25 Nov - 21h30 | 26 Nov - 17h00 | R. Luz Soriano 63, Lisboa | T 21 3 473 358  
Classification: 12 | Tickets at: www.jait.pt | Ticketline.sapo.pt | Teatro do Bairro

### EXHIBITIONS

**Transcendências** - Art exhibition by António Macedo. Born in Porto in 1955, António attended the Faculdade de Belas Artes of Porto, later moving to London in 1975 where he furthered his studies. On exhibition until **20 Nov**, open 3pm-12am. Free entry. By law, access to the spaces of Casino Estoril are reserved for persons over 18 years of age. Casino Estoril, Av. Dr. Stanley Ho, Estoril. www.casino-estoril.pt

**Macau. 100 Anos de Fotografia** - A journey through the social and political history of Macau, a territory that was under Portuguese administration for 450 years. Macau was ahead of its time in photography, with

photographs by Jules Itier dating back to 1844, the oldest known images of the region. On exhibition until **7 Jan** in The Museu do Oriente, Lisbon. www.museudoorientep.pt

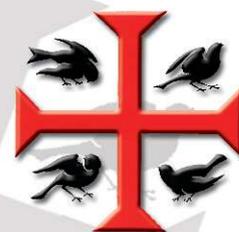
**Ana Hatherly and the Baroque. In a Garden Made of Ink** - Bringing together objects, artworks and documents from different historical periods, this exhibition-essay will not focus solely on the influence of the Baroque on the work by the Portuguese artist Ana Hatherly (1929-2015) but it will also focus on how her research and experimentation enhanced the value of this disparaged historical period and modified our concept of the past. Until **15 Jan** in the Calouste Gulbenkian Museum

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**Pereiras (Central Algarve)**  
9.30am  
Igreja das Pereiras  
Near Quatro Estradas  
GPS 37.09548, -8.055728.

**Stª Bárbara de Nexe (St. Lukes)**  
(East Algarve) 10.45am  
**Remembrance Service**  
St Luke's, Palhagueira  
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7°57'07.18 W



For more information  
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or 289 366 720  
www.stvincents  
algarve.org



- Founder's Collection and Lower Garden, Av. de Berna 45A, Lisbon.  
www.gulbenkian.pt

### MARKETS

**LxMarket - Every Sunday** at LxFactory, 10am-7pm. Unique, vintage, handmade and second hand items. Lx Factory, R. Rodrigues de Faria, Lisbon.  
www.lxmarket.com.pt

**CCB Market - First Sun** of every month. Caminho Pedonal e Praça CCB - Belém Cultural Centre, Lisbon. Free entry.

### MUSIC

**Shakira El Dorado World Tour** - Promoting the artist's 11th album, El Dorado. The tour starts in Germany on the 8 Nov, passing through Lisbon in the MEO Arena on the **22 Nov** at 8pm. arena.meo.pt

### SHOW

**Two one-act plays with a glass of wine** - A Florentine Tragedy by Oscar Wilde and The Bear by Anton Chekhov. Presented by Já International Theatre, the best of international theatre, in English, in Lisbon. **22-26 Nov** in Teatro do Bairro, Rua Luz Soriano, Lisbon. 22-25 Nov 9:30pm, 26 Nov 5pm.  
Tel: 213 473 358 www.jait.pt

### November in Casino

**Estoril** - Wednesdays Fado Cycle, from 10pm: Teresa Brum and Zé Maria Souto Moura (**15 Nov**), Rodrigo and Tânia Oleiro (**22 Nov**). Rogério Gil concert, **9 Nov**; Cristelo concert, **10 & 18 Nov**; Frederico Braga da Cosat concert, **16 Nov**; Alta Cena concert, **17 Nov**; Rui Faria & Sandra Gonçalves concert, **23 Nov**; Cristina Bokor Rogeiro concert, **25 Nov**. By law, access to the spaces of Casino Estoril are reserved for persons over 18 years of age. Casino Estoril, Av. Dr. Stanley Ho, Estoril. www.casino-estoril.pt

### Casino Lisboa in

**November** - "Avenida Q" showing Thu, Fri & Sat from 9:30pm and Sun 4:30pm; Rating: M/16; Tickets: €14-€16. "The Portuguese People" musical comedy, debuts 25 Nov; Showing Tue, Wed & Sat at 6:30pm. Arena Lounge Live Music: Tamlá, **8-11 Nov**; Bossa Morna, **15-18 Nov**; Tri Naranjus, **22-25 Nov**; Daniela Mendes 4Teto, **29 Nov-2 Dec**. By law, access to the spaces of Casino Lisboa are reserved for persons over 18 years of age. Casino Lisboa, Parque das Nações, Lisbon Tel: 218 920 000 www.casino-lisboa.pt

### Royal opera House shows

- **Alice in Wonderland. The Nutcracker** by Tchaikovsky, The Royal Ballet, London Oratory Junior Choir and Royal Opera House Orchestra. **5 Dec**. Centro Cultural da Belém, Praça do Império, Lisboa. Reservations 213612899 Ticket office www.ccb.pt

## South

### AUCTIONS

**Auction House Algarve.** Our next live auction is **2 Dec**. Approx 500 lots including antiques, collectables, art, jewellery, tools, furniture, sports equipment, designer handbags. All of the items can be viewed at the auction house and through our online catalogue at www.ahalgarve.com. Tel: 289 832 380 or email us at info@ahalgarve.com

### ENTERTAINMENT

**Oscars Bar Programme - Monday:** 7:45pm, Quiz night with Si Frater; 10pm, Live music with Bruno Mariano, Rat Pack Show. **Tuesday:** 11am-2am, €2 Super Bock. **Wednesday:** 2 Steaks or 2 Fish for €20; Pool Competition with Prizes. **Thursday:** 8pm, Karaoke & Music Quiz with Si Frater. **Friday:** 8:30pm, Live Music with Sunlovers. **Saturday:** 8:30pm Live Music with Bruno Mariano, The king of swing. **Sunday:** 12pm-4pm, Sunday Carvery. Live football everyday. Oscars Bar, Vila Sol Plaza, Vilamoura. Tel: +351 289 316 553

**St. Andrew's Society Of Lisbon Annual Ball - 25 Nov**, 7.30pm - 2.00am. This year, the St. Andrew's Society of Lisbon is once more celebrating its St. Andrew's Day Ball in the elegant setting of The Palacio Hotel in Estoril. Guests will be welcomed at the entrance by the sound of the pipes played by special guest, Pipe Major Drew Sinclair of Thistle Piping Central Scotland. After cocktails and dinner in the grand ballroom, The Gary Blair Ceilidh Band will take to the stage to lead the dancing for what promises to be a memorable evening. Dust off your dancing shoes and join us! Extend the celebrations! Treat yourselves to an overnight stay in the luxury of the Palacio Hotel for a special price to revellers of 125€. For further information and bookings, contact our Secretary, Audrey Willet: email - audwillet@gmail.com or www.facebook.com/LisbonStAndrewsSoc

### EXHIBITIONS

**Paintings by Liz Allen - Ongoing.** Óchála Casa da Chá, 12 Rua Dr. Samora Gil, Monchique. Tel: 282 912 524

**Arts & Crafts Expo. Ongoing** at Artes@Spa, Caldas de Monchique. Exclusive locally created products. Jewellery, Glass, Ceramics, Felt, Candles, Natural soaps, Original Art, Prints & Cards and more. Ideal gifts, souvenirs and collectables. **Open Daily** 10am - 6pm. Tel. 911513561 or 961571984. Located in corner of the square opposite Restaurante 1692.

This page is primarily for cultural, sports, charity and free events or those staged by a club or society. Please send your events to events@theportugalnews.com by midday on Monday before publication. To guarantee inclusion of other events there is a charge of 50 cents per word. To place a paid listing, email linda@theportugalnews.com and you will be sent payment instructions.

**Photo Exhibition** by the Algarve Photography Group. **Until 22 Nov.** Amigos do Museu de São Brás de Alportel. [www.amigos-museu-sbras.pt](http://www.amigos-museu-sbras.pt), Tel: 966 329 073, Rua Dr. José Dias Sancho nr 61, 8150-141 São Brás de Alportel.

**MARKETS**

**The Car Boot Sale** normally held on the first Sunday of each month at the Old School House, Vales, Aljezur, is now on its winter break and will resume on **1 Apr 2018.**

**MUSIC**

**5th Annual Concert** - Silves Rotary Club presents the internationally renowned **Quarteto Concordis** at Teatro Mascarenhas Gregório, Silves. **18 Nov, 8:30pm.** Ticket reservation: 919 633 049 or [sueloram@gmail.com](mailto:sueloram@gmail.com). Proceeds to Casa do Povo Messines and local charities supported by Silves Rotary Club. Supported by Blevins & Franks and Silves CM.

**World Première of Homage to Komitas** by the composer **Ardashes Agoshian** and played by the **Aeternus Trio** - Algarve History Association presents the fourth concert in its 2017/18 series with an Armenian accent. The concert will take place at Quintinha da Música **19 Nov** at 4pm, and reservations are available from [lynne.algarvehistory@gmail.com](mailto:lynne.algarvehistory@gmail.com) or by telephone on 281 971 567. Tickets cost €25.

**Jam Session - Every Sunday** in our garden starting 4pm in Casa Algarve, EN125, Porches. Tel. 913 730 630.

**Fado /Live Music** - *O Navegante* restaurant is proud to announce live music/Fado **every Friday** from 8:00pm. Menu from €16,00. You are welcome to join us. Try our delicious and varied cataplanas, Stone Steak and fresh fish. Booking recommended: 282 315 399 / 968 305 515

**Every Monday** - Lagos - The New Orleans Jazzband play a free jazz concert from 8:30pm at Tivoli Hotel, Lagos (behind the bus station) open to all - information [www.neworleansjazzalgarve.com](http://www.neworleansjazzalgarve.com)

**Every Sunday** - The New Orleans Jazzband play a dinner/concert at O'Navegador Restaurant, Alvor - reservations 282 412 375 or 962 541 124 [www.neworleansjazzalgarve.com](http://www.neworleansjazzalgarve.com)

**SHOW**

**Show Magia** - Magic show by Alex. **25 Nov, 9:30pm** in Boa Esperança, Portimão.

Reservation: 282 422 976/967 188 290

**SOCIAL**

**St. Patricks' Monthly Walk**- The planned Saturday end of October walk is postponed until 4 Nov. Meet **4 Nov, 10 am** at Ponte Romana restaurant car park Silves (at the bridge). Jim Brownlow will lead the walk starting and returning along the Arade River valley for circa. 8km. Not strenuous, a few moderate hills. Stopping half way for a beer or water if the weather is still suitable. Lunch will be in the Ponte Romana restaurant. Please contact Jim or John if you intend to come and if you are staying for lunch. [brownlow@sapo.pt](mailto:brownlow@sapo.pt) or 282431595 or [johnbocadorio@gmail.com](mailto:johnbocadorio@gmail.com) Frank Mc Ewan will lead another walk on 25 Nov.

**C.A.S.A.** - the Algarve's leading Social Club for expats meets monthly for dinners / lunches and social events. For more information email [info@casasocial.club](mailto:info@casasocial.club) or telephone 282495475 [www.casasocial.club](http://www.casasocial.club)

**Bridge; Friendly social game** Tuesdays & Fridays 1:15pm Marina Club Suite Hotel Lagos. just tip up or call 963977642 -partner not necessary

**Meet other people**, Central Algarve. New social club. [singlemingle@email.com](mailto:singlemingle@email.com)

**Come and Learn bridge Friday Mornings.** Vale d'el Rei Hotel 911561224-282358885

**Friendship group, Os Amigos**, meets on the **3rd Tuesday** of each month, for walks, lunch, and other activities. For details contact [lindabell@cogb.com](mailto:lindabell@cogb.com)

**Duplicate Bridge** - Come and join us in a friendly informal atmosphere. All levels and nationalities welcome. **Wed & Fri** afternoons at Vale d'El Rei Hotel. Please contact 911 561 224 or 282 358 885

**Chess Club** All Levels in central Algarve. [chessalgarve@mail.com](mailto:chessalgarve@mail.com) for details.

**Painting in watercolours.** All abilities welcome. **Every Thursday** morning 10:30pm - 1pm at the Fortaleza Restaurant, Praia da Luz. Small friendly group with individual tuition for beginners. Class €10. Tel: Sandie 912 149 839 or email [sandie.croft@gmx.com](mailto:sandie.croft@gmx.com)

**Drawing the Nude in Olhão** - Beginners and artists meet in Olhão every **Thursday** morning. New

students are very welcome and guidance is given if required. Contact [jill.stott@gmail.com](mailto:jill.stott@gmail.com) for more information regarding drawing or modelling.

**Painting for Pleasure Classes, water colours, oils or acrylics** - Beginners onwards, individual tuition on **Tues** mornings at Four Seasons Fairways (Quinta do Lago, Almancil) 10am to 12noon. **Wed** at Mesquite near São Brás from 10.30am to 12.30pm, 2.30pm to 4.30pm. Tel. Terry Reed, tel: 289 845 561.

**Duplicate Bridge** - Come and join us. Friendly Club, all nationalities and levels welcome. **Every Mon & Thurs** at the Cristal Hotel, Carvoeiro. 1.45pm for 2pm. Tel: 282 357 953 or 282 357 657.

**Duplicate Bridge** - Come along to our friendly International club on **Tues** afternoons, 1.45 pm for a 2 pm start. At the Aroma di Mar Restaurant in Olhos de Água. For further details call Mary Moore: 289 416 199.

**New Duplicate Bridge Club** at Lagoa Hotel on the EN 125 in Lagoa, next door to O Casarão Restaurant. **Thurs** 1:45pm. €5 including refreshments. No joining fee. All welcome. 282 352 022 / 969 174 130

**Coro dos Amigos do Museu.** We are an international four-voice choir based in São Brás de Alportel. We sing sacred and secular music from medieval to 21<sup>st</sup> century, with concerts several times per year. We rehearse

on **Thursdays** from 6.30pm. Ability to read music is an advantage, but not essential. If you think you would like to join us, please contact David on [david51.littlewood@gmail.com](mailto:david51.littlewood@gmail.com), or on 289 489 374.

**The East Algarve International Shanty choir** is looking for an enthusiastic musical leader. Musicians, Male and Female singers welcome! Join the **East Algarve International Shanty Choir.** Rehearsals weekly on **Tuesday**, 5pm Luz de Tavira, at café Chic Zé. Tel. 00351 926684061 Website: [www.eaisc.eu](http://www.eaisc.eu)

**Barbershop Chorus "Bella a Cappella"** Welcomes new members. Men and Women from all nationalities, to experience joy and fun in Harmony singing. Rehearsals **Tuesday** evenings in the lagar in Moncarapacho. For details go to [www.bellaacappella.net](http://www.bellaacappella.net) or call Andrea: 962932978

**SPORT**

**Walking Football** begins again at Boavista Spa on the N125 between Lagos and Luz. **Every Wednesday** 9:30am -11:30am. Everyone over 50 welcome. [contact:brian.efoster@yahoo.co.uk](mailto:contact:brian.efoster@yahoo.co.uk)

**Badminton.** This is a regular **Thursday** evening slot booked by afpop for Badminton players at the pavilion of the Escola EB 2,3 Dr. Garcia Domingues in Silves between 8pm and 10pm. Everyone is welcome. Badminton players will need to

bring their own racquets and pay a small fee to cover costs. More information contact Trevor on: [silvesgroup@yahoo.co.uk](mailto:silvesgroup@yahoo.co.uk)

**Crown Green** at Alvor bowling club **every Friday** at 10am bowls available free of charge. For more info please contact Peter or Janette Tel:- 966169747 or 965700536.

**Vale de Milho Golf Club** members meet at 9 am on **Tuesday's** and **Friday's** for golf competitions. It is a friendly club and visitors are welcome. For more information contact Hazel Hopps 282 358 022

**Walking Football for the 50+ - Every Thur.** 9.30am - 11am, at José Arcanjo Stadium, Olhão (behind McDonalds EN125) Fitness, fun & friendship. Only €3 / session. Contact: 916504903 [christopher.wright@hotmail.co.uk](mailto:christopher.wright@hotmail.co.uk)

**Tavira County Lawn Bowling Club** - Cerro do Leiria, Santa Caterina, Fonte Bispo, Tavira. Tel: 963 997 582.

**Balaia Bowls Club**, Olhos de Aqua, Albufeira - come and join us for roll-ups on **Tuesdays and Fridays** at 10 am. Tuition available - everyone welcome. Please telephone Richard on 935367492 or Jill on 910220136 for more information.

**Algarve Hash House Harriers** meet weekly. Call 289 413 854 or 918 806 044. Follow us on Facebook & visit [www.algarvehhh.org](http://www.algarvehhh.org)

**Valverde Lawn Bowls Club** - Almancil, now open

five days per week. Come and join us for our roll-ups on **Mon, Wed, Thur, Fri & Sun** from 10am. Tuition is available if new to the game, holidaymakers are welcome. Call Jen on 282 332 628 or 937 264 287.

**Walking football at Browns** in Vilamoura. **Tuesdays** at 9:30am. Come try it out! Contact [info@browns-club.com](mailto:info@browns-club.com) or 289 322 740

**WORKSHOPS & COURSES**

**Meet people and make new friends** - Learn to play Bridge on Friday mornings. Vale D'el Rei Hotel. Please Contact 911 561 224 or 282 358 885

**Music Improvisation and Ensemble Skills - Sat** 3pm-5pm Costume Museum, São Brás de Alportel. Exploring the technical & theoretical aspects of improvising in different keys & applying these new skills within a small-group environment. All instruments & abilities welcome.

**Scottish Country Dancing** will be held on **Monday** evenings from 7:30 to 9:30pm at the NOBEL International School Algarve. Please contact Mardie Cunningham on 282 356 029 or email [mardie@sapo.pt](mailto:mardie@sapo.pt).

**Musical Instrument Classes** - Guitar, Ukulele, Keyboards, Mandolin, Banjo, etc. Beginners lessons available: **Tuesdays-Fridays**, Intermediate players can join our Show Band. Almancil centre. 919 968 768

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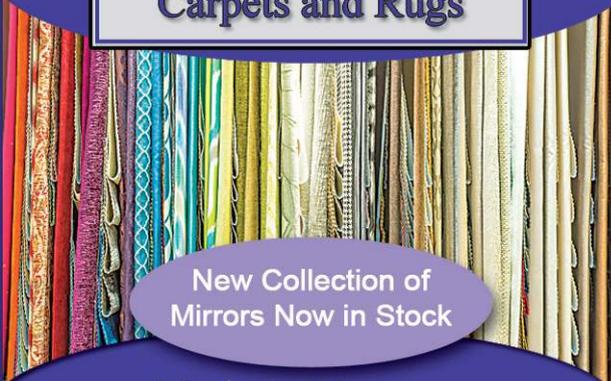
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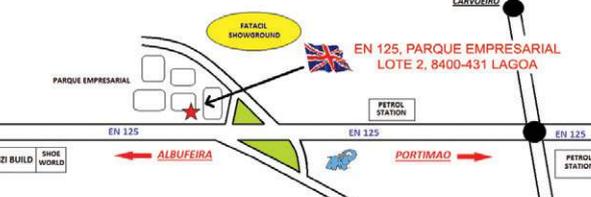
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**CC INTERNATIONAL CHRISTIAN Fellowship** Portimao Family worship Sundays, 11am in The Bridge - Cedipraia 23, Rua N.S. do Amparo, Av. 25 de Abril, Portimão. Tel: 282042836 or 917358098  
[www.icf-portimao.org](http://www.icf-portimao.org)  
TPN/TO/91724337

**CC PROBLEMS WITH alcohol?** There is a solution! Alcoholics Anonymous Helpline AA Algarve: 919 005 590 / 937 029 619. Looking for AA Meetings in the Algarve region:  
[www.aaportugal.org/algarve.html](http://www.aaportugal.org/algarve.html)  
TPN/TO/14782611

**CC CANCARE MEETINGS** Have you been affected by cancer? Members of the women's cancer support group meet for advice or an informal chat on the first Wednesday of every month in Loulé. If you would like to join us, please contact VJ on 289882680 or 917962255.

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**Charities**

**CC ASSOCIAÇÃO DE CARIDADE** Mãos de Ajuda. Helping Hands Charity Shop, 13A Avenida Dr. Eduardo Mansinho, Tavira. 100 metres from Porta Nova Post Office. Open Monday, Wednesday, Saturday 10am to 1pm. Help us to Help others in the Tavira Area. 963558138  
TPN/TO/25352356

**CATS/KITTENS.** We are looking for people to foster cats/kittens on a temporary basis. Contact John 912445652  
TPN/TO/63529699

**CC THE DONKEY SANCTUARY** needs your unwanted items for our charity shops in Lagoa, Carvoeiro and Ferragudo. Proceeds for animals. 966033127  
TPN/TO/67789755

**CC TAVIRA CHARITY ASSOCIATION** - To help the Needy of Tavira. Open 10.30am-5.30pm. Items large or small accepted. Opp. rail station level crossing. Geoff: 925917177 a-ist@gmx.com

**CC SECOND CHANCE** charity shop at Largo Das Ferreiras (on roundabout), Ferreiras, Albufeira. Open Tuesday to Friday 10am to 4pm. Saturday 10am to 1pm. Providing support for people in need, Bombeiros, soup kitchens, Riding for the disabled, AHSA charity and more. Maggie Cook 917707808  
TPN/TO/53878642

**CC HELP ASSOCIACAO** Flor Amiga. Childrens clothing, shoes, toys, packets of nappies or tins of formula, will be greatly received. Also adult clothing, shoes and socks. We need your gifts for charity. Tel: 282 044 042  
TPN/TO/65244114

**CC APAA CHARITY** Shops. Dunas do Alvor: Tue-Sat: 10.30am-2pm, Cerro Grande, Albufeira: Tue-Sat: 10.30am-2pm, Rua Elias Garcia 20, Silves: Mon: 10am-5pm, Tue-Sat: 10am-2pm. Shop volunteers always welcome.  
[info.apaaportugal@gmail.com](mailto:info.apaaportugal@gmail.com)  
TPN/TO/48458493

**CC CADELA CARLOTA** (2nd shop) We raise money to pay the vet bills for the animals in the care of Cadela Carlota. By the main square, Almadena, Luz. Open Mon - Sat, 10am - 4pm.  
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**CC THE NANDI CHARITY SHOP.** Winter clothing now in stock. Bargain prices. Furniture can be collected within 20k Lagos. Tel 912741857  
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**CC WEEKLY BOOK SALE.** Come along to our Book Sale every Friday from 10.00 to 12 noon at Monte da Palhagueira Nursing Home & Retirement Village Hall, Gorjoes. All proceeds go to The Boys Home Faro. Tel: 289990901  
TPN/TO/63985587

**CC A.A.G. CHARITY** Shop Guia. We are situated in the Main Street, opposite the Football Club Snack bar and close to Credito Agricola Bank. Opening hours Monday till Friday 10.15 am until 6 pm, Saturday 10am till 2 pm. Closed Sundays. Animal charity feeding street animals. Patron Bonnie Tyler.  
TPN/TO/85516211-4

**CC ASSOCIATION BIANCA,** Portuguese charity animal shelter near Lisbon. Website: [www.bianca.pt/english](http://www.bianca.pt/english) Online charity shop: [www.fazendoanimaisfelizes.blogspot.pt](http://www.fazendoanimaisfelizes.blogspot.pt)  
TPN/TO/37177193

**CC NEW CHARITY SHOP** - The Goodwill Charity. R. Direita 5, Ed. Portus Magnus, Portimao. (Close to Theatre). 968 740 693/ 923 104 885 10am-2pm. Clothes, bric a brac and furniture in saleable cond., large items collected.  
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**CC TAVIRA TREASURE.** Providing support to Childrens and Old Folks Homes, and needy individuals in the Tavira area. Reopening 3rd June 10 -12.30 Saturday mornings and Mondays 10 - 1pm and 2pm - 4pm at Rua Almirante Candido dos Reis, no 134. Volunteers usually needed. Buy or bring clothes, bric a brac, books. Sandy: 913440585 Valerie: 917689034  
TPN/TO/47131565

**CC CADELA CARLOTAS** charity shop (R. Santa Casa da Misericordia, 17A), Lagos, needs goods to help abandoned animals. Paula: 917448583.  
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**CC**

Readers will notice several ads with the prefix "CC". CC stands for Community Care and these ads are provided free of charge by **The Portugal News** to help the various charities involved. However, charities should note that their advertisements will only run until the end of this year at which time they must contact [copy@theportugalnews.com](mailto:copy@theportugalnews.com) for renewal.

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TPN/TO/49778361

**Sorry!**  
The Portugal News wishes to apologise to Luso Living. We inadvertently placed the wrong text in their classified ad in last week's edition. We apologise for any inconvenience caused.

**See the corrected advert on page 16.**

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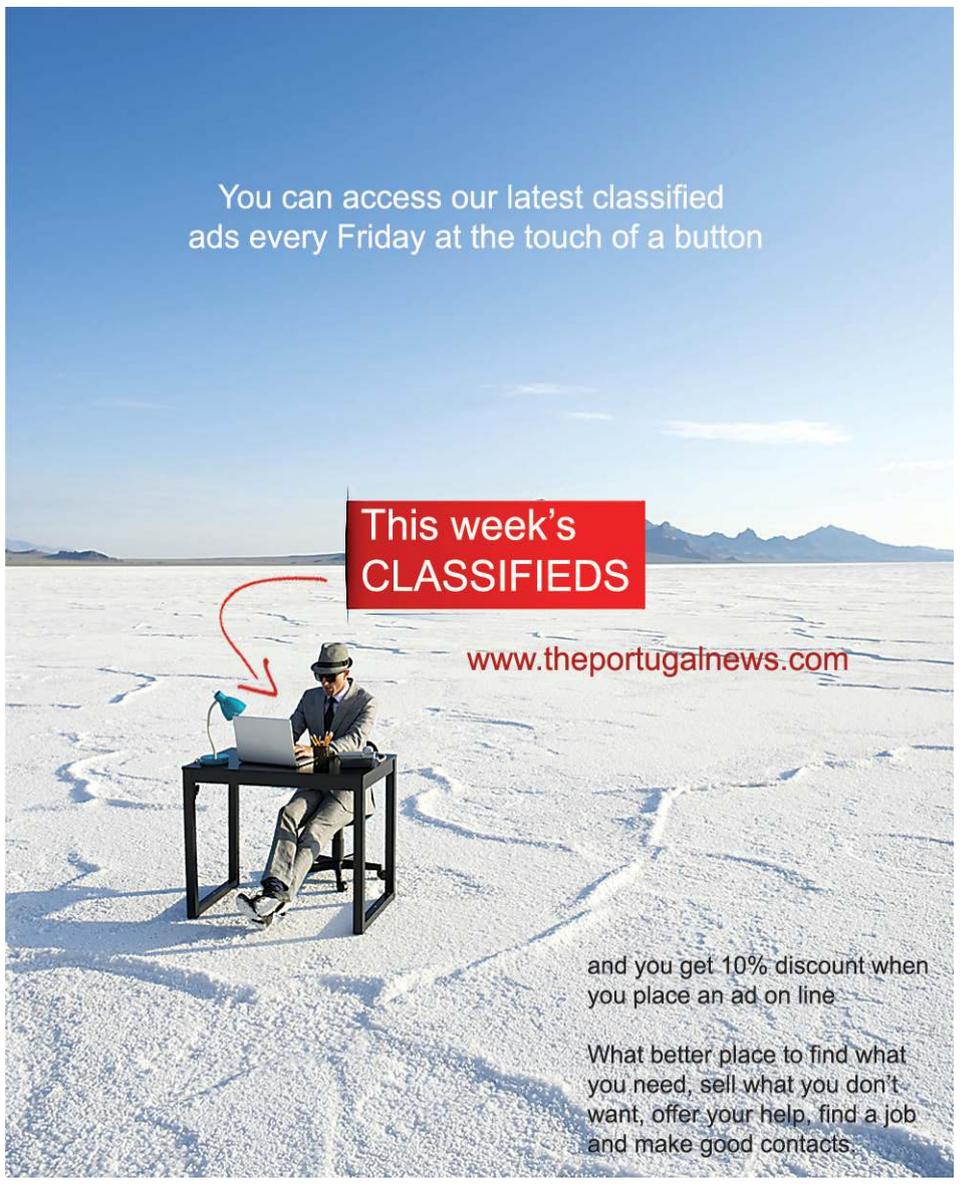


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**Verse of the Week**  
The grass withers and the flowers fall, but the word of our God endures forever.  
Isaiah 40:8; New International Version (NIV)

# 'Tis the Season

**N** NEIL CONNOLLY

It's that time of year again, not in the Christmas sense, but in the golfing sense. Where the landscape for the year's careers is either solidified, or destroyed. All before we start over again and start counting the points for the Ryder Cup, in France next year.

**W**hat I mean by that is whilst the majority of the European Tour's focus is on the Race to Dubai, Justin Rose has won two out of the last two European Tour events, which has left him only €134,838 behind the current leader Tommy Fleetwood. With only two events left in the season and prize money totalling €15,500,000 for these events it's really a neck and neck race. However, there are some serious players lurking in the pack behind, who could make a break for it and claim the prize. These being two Spaniards, the Masters Champion and newly wedded Sergio Garcia and the up and coming soon to be 23-year-old sensation, Jon Rahm. Both are around one million euros behind, so it is possible for them to catch the leading pair, but the leading pair have to bomb out of

both competitions to allow the chasing pack to catch them. All of this is occurring at one end of the spectrum, this being the wealthy end of the spectrum, where being a million euros behind is catchable, or even playing in a tournament with a prize fund of seven million euros is commonplace. The other end of the spectrum is much more, shall we say, real. As I am typing this, the Qualifying School is about to finish its second stage of competition. Qualifying School is the most brutal dog eat dog competitive environment in golf. It is where the 'young hopefuls' in world golf play for an opportunity to earn a pass onto the European Tour and its breeding tour, which is called the Challenge Tour. There are three stages held, all over Europe, between the middle of September to the middle of November. Usually

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PLAYER	PAR	1	2	3	4	5	6	7	8	9	OUT	TOT
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16 REMKES T	4	4	5	4	3	4	5	3	5	3	35	
JENSEN L	5	4	4	4	2	4	6	3	3	3	33	
LIMA JF	5	5	5	4	3	4	5	3	5	3	35	

Englishman John Parry. (Photo: Getty Images)

the field comprises around 100 players, all having to place in the top twenty-three spots to advance to the next stage. In Stage One of 'Q-School' there are eight venues, in Stage Two there are four venues and then the Final Stage is at one venue. If you do not make it into the safe position of a qualifying spot, you do not advance to the next stage and your dreams of playing next year on Tour have ended, for the next twelve months. No appeal process, no buy in for a price. You are done. This is an environment where you can get Tour hardened Professionals being made to compete against the young bloods. I have just seen that Richard Finch has lost his playing privileges for 2017. Time waits for no man in this game. If you go into europeantour.com and have a look at the 'Q School' section, all of the

information is available and free to be seen. The heart-break is that you can get so close and still miss out. For example, imagine how Maarten Lafeber must feel, birdying the last two holes to make a play-off. A sudden death play-off where six people were playing for five spots. Almost the ultimate musical chairs scenario. Lafeber didn't fair too well in the play-off and missed one of the five spots. As I am typing he is probably working out what he is

going to say to his wife, family and sponsors. The name may not be familiar, but he has won, during his career just shy of €5 million euros, which averages out at €250,000 per year. Yet, next year he is looking for a new job, on a different tour because he hasn't been good enough. It really is a tough school in every sense of the word. All this endeavour is going on underneath the golfing public's radar. Tiger's comeback, the Race to

Dubai, "Rose in full bloom" are getting the headlines. It's not unusual for a player who has been hanging all of his hopes on success at Tour School, falling short of the mark and then being penniless with Christmas looming. It's a good thing that there are a lot of seasonal jobs, this time of year. Your local supermarket or Post Office could have a seriously talented golfer stacking shelves or sorting parcels.

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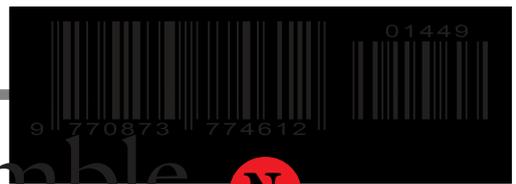
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# FC Porto press on as Sporting stumble

**N** CHRIS WRIGHT

With their sixth consecutive home win in the Primeira Liga, FC Porto moved four points clear of Sporting who had to share the points with SC Braga at the Alvalade. Benfica moved to within a point of their Lisbon rivals with victory at Vitória de Guimarães.



Sporting's Stefan Ristovski (L) in action against Marcelo Goiano of Sporting Braga during a match between the two teams at Alvalade Stadium over the weekend. (Photo: EPA/António Cotrim)

Following their 3-1 victory over RB Leipzig in the Champions League, FC Porto returned to league action against Belenenses and it was no surprise to see Sérgio Conceição's side dominate the Lisbon outfit with both Héctor Herrera and Hernâni going close to breaking the deadlock within the first ten minutes. Even so the Dragons had to wait until three minutes before the interval for the opening goal when Héctor Herrera slotted home. Muriel kept the Belém outfit in the game with a crucial double stop from Sérgio Oliveira before Vincent Aboubakar doubled the leaders advantage on the cusp of stoppage time. Following their Champions League draw with Juventus in Lisbon, Sporting will remain in contention to qualify for the knockout stages if they beat Olympiacos in Lisbon on 22 November but will be unable to finish in the top two if they lose. Their opponents last weekend, SC Braga can still qualify for the next stage of the Europa League after a very creditable 1-1 draw in Bulgaria against Ludogorets Razgrad.

So the stage was set for an enthralling encounter between Sporting and a resurgent SC Braga in Lisbon. Goal less at the interval, the game sparked into life when Bas Dost converted Bruno Fernandes' near-post cross in the sixty-sixth minute to give Sporting the lead. Drama was to follow in the closing minutes as Danilo Barbosa earned Braga a penalty for

Dyego Souza to convert and four minutes later Danilo gave the visitors the lead. Sporting were on the verge of their first league defeat but, deep into stoppage time, a clumsy intervention from Ricardo Horta on Alan Ruiz culminated in a second penalty. Bruno Fernandes made no mistake from the spot to level matters at 2-2. Benfica kept in touch with the top two as they hunt for a fifth consecutive Primeira Liga title. A 3-1 win at Guimarães courtesy of goals from Jonas midway through the first-half and a double strike by Samaris and Salvio within the space of three minutes in the second period were enough to secure all three points.

Manager Rui Vitoria is still under pressure as the club's disastrous Champions League campaign is over, having lost all four games to date. Only a miracle will see them qualify for the Europa League and to do so they must beat CSKA in Russia on 22 November and Basle at home on 5 December with CSKA losing both their games. Portimonense continue to pick up points and a 1-1 draw at Moreirense sees them maintain a reasonably healthy position in mid table.

Dener opened the scoring for Portimonense after just three minutes but the home side were soon level through Jhonder Cadiz. Following the international break, the Portimão-based team will play their next game at home to Tondela on Saturday 25 November 4pm at the Portimão Municipal Stadium.

## Local derby set to attract large crowd

In the Campeonato Portugal, two of the front runners go head-to-head in Faro on Sunday.

SC Farense entertain local archrivals SC Olhanense who will make the short journey along the EN125 knowing that nothing but a win will keep them in touch with the league leaders.

Farense are now managed by former Olhanense hero Rui

Duarte who captained the team when they won promotion to the Primeira Liga in 2009.

Last weekend Farense won 1-0 at Castrense thanks to a Jorge Alves goal just after the break. Olhanense beat local rivals Moncarapachense 2-1 with a

goal early in each half from Mailó Cruz and Lorenzo Galassi to maintain their hundred percent home record. Sunday's game at the São Luís Stadium (behind Faro Hospital) kicks-off at 3.00pm and fans are advised to arrive early.

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AMI 11226