



PROPERTY
INSURANCE
GENEROUS DISCOUNTS
and terms. SEE P. 45

Portugal's National Newspaper in English

28 Apr 2018 • Ed. 1472 • €1.50 inc IVA • Publisher: Paul Allen-Luckman • Editor: Brendan de Beer • www.theportugalnews.com



accessible
Portugal
The Portugal News'
campaign
to support and
promote
accessibility
in Portugal
See page 30





Wolverhampton Wonders P14

Young Portuguese footballer Rúben Neves has been a revelation since joining Wolverhampton Wanderers as they gained promotion to the Premier League.



At what cost?





Ryanair cabin crews are threatening to go on strike in the summer unless the low-cost airline accepts union demands.

Migrant Rescue





A Portuguese Navy frigate has this week rescued 138 migrants off the coast of Italy, among them 15 women and eight babies.

Fair countdown





The International Algarve Fair will be returning to the FATACIL showground in Lagoa on Saturday 2 June and Sunday 3 June.

WEATHER



Calls grow for golden visa and expat tax exemption revision to combat corruption and speculation

EXPAT PENSION AND GOLD VISA SCRUTINY







ANGLOPRESS Edições e Publicidade. Ld

Copyright ©2005 Anglo Press Lda. *The Portugal News* is part of the Portugal News Group established 1977. **Depósito Legal Nº** 80258/94

DIRECTORS

Paul Allen-Luckman publisher@theportugalnews.com

Madeline Luckman copy@theportugalnews.com

CONTACTS Postal Address:

Apt 13 • 8401-901 • Lagoa

Courier Address:

Rua Município de S. Domingo Urb.Lagoa Sol • Lote 3 r/c 8400-415 Lagoa

Classified:	+351 282 380 315
Sales:	+351 282 380 310
Accounts:	+351 282 343 653
Newsdesk:	+351 282 380 313
General:	+351 282 341 100

Email: info@theportugalnews.com **Web:** www.theportugalnews.com

PRINT & DISTRIBUTION

Printers: Unipress, Oporto

Print-run:

Distributors:

Member of apct audited circulation



PRODUCTION

Publisher: Paul Luckman publisher@theportugalnews.com

Editor: Brendan de Beer newsdesk@theportugalnews.com

Photos: LUSA • Press Association

SALES MANAGER

Sónia Seixas sales@theportugalnews.com

ACCOUNTS MANAGER

Gaby Rodrigues accounts@theportugalnews.com

FIND US ON:

Facebook, Twitter and Kiss FM

Expat pension and golden visa scrutiny



Separate calls from within the governing alliance this week is targeting measures and exemptions aimed at increasing investment in Portugal, most notably by foreigners in the real estate sector.

uropean Member of Parliament Ana Gomes, a stalwart of the ruling Socialist Party, has this week led a surprise attack against the popular golden visa investment scheme.

In comments to *i* newspaper, Ana Gomes, who is also the Vice President of the European Commission of Financial Crime, stated that the golden visa system is a "perverse scheme".

She explained that golden visas which are aimed at encouraging investment, most notably in high-end real estate, is "a system that prostitutes European citizenship and is a threat to the safety of the Schengen zone. I believe it is a scheme importing corruption and organised crime to the European Union." Gomes further said that she was not against visas being handed out to select individuals at no cost who would benefit Portuguese society, though explained that she would up the ante against golden visas being "sold in a system that favours corruption."

She based these claims on the fact that she was unable to obtain a list of golden visa investors due to Portugal's restrictive privacy laws. Gomes wanted the list in order to conduct a background check, but says she was denied this opportunity. "I don't want their home addresses or bank account details, all I want is their names, which has been denied to me", explained the MEP, adding: "The only explanation I can find is that if I were to gain access to the list. I would find people on it with criminal records in their home countries and who had not been subjected to due diligence in Portugal by local authorities"

Back in February, the organisation Transparency and Integrity made a similar request with the SEF immigration office, the Economy
Ministry and the State Secretary for
Fiscal Affairs. SEF is yet to issue a reply,
while the Economy Ministry sent the
request on to the Ministry for Home
Affairs. The office of Fiscal Affairs
meanwhile responded they did not have
an organised filing system containing
these details.

The organisation subsequently called for the immediate cessation of the issuing of golden visa, arguing such a move would avoid the risk of facilitating organised crime and money laundering.

The most popular means to obtain a golden visa is through an investment of

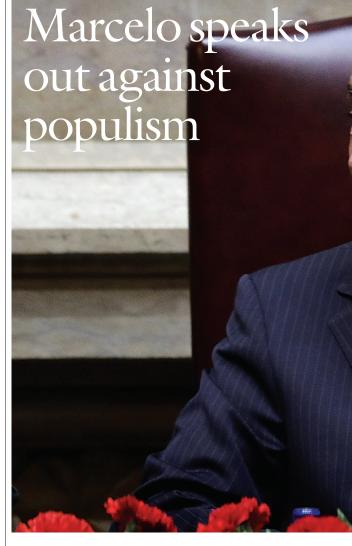
golden visa is through an investment of 500,000 euros in real estate, with Chinese topping the list of visa recipients.

But Ana Gomes concludes "China has:

But Ana Gomes concludes, "China has a limit on transfers out the country of 50,000 euros a year, so it is obvious that the system can only be fraudulent or criminal."

Following this demand for greater scrutiny of golden visa investors, the Left Bloc, part of the ruling leftist alliance, called for an end to the non-habitual residence programme, a system mostly taken advantage of by expat pensioners. With the minority Socialists needing the Left Bloc's approval of the state budget set to be presented in October, the Bloc is looking to alter the tax benefits handed out to expats under the scheme, most of whom end up purchasing property or retirement homes in Portugal. The Left Bloc is arguing that the tax

exemption handed to foreign retirees has resulted in large scale real estate speculation. The party adds that it would also seek to have stricter rules imposed on the issue of golden visas, which it says has also led to considerable short-term and artificial hikes in property prices.



Portuguese President used his 25 April commemorative address to speak out against populism sweeping many parts of the globe.

Marking the 44th year since Portugal was liberated from a dictatorship, Marcelo Rebelo de Sousa told Parliament that MPs should also look at ways of renewing politics.

The President's address was applauded by the ruling Socialists and those sitting to their right, but the Communists, the Left Bloc and the Greens opted not to bring their hands together.





President
Marcelo Rebelo
de Sousa
pictured here
shortly after
addressing MPs
in Parliament
during the 25
April
Revolution
commemorations.
(Photo: Lusa/
António
Cottrim)

WFATHFR

Cool and wet weather set to return

Temperatures are set to plummet this weekend with thermometers set to fall by as much as nine degrees Celsius in certain areas. There will also be a return of the rain, with scattered showers forecast for much of the country in the coming days.

Lisbon: The capital will see highs drop from around 25 degrees to around 16 degrees this weekend. Showers will be common throughout the coming week, with highs set to struggle to beat the 20 degree barrier.

The South: Southern Portugal will experience the odd scattered shower this weekend, with temperatures also set to hover just beneath 20 degrees Celsius. **The North:** Porto will be rather cool this weekend, with lows set to plunge to winter-like levels, while rainfall will be a regular occurrence.



Almost half Portuguese executives admit to corruption in business

Almost half of Portuguese executives have admitted that bribery and corruption practices are widespread in business. A total of 46 percent Portuguese business people said corruption remains prevalent in the country. This places as the 19th worst country out of a list of 53 compiled by EY Consultancy. The ranking is topped by Brazil, with 96 percent saying corruption was rife in business, followed by Columbia and Nigeria.

Portugal is world's 9th biggest wine producer

Portugal has been listed as the 9th biggest global producer of wine. According to the Organisation of Vine and Wine, Portugal has seen production numbers increase steadily, and has narrowed the gap with the United States, who are currently eighth on the list. The world's top producer of wine is Spain, followed by Italy and France. But in terms of commercial value of wine, French wines fetch the most, ahead of Italy.

Urgent work to take place on key Algarve roads

National road company Infraestruturas de Portugal (IP) has announced that it will be carrying out "a series of emergency interventions to repair and improve traffic flow and safety on some of the Algarve's main roads. Work will be carried out on the EN125, EN124 and EN396, before summer. The interventions will include resurfacing and raising sidewalks and will cost in the region of one million euros, starting at the end of May.

Nationwide New Look operation clamps down on beauty parlours

Hundreds of tax inspectors were out in force this week to inspect hair salons, beauty parlours and spas. The national mega-operation named New Look targeted thousands of establishments. It aims to clamp down on tax avoidance and focuses on IRC, IRS and IVA tax evasion.

Hayfever sufferers warned to be cautious over coming week

Hayfever sufferers are being warned to take care over the coming week as pollen levels are expected to be high. The latest bulletin from the Portuguese Society for Allergies and Clinical Immunology (SPAIC) states that high levels of pollen are expected across the whole of Portugal, more so in the Algarve, and to a lesser extent on the islands. The bulletin is issued weekly based on pollen counts in the air and predictions.



WE FEATURE YOUR PROPERTY ON THE LEADING EUROPEAN WEBSITES REACHING OVER 25 MILLION BUYERS WORLDWIDE

Ryanair unions threaten summer strike action

Ryanair cabin crews are threatening to go on strike in the summer unless the low-cost airline accepts demands various European unions agreed on Tuesday in Lisbon. Unions have given the Irish airline until the end of June to satisfy workers' demands.



Ryanair CEO Michael O'Leary was this week handed an ultimatum by unions representing the airline's workers or face strike action in the summer. (Photo: EPA/Thomas Frey)

he decision to stage industrial action, including the possibility of a strike on an undisclosed date, was announced after the Portuguese cabin crew union SNPVAC held a meeting in Lisbon with representatives from various European counterpart organisations. Speaking at a press conference, SNPVAC leader, Luciana Passo, said that among the crews' demands was that Ryanair had to comply with domestic legislation and the same labour conditions for all workers including subcontractors. The meeting was attended by representatives from unions in Italy, Spain, Holland,

Belgium and Germany. TPN/Lusa

PM calls for "urgent political consensus" on new Lisbon airport

Prime Minister António Costa has called for "urgent political consensus" on the matter of a new international airport for Lisbon.

He also said there is still margin for national tourism to grow should efforts be made to reinforce the diversification currently on offer.

Speaking at a ceremony earlier this week held to mark the re-election of the president of the Portugal Tourism Confederation, Prime Minister Costa said it is important to focus on the future to recover lost time.

Strong winds divert flights from Funchal

Six flights had to divert from Funchal airport on Madeira Island on Sunday due to strong winds.

Flights from Birmingham, Nantes, Paris, Copenhagen, Bristol and London were due to land at Funchal on Sunday morning but were rerouted elsewhere until the blustery weather had calmed down.

An easyJet flight was also cancelled.

Portuguese spend €70 on monthly commute

The average Portuguese spends around €70 a month on transport, making the sector one that represents a large share of families' monthly expenditure, according to a study carried out by consumer rights association Deco in six cities around the country.

The study analysed data collected in November and December in Braga, Porto, Aveiro, Coimbra, Lisbon and Setúbal.

"Many Portuguese continue to need major financial gymnastics each month to pay their expenses arising from transport, whether public or private," Deco's Bruno Santos told *Lusa News Agency*. "It remains one of the expenses that weighs heaviest for families."

Whereas nationally, the average monthly expenditure on transport was €70, in Lisbon the figure is much higher, with one third of those surveyed quoting a figure of more than €100.

The study showed that most people continue mostly to use a

private vehicle to get around, because public transport does not meet their needs. Still, they often face problems finding a parking spot.

"A considerable number of drivers who responded to us take more than 15 minutes at least once a week to find a place without having to put coins" into the meter, states the Deco study, which also says that 20 percent of those questioned "feel that their monthly income constrains their choice of transport."

As for traffic jams, in Lisbon 64 percent and in Porto 63 percent of those questioned said they face these at least once a week.

At least once a week, 63

percent of people walk more than 500 metres on foot, the study found. By contrast, the use of bicycles was minimal, despite a major expansion in bike lanes in many cities in recent years.

The minimum salary in Portugal is €580, albeit paid 14 times a year rather than 12.

TPN/Lusa





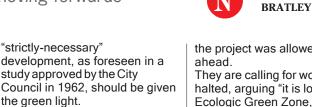


COME AND VISIT US IN:

ALBUFEIRA — AÇOTEIAS; ALBUFEIRA — CERRO GRANDE; ALBUFEIRA — FERREIRAS; ALBUFEIRA — MONTECHORO; ALBUFEIRA — SANTA EULÁLIA; ALBUFEIRA — TORRE DE MEDRONHEIRA; ALJEZUR; ALTURA; ALVOR; ARMAÇÃO DE PÊRA; ARMAÇÃO DE PÊRA — PORCHES; BUDENS; LAGOA — CARVOEIRO; LAGOA — CENTRO; LAGOS — AMEIJEIRA VERDE; LAGOS — AV. DESCOBRIMENTOS; MONCHIQUE; MONTEGORDO; OLHÃO; PORTIMÃO; QUARTEIRA; QUARTEIRA AVENIDA; SAGRES; SÃO BARTOLOMEU DE MESSINES; SÃO BRÁS DE ALPORTEL; V. REAL DE SANTO ANTÓNIO; VILAMOURA

Work to build beach bar on idyllic Algarve coastal spot moves ahead following decades of legal wrangling

Development of the picturesque Pintadinho Beach in Ferragudo, Lagoa, is moving forwards after more than three decades of legal wrangling



Lagoa council had successively denied permission to develop the pretty beachside locale ever since, despite it being private

Thirty years of injunctions, appeals and counter-appeals ensued, finally coming to a head in 2016 when the Constitutional Court rejected Lagoa Council's final move.

Exhausted of any possible recourse, the Council was left with no choice but to abide by the high court's order and grant permission.

In 2017, 30 years after the arm wrestle started, licensing was finally conceded for construction work to move ahead.

The new beach bar - to be named Edd's Beach, after the developer Edwin Opstelten - will comprise a restaurant, bar and pool, having a total covered area of 90.6 m2 and a developed area of 259 3 m2

Enraged locals say excavation for the project has turned the previously "green hillside" into 'something resembling an open cast mine", and are querying why the project was allowed to move

CARRIE-MARIE

They are calling for works to be halted, arguing "it is located in an Ecologic Green Zone, where building is not allowed"

They fear the project will "severely restrict the use of this beach by the general public, as there will be little, or no, vehicle access to areas which will be designated 'Private'", and claim "prior notice of this project was not given", to allow for public consultation. The project is expected to be completed by February next year. In an email sent to The

Portugal News, Lagoa Council stressed "the decision of the Court overrules the wishes of the Council.3

A spokesperson said council inspectors are "keeping an eye on the project" to make sure it does not exceed the granted dimensions, and explained that as permission for development was granted on a court order, public consultation of the project does not come into play. Regarding access to the beach, the spokesperson said "no one can impede access" to it, but admitted reaching the sands "might not be as comfortable or as capacious" as it has been until



Development of the picturesque Pintadinho Beach in Ferragudo, Lagoa, is moving forwards after more than three decades of legal wrangling, upsetting locals (Photo: Supplied).

ocals are concerned the "small quiet beach, used by local families for generations" will now be turned into "a private zone for paying clients", and are calling

for an embargo. The council architect had originally given favourable assent to the project first submitted by the plot's former owner in 1987. But Lagoa

Council subsequently rejected the application after the Regional Algarve Coordination and **Development Commission** (CCDR) deliberated that "given the sensitivity of the spot" only





Successfully selling homes in the Algarve since 2004

info@algarvehomesales.com www.algarvehomesales.com

Mob.: (00351) 916 128 624 Tel.: (00351) 282 356 952



Carvoeiro Apartment



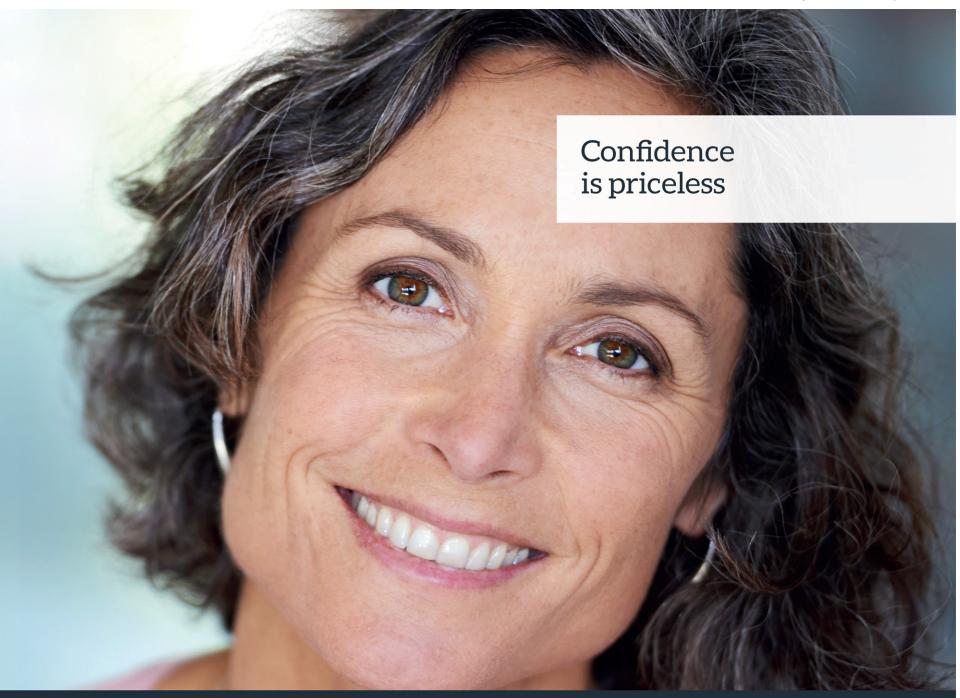


€565,000 **≒**3 **≢**3 **⋢**1



Apartment





Our advice, your advantage

Knowing you've chosen wisely is always a great feeling, but sometimes you might need a little extra help and advice in order to make the best decisions. When planning for retirement, a little knowledge is just not enough. Blacktower has more than 30 years' experience helping to make retirement wealth plans that work.

UK & International Pension Transfers • Retirement Wealth Portfolios • International Investments

Get in touch today at:

info@blacktowerfm.com +351 214 648 220 (Cascais) +351 289 355 685 (Quinta do Lago)

Edificio Jomavipe, Rua Cesaltina Fialho Gouveia, 703, 2645-038 Cascais

Edificio Mapro, Estrada da Quinta do Lago, 8135-106 Almancil

www.blacktowerfm.com



Portuguese Navy Frigate rescues 138 migrants off Italy coast



Portuguese Naval officers pictured here off the coast of Italy rescuing 138 migrants, among them 15 women and 8 babies. (Photo: Lusa/Marinha Portuguesa)

ENGLISH DENTAL SURGEON

Dr. Francis Haley

B.D.S.

(Guy's Hospital, University of London)

Av. 25 Abril, 184 - 1°C 2750 - 511 Cascais

Tel: 21 486 3012

http://clinic.cdhaley.pt

A Portuguese Navy frigate, the Dom Francisco de Almeida, rescued 138 migrants off the island of Lampedusa, Italy, earlier this week, among them 15 women and eight babies.

spokesperson for the Armed Forces said a stricken vessel carrying the migrants was intercepted by the Portuguese ship on Tuesday, at a time when "it was in danger of sinking". The migrant boat was trying to reach the island of Lampedusa, the source

added, elaborating that crew gave first aid to several of the migrants. With this rescue, the number of migrants identified and rescued by the Dom Francisco de Almeida navy vessel, which is taking part in the European Border Agency's Frontex mission, climbs to 266.

Portugal ranks high on freedom index

Portugal has been ranked 11th in the latest Freedom in the World rankings.

Portugal was handed a score of 97 out of 100, beating the likes of the United Kingdom and the United States by some margin.

The list, which is topped by Sweden, Finland and Norway, reveals that Portugal fares excellently in most areas, with its ranking only negatively affected by corruption issues still facing the country.

At the bottom of the list comes Syria, ahead of South Sudan and Eritrea.

In Europe, reverberations from the refugee crisis continued to fuel the rise of xenophobic, far-right parties, which gained ground in elections in France, Germany, the Netherlands, and Austria.

The latest report added

that democracy faced its most serious crisis in decades in 2017, as its basic tenets, including guarantees of free and fair elections, the rights of minorities, freedom of the press, and the rule of law, came under attack around the world.

Seventy-one countries suffered net declines in political rights and civil liberties, with only 35 registering gains. This marked the 12th consecutive year of decline in global freedom.

The United States retreated from its traditional role as both a champion and an exemplar of democracy amid an accelerating decline in American political rights and civil liberties.

PM calls for more immigrants

Prime Minister António Costa has this weekend called for more immigrants to settle in Portugal.

Called to address an audience on matters involving climate change, the digital society, inequalities and demographics, the prime minister said more foreigners are needed in Portugal.

He explained that at the

current rate, the country's population would fall from ten to seven million people in just over 40 years.

The Prime Minister also said policies to boost the birth rate and encourage more immigrants to consider moving to Portugal are also needed.



NEW DESIGNS IN STOCK NEXT WFFK





"Bigger stores,
Better quality,
choice and value"

email: hometextiles@sapo.pt

Alcantarilha (next to Espaço Casa) • T. 282 315 994 • Mon to Sat 10am - 6:30pm

Pereiras de Cima nr. Quatro Estradas • T. 289 396 385 Mon to Fri 10am - 6pm, Sat 10am - 5pm





Sun, sea and bags full of Great British food!



For all your favourite brands, pay a visit to Overseas Supermarkets.
You will find us in the following locations:

<u>Portimao Store</u>: Local G, Portimao Retail Center, Rua San Pedro nº 133, Portimao 8500-513



Albufeira Store: Albufeira Retail park, loja D, Lugar da Tavagueira, Tavagueira, Guia Albufeira 8200-425



Stockists of:





Tel: 0034 965 734 000

Foreign resident association reaches defibrillator goal in just five months

The Operation Shock campaign reached its goal this week, when the final four portable defibrillators were presented to the Commandants of Vila do Bispo, Monchique, Loulé and Vila Real de Santo António Bombeiros Stations.



Children from the Vale Verde International School, who raised funds to supply the Vila do Bispo fire services with a portable defibrillator, were in Portimão this week helping foreign resident association *afpop* to complete its goal of supplying all *Bombeiros* stations across the Algarve with the life-saving equipment. (Photo: Supplied

he CEO of the foreign resident association afpop, Michael Reeve, along with council president Chris Ireland, presented the equipment to the commanders at a short ceremony at the

Portimão Bombeiros station, bringing an end to the campaign which has now presented a portable defibrillator to each of the seventeen Bombeiros Commands in the region. Commander Richard Marques of the Portimão

station who coordinated all the presentations on behalf of the *Federação dos Bombeiros do Algarve* (FBA) said: "We are delighted that the Operation Shock campaign has reached its target in only five months and has provided this life saving equipment across the Algarve. We are very grateful to *afpop* for this initiative and congratulate them on such a fine project and our thanks go to all of those who have contributed to this

excellent campaign" Many people and organisations have helped to make Operation Shock a success, including, for this final presentation, the Netherlands Club of the Algarve, the Combined Lodges of Portugal, Mungo's Golf Society, the friends of '300 Birthday' event and the children of Vale Verde International School, who held a sponsored 'Read-a-thon' and other fund raising activities to raise the donation to pay for a unit for Vila do Bispo Bombeiros. This fund-raising initiative by Foreign Residents' Association 'afpop', in

Bombeiros.
This fund-raising initiative by Foreign Residents'
Association 'afpop', in conjunction with the Federation of Bombeiros of the Algarve, was intended to show support and give thanks to an organisation that has responded to the needs of the people of the region, whether

Portuguese, foreign residents or holiday-makers.

The campaign was created by *afpop* after 30 years of service to its members, to acknowledge the work done by those men and women, largely volunteers, who offer help to all in times of distress.

The equipment supplied, as identified by the Bombeiros, is the Philips HeartStart FRx Defibrillator with 'Infant Key', which enables the machine to also be used on children without causing further damage to their hearts. The equipment is lightweight and can be used quickly by the Bombeiros nurses on scene. The portable defibrillators are provided in order to equip one red ambulance in each command, which do not come fitted with such equipment as standard.





ALL-ON-4 ADVANTAGES

Minimally invasive procedure •

Implants can be placed on • the same day as extractions

Less risk of complications •

No bone graft needed •

Best price/quality guaranteed •

Highly hygienic - easy • to maintain and clean

Excellent aesthetics •

More than a decade • proven protocol

High success rates •

For whom?

It is one of the most advanced and reliable dental implant techniques for treating **edentulous patients** or who suffer from **failing dentition**, including those with severe bone loss.

What is it all about?

In a single visit we replace all the teeth in the upper or lower jaw (or both) by a fixed bridge using only 4 dental implants that are strategically placed.



Rua dos Caliços | Albufeira
T: +351 289 589 080 | M: +351 966 017 783
info@crispiessensclinic.com | www.crispiessensclinic.com

//crispiessensdentalclinic

list of banned items

Audience members at the Eurovision Song Contest have been advised they will not be allowed to bring golf balls, ladders, shopping trolleys, guns and bombs into the arena.

The competition, which this year will be held in the Altice Arena in Lisbon, Portugal, has issued a bizarre list of banned items, which also includes hammers and screwdrivers, adhesive tape, rope, crow bars, saw blades and drill bits and handcuffs and chains.

A post on the audience section of the Eurovision website says: "To keep waiting times at the entrance to a minimum, please make sure you do not bring any of the following prohibited items to the Altice Arena.

"If brought, these items will be confiscated and will not be returned.

Also on the extensive list are drugs, selfie sticks, luggage, chairs, helmets, lasers, knives, syringe,

scalpels, megaphones, sticks and poles and pliers and tool pouches.

Furovision fans have shared their amusement at the list on Twitter, with one writing "It is weirdly specific, as if they added certain items after 'The Trolley Incident' or 'That Time With The Ladder'

Another said: "I feel like each item on the banned items list for #Eurovision has a unique story to tell.

"Please can someone tell me of the time a trolley was brought by an audience member and what they did with it that got it banned?"

The Eurovision Song Contest will take place on 12 May and is being held in Lisbon as a result of the win last year by Portuguese contestant Salvador TPN/PA Sobral.



Last year's Eurovision winner Salvador Sobral. (Photo: EPA/Tatyana Zenkovich)

Eurovision issues bizarre | Praia do Carvoeiro voted Europe's Best Beach

tourism in Europe, in partnership with the European Commission for the promotion of sustainable tourism (EDEN Network) and more than 300 European tourism offices, European Best Destinations has been organising the Best Beaches in Europe competition for over a decade.

This year 12,840 travellers from 129 countries voted for their favourite European beaches in Europe, and Praia de Carvoeiro emerged in the top spot, as the Best Beach in Europe. Nine other Portuguese beaches, four of which are in the Algarve, also featured on the list, though it was the small Algarve village that reigned supreme, beating off stiff competition from stunning beaches in countries such as Greece, Croatia, Spain, France and Italy.

The organisers of the poll said Carvoeiro "is probably one of the most beautiful places we have seen during our travels in

'The sea is beautiful, the water is neither too hot nor too cold, the waves can be strong or on the contrary gentle enough for paddling and discovering the coves around it", they effused.

Carvoeiro's village beach has been voted European Best Beach 2018 in an online poll conducted by leading European tourism site, European Best Destinations.



Praia do Carvoeiro has been elected as one of Europe's best beaches. (Photo: CM Lagoa)



Quality cover, great value!

- Multi-policy discounts
- Legal and breakdown assistance
- Protected no claims bonus option available

tavira@ibexinsure.com almancil@ibexinsure.com

Rua 1 de Maio 26B r/c 8800-360 Tavira

Avenida Duarte Pacheco 32 8135-104 Almancil Loulé

www.ibexinsure.com/tavira www.ibexinsure.com/almancil

lbex Insurance Services Ltd 2018. Ibex Insurance Services Ltd., 68 Irish Town, Gibraltar. Registered no.77247. Authorised and regulated by the Financial Services Commission FSC 006 43B

AMAZING QUALITY TV'S AT LESS THAN HIGH-STREET PRICES!



PROJECTION DREAMS EXCLUSIVE 55" 4K - 785.80 euros | 65" 4K - 1,250.00 euros

> www.projectiondreams.com sales@projectiondreams.com

(+351) 289 040 403

Net cast for funding for Faro Monument to Fishermen A long-time expat is towing the fascinating research of a Portuguese journalist and driving a campaign to raise funds for a monument to be created in honour of the heroism of Portuguese fishermen and the nivetal role that placed in caving lives from

heroism of Portuguese fishermen and the pivotal role they played in saving lives from the sea during World War II.





Funding is being sought for a memorial. pictured in . mock-up, to honour the bravery of Portuguese fishermen, who rescued stricken sailors and airmen during WWII. (Photo: Supplied).

Sagres-based painkiller awarded €50,000 European prize

A strong painkiller developed using components found in the sea off Sagres has been awarded with a €50,000 European prize.

The drug alleviates chronic and constant pain and aims to be an alternative to opioids and morphine. Sea4Us, the Sea4Pain project is based on an ingredient, a sea sponge, that is native to the Sagres coastline.

t was the work of journalist Carlos Guerreiro on a specific event in Faro that caught the eye of expat Michael Pease several years

On 30 November 1943, three Portuguese fishermen - Jaime Nunes, José Mascarenhas, and Mascarenhas' 13-year-old son Manuel - who were fishing off the coast of Faro, rescued six airmen whose US Liberator bomber plane had crashed nearby,

around 10 kilometres south of Faro, killing five of the 11-man crew onboard.

Having researched the incident in depth, Faro journalist Carlos Guerreiro persistently endeavoured for a tribute to be made to the three valiant fishermen, who cared for the six survivors throughout the night before getting them safely to land. A plaque was presented at the Gambelas University in July 1999, but sadly only after the passing of José and Manuel Mascarenhas.

Guerreiro's work grabbed the attention of Mr. Pease, who has keen interest in World War history, and who suggested they expand on the Faro event and analyse the role of Portuguese fishermen in saving lives from the sea during World War II as a whole.

Born in the UK in 1930, Michael Pease has lived in Portugal for over three decades, after spending much of his life in

His research found that during the Second World War (1939-1945), Portuguese fishermen from the mainland and the islands, particularly around the Azores and off the West Coast, rescued hundreds of stricken fighters and non-fighters from both sides, from the Eastern

"I feel that the role of Portugal in World War II is somewhat forgotten because it was neutral. but Portugal played a huge role", namely due to its maritime trade routes, Mr. Pease explained to The Portugal News, adding: "It is very, very important not to forget history; it must be remembered for the future." Seven years of research culminated in the lobbying for a memorial - a bronze or steel statue, depending on funding - to be created, to pay tribute to the three Faro fishermen in particular, as well as acknowledge the valiant spirit of all Portuguese fishermen who made sea rescues during World Warll.

It is hoped around €70,000 in funding will be raised through donations, for its creation. A sculptor and a design are ready in waiting, and permission has already been granted in writing by various authorities, including the local and regional council and tourism and cultural chiefs, for the monument to be located on Faro's riverfront.

Encapsulating the spirit of the homage, it is planned to sit in a key location, in the Manuel Bivar Gardens.

For more information or to make a donation, see:

www.portuguese-fishermensmemorial.org.

Developed by the company icosta Dourada

New Development / Nova Urbanização / Nouveau Lotisseme













Architecture Interior Design Residential and Comercial Projects Building Renovations **Turn Key Projects**



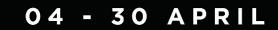
Showroom 1: Rua Manuel Teixeira Gomes ,949A | 8135 -016 Almancil | GPS: 37.0795941 | -8.0462899 | tel. +351 289 397 557 | almancil@archiultimate.com Showroom 2: Avenida Tivoli Edificio Mourapraia -Loja 1 | 8125 - 491 Vilamoura | GPS: 37.075496 | -8.114722 | tel. +351 289 321 680 | vilamoura@archiultimate.com





apolonia.com





Visit us from April 04 to 30 and discover a tempting choice of carefully selected French products with discounts of up to 40%.















Portuguese players shine in the Midlands

The world's greatest player Cristiano Ronaldo is one of only three Portuguese players to have featured in the English Professional Footballers' Association 'Teams of the Year', an award he collected on four occasions whilst with Manchester United.





Wolves Portuguese contingent with Rúben Neves third from the left. (Supplied)

second when he featured in the PFA Premier League Team of the Year: 2010-11. Now comes the third to join the illustrious duo and the first Portuguese to be included

ani was the

in the English Championship second tier

'Team of the Year'.

This season, 21-year-old Rúben Neves has been a revelation since joining Wolverhampton

Wanderers as they gained promotion to the Premier League.

Rúben Neves scored one of the 'goals of the season' in Wolves' Championship clash with Derby recently.

A corner was cleared to the Portuguese midfielder some twenty-five metres from goal.

The former FC Porto youngster took a touch to tee himself up for a volley before launching a seemingly impossible dipping shot into the top corner, his sixth goal this season fired in from outside the penalty area. Wolves, under former FC Porto manager Nuno Espírito Santo, boast six Portuguese players in their ranks: Rúben Neves who is being linked with a move to Liverpool; top-scorer Diogo Jota, Ivan Cavaleiro, Roderick Miranda, Rúben Vinagre and Hélder Costa.

Wolves will now be among the thirty wealthiest clubs in the world with the riches from Premier League money and TV income estimated to be around €220m. Let us not forget Cristiano

Ronaldo's spectacular goal against Juventus. With his back to goal at the top of the box, Ronaldo launched himself into a spectacular feat of coordination, gymnastics and timing, striking the ball at a height of 2.38 metres (51 cm more than his own height!) and sending it hurtling into the bottom corner of the net past a motionless and stunned Gianluigi Buffon.

Touch rugby teams show off their skills in the Algarve ARE YOU AN EXPERIENCED PUBLICITY SALESPERSON?

The Regional South Trophy for Touch Rugby was recently staged at the Bela Vista Stadium in Lagoa, Algarve, welcoming teams from across the country.

The local CRUAL touch rugby team which made its competitive debut at a tournament in Lagoa, featuring top teams from Lisbon.



The sport has seen its numbers grow rapidly in recent times, with local Algarve club CRUAL fielding its first competitive team against five teams from Lisbon; Belenenses, Benfica, CDUL, São Miguel and Técnico.

Técnico were the eventual champions after they defeated Belenenses in a hard-

The final round of matches takes place in Lisbon on 9 June, and will determine the final standings of the competition.

The sport has only recently started in the Algarve, with support coming from several entities across the region and country, included Touch Rugby Portugal, Lagoa Town Hall, Faro Parish Council, GD Lagoa sports group and CRUAL.



Would you like to work for the leading publication in English in Portugal?







Tlf.: 282 380 380 | lagoa@era.pt www.era.pt/lagoa



Carvoeiro





€850,000

CUY LOSA INDOOR & OUTDOOR



STYLISH SOFAS FROM CLASSIC TO CONTEMPORARY SHOWROOM MODELS 50% OFF STOCK ITEMS ONLY











SÍTIO DO TROTO, CX 385-A ALMANCIL, ALGARVE 37° 4' 46.63" N, 7° 59' 39.65" W www.curiosaportugal.com | info@curiosaportugal.com | (+351) 289 391 373



If The Model Is Broken, Fix It or should you scrap it and get a new one?



An archive homelessman sitting on a grate outside the **Federal** Trade (Photo: AFP PHOTO/

photo of an unidentified Commission, Washington,

Joyce Naltchayan)

All your computer questions answered

Why are local Backups so important?

If you already store most of your data in cloud-based storage services, why is it so important to do a local backup of your devices?

Often when I write something about backing up your computer, I notice comments from people that say they keep everything in iCloud, Dropbox or some other cloud-based storage system, so they don't feel the need to back up their computer or iOS device any other way.

It's true that cloud-based storage services are great for keeping your most important documents safe, but that's not all there is to backing up your data. One of the biggest problems with starting new on a device is not that you've lost your data (if you are storing it in a cloud service), it's that you've lost all of your programs and apps. Sure, you can re-download all of those .doc files from Dropbox, but you won't be able to open them until you've reinstalled a word processing program. Your pictures may be safe in OneDrive or Dropbox, but if you want to edit them, you'll have to track down that photo editing app you love and download it

Even though you store all of your app purchases, music and photos in iCloud and all of your spreadsheets, reports and documents in Dropbox, starting from scratch on your device, whether it's a computer or a mobile device, is time-consuming and frustrating. Would you rather spend hours downloading files, reinstalling apps, and readjusting your settings or just tap "yes" when asked if you want to restore from a local backup and wait a few moments for everything to be restored exactly as it was before on your device.

Email your questions to Kurt: kurt@algarvecomputercentre.com

For all your computer needs:

- Computer Diagnostics
- **■** PC Optimisation
- Virus Removal
- Desktop Repairs
- Data Backup / Recovery
- 2nd Hand Laptops / Desktops
- **Broadband Services**
- Network Installations
- Website Hosting
- Remote Desktop Support
- VPN Services / BBC & ITV







Certified Support Professional

www.algarvecomputercentre.com

934 807 027

n questions of technology, increasingly the answer is: scrap it. What applies to consumer technology, however, does not necessarily apply to

The political model of Western-style democracy, which grew up alongside and then within a capitalist economic model, is now broken. Exhibit Number One is Donald Trump, but there's lots of other evidence too.

One-third of French voters backed Marine Le Pen, a cleaned-up, user-friendly neo-fascist, in last year's presidential election. In last September's German election, one-eighth of the electorate voted for Alternative for Germany, a party whose more extreme wing is neo-Nazi - but it now leads the opposition in the Bundestag, the German parliament. Last month in Italy, the two biggest parties to emerge from the election were both led by populist rabblerousers, one from the left and one from the right. Not to mention Brexit in Britain. And in every case the themes that dominated the populists' rhetoric were

and jobs. Trump rarely talked about anything else during the presidential election campaign: immigrants are stealing the jobs, freetrading American business-men are exporting the jobs, the foreigners are eating America's lunch. Down with free trade! America First! Etc.! (Hint: Donald Trump is not a Republican. He is a populist.) Trump may not know a lot, but he knows One Big Thing. We are living in a new era of mass unemployment, and nobody has noticed. As

racism, nationalism,

hostility to immigrants -



GWYNNE DYER

Trump said the night after he won the New Hampshire primary in February 2016: "Don't believe those phony numbers when you hear 4.9 and 5 percent unemployment. The number's probably 28, 29, as high as 35. In fact, I even heard recently 42. It's not really 42 percent, but it's not 4.1 percent (the current official US rate) either. According to Nicholas Eberstadt's 'Men Without Work', the real unemployment rate among American men of prime working age (24-55) - including those who don't get counted because they have given up looking for work - is 17 percent. Why didn't we notice? Because the unemployed weren't protesting in the streets like they did in the Great Depression of the 1930s, although the rate is getting up to Depression era levels. After the Second World War, all the Western democracies built welfare states, mainly so a new generation of radical populist leaders would not come to power the next time there is mass unemployment. It has worked, in the sense that there is not blood in the streets this time around. but the jobless millions are very angry even if the welfare state means that they are not starving. They do vote, and unless something is done to ease their anger, next time they may vote for somebody who makes Trump look good by comparison. One-third of American manufacturing jobs have vanished in the past 20 years, and the vast majority of them (85 percent) were destroyed by automation. The algorithms and the

robot arms have already killed the Rust Belt, and there is a plausible prediction that almost half of existing American jobs may be automated out of existence in the next 20

What would our politics look like then? Not very democratic, unless we do something to ease the anger of the unemployed. This doesn't just mean giving them more money a massive expansion of the welfare state - but also finding ways of taking the shame out of unemployment, because it is the humiliation of being seen as a loser that breeds

the anger.

The leading proposal on the table right now is called universal basic income (UBI). Every citizen would get enough to live a decent life whether they are working or not, although most people would probably keep working as well in order to have more money. And making it 'universal' takes the shame and anger out of it: UBI would be a birthright, not charity handed down to those who have lost their

Some may argue that this is saving capitalism, not smashing it, and they would be right. But evolution is better than revolution, and fixing the model that is currently broken, essentially by a major expansion of the welfare state, is a better bet than abandoning it.



Gwynne Dyer is an independent journalist whose articles are published in 45 countries.



See the difference seatoskyhomes.pt

SILVES · LAGOA · ALVOR · LAGOS & WEST

Trade unions demand minimum wage above The secretary general of Portugal's largest trade union federation, the CGTP, on Friday

€600 in 2019

he head of the union was reacting to statements by Prime Minister António Costa, who late last week restated that the minimum wage, currently €585 per month, will be updated again in 2019. The Prime Minister's statement "is nothing new" and for the CGTP the question is that "the increase of the minimum wage should not be kept to €600, it should be higher," said Arménio Carlos. "I think it is clear to

everyone that, if it were to happen, €600 in January

2019, that would be an increase of 67 cents per day," added the secretary general of the CGTP. According to him, the current economic situation meets all the conditions to go "further" in the minimum wage.

"What the prime minister said did not add anything, because he spoke about the national minimum wage so as not to mention what is fundamental, which is the general increase in wages, both for public sector workers and private workers," Carlos said. The union leader added that, given the replacement

and that it has "a few days" to say if it will unfreeze pay rises in the civil service. of the 5 percent salary cut in ministerial offices in 2019, as daily newspaper

Público reported last Thursday, "this is the time" to unfreeze civil service salaries.

"We cannot wait too long, it has to be a few days, no more, to know if the government will unfreeze the salaries of the civil service for this year and next, because that is the bottom line," Carlos said. Regarding the National Reform Programme (PNR), the topic of Friday's Social Dialogue meeting, the CGTP leader criticised the document, saying that it does not prioritise, "quality employment, with rights and fair pay.

According to Carlos, the PNR "remains affected by the constraints of the Stability Programme," with a view that deficit and debt, "remain the benchmark of economic policies in Portugal.

called for the minimum wage to be raised to over the €600 forecast by the government

"You have to put people first in relation to numbers,' concluded the CGTP leader The social partners and the government met las week

at Lisbon's Social Dialogue meeting to discuss the National Reform Programme which was attended by the Minister of Planning and Infrastructure. Pedro Marques. TPN/Lusa



CGTP union leader Arménio Carlos pictured here alongside protestors earlier this month. (Photo: Lusa/ José Coelho)

EU to fine Altice €125m for jumping the gun with PT takeover

The European Commission on Tuesday announced that it had decided to fine Altice of France €124.5 million for having gone ahead with its acquisition of Portuguese telecommunications operator PT Portugal before having received formal notification or authorisation from the European Union authorities, so violating EU rules.

Altice in June 2015 released a statement saying that it had completed the acquisition, paying Brazil's Oi a total of €5.789 billion for its controlling stake in PT Portugal. The stated final price was composed of €4.9 billion in cash, with €869 million of PT Portugal's outstanding debt taken over.

The announcement came after a meeting the previous month of holders of PT Portugal commercial paper, at which it was agreed that liability for €400 million of notes could be moved to PT Internacional

Finance. This was the last obstacle to the sale of PT Portugal to Altice, company officials said at the time.

The European Commission had granted authorisation for the takeover in April 2015, on the condition that Altice spin off its then Portuguese holdings in ONI and Cabovisão, based on fears that the takeover would reduce competitive pressure in the market for landline telephones and potentially lead to unwarranted price rises.

TPN/Lusa





Individual Income Tax Return 2017 Don't be late!

Late submissions incur fines between €50-€5000

Contact us for an appointment:

euro FINESCOs.a.

Rua do Sol, 4 ~ 8200-448 Guia Tel: 289 561 333 ~ Fax: 289 562 061 info@eurofinesco.com www.eurofinesco.com

The International Algarve Fair – Something to shout about!

The International Algarve Fair will be returning to the FATACIL showground in Lagoa on Saturday 2 June and Sunday 3 June and there is once again plenty to celebrate during the event.



The International Algarve Fair. (Photo: TPN)

he theme at this year's International Algarve Fair is 'Something to shout about' and is based on the fact that Portugal has had so much to shout about over the past year. This success has flowed into the commercial world and is being celebrated at the 2018

International Algarve Fair. Organisers of the event are looking to build on last year's event, which was one of the bestever, with the new layout widely

considered as beneficial to visitors and exhibitors alike The FATACIL showground now boasts more space and outdoor areas, visitors to the fair will be able to browse the stalls and exhibitions with ease, finding old favourites and discovering new ones throughout the weekend. The weekend itself, which usually heralds the beginning of summer, will once again be packed full of exciting events, entertainment, exhibitors and much more.

Organisers of the International Algarve Fair have once again pledged that there will be countless treats in store for all visitors over the weekend, with further details of all the offers and promotions being revealed as we move closer to the date. The International Algarve Fair is now in its 13th year and has become the largest annual event in Portugal for the expatriate community and is attended each year by thousands of people. The aim of the fair is to showcase all the very best that the Algarve has to offer and combines a mixture of entertainment and

exhibitors to please every member of the family. From children's entertainment, live musical performances and sporting events, to a wide range of stalls with many exclusive offers and promotions, the International Algarve Fair has become a firm favourite on the Algarve events calendar. Keep up to date with all the news from the fair through The Portugal News and make a date to join the party with us on Saturday 2 June and Sunday 3

Due to the increased space, there are also a few extra stands available for exhibitors who are encouraged to act now to secure the best possible location to showcase their businesses to the thousands of visitors who will be streaming through the gates at FATACIL during the first weekend of June.

For more information Tel: 282380317, email: sales@algarvefair.com or visit: www.algarvefair.com. Also, watch the video on our website to see all the Fair has to offer, on www.algarvefair.com





Making your house a home



With more than 20 years of experience and having owned 20 furniture stores across the UK, Christine and Graham Pippett opened Furniture World near Lagos to provide good quality English style furniture in the Algarve.

By using their previous suppliers and many contacts in the UK, they have kept their prices at competitive levels. Their policy is to only buy direct from reputable factories and manufacturers and all their merchandise is delivered direct to them in regular, large container shipments. This enables them to take advantage of economies of scale.

The store offers a wide range of styles and choices, including contemporary oak, traditional oak, ash and painted furniture. They have also incorporated a range of Indian furniture and rugs

Christine and Graham also sell a broad range of oil paintings at reasonable prices.

They have enormous experience in their chosen market and therefore believe the future for Furniture World looks bright. They have been fortunate to acquire the services of Sandrine Reis as the shop manageress. Sandrine is fluent in Portuguese, English, French and Spanish.

They believe that a good reputation means repeat business and their enviable reputation has already been established in a relatively short period for supplying top quality furniture, customer service and attention to detail. Christine said: "We have supplied furniture to all parts of the Algarve and our customers return time

Their 700m2 store carries large stocks and aims to supply all customers' requirements within forty-eight hours and delivery is free locally. As a further incentive, they have introduced gift vouchers, which make an ideal present at any time of the year.

Furniture World has its own dedicated website (furnitureworld.pt) where clients can view a comprehensive selection of

the furniture styles they have to offer.

The company also has a flexible approach to furniture packages to give maximum choice of style and cost rather than the pre-designated packs, something that is lacking from the current market.

Please take a little time to view their online catalogue or visit the store just 2 kilometres east of Lagos on the EN125

Sunny times for Podiatry

The future of podiatry is bright. Countries all over the world are now recognising podiatric care as being essential in the overall practice of medicine. Podiatrists/chiropodists are specialists providing treatment to people of all ages, to keep them mobile and pain free, promoting independence and quality of life.

Podiatry, recognised as a speciality in Portugal since 1994, includes the study. prevention, diagnosis and treatment of pathologies. There is still an urgent need to raise public awareness of the benefits of good foot health and the role podiatrists play in maintaining healthy feet and lower limbs

Acknowledging and supporting the need for accessible podiatric care in the Algarve, Luzdochas been providing the best possible medical care to their patients since 1981 and have now added a specialist podiatrist to their team. This Algarvian podiatrist has studied podiatry and worked for NHS London, UK, for the last 7 years, recently returning to the Algarye to promote education and recognition of podiatry in Portugal.

Many foot conditions can appropriately and safely managed by individuals themselves without ever becoming 'patients' if they have the confidence to do this safely and are equipped with the necessary skills and knowledge provided by a podiatrist However for various clinical, medical and physical reasons some individuals are either unable, or it would be too risky, for them to undertake this themselves.

Podiatric appointments act as an early detection system ensuring prompt treatment and prevention ofmore serious foot health problems from developing or deteriorating. The podiatry service uses a range of treatments including sharp debridement, pharmacology and therapies in conjunction with footwear advice and the provision of orthoses (specialist devices to

alter foot position and walking). Podiatrists frequently treat patients with long-term conditions such as diabetes, rheumatoid arthritis, Peripheral Arterial Disease (PAD) and neurological conditions due to the impact these conditions can have on the feet in the long term. In these situations podiatry is paramount for the management and prevention of escalating foot problems.

Appropriate footwear can prevent falls, make treatment plans more effective and help prevent the development of new pathologies. A podiatrist can help patients to recognise and empower them to make good footwear choices.

Biomechanical problems that affect the way we walk can be identified by a podiatrist who can provide foot orthoses to accommodate or correct the biomechanical problem to alleviate symptoms and/or provide functional realignment and change of gait.
For many of us our feet are the furthest

things from our minds, both physically and mentally. We expect them to be uncomfortable at times, and we put up with it when they hurt. But healthy feet are fundamental to the quality of our lives. They are wonderfully engineered and often the indicators of our overall health, so we need



Furniture World

For more information visit www.furnitureworld.pt or call: 282 798 263.



Luzdoc

For more information, Tel: 282 780 700, email: info@luzdoc.com or visit: www.luzdoc.com



Era Lagoa

For further information, Tel: 282380380, Email: lagoa@era.pt or visit: www.era.pt/lagoa



Blacktower

For further information, Tel: Almancil 289355685, Cascais 214648220, email: info@blacktowerfm.com or visit: www.blacktowerfm.com

DISCLAIMER:

While The Portugal News has done its utmost to ensure the information contained on this page is correct, all advertorials are supplied by advertisers.

Your choice for property in the Lagoa area



If you are looking for a wide range of properties in the Lagoa area of the Algarve, then visit ERA Lagoa and meet the experienced and professional team on hand to help every step of the way.

ERA Lagoa is a real estate company which has been operating since January 2004, with the team exclusively dedicated to the real estate market of Lagoa. With their in-depth knowledge of the local area and long experience, ERA has been able to sell more than 1,250 properties, helping to realise the dreams of more than 2,500 families.

ERA Lagoa is a firmly structured and organised company with 12 qualified real estate consultants who receive continuous training support. The consultants work full time and are exclusively dedicated to the geographical area where they are specialists and work with two commercial directors who give the necessary support to their teams of consultants. This allows for a streamlined process with a guarantee

of success and procedural direction entirely dedicated to the legal and financial processes of purchase and sale. Such professionalism makes all the difference in the success and conclusion of each sale and purchase with an efficient coordinator that guarantees the smooth transition between owners. This is all backed up with a proven national and international marketing structure to better promote the sale of each property.

ERA works within a larger network of

more than 200 agencies within mainland Portugal and the islands of the Azores and Madeira and is integrated into the largest operator of real estate franchising, currently present in more than 50 countries.

You can find ERA Lagoa located at Rua Marquês Pombal, on the roundabout of the EN125, in Lagoa and at Rua do Barranco, in the centre of Carvoeiro.

Come and visit us! We look forward to helping you realise your real estate

The Right Choice of Wealth **Management Solutions**

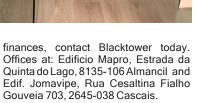
There are numerous options available when it comes to financial planning, and your investment decisions are crucial if you are going to reach your long-term goals. Blacktower can help steer you on the right path based on your individual circumstances.

We have more than 30 years' experience helping to make retirement and wealth management plans work for UK residents and expats alike, and with offices across the EU - including Quinta do Lago and Cascais, we offer a truly tailored approach to your

- Wealth Management
- Regular SavingsInternational Pension
- Transfers
 (QROPs, QNUPs and SIPP)
 US Retirement Solutions
- Advice for Expats during
- Tax Planning
- Discretionary Fund ManagementYachting Financial Solutions

At Blacktower, we understand that there's no such thing as a 'one-size-fitsall' approach when it comes to wealth management, and that not every investor understands, or has the time to try to understand, the more confusing aspects of financial management.

For a tailored approach to your



Blacktower Financial Management (International) Limited is licensed by the Gibraltar Financial Services Commission. Licence Number 00805B.

Blacktower Financial Management Limited is authorised and regulated in the UK by the Financial Conduct Authority.

Club & Community News

Algarve Senior Bikers Ride to Marmelete



The group at the Meeting Point

On 17 April, the ride started in São Marcos de Serra and was organised and led by John Redding and Alain Balouzet.

The Meeting Point was Restaurante Cruzamento on the the old Lisbon Road. From the start John led the first half of

From the start John led the first half of the ride to the break for coffee near São Teotónio.

After coffee, with Alain now at the helm, it was on towards the west coast then continuing around the western side of the Monchique hills for lunch at Restaurant Sole Serra in Marmelete.

It was a well attended ride on some twisty rural roads with great views. 33 riders enjoyed the day out in the warm sunshine.

David Shirley www.algarveseniorbikers.com

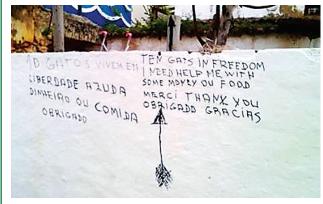
Fad'Nu at Templo do Tempo, Silves

Since 2009, the Templo do Tempo (Temple of Time) in Silves has been showcasing the works and teaching of Sculptor and Painter António Villares Pires. In addition to the exhibitions that the artist has already held, in particular at Silves Misericórdia church, O Templo do Tempo, in partnership with CMS and the design company Busilis da Comunicação (Porto), held, in

2015, the first International Sculpture Symposium in Stone, in Silves Castle and, in 2017, promoted and held the Meeting of Sculptors Brazil-Portugal, in the yard of the Temple itself. This cultural site now intends to associate itself with other forms of Art (such as Music, Photography or Literature), promoting events that enhance and culturally develop the city of Silves



Gats in Freedom



'Gats in Freedom' is what the handwritten message on the wall reads, referring to the 10 street cats living in harmony with their human friends in urban surroundings along Avenida 25 de Abril, leading onto Fisherman's beach in Albufeira.

It is very important that street cats living in public spaces not only get proper veterinary treatment when needed but that they are not put at risk because of a perceived lack of concern for their health and well-being, leading to complaints (no matter how well meaning) to the authorities.

If you are visiting Albufeira in the summer, do look out for the Gats (a delightful joining of two words – "Gatos" in Portuguese and "Cats" in

English) at this spot.

Raoni, a pure white cat, is easy to spot but she has a wonderful variety of cat friends who can be found dotted around Avenida 25 de Abril, including a Siamese, a long-haired grey cat and a large ginger tom.

Supported by donations from members of the Fan Club and Friends of Mr No Ears, the cats are fed daily by avenue stallholder Cristina assisted by Luis, who created the 'Gats in Freedom' wall art.

Volunteers make regular checks on Raoni and will be keeping an eye on all the Avenida 25 de Abril cats to ensure they remain happy and healthy. For more information, Facebook SaudadesMrNoEars.

Carol Lee.

Letters to the Editor

Re: Motorway Tolls

SIR, Following the letter from Martin Webster, has the system changed? I have hired cars from Faro before and paid any toll charges at the depot when returning the car.

STEPHENCRAGGS, By email

Paying the Tolls

SIR, All Mr. Webster needs to do is go to his nearest main CTT office and buy a Dispositivo Anónimo, then top it up periodically. It can be used with any car. No more EN125 for him then! STEPHEN SMITH, By email



Re: Catholic doctors ask President to veto gender change law

SIR, I would refer the physicians in this group to the January, 2017 issue of "National Ġeographic" magazine, which had an excellent article on the very specific results of scientific research on gender identification. If they are indeed people of science and integrity, they will find evidence, contradicting all of the claims they have made, difficult to ignore. DEBRAK GARNER, Via www.theportugalnews.com

Re: More doctors to be hired for Algarve

SIR, I hope that the government realises how important it is to have English-speaking doctors on the Algarve. The expat community, if all the news hype is to be believed, is growing almost alarmingly and people are at their most vulnerable in an ill-

health situation. It's critical, obviously, to be able to communicate effectively. As an expat, I'm learning Portuguese but it's an extremely difficult language to learn and takes a long time. JENNY KEATING, Via www.theportugalnews.com

Re: Smart roads to end fatalities

SIR, It appears that once again the EU - via various governments is using a, one glove fits all and a ' sledgehammer to crack a nut'. I do not believe this government came up with this idea by themselves. It is obvious to anyone with an ounce of sense that if traffic increases so do accidents. However, the government here is determined to keep these tolls on the A road systems and, since the introduction and the removal of the, 'ten free journeys a month' system, the non-toll roads have become very busy and, at times, clogged. Isn't the right thing to first turn off the overhead gantries(which incidentally costs more to operate than it gets in

The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication.



Send your letters, which must include your name and full postal address and should preferably be under 300 words, to:
The Portugal News, Apartado 13, 8401-901
Lagoa. Email: letters@theportugalnews.com

revenue). This will alleviate the traffic congestion and reduce accidents and, at the same time increase the 'happy feeling' of tourists who have deserted Portugal because of the unpopular, costly and difficult, to operate road toll system.

Will the Portuguese

government wake up and smell the coffee? I doubt it. KEN, Via

The portugalnews.com

Re: Smart roads to end fatalities

SIR, If the tax on new cars was reduced, then the average number of cars on Portuguese roads would fall, with better safety built in for newer cars. Smart systems like this do nothing to reduce head on crashes on back roads, collisions that can be survived in modern cars. NICK BOWLES, Via www.theportugalnews.com

Re: Smart roads to end fatalities

SIR, If they chose to spend the 8.3 million euros on repairs to road surfaces roads would be much safer. The roads they are investing in are not the ones causing the most deaths.

This technology seems a waste of time and money. DAVE LAMB, Via www.theportugalnews.com

Write to: letters@theportugalnews.com

CASA Sunday Brunch



On 15 April, CASA ran another Sunday Brunch at 'The Wolf' in Carvoeiro.

Although quite a few members were still away following Easter, we managed a good showing and an excellent morning ensued. A generous cold buffet combined with a similarly generous helping of Prosecco covered the physical requirements for a brunch while an excellent guitarist/singer quietly provided a background more artistic element as we all

chatted away. successful morning, for which we owe thanks to Anthony and all the other staff at 'The Wolf'.

Our next event is to be a combined Car Treasure Hunt and lunch on Friday 18 May. Full details of this and all our planned events, which are also open to non-members, can be obtained from the club website: www.casasocial.club or from Margaret Brito on 282 475 or by info@casasocial.club

Bowls Algarve

Spring was a little kinder to our visitors this week. It fooled us all into thinking it had arrived, and most clubs enjoyed some great games with their visiting teams early in the week. But by Friday the rain returned forcing some clubs to cancel or re-arrange their games. Many of this year's teams are visiting the Algarve for the first time and all promise to return as they have enjoyed themselves so much, despite the cloudy or rainy conditions. All clubs have worked hard with the organisers to ensure the visitors enjoy their time here, contributing to the economic benefit of tourism to

The visiting teams, generally from the UK, are extremely

QUATRO ESTRADAS,

LOULÉ DEPOT – PORTUGAL Tel: 00351 910767634

0044 7951 028901

welcome at all clubs, giving all Algarve bowlers a chance to play against others, who may or may not be better than themselves, but certainly providing a wider experience of play and keeping up the practice before the Summer League begins at the beginning of May.

Some of Bowls Algarve bowlers are also looking forward to and preparing for their visit to Spain at the end of May. This visit takes place each year and is a challenging time for some, as all the games are played on carpet. The Spanish teams usually win, but the Algarve bowlers always look forward to the challenge and have a great

Saxophone Concert

On Sunday 6 May at 5pm Saxophonist Vitaly Vatulya and pianist Maria Nemtsova will be performing at Quintinha da Música. Tickets are €25.

Vitaly Vatulya is Russia's most outstanding young saxophonist. Born in Moscow in 1987, Vitaly gives concerts in Russia and abroad as soloist and an ensemble player, and he is also a member of the Ebonit



Vitaly Vatulya

Saxophone Quartet and performs with the leading Russian and European orchestras. Since 2007 the saxophonist has released three CDs, on which he performs works by Hindemith, Debussy, Franck, Mendelssohn and Borne among others. Vitaly continues to win prizes as a soloist and in 2015 he formed the prizewinning VitaDuo duet with pianist Maria Nemtsova.

Maria Nemtsova was born in Moscow and began playing the violin at the age of five, and shortly afterwards took up the piano. By the age of six Maria won her first piano competition and she was accepted into the competitive Moscow State Tchaikovsky Conservatory where she graduated in 2007 with honours.

Maria has been a prizewinner of numerous international piano competitions in Russia, Italy, Austria and USA. Maria has performed at major venues around the world as soloist and also as accompanist

Both Vitaly and Maria are founders and initiators of the Festival of topical music 'Re:Formers' (www.reformersfest.com) and of 'Music for Peace' international charitable project (www.music-peace.com),



Maria Nemtsova

which includes concerts and master-classes for young musicians who live in today's conflict zones

Vitaly and Maria will be playing music by Claude Debussy, Jean Denis Michat and Nicolay Medtner.

For more information, please email: lynne.algarvehistory@gmail.com.

Algarve Activity Bike Rides Here are the details of this 9.30am start. This will be a

Saturday 28 April - Bike Ride starting in Santa Caterina da fonte do Bispo:

We meet in the centre of the village at 9.15am ready for a 9.30am start. This will be a fairly challenging ride of around 40kms with a café stop

somewhere along the way
Sunday 29 April - Bike Ride
starting in Boliqueime: We meet by Boli Tasca on the EN270 just south of the town centre at 9.15am ready for a



mostly easy ride of around 35kms with a café break

somewhere along the way.

If you would like to come along to one of these rides, please confirm either by text, email or on Facebook via the Activity Algarve Bike Rides page. If a ride has to be cancelled for any reason, such as bad weather, notification will be via text. We reserve the right to cancel any ride if less than 5 people are signed up. Price for participation is €5 per rider per ride.

For more information please contact Paul Beesley on tel: 913226954, email: paul@ algarvebikeholidays.com, see our website: www. algarvebikeholidays. com, or Facebook: AlgarveBike Holidays.

Let's Walk in the Algarve

Tuesday 1 May – Let's Walk from Pincho: A moderately easy walk through the countryside awash with cistus bushes in full bloom about 2.5 hours. 10.30pm start. Meet at the café /restaurant in Pincho. Take the A22 westwards until it ends at Bensafrim and then continue on the road to Aljezur. After about 8km you have a turning to the right to Pincho. Turn and follow the road for approx 5km when you come to Pincho and the café

Tuesday 8 May - Lets walk from Vale Fuzeiros: fascinating moderate walk of $2.5\,$ hours in this little known area where you can pass menhirs dating from 3,000BC and ancient tombs from the Visigoth climbs - well worth the effort. 10.30am start. Meet at the café/ restaurant Casa da Vinha in Vale Fuzeiros. From Silves take the road towards Messines and after 9km turn left to Amorosa. Drive through Amorosa on the main road and you will then see a left turn to Vale Fuzeiros. When you come into the village Casa da Vinha is at the far end (about 1km) on the left side.

There is no need to book please just come along wearing shoes suitable for country walking and please bring a sense of humour! There is a nominal charge of €5 per person which includes a donation to charity. If the weather looks doubtful please call beforehand-Julie 965 753 033.

Please send your Club or Community news to: newsdesk@theportugalnews.com



info@nwdf.co.uk

SALFORD DEPOT - UK

0044 1925 812563

Tel: 0044 161 8737863





Caring for blind pets



It's best to keep your dog on a lead during walkies. Only let them off the lead if you're in a secure. enclosed space.

spends time out there. If

your pet likes to explore

outside, you can try putting

up a wind chime near the

quide them back to where

they need to be when they

door which will help to

want to come in. It also

A lot of pet owners worry about how their pet will cope with blindness but luckily, most pets adapt really well and continue to live happy lives.

f you've been told your pet is losing their sight, or if you're thinking about adopting a blind pet, there are some simple things you can do to help them adjust. Here the PDSA offers some helpful advice.

Keep their home the same Don't make any sudden

changes to the layout of your home. Your pet will gradually learn to find their way around furniture and through doorways, so try to keep things the same so you don't throw them off. They often do this so well it's as if they have their sight back! If you do need to make a change in your home, guide them around the new layout several times to help them learn new routes through the room. You can also leave a radio playing softly near where they sleep. The sound coming from the same place will help them to orientate themselves and 'map' the house.

their food and Keep water bowls in the same place Moving their food and

water bowls somewhere

off. The same goes for litter trays. Help your pet avoid any accidents and stop them going hungry by keeping things consistent. If you need to move their things, then guide them to their new location a few

and make sure electrical way of your pet's path. Make sure your pet can't accidentally bump into like a wood burning stove or fireplace. You can also of sharp objects such as

Be their lookout on

Outside of the house, keep a lookout for anything that might be a danger for your pet like low hanging surfaces. Keep your garden clear of any dangers too if your pet

new could throw your pet

times to help them adjust. **Pet-proof your home.** Take another look at your home and work out if there

any hazards for a blind pet. Think about removing any furniture with sharp edges wires are tucked out of the anything hot or dangerous, add padding to the corners tables

walks and in the garden

branches, thorns or uneven

Safe and comfortable pet transport covering Western Europe and the UK

EURO PET TRANSPORT

Monthly Trips to UK and Germany Fully Licenced and D.E.F.R.A inspected *Climate Controlled Transporters with Full Pet Insurance Cover



www.europettransport.com europettrans@yahoo.com Tel: +44 7852665320 +351 913179390 helps them to 'map' out the

Ring a bell

When you take your dog for a walk, try wearing a small bell or a rattle. This 'jingle' will help your dog to know where you are at all times. You could try this around your home, too, if your pet likes to know where you

Keep the lead on It's best to keep your dog on a lead during walkies. Only let them off the lead if you're in a secure, enclosed space. You might want to give the area a quick check over for potential dangers beforehand to make sure your dog will be safe. If they are out socialising, let other people know that your dog can't see so they don't reach out and make

them jump unexpectedly. Harnesses are much kinder to your pet's neck and eyes, and also allow better control if you're helping to steer them away from hazards.

Try new toys

If your pet has lost interest in their old toys or is struggling to play the games they used to, make the most of their keen sense of hearing and smell. There are lots of scent-based games you can play with dogs, although these might take a bit of training and practise. You can buy toys for cats and dogs which you can stuff with tasty treats that your blind pet can sniff out. Rubber balls with a bell inside are great for ball-orientated dogs, and the sound helps them to track their play-thing.

PETS FOR ADOPTION



LUKE is a big, friendly boy full of energy and joy, born in July 2010. He has been in our shelter for 7 of those years. He is looking for a new home with plenty of space to run and play. He does not like cats but is good with other dogs. Please contact Kerry on 916731831, via email: kerry@aeza.org or see more www.aeza.org/en



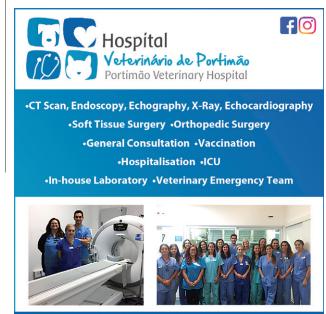
HERRERA found in Lagos, approx. 3-months-old. We would like to find a forever home ASAP. Will be vaccinated, microchipped and later sterilised. If you would like to meet him, please email: cadelacarlota.comp@gmail.com



TWO puppies, Woody (M) and Jessie (F), left in our Silves charity shop, about 8-weeks-old and will be fairly large dogs Tel:- Jenny (APAA) 919 041 903 or Caroline (Pet Park) 926 660 465



A baby pigmy hippo has been born at Lagos Zoo. The sweet recent addition arrived on Monday, 16 April. In a statement, the Zoo said it was proud to announce the birth of its newest resident.

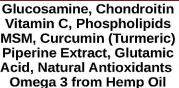


EMERGENCY SERVICE 24/7

Tel. 282 418 260 - 968 759 065 hospvetportimao@gmail.com | hospitalveterinarioportimao.com Av. Afonso Henríques nº28, 8500-502 Portimão, Portugal

Paws 4 Pets The Best a Pet Can Get







Simply sprinkle onto food



Also available Joint Aid + Muscle Maintenance

Top Quality Cat & Dog Foods Hypo-allergenic, Low Fat, Real Meat NO Wheat, Soya, Maize or By-Products

Albufeira: on the Montechoro Road from Ferreiras just past the Galp garage. Tel: 289 588 882 HOME DELIVERY SERVICE THROUGHOUT PORTUGAL

www.paws4pets.pt

Step into your island paradise

Steve White recommends the top spots where there's barely a soul in sight on the Greek island of Alonnisos.

hey may say, 'Beware of Greeks bearing gifts', but there was nothing but genuine hospitality when the elderly couple living near my Greek island villa sat me down with a generous glass of raki and a smile when I appeared at their door asking for help after locking myself out without my phone.

. The island in question -Alonnisos, in the Sporades chain just off Greece's east coast - is remarkable, in fact, for its relaxed, unpretentious friendliness. Quiet and uncommercialised (no nightclubs, no loud music), it has the innocence and unassuming charm of a bygone era. My villa, in contrast, is very of-themoment - added to GIC The Villa Collection's portfolio just two years ago. I love the monogrammed towels and pillowcases and night-

Outside, huge grounds include a private pool, shaded area and even resident tortoises. A large sun terrace offers stunning views down to the island's main town, Patitiri, and the sea beyond. It's perfect for magnificent sunrises and great for watching the rare, elegant Eleonora's falcon found in this region.

lit spiral staircase, not to mention

the gadgetry.

In the other direction is a tantalising view of the picturesque Old Village, reached by a pleasant 15-minute walk along a donkey track. Partly abandoned after an earthquake in 1965, today it's a flourishing artists' haven; its narrow streets are a charming mix of restored, flower-clad

houses, gift shops and tavernas. From here you can see just how green this tiny, 15 by three-mile island is - the hilly terrain softened by rich pine and oak woodland, criss-crossed by wellmarked trails.

Apparently, if you stayed for two months, you could visit a different beach every day and still not see them all. But even more remarkable is the crystal clear sea - the island lies in Greece's first national marine park, established in 1992 and is now offering some of the cleanest water in the Med.

If you only have a few days to play with, these are the beaches you should try.

Megali **Ammos**

Reached via 2.3 miles of rough, single-track, unmade road, the drive to this beach is not for the faint-hearted - and be prepared for a steep, 10-minute walk through woodland once you arrive. But the small, sheltered, white-pebbled beach, with vivid green pine trees clinging to the hillside, is pretty and pristine. Megali Ammos means 'big sand' in Greek, but all the sand lies underwater, so bring beach shoes to negotiate those pebbles, especially the gentle slope into the sea. The water, however, is great for snorkelling. There are no facilities - it's just you and the odd bit of driftwood.

Kokkinokastro

This breathtaking bay is named after the island's iconic red cliff (the so-called 'red castle') at one end of a long sand-and-pebble



The track to Agios Petros beach. (Photo: PA Photo/Steve White)

beach. Unusually for Alonnisos, there's a car park, basic toilets, steps to the shore, and even a cute changing hut, not to mention sunbeds and a pop-up taverna in high season. The water is shallow and clean, so it's ideal for children. Just to the south is the island's most popular beach, Chrisi Milia, which, with fine, golden sand sloping gently into a turquoise sea, gets packed in high season.

Cape Marpunta

Hunt out this beach just before the end of the unmade Cape Marpunta road on the island's southerly tip; you'll spot the word 'beach' painted on a telegraph pole just before a makeshift parking area for a handful of cars. The path down is challenging; first, a steep, stony track, then wait for it - a six-metre drop to the beach, negotiated with the help of a thick black knotted rope tied to a tree. Not a flip-flop day, then, nor for small children, but the small, sheltered, ultra-exclusive, south-facing pebbly beach is worth the effort.

Agios Petros

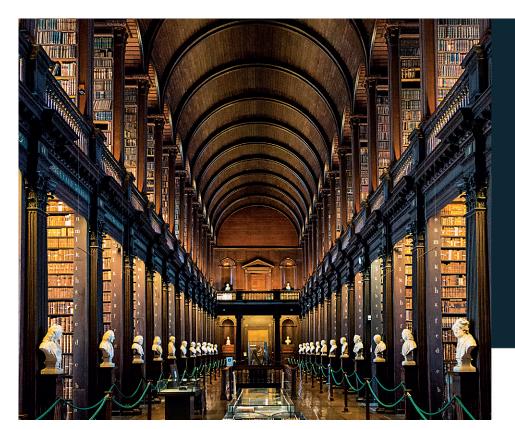
There are spectacular sea vistas on the pine-scented drive down to this beach, signed off the main road, north of Kokkinokastro. The final walk to the sea, marked at a small pull-in, is down a pretty, flower-strewn path (steep in places). There are no facilities, but the beach - a mix of sand and pebbles - has easy access into clear water. It's overlooked by the odd villa though, so you may have company. A 10-minute walk leads to the tiny, adjacent fishing port of Steni Vala - an idyllic quayside, with tavernas, a shop

and a rescue and rehabilitation centre for wounded and orphaned baby seals.

Gerakas

A 30-minute drive north from Patitiri along Alonnisos' occasionally hair-raising 'main' road, ends at this tranquil fishing bay. The pebbly beach has sunbeds, but those in the know come to eat at the tiny kantina run from a Ford Transit van by the wonderful Kostas. After a fisherman's life travelling the world, Kostas 'retired' here in 2008, and calls it his 'small paradise'. Enjoy his morning's catch, simply fried, with salad and chips, or Greek staples such as souvlaki (kebabs), washed down with beer or his own-recipe Tsipouro (the local grape spirit), for around €10.

TPN/PA



NEW ROUTES 2017

www.ana.pt **fb.com/**AeroportoFaro

DUBLIN

TRYANAIR

Aer Lingus 🚜

Connect with Europe and discover the world from Faro Airport.





All you need to know about worms!



A healthy soil full of worms is a magnet for other wildlife. (Photo: Bethany Clarke/RHS/PA)

Did you know that cutting an earthworm in half doesn't give you two worms? It just gives you one happy worm or one dead one.

r that worms breathe through their skin? Or that they are hermaphrodites so each worm has both male and female parts? Described by Charles Darwin as 'nature's ploughs', they turn the soil by tunnelling through it and mixing the earth, enabling air and water to flow easily, providing plant roots with the oxygen and good drainage that healthy plants need. . Worms can also 'eat' their own weight in decaying

organic matter every day, breaking it down to

release nutrients for plants to feed on.

A healthy soil full of worms is a magnet for other wildlife. They are an important part of the food chain and diets of many animals, from blackbirds and robins to frogs, toads and mammals including hedgehogs and badgers. Here are some tips for welcoming worms into your garden:

Make your own compost You can use a compost bin with a lid to make your own simple compost. Make holes in the base of the bin if it doesn't have any, then

What's New

place it on or close to the bare soil to let worms wriggle in. Start adding compostable ingredients such as veg peelings and grass cuttings, as well as brown materials like straw and cardboard. Then turn with a fork around once a month and in six months or so you'll have rich, dark compost to nourish the soil.

Let the earth breathe Artificial turf and hard surfaces such as concrete or paving are pushing worms and wildlife out of gardens. Try and reduce the amount of hard surfacing in your garden to provide a habitat for worms and other beneficial creatures. Small changes can make a big difference - consider lifting up a few paving slabs to make mini flower beds.

Mulch your plot Keep moisture in the soil and smother annual weeds by mulching borders with peat-free garden compost or composted bark once a year. Spring is an ideal time to apply mulch and will bring masses of worms to the surface to improve the soil structure.

Add compost when planting

When planting a new plant outside in the ground, work in a little peat-free compost into the soil before infilling. This will not only provide food for worms, but will also help your plant establish.

Go natural

Consider replacing chemical fertilisers with manures, compost and natural fertilisers such as seaweed. These will feed the many microbes and mini-beasts that make soil fertile. TPN/PA

Natural Joki Flow - Mobilisation Therapy for Scoliosis and Golfer's Elbow

Mobilisation Therapist, Pasi Jokinen-Carter of Natural Joki Flow, is achieving some very good results with this Finnish specialised treatment, here in the Algarye.

Mobilisation Therapy (Kalevalainen jasenkorjaus) is a scientifically researched, holistic approach to healing. It involves manipulating the entire musculoskeletal system, from the soles of the feet to the base of the skull over a series of 60-90 minute treatments. Patients who have had a life time of pain often feel immediate relief but follow up sessions are recommended to ensure the correct positions of

917 479 921

www.algarvetreeservices.com

muscles and joints are maintained. One major positive result of receiving this treatment is that surgery for painful conditions such as Scoliosis can sometimes be avoided. For example, Mobilisation can help to release trapped nerves and reduce the pressure on the body's tissues in areas such as the spine. Once the nerves have been released and the pressure eliminated the pain is gone.

Pasi has been very busy of late with start of the Spring Golf tournaments. For example, he has had many urgent requests to treat the painful condition, Golfer's elbow. Often after oneNatural Joki Flow

become pain-free and more mobile.

Mobilisation therapy can also help other conditions such as frozen shoulder, sciatica, poor blood circulation and even infertility

Pasi is based in Portimao but does conduct home visits if mobility is an issue. For a free consultation please phone on 910 636 518, pasi@naturaljokiflow.com, www.naturaljokiflow.com.













(+351 289 356 233 # +351 917 866 779

 ■ lee@bbqs-algarve.com www.bbgs-algarve.com



Are you saving water?

It's surprisingly easy to forget how lucky we are to have free-flowing water at the turn of a tap, considering - as WaterAid highlights - one in nine people on this planet still don't have access to clean water close to their home.

n the grand scheme of things, the carbon footprint associated with each litre of tap water is relatively tiny (exact figures are unclear but estimates range from 0.298g-0.79g C02/litre) compared with things like running a car, for instance (the average new car emits 120.1g C02/km, according to the SMMT New Car Report 2017), and is vastly smaller than that of its bottled water equivalent so nobody's suggesting a mass tap turn-off. But, with climate change and sustainability becoming an increasing priority, running water isn't something we should take for granted - and the least we can do is try not to be wasteful. Here are seven simple ways to waste less water at home..

Fix dripping taps Not only is a dripping tap really annoying, but, according to the Energy Saving Trust, they account for around 5,500 litres of water waste a year. So don't leave leaky taps to drip on for ages - tighten them up vourself if you can or get a

Don't leave the tap running when brushing your teeth

plumber in to fix them.

Tend to leave the tap running while brushing your teeth? That's around six litres of water per

Running water isn't something we should take for granted - and the least we can do is try not to be wasteful. (Photo: PA Photo)

minute just washing wantonly down the plughole. This is one of the simplest bad habits to break - just wet your brush,

Use a washing-up bowl

used to it.

turn off the tap, then turn it

back on quickly at the end

to rinse. You'll quickly get

The same principle applies to doing the washing-up. Filling a bowl tends to use considerably less water than washing each item under a running tap.

Don't leave hot water running for ages to 'heat it up'

You like a nice hot shower who can blame you! But we really don't need to turn the water on a good five or 10 minutes before getting in (if it really does take this long for your water to heat up, isn't it time to get the boiler checked?). Nobody's saying you need to stop

having baths, or you should be taking cold showers; just make sure the water you're running is being used, not mindlessly wasted.

Switch to a low-flow toilet flush

Older toilets can use around 13.6 litres of water per flush, while more efficient modern ones, or ones with low-flow fixtures installed in the plumbing, can reduce this to an average six litres per flush so it's worth ensuring your loo is operating on lowflow mode.

Gather rainwater for gardening

As many gardeners will know, hosepipe bans do happen, but a good solution for trimming water waste in the garden is by investing in a suitable means of collecting rain water. There are a number of solutions out there for this - tap up Google or ask

at your local garden centre for advice.

Be mindful of dishwasher/washing machine use

If you really must run a small load through the dishwasher/washing machine, use those eco and half-load settings (your energy bills will thank you too). Better still, try to get into the habit of being a bit more mindful of how frequently you're putting on a wash. For instance, you really don't need a fresh towel with every bath/ shower (keep the room well ventilated and hang them up to air), and if you're in the habit of tossing things into the laundry basket on autopilot, consider whether each item could last another wear or two (common sense of course this doesn't extend to underwear and sweaty TPN/PA vests!).















None of the meat, all of the flavour

Veganism has been on something of a PR rollercoaster in recent years. Not that long ago, it was the remit of shoe-less hippies, then as it crept closer to the mainstream, it was seized by the young, white and rich of Instagram.



ut why shouldn't it be for everyone? That's what Henry Firth and lan Theasby, the duo behind BOSH!, think. They aren't here to take down Instavegans, nor are they fighting meat-eaters. Instead, they just want to show people that the plantbased lifestyle can be easy, tasty, and totally nonjudgemental. BOSH! started life as a wildly popular online video

series, and now the pals

and business partners are taking the next step with a cookbook. Here are two recipes from

Spanish beach churros

(Serves 12-15) 215g sugar 2 tsp ground cinnamon 1.5L plus 2tbsp vegetable oil (preferably flavourless, like sunflower) 500ml water 1/2tsp salt 1/2tsp vanilla extract

For the chocolate sauce: 100g dark chocolate 185ml plant-based milk 40g sugar 1/2tsp vanilla extract

1. First, make the chocolate sauce. Break up the chocolate and put it into the small saucepan with the plant-based milk, sugar and vanilla. Stir to a smooth sauce. Transfer to a serving bowl and set aside. Next, sprinkle 115g of the other batch of sugar, along with the cinnamon, over a large plate and set aside.

2. If you are using disposable piping bags, pile them up and roll them together to make one thick cone (a single bag is likely to split). Cut a small hole at the tip, insert the piping nozzle and push it all the way down to the bottom so that it sticks out of the hole. Spray or brush the inside of the bag with a little oil. If you are using a reusable bag, insert the nozzle and coat lightly with oil.

3. Pour the 1.5 litres of oil into the large saucepan so that it comes a third of the way up the sides of the pan. Heat the oil to about 180°C, or until a wooden spoon dipped into the oil sizzles around the edges.

4. Meanwhile, put the water, the remaining 100g sugar, the two tablespoons of vegetable oil, salt and vanilla extract into the medium saucepan and place on a high heat. Bring to the boil, stirring to

dissolve the sugar. Remove from the heat, add the flour and beat vigorously with a wooden spoon until it forms a thick, sticky dough (you'll need to use a little elbow grease). Spoon the mixture into the piping bag.

5. Pipe six churros onto the lined baking tray, each one about 10-15cm long. Carefully transfer the churros to the hot oil (if you're feeling brave, you can pipe them straight into the oil, but be careful!). Fry for eight to 10 minutes, until golden and cooked through. Use a wooden spoon to move them around if they stick together.

6. Remove the churros with a slotted spoon and lay on the kitchen paper for one minute to drain. While they're still hot, transfer to the cinnamon-sugar plate and roll until completely covered. Repeat with the remaining dough - you may need three or four batches. Serve with chocolate sauce on the side for people to pour over if they wish.

Cauliflower wings

(Serves 2-4) 1 large head of cauliflower 150g plain flour 300ml plant-based milk 2tsp garlic powder 1tsp onion powder 1tsp ground cumin 1tsp paprika 1/2tsp salt 1/4tsp black pepper 100g panko breadcrumbs

120g dairy-free butter 200g buffalo hot sauce For the ranch sauce: 150g cashew nuts 150ml plant-based milk 1 tbsp lemon juice 2tsp garlic powder 3/4tsp salt 1/4tsp black pepper handful fresh parsley 4 chives

1 Add the cashew nuts to a pan of boiling water and boil for 15 minutes, then strain and run under cold water to cool slightly. Set aside until needed later. 2. Meanwhile, break the cauliflower into florets and cut the stem into bite-sized

pieces. 3. Put the flour, plantbased milk, garlic powder, onion powder, cumin, paprika, salt and pepper into a bowl and whisk to a batter. Pour the panko breadcrumbs into another bowl and rub them between your thumb and fingers to break into slightly smaller breadcrumbs. 4. Tip the cauliflower into

the batter and toss to coat. Transfer to the bowl of breadcrumbs, a few pieces at a time, and toss gently until well coated. Spread the cauliflower pieces over some lined baking trays and bake for 20 minutes. 5. Meanwhile, melt the

dairy-free butter in the microwave and stir in the hot sauce. 6. After 20 minutes, remove

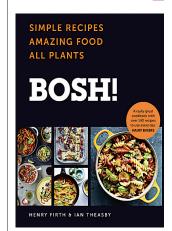
the tray from the oven, pour over the hot sauce and carefully roll the cauliflower

around until the pieces are fully coated. Put the tray back in the oven for 20-25 minutes, until a sharp knife glides into the thickest parts of the cauliflower and the outsides are really golden brown and crispy. Remove from the oven.

7. While the cauliflower is cooking, put all the ingredients for the ranch sauce, except for the herbs, into the food processor or liquidiser and whizz for one to two minutes until smooth and creamy. Transfer to a serving bowl. Finely chop the parsley and chives and add most of them to the sauce, reserving a little for garnish.

8. Serve the cauliflower wings while they're still hot on a serving plate, sprinkled with the remaining herbs and with the ranch dip on the side.

TPN/PA



BOSH! by Henry Firth and lan Theasby is published by HQ, HarperCollins. (Photos: PA Photo/Lizzie Mayson)



Quiet and cozy traditional Portuguese restaurant with coffee

240g plain flour

Rua Filipe Alistão, 43, Faro Tel: 964 228 358 • FB: Saudade em Português





Typical Restaurant where you can taste good wines, traditional dishes and snacks. Suitable for big groups.



dining. So come "Enjoy" our very tasty meals and stunning views with garden water features and a fish pond.



Vila Kon-ti-ki Orada, 8200-371 Albufeira • Tel: 960 402 521 •



Rua Filipe Alistão, 43 - 8000-343 Faro • TEL: 964 228 358 • info@saudadeportugues.com FACEBOOK.COM/SAUDADE.EM.PORTUGUES



// HPA HEALTH GROUP MAIN SERVICES

- / FREE ANNUAL BASIC CHECK-UP
- / DISCOUNTS BETWEEN 10% & 30% **ON ALL SERVICES**
- / FREE ANNUAL DENTAL CHECK-UP / PRIORITY ACESS TO SCREENINGS

WITHIN HPA

/ 10% DISCOUNT ON THE PREMIUM **CHECK-UP**

Complete an application form and a copy of your identity document or passport.







Hospital Particular do Algarve, Estrada de Alvor 8500-322 Portimão





/ PAYMENT FACILITIES *

GRUPO HPASAUDE

d +351 282 420 400 · 707 28 28 28

www.grupohpa.com









* with prior approval

Dr. med. ALEN SULZBACHER, PhD **OPHTHALMOLOGIST EXCELLENCE IN**

Vale do Lobo **Medical Centre**

Tel. 289 353 433

Albufeira

Clínica Pacífico Tel. 289 543 545 Cascais

MEDICAL EYE CARE

Clínica Sabeanas Tel. 218 025 501

Naturally, staying healthy comes first

Book a consultation to see how a treatment plan can help you



Elke Muche German Alternative Practitioner 00351 964453896 - Praia do Carvoeiro

BRITISH & PORTUGUESE DENTAL PRACTITIONER

Dr. John McKean, BDS Drª. Joana Cesário, DDS

SPECIALISING IN THE CARE OF NERVOUS AND FRIGHTENED PATIENTS

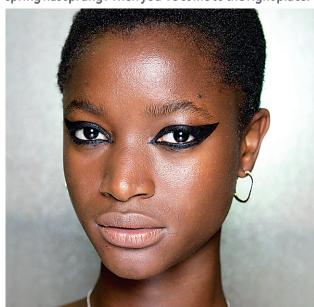
All costs agreed prior to treatment using the most cost effective solutions.

PAIN FREE DENTISTRY IS A REALITY!



Top spring beauty trends

Ready to hit refresh on your beauty look now that spring has sprung? Then you've come to the right place.



Now the delicate cat-eye flick takes a backseat in favour of super-bold styles (Photo: PA Photo/MAC Cosmetics).

he SS18 catwalks gave us a glut of gorgeous hair and make-up ideas, and there's something to suit every taste. Bored of matte lips? Get ready for gloss, 2018-style. Eyeliner addict? You'll

adore the graphic black liner looks. Love a bit of sparkle? Rhinestones are back with a vengeance. Suffice it to say, there's a lot to get excited about - and we've got the inside scoop on how to recreate these runway looks at home.



Assisted Care and Support in your Own Home

Tel. (351) 917 472 828

www.algarve-homecare.com

Punky glitter Eyes, lips, lashes, nails there was barely a body part that wasn't dusted with sparkling particle at the spring shows, from stick-on rhinestones at Jeremy Scott, to glitter-encrusted eyelashes at Ryan Lo. But these looks all shared a rebellious edge - it's about punk not precision so load up on black kohl liner and top with a fingertip full of loose glitter to get the requisite toocool-to-care vibe.

Exaggerated eyeliner

Winged liner has been popular on the catwalks for a few seasons (and with good reason), but now the delicate cat-eye flick takes a backseat in favour of superbold styles.

The most conceptual example was at Lanvin, where a drinking straw was used to stamp dashes of liner out from the corner of the eye - which, honestly, seems like a lot of effort - but the mega-wings at Versus Versace and Marc Jacobs just require a steady hand and a bit of practice.

Lip gloss

Fashion is nothing if not fickle, so it was only a matter of time before matte lips were usurped on the catwalks. And, sure enough, wet-look lips ruled at trendsetting SS18 shows like Chanel and Tom Ford. Blood red and fuchsia were particularly popular, but this is a trend that's easily adaptable - a slick of clear gloss over your favourite lippie, and you've got it.

Aqua eyes

From inky blue at Givenchy Couture to bright azure at House of Holland, and chalky turquoise at Missoni, aqua eyeshadows popped up at plenty of shows. There wasn't a lot of subtlety to many of these catwalk designs, but if you choose a shade of blue or green that complements your eye colour, and smoke it out at the edges, this can be a really flattering look.

Tea-stained eves

If it's subtlety you're after, then take your cue from the shows where the make-up was as delicate at the clothes, namely Preen and Alexis Mabille. Here, a wash of creamy tea-brown across the evelids complemented perfect skin and nude lips. It's important to note that this is a cool brown rather than a warm terracotta - a foundation stick that's a few shades darker than your skin will give the ideal texture and tone.

Hair accessories

Hair adornments have been creeping onto the catwalks in recent seasons, but for SS18 they've gone global, with the likes of Gucci, Miu Miu, and Versace getting involved, while at Dries van Noten, crystals were used to line models' partings. Designer hair clips will set you back upwards of £100 a pop, but there are lots of inexpensive dupes on the high street, so you can experiment with the hair jewellery trend risk-free.





When should you take a shower?

Do you shower as soon as you wake up, or just before nodding off to sleep?

hatever your preference, chances are you have strong opinions as to which one is the superior choice. While everyone has their rituals and traditions, what actually are the benefits of AM versus PM? We spoke to the experts to find out how the time of day you wash can affect everything from your hair and skin to your sleep.

Why you should shower in the morning...

From a purely mental point of view, many of us far prefer showering in the morning. It definitely has the power to jolt you awake and press the reset button for the day ahead. Senior stylist at KH Hair Helen Stilwell thinks there are many benefits for washing your hair bright and early. She says: "If you wash your hair before bed. you still have the danger of it going oily through the night. This could be due to sweating, or your scalp producing too much oil through the night. "If you wash your hair in the morning, you can wash away any oils produced from the night's sleep and it will feel nice, clean and be easy to style. It might take more time than washing your hair before bed, but it has a feel-good factor when you do it in the morning.' Studies show that showering in the morning does actually set you up for

the day. If you turn the water cold for the last few minutes of your wash, your metabolic rate will increase and your body will effectively be shocked into action. It might not sound like the most pleasant start to the day, but it could make you more alert and reducé fatigue.

Why you should shower

in the evening...
Many of the skin experts we spoke to agreed that showering in the evening was the best course of

action. Dr Anton Alexandroff, consultant dermatologist at BMI The Manor Hospital in Bedford, says: "During the daytime people sweat, and sweat irritates the skin so it is helpful to wash it off and moisturise your skin after showering. Dr Ekaterina Burova, consultant dermatologist at BMI The Saxon Clinic in Milton Keynes and BMI The Manor Hospital in Bedford, agrees and says: "From the skin health point of view, it is better to shower at night, not only because skin will be cleansed from the sweat and dirt acquired during the day, but also because, according to research, intense exercise reduces skin immunity and therefore raises the risk of skin infection." Celebrity hairdresser, Mark Woolley from Electric Hair says: "Álthough both are

very much down to your own time and needs; it's perhaps preferable to wash your hair in the night so that you can allow it to air dry and not always go for the heat of a hairdryer. "You're also washing out all the dirt and grime from the day and it means your bed and pillows are kept clean. There's always the worry of extreme bedhead the next day, but, as long as you ensure your hair is fully dry before you go to bed, your hair will be fine!

Actually, you should shower twice a day... It makes sense that many

dermatologists recommend showering in the evening after all, you need to wipe away all the grime that builds up over the day. However, facialist Jasmina Vico has an alternate suggestion, and it's pretty compelling. Vico firmly believes in taking two showers a day. She's pro the evening slot for many of the same reasons the other experts give. "After a long working day, we should enter our beds with a clean face and body," she says. "It's especially important for those living in cities, as our skin absorbs pollution, which means sleeping in dirt and grime if we don't

wash.' But she adds to this: "I firmly believe we should still shower in the morning, as bacteria and sebum production increase overnight and the skin needs to be cleansed." This is practical

but she also thinks it helps your mental state going into the day: "A morning shower will freshen and awaken the senses - it gives you time to cleanse your aura, mind and body before the day starts. In turn, this will help reduce stress levels during a busy work schedule."

Consultant psychiatrist and sleep specialist at BMI The Albyn Hospital in Aberdeen Dr Olga Runciee thinks that there are benefits in both the morning and evening showers when it comes to your sleep.

Runcie says: "In order to get to sleep better, our bodies usually drop temperature by almost one degree. So, if we have a hot shower in the evening, the body starts cooling. This reduction in temperature naturally creates sleepy feelings and might help us to fall asleep.

Whilst a warm shower might help you fall asleep, the logic also works the other way around. Runcie adds: "A cool shower in the morning might have a stimulating effect, and can help us to wake up. If you really wanted to be a naysayer, you could argue that you shouldn't in fact shower even once a day. There is an argument that the hot water strips the skin of its moisture and can damage or destroy microbes that are key for good health. At the end of the day, most

of the experts agreed that

there's not a huge



decide to shower. It's about knowing the pros and cons. finding what's right for you -

and not forgetting to put on deodorant afterwards.





perfectly fine to do and it's

Monte da Palhagueira **Nursing Home**

 ${f M}$ onte da Palhagueira Nursing Home is located within a traditional village setting just 20 minutes drive from Faro International Airport. The village nestles in the picturesque hillside close to the charming market towns of Loulé and São Brás de Alportel.

The nursing home offers 20 rooms, each with its own individual character and many having patios or balconies from which residents can enjoy the village gardens and views of the surrounding countryside.

Facilities also include a resident's dining room, a physiotherapy unit, a hairdressing service and a swimming pool in a secluded garden setting where lunch can be taken in the summer months.

- **Nursing Care**
- Residential Care
- Palliative Care

- **Respite Care Packages**
- British Nurses
- British Management

Special Rates Available For Two Week Respite & Convalescent Stays

Monte da Palhagueira Village, Gorjões, 8005-488 Sta. Barbara de Nexe, Algarve GPS: Lat: 37°07′36.84"N - Long: 7°57′07.18"W

Successful event at Pinetrees integrates Special Olympic riders

Pine Cliffs RDA have been offering riding for the disabled for over 30 years with sessions for physically and mentally challenged children and young adults in a specially designed programme, using the horse's movement to help with their problems Beverley Gibbons heads up the centre, helped by a steady flow of volunteers.

his vear the fun Easter party was a little different since for the first time the Algarve riders in Special Olympics were also participating and integrating. Traditionally, the party is held at Pinetrees Riding Centre and fund-raising is made for local charitable projects.

Local businesses, all representing "lifestyle" in the Algarve, contribute by either offering rosettes or vouchers for prizes.

The main class in the morning was judged by Pedro Ferro, the trainer from Mosse Horse, Olhão, assisted by Carol Lane

from the University of Guildford, and Silvie Cavelti. The obstacle course was judged with up to 10 points per section based on correct rider technique and there were 5 different categories of levels so there was a class for all. There was a walk only test, walk and trot, plus the walk, trot and canter judged at a more demanding level.

Over 40 entries made the morning quite long but these events are very constructive in raising a young rider's confidence and self esteem. The marks and results in the final line up for prizegiving of the easier classes had a good balance with the integration of the Special riders.

The event also integrated local children from various riding schools with visiting riders on holiday so a great mix of nationalities was to be found. For many of the visiting riders, the earning of their rosette will be the catalyst to encourage them to pester their parents to book the next holiday in the Algarve!

Rosettes were presented to all and sponsored by Apple Construction, Villas & Vacations and Knightsbridge International School.

First and second positions chose a voucher of-



Joana Luz of QPA, Bensafrim, in her Fancy Dress Costume

fered by local businesses -At Home Massage, Estética Salon, Algarve Aunties, Algarve Tennis, and Restaurant Gamboa. Although some prizes might have been more appropriate for grown-ups, it was a great opportunity for the kids to give a present to mum or dad.

Parents were particularly patient during the long but sunny day and duly clapped when asked but

had their reward with the chance to meet Rui from Wines and Co. of Almancil, who was promoting a wine tasting. One dutiful parent promptly purchased 50 cases of a delightful wine to be shipped to his home in London and without delivery charges. Local caterers Algarve Fine Foods provided delicious foods to sustain us all throughout the day.

Fancy dress is always popular and judge Teresa Monteiro of Knightsbridge School took her time talking to participants of various ages to find out if it was the riders idea and if they had contributed with the design and making of the outfit.

Clear round jumping

LETTERS

SIR, I read your article with interest, as an Educational Psychologist and mother of a young man on the autistic spectrum. I have a house near Ayamonte and am here quite often. If there is anything I can do to help, please let me know. CAROL MOORE,

by email

SIR. I found the article by Kate Inacio (21st April) very interesting. Parents of children with autism can get help with getting the best out of their children on-line, from the Autism Treatment Center of America (Option Institute). If you are interested you should visit autismtreatmentcentre.org and click the "on-line" option. This wonderful programme may be just what you are looking for. TONY SCRIVEN,

by email

followed, or should we say flowed, with a design by professional course builder Lucia Cabrita of Monte Santa Luzia.

Many thanks must go to all involved in making the day a success. Not to be forgotten, the trainers Sue and Jinny from QPA Bensafrim, António Rosa from Vilamoura Equestrian School and Mário Caetano from the ACCA in Guia, all dedicated to nurturing their young clients and educating them through the horse. Special Olympics riders

came from NECI and AAPACDM and had a great day gaining valuable experience. The entry fees from the day (over €400) are going towards financing the trip of the Algarve Special Olympics team to Braga for the National Championships in November.



Red Polos - riders from AAPACDM, Faro with Cândida Guerreiro, teacher



T. 934 809 144 E. natasha@algarveweddingsandblessings.com W. www.algarveweddingsandblessings.com



ICE-CREAM BIKE HIRE

-Weddings -Corporate events -Private functions

www.scoopalgarve.com

932 442 897

What is your experience of Accessible Portugal?

There are many positive examples of how Portugal is working to become accessible for all, as well as negative experiences, and we would like to hear about them.

The Portugal News is working to highlight Accessible Portugal and we want to hear about all the best examples from businesses, associations and entities, while if you have had a poor experience then we may be able to help to encourage change for the better. Whatever your needs, accessibility is an essential for everyone and we hope to work together to make Portugal Accessible for all.

Contact us by emailing access@theportugalnews.com

Charming 3 Bedroom Villa plus office near to Lagos

The property is very tastefully modified and extended, has a lot of character and is the ideal property for a permanent residence or as a rental investment opportunity. It's already been rented very successfully and has an average appreciation of 9+! On the ground floor is a very cozy L-shaped living/dining area with 2 fireplaces and an open plan kitchen with a pantry. Also on the ground floor are two double bedrooms one of which is huge, with access to the covered terrace and garden as well as a large hobby area, which can be used as an office, and a family bathroom. On the first floor is the master

bedroom with great views over the countryside and a spacious bathroom.

The garden is low maintenance with a beautiful pebble pool, a sun terrace and lots of privacy to enjoy the sunny days in the Algarve. A real opportunity and a must see property! Contact us asap for a viewing!

This property with ref: 454SH is priced at €439,000 and won't be on the market long.

For further information or to arrange a viewing of this property do not hesitate to contact Abacoz Algarve, tel: (+351) 282044886, email: info@abacozproperties.com, or visit website: www.abacoz-properties.com

This charming 3-bed Villa + office which is for sale with Abacoz is located only 10 min. drive from Lagos and the golden beaches of Meia Praia, in a peaceful residential area.













PENGUINALGARYE.COM • Energy-efficient solutions for

- North No. 68022
 - heating & cooling your home
 Solar systems water heating and photovoltaic (PV)
 Domestic water, underfloor & pool heating
 - Maintenance & servicing

910 700 777

Tel: 289 092 595
Fax: 289 392 660
E-mail: info@penguinalgarve.com

Penguin Case Studies:

Don't produce - reduce!







Today's homeowners are more demanding than ever about energy-saving. While there's no single way to reduce a home's consumption, the wise strategy is to opt for a combination of energy-saving systems / devices which are reliable and long-serving.

Large arrays of PV (photovoltaic) solar panels, to generate a home's electricity, are impractical and unaffordable for most properties.

Large arrays of PV (photovoltaic) solar panels, to generate a home's electricity, are impractical and unaffordable for most properties.

More cost-effective is to replace home systems and appliances with those that consume less. Then, if required, the mains supply may be supplemented with a much smaller and more affordable 'plug-in' PV system.

Modern property renovation projects embrace the full complement of integrated systems: low-energy heat pumps to feed radiator and underfloor heating; fan coils for low-energy cooling; top-efficiency air conditioning, variable-speed pool pumps and plug-in PV solar panels; all coupled with user-friendly Apps for your smart device, to allow remote home control and energy monitoring.

For leading-edge efficiency – ask PENGUIN!

Prestige Property





AMI: 10429

WHATEVER YOUR BUDGET, AND WHATEVER YOUR REQUIREMENTS OUR TEAM IS DEVOTED TO FIND THE BEST PROPERTIES FOR YOU!

Our mission is to help you, to make sure everything goes as planned and to avoid nasty surprises! In addition we are always there for you, even after 5 O'clock!

www.abacoz-properties.com

Email: info@abacoz-properties.com Tel: +351 282 044 886 / Mob: 929 030 445

Office: Marina de Lagos, Nucleo Gil Eanes, Loja 18/19, Lagos



REF: BC-459SL - PORTIMÃO

BUSINESS OPPORTUNITY!!
THIS CRÊPERIE, ON THE MAIN AVENUE OF
PRAIA DA ROCHA, IS FULLY LICENSED,
EQUIPPED AND OPERATIONAL. A TURNKEY
BUSINESS OPPORTUNITY.

ASKING PRICE: €325.000



REF: AV-456SNJ-LAGOS

BRAND NEW 4 BED VILLA ON A LUXURY GOLF RESORT, ONLY A FEW MINUTES DRIVE TO LAGOS, PLOT SIZE 490 M2 AND HIGH QUALITY FINISHINGS, EXPERIENCE THE RESORT LIFE AND QUALITY LIVING.

ASKING PRICE: €550.000



REF: AA-449SN - LAGOS

TOP QUALITY 2 & 3 BED APARTMENTS UNDER CONSTRUCTION, IN CENTRAL LAGOS, WITH SPACIOUS LIVING AREAS, COMMUNAL ROOF TERRACE WITH POOL AND SUN TERRACE, READY TO MAKE YOUR CHOICE!

PRICES FROM: €360.000





Old Village – 2 bedroom apartment

New on the market, a delightful apartment with 2 bedroom, open lounge and kitchen, enclosed terrace in the sort after Old Village Resort. Good as holiday home or investment. Must see

Ref:FS140 Price:€235,000



For more details, please

www.fivestar-vilamoura.com Tel: 289302762 Mob: 969190361 / 965392755 nail: info@fivestar-vilamoura.cc

Email: info@fivestar-vilamoura.com Office: 7A Church Square Old Village, Vilamoura 8125-429



Vilamoura - 3 bedroom Detached Villa (Old Village)

Location, location and location. Nice detached villa with private pool and garden. 3 good size bedrooms, 2 bathrooms, dining room, bright and airy lounge, fitted kitchen and secure parking.

Ref:FS131 Price:€595,000 ono



John Hill Estate Agents

dade de Mediação Imobiliár = Established 1988 =

T (+351) 289 395 610 **F** (+351) 289 397 212 **M** (+351) 917 238 517

Email:

info@johnhillproperties.com

www.johnhillproperties.com

AMI 2214

THE BEST OF BOTH WORLDS

Situated only 5 km from the beach on the edge of Vilamoura this detached villa has 3 bedrooms (2 en suite) plus a third bathroom. A fully equipped kitchen with open plan living area which has a fireplace and french windows opening onto a large paved area. The house is double glazed throughout and preinstalled fro air conditioning. There are varandas, bbq and a large car-port.

€350.000 - Ref. V677









Tel: 00351 289 314 312 Fax: 00351 289 314 260 info@silverholidays.com www.silverholidays.com

> Rua do Brasil, Casa Italiana, Loja 5, 8125-479 Vilamoura



Vilamoura €875,000 ***New Property*** This spacious 4 bedroom / 3

This spacious 4 bedroom / 3
Bathroom detached villa located in a
nice area of Vilamoura. The Private
swimming pool is gated and also has
a large garden at the back of the
property this would be an ideal
holiday or residential home.

REF.V12881



Vila Sol €495,000

Recently Reduced
Luxurious 4 bedroom property located
on the edge of Vila Sol. The townhouse
has been well maintained and
equipped to the highest standard.
Large roof terrace has amazing views
of the golf course and sea views. Must
be seen!



Vila Sol €950,000

New Property
Beautiful and spacious newly built 3
bedroom detached villa located on
the 5 star golf resort of Vila Sol, not
far from the clubhouse. Built to a very
high standard, spread over two
floors, using good quality modern
materials.



Vilamoura €310,000

New Property

Luxurious 2 bedroom front line apartment with breath taking views over Vilamoura and sea views.

This fabulous property with its terrific views and location is extremely well maintained and of the very best quality.



Vilamoura €310,000

New Property
Immaculate ground floor 2 bedroom /
2 bathroom apartment is located
near the Millennium and the Laguna
golf course. Nicely kept
condominium with large communal
swimming pool this property is bright,
spacious and very high quality.

VENDAVILLA.COM



MAIN OFFICE:

VILAMOURA, Av. Da Marina, Marina Plaza, Shop 69, (in front of Hotel Vila Galé Marina) EST. 1982

AMI 489

Mobile: 91 8788375 Tel: 289 315 333 sales@vendavilla.com



BOLIQUEIME - BEAUTIFUL VILLA

Villa situated in a quiet countryside. Consisting of 3 bedrooms, 2 bathrooms, living room and dining room, kitchen and laundry. BBQ, garage for 2 cars. Swimming pool, Jacuzzi. Mature garden. Sea and country views. Plot area - 2.000 sq.m. Const. area - 195 sq.m. ENERGY CLASS - B

Price: €650.000



VILAMOURA – GOOD RENTAL POTENTIAL

Centrally located, refurbished studio apartment, composed of lounge, kitchenette, bedroom and bathroom. Furnished and equipped. Storage area in the basement. Const.area - 46,70 sq.m. ENERGY CLASS – C

REF.A01645 Price: €117.000



VILAMOURA – LOCATED NEAR THE GOLF COURSE

Villa situated in a quiet residential area, consisting of 3 bedrooms, 3 bathrooms, living room with fireplace, equipped kitchen, laundry, several terraces. BBQ. Swimming pool, garden. Plot area - 465 sq.m. Const. area - 169 sq.m. ENERGY CLASS - B

REF.V12877 Price: €525.000



VILAMOURA – SPACIOUS APARTMENT

Spacious apartment consisting of 2 bedrooms, 3 bathrooms, lounge, kitchen. Parking and storage room in the basement. Furnished and equipped. A\C. Communal swimming pool and garden. Construction area -110,73 sq.m. ENERGY CLASS - B-REF.A01644

Price: €285.000

DIVINEHON

IMOBILIÁRIA • REAL ESTATE



São Brás: 3 bedroom villa, heated private pool and sea views. Property Ref: SVP520

PRICE: 360,000€

AMI: 11606

ALBUFEIRA • MONCARAPACHO • SÃO BRÁS f 💟 🞯 🖸





Tel: (+351) 289 841 751 | www.divine-home.eu



- Insect protection
- Any kind of shutters
- Repair service

- Windows and doors
- Manufacturer of glass systems



Av. Engo Duarte Pacheco no 1 8005-481 Sta. Bárbara de Nexe, Algarye, Portugal Tel: 289 998 050 | Fax: 289 998 279 | Mob: 911 199 888 Email: info@giantswindows.com | www.giantswindows.com

Magnificent three bedroom apartment in Meia Praia.

Inserted in a private and tourist condominium, with beautiful gardens and swimming pool. Excellent sea view, only 200 meters from the beach. The apartment

consists of a very large and bright living room with fireplace and a terrace with excellent sea views.

Very bright and equipped kitchen, also with pantry.

Access to the bedrooms is effected



by a corridor, giving greater privacy, and with a built-in closet for extra storage.

With three spacious bedrooms with fitted wardrobes, one of them en-suite. Shared bathroom for the remaining bedrooms. With heated swimming

pool, parking in condominium and surveillance. Excellent opportunity.

REF: VA383 / €399.000 Rua Fernão Vilarinho, Lote 15, Loja 7 8600-315 Lagos Tel: (+351) 282 087 152 www.mimosaventure.com

OUR PROPERTY OF THE WEEK:

REF: AT-463SH - LAGOS **MODERN 4 BED TOWNHOUSE** IS LOCATED WITHIN WALKING DISTANCE TO THE **BEACH, CENTER AND** MARINA, OFFERS ALL MODERN COMFORTS INCL. LIFT, ROOF TOP TERRACE AND JACUZZI.

ASKING PRICE: €570.000







IF YOU WANT US TO SELL YOUR PROPERTY, PLEASE CONTACT US ASAP! OFFICE: MARINA DE LAGOS, NUCLEO GIL EANES, LOJA 18/19, LAGOS TEL: +351 282 044 886 / MOB: 929 030 445







NEED MORE PROPERTIES





SPEAK TO US FOR FREE ADVICE!

(00 351) 282 788 977 | **WWW MARCELAPROPERTIES COM**





REF:2228 CASTRO MARIM €420,000 **EXCLUSIVE TO ALGARVE MANTA**

- PRIVATE POOL, STUNNING VIEWS
- EQUIPPED MODERN KITCHEN
- IN A PEACEFUL AND SECURE AREA ALL BENEFITS AND DISCOUNT AT GOLF CLUBHOUSE
- THREE SUITES 2 GROUND FLOOR 1 UPSTAIRS CHARGING POINT AND PRIVATE PARKING



REF:2127 OUTSKIRTS OF TAVIRA €499,000

- LOVELY AREA BACKING ON TO SALINAS
- PRIVATE POOL, LOTS OF OUTDOOR SPACE
- OPEN PLAN LIVING/KITCHEN
- FIREPLACE IN LIVING ROOM UNDER FLOOR HEATING AND AIR CON
- LARGE BASEMENT STOREROOM PEACEFUL STREET RESIDENCIAL GENEROUS ROOM SIZES



AMI Agents licence number: 7673

Office phone/fax: 00351 281 95 28 20 Mobile: 00351 911 04 18 62 **Sales:** www.algarvemantaproperties.com Rentals: www.algarvemanta.pt E-mail: sarah@algarvemanta.pt

Prestige Property

Builk area



 BUYING • SELLING MEDIATING

+351 919 592 097 rebecca@vendiciproperties.com www.vendiciproperties.com AMI2913



4 Bedroom Villa in stunning location With land, swimming pool & more! Santa Barbara

€1,350,000 Ref no: VLC466 Energy rating: E



4 Bedroom Villa in quiet countryside With large plot and swimming pool

€895,000 Ref no: VFG502 Energy rating: C



Renovated Villa close to Almancil

With large plot and swimming pool. Almancil

€850,000 Ref no: VNS308 Energy rating: D



www.cchomes.pt

T. +351 289 462 438 M. +351 938 713 680 info@cchomes.pt

OPPORTUNITY



3 + 1 BEDROOM **TOWNHOUSE**

WE HAVE THE PERFECT HOME FOR YOU



4 BEDROOM VILLA BETWEEN IN SANTA BÁRBARA

450.000 €

Build area: 275 m2 | Plot size: 3.920 m2 | Ref: W1-051 Build area: 172 m2 | Plot size: 971 m2 | Ref: C1-014

CHARMING TRADITIONAL 3 BEDROOM VILLA WITH SEA VIEWS IN CARVOEIRO

495.000 €

Visit us on the road from Almancil to Quinta do Lago (Rua Sacadura Cabral), just before Quinta Verde



LAND & HOUSES ALGARVE YELLOW HOMES

> ociedade de Mediação Imobiliária Lda. AMI 6232

For detailed information,

w.landandhousesalgarve.con www.landandhousesalgarve.de

Tavira: 281 320 281 Vilamoura: 289 301 294



Moncarapacho

Unique! Character filled single storey hilltop estate (222 m2) offering 180º coastal & sea view. Plot of 7920 m². Swimming pool. Garage. Ample space.

Ref. LHV-1407 Price: €1,350.000



Tavira

Single story 4 bedroom / 4 bathroom villa (200 m2) with pool, garage & sea view. Plot of 14888 m2. Underfloor heating & a/c. Clever architectural design.

Ref.LHV-1404 Price: € 645.000



Quality 4 bedroom / 4 bathroom villa (215 m2) with superb view & swimming pool. Fully fenced & walled-in plot of 612 m2. Close to golf & beach.

Ref. LHV-1379 Price: € 499.000



Tavira

Fully furnished 2 bedroom / 1 bathroom apartment (85 m²) with private underground parking space located in green residential area. A/C. Elevator.

Ref. LHA-1302 Price: € 154.000



Fully furnished & equipped 1 bedroom / 1 bathroom apartment (79 m²) with study & south facing balcony located in green residential area. Elevator.

Ref. LHA-1315 Price: €125.000

ALGARVE REMOVALS

"Relax, your move is in safe hands."



Call us now for a FREE quote

UK Tel: 0044 (0) 1621 850070 Mob: 0044 (0) 7711 179842

Algarve Tel: 00351 289513851 Mob: 00351 968019226

Email: sales@algarveremovals.com

www.algarveremovals.com

REMOVALS

- Weekly full or part load removal service to and from UK, Portugal, Spain & Ireland
- Full or part packing service
- One box to full load removals
- Villa to villa moves withing the Algarve

STORAGE

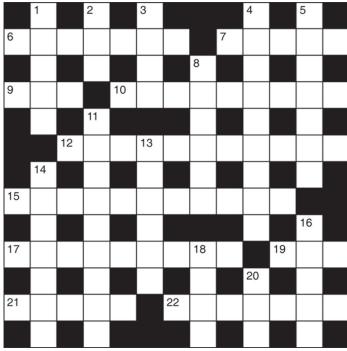
- Storage warehouse in both the UK & the Algarve
- Storage available for long or short periods
- Fully insured, secure and alarmed

ONLINE SHOPPING

- Shop online at amins high street stores and have your items delivered the following week
- Anything from one to multiple items

Local Depots at: Alcantarilha - Almancil - Tavira

Take A Break brought to you by linen-etc....



Across: 7 Users; & Context; 9 Topside; 10 Ceded; 12 Distribute; 15 Secondhand; 18 Dream; 19 Outline; 21 Penance; 22 Tours.

Down: 1 Buttressed; 2 Peeps; 3 Asti; 4 Accent; 5 Inaction; 6 Needful; 11 Dress sense; 13 Ignominy; 14 Screens; 16 Hooter; 17 Minus; 20 Tote.

CRYPTIC CROSSWORD

- 6. Clause amended right in affairs of this world (7)
- 7. Criminal taken in hand by bishop (5)
- 9. Colour of the leftist (3)
- 10. Coach ill? Nothing wrong! Merely a liquor addict (9)
- 12. Threatening demand for wage increase? (3,2,2,4)
- 15. Leaving as obsolescent (2,3,3,3)
- 17. Knew a bird could provide some shelter (9)
- 19. Sound made by dejected cattle? (3)
- 21. Transport after six for minister (5)
- 22. Did he compose _Buds'? Yes (7)

- 1. Number of Poles divided about first
- 2. Young lion or scout (3)
- 3. Greet with stones? (4)
- 4. Wrong, or sure one is wrong (9)
- 5. The soil that is most sacred (7)
- 8. Corpse missing? It's an
- big church (9)

- 18. Copy ten at the top (4)

- lady (5)

- inconsequential person (6) 11. Herald uncertainly follows feline into
- 13. Ascending to where the patients are
- out of bed? (6)
- 14. Not at all polite _ military, perhaps? (7)
- 16. Self-possession shown by one in assumed attitude (5)
- 20. Place in dispute (3)

QUICKCROSSWORD

ACROSS

- 6. Excess (7)
- 7. Drive (5)
- 9. Strike (3)
- 10. Allowed (9)
- 12. Ruinous (11)
- 15. Make-up (11)
- 17. Sporadic (9) 19. Mine (3)
- 21. Rot (5)
- 22. Income (7)

DOWN

- 1. Clear (5)
- 2. Fitting (3)
- 3. Gull (4) 4. Copying (9)
- 5. Mislead (7)
- 8. Quantity (6) 11. Everlasting (9)
- 13. Examined (6)
- 14. Ticket (7)
- 16. Less (5)
- 18. Pitcher (4)
- 20. Fresh (3)

Last week's quick crossword solution Across: 7Range; 8 Abreast; 9 Graphic; 10 Stuff; 12 Compensate; 15 Obligatory; 18 Scorn; 19 Portico; 21 Utensil; 22 Cache. Down: 1 Gregarious; 2 Sneak; 3 Mesh; 4 Madcap; 5 Prisoner; 6 Natural; 11 Freebooter; 13 Organise; 14 Bloomer; 16 Topple; 17 Wince; 20 Race.

Medium

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Answers next week.

8		2	1	6	5 8		
	3				8		
	9		7			3	
		3				2	
			5	4			
	2				9		
	8			2		5 8	
		6				8	
		9	4	3	2		7

				7			2	
				4	9			8
3 7			6					
7	6	5	1					9
		1				5		
8					3	1	4	7
					6			5
6			9	3				
	7			2				
Harc	d							

Last Week's Codeword Solution

Q	U	Α	R	R	Υ		N		Ν		Т	Е	Ν	D
U		D		U		М	0	D	U	L	Е			Е
0	٧	Ε	R	L	0	Α	D		D		S	N	I	Р
Т		Ρ		Е		G		Z	Е	S	Т			L
Α	F	Т	Е	R	L	1	F	Е			_	Ν	Т	0
	L				Α			R	U	F	H			R
С	0	Ν	٧	Е	R	S	T	0	Ν		_	D	L	Е
	U		1		V		Т		L		Ε		I	
D	R	U	G		Α	В	S	С	0	Ν	D	I	N	G
0			1	D	Е	Α			С				Ε	
Ν	Α	I	L			В	Α	С	Κ	W	Α	R	D	S
Α			Α	С	Н	Е		Н		Н		Е		Т
Т	0	R	N		Ε		М	Α	J	0	R	1	Т	Υ
Ε			Т	U	R	N	Т	Р		R		G		L
D	0	N	Е		0		Х		В	L	0	N	D	Е

La	st	W	ee	K'S	SS	OI	uti	on	S
3	5	1	2	6	4	9	7	8	Ì
_	^	^	^	-	-	^	4	4	

l o	Э	1.1	4	O	4	9	1	0			
6	8	9	3	5	7	2	1	4			
2	7	4	1	8	9	3	5	6			
9	6	5	7	2	8	1	4	3			
1	2	7	4	9	3	6	8	5			
8	4	3	6	1	5	7	9	2			
7	9	6	8	4	2	5	3	1			
5	1	8	9	3	6	4	2	7			
4	3	2	5	7	1	8	6	9			
NΛc	Medium										

5 4 1 Hard

6 8 7

2 9 6 7 3 1 4 8 5

4 5 3 8 2 6 7 1 9 7 6 2 3 1 5 8 9 4

8 3 9 2 7 4 6 5 1

9 6 8 3 2

2 4 5 9 3 9 7 8 1 4 2

1 7 8

5 3 6

4 5 9 2 6 3

inen-etc



Linen etc have been in business for ten years. With your support we have grown year on year. Supplying the public & the trade. Our product range is considered to be the biggest and our stock is vast. We buy direct from the Portuguese manufacturers so we can offer you all sizes & guarantee the quality.



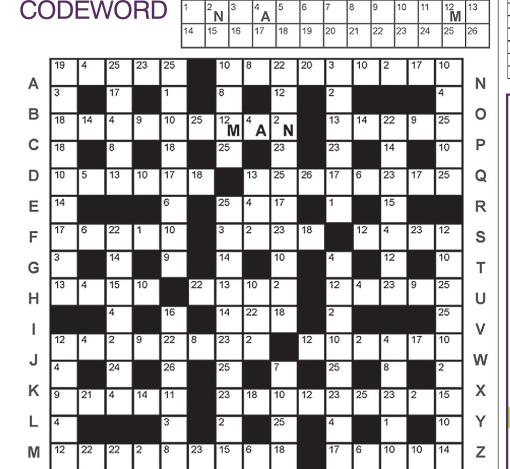
REFRESH YOUR PROPERTY NOW! 10% OFF ALL TOPPERS

Offer valid until April 30th. Online & in-store.

Sheets, pillows & pillow cases, duvets & duvet covers, protectors, toppers, towels, bedspreads, runners, cushions, curtains, voiles, rugs & lamps

Buy online, buy in-store, order & collect

Tel 282 697 791 info@linen-etc.com www.linen-etc.com Monday-Saturday 10am-6pm | Retail outlet on the EN125 Budens, 8650-050



06.00 Breakfast.



SATURDAY 28/04/18

BBC One

- 06.00 Breakfast.
- 10.00 Saturday Kitchen Live. 11.30 The Hairy Bikers' Asian
- Adventure. 12.00 Football Focus
- 13.00 BBC News; Weather.
- 13.15 Live Snooker: The World Championship.
- 16.30 Final Score.
- 17.20 A Question of Sport.
- 17.50 Celebrity Mastermind.
- 18.20 Ready or Not.
- 18.50 BBC News.
- 19.00 BBC Regional News; Weather
- 19 10 Pointless Celebrities 20.00 Who Dares Wins.
- 20.40 Casualty.
- 21.30 Mrs Brown's Boys.
- 22.00 BBC News; Weather; National Lottery Update
- 22.20 Match of the Day.
- 23.45 The Button. 00.15 FILM: City Slickers II: The
- Legend of Curly's Gold (1994).02.00 Weather for the Week
- 02.05 BBCNews

BBC Two England

- 06.15 David Attenborough's Natural Curiosities.
- 06.40 Naomi's Nightmares of Nature.
- 07.10 The Pets Factor. 07.30 The Dengineers.
- 08.00 Absolute Genius: Monster
- Builds. 08.30 Beyond Bionic.
- 09.00 Robot Wars.
- 10.00 Live Snooker: The World
- Championship. 12.00 Wanted Down Under.
- 12.45 Flipping Profit.
- 13.30 Britain's Biggest Warship.
- 14.30 Top of the Shop with Tom
- Kerridge. 15.30 Top of the Shop with Tom
- Kerridge. 16.30 Live Snooker: The World
- Championship. 17.30 Britain in Bloom
- 18 00 Antiques Road Trin
- 19.00 Live Snooker: The World
- Championship. 20.00 The Forest
- 20.30 Dad's Army.
- 21.00 Civilisations on Your Doorstep. 22.00 Performance Live: Akala
- Presents The Ruins of Empires. 22.30 The Assassination of
- Gianni Versace: American Crime Story. 23.25 Snooker: The World
- Championship. 00.15 Snooker: World Championship Extra.
- 02.15 Civilisations.

ITV London

- 06.00 CITV.
- 08.25 ITV News
- 08.30 Zoe Ball on Saturday. 09.25 James Martin's Saturday Morning.
- 11.20 FILM: Nanny McPhee and the Big Bang (2010).
- 13.20 ITV News and Weather: Weather.
- 13.30 ITV Racing: Live from Sandown
- 16.00 Tipping Point. 17.00 The Chase.
- 18.00 ITV News and Weather
- 18.15 ITV News London; Weather.
- 18.30 Ninja Warrior UK. 19.30 Harry Hill's Alien Fun
- Capsule 20.00 Britain's Got Talent.
- 21.20 The Keith & Paddy Picture
- 21.50 ITV News and Weather: Weather.
- 22.05 FILM: Overboard (1987).

Channel 4

- 06.00 Kirstie's Fill Your House for Free 06.15 Motor Sport: Caterham.
- 06.40 The King of Queens.
- 07.05 The King of Queens. 07.30 Everybody Loves
- Raymond. 07.55 Everybody Loves
- Raymond 08.30 Everybody Loves Raymond.
- 09.00 Frasier. 09.30 Frasier
- 10.00 The Big Bang Theory
- 10.25 The Big Bang Theory 10.55 Formula 1 Azerbaijan
- Grand Prix Practice 3 Live 12 25 F1 Meets Jackie Stewart.
- 12.55 Formula 1 Azerbaijan Grand Prix Qualifying Live.
- 15.45 CarSOS. 16.45 A Place in the Sun: Winter
- Sun. 17.30 The Secret Life of the Zoo.
- 18.30 Channel 4 News
- 19.00 The Restoration Man:
- Best Builds. 20.00 Britain's Most Historic
- Towns. 21.00 FILM: Iron Man (2008)
- 23.25 FILM: The Maze Runner (2014).

BBC Four

- 19.00 Atlantic: The Wildest Ocean on Earth. 20.00 Wild Burma: Nature's Lost
- Kinadom. 21.00 Salamander: Blood
- Diamonds. 21.45 Salamander: Blood
- Diamonds. 22.35 Land of the Lost Wolves. 23.35 Top of the Pops: 1985.
- 00.05 Jeff Beck: Still on the Bun.

BBCOne

- 06.00 Breakfast.
- 07.30 Match of the Day. 09.00 The Andrew Marr Show
- 10.00 The Big Questions.
- 11.00 Sunday Politics.
- 12.15 Rip Off Britain: Food.
- 13.00 BBC News: Weather.
- 13.15 Bargain Hunt.
- 15.00 Britain's Fat Fight with Hugh Fearnley Whittingstall.
- 16.00 Points of View.
- 16.50 Pointless Celebrities.
- 17.50 BBC Regional News; Weather.
- Challenge.
- 19.00 Countryfile.
- 21.00 The Woman in White.
- 22.00 BBCNews.
- 22.20 BBC Regional News; Weather.
- 23.30 The Women's Football Show.
- 00.15 BBCNews

- 06.05 Life in a Cottage Garden with Carol Klein
- 06.35 Gardeners' World
- 08.30 The Beechgrove Garden.
- Bites. 10.00 Live Snooker: The World
- Championship. 11.00 Triathlon World Series:
- 12 15 MOTD2 Extra
- Championship. 18.00 Super Fast Falcon
- 19.00 Live Snooker: The World Championship.
- 21.00 My Year with the Tribe.
- 22.20 Josh Widdicombe: What Do I Do Now.
- 23.20 Snooker: The World Championship.
- Championship Extra.

ITV London

- 06.00 CITV.
- 08.25 ITV News
- 10.00 Peston on Sunday.
- 11.00 Best Walks with a View

- 14.00 The Truth About Obesity.
- 16.15 Songs of Praise.
- 17.35 BBCNews
- 18.00 The Big Painting
- 20.00 Antiques Roadshow.
- 22.30 Match of the Day 2.
- 00.10 Weather for the Week Ahead.

BBC Two England

- 07.35 Countryfile.
- 09.00 Saturday Kitchen Best
- Bermuda.
- 13.00 Live Snooker: The World
- 20.00 Britain's Biggest Warship. 22.00 Famalam
- 00.10 Snooker: World

02.10 Sign Zone: Question Time. 03.10 Sign Zone: Holby City.

- 08.30 Zoe Ball on Sunday.
- 09.25 Love Your Garden.
 - with Julia Bradbury.

SUNDAY 29/04/18

11.30 ITV News and Weather;

- Weather.
- 11.40 Britain's Got Talent.
- 12.55 Britain's Got More Talent 13.55 Britain's Brightest Family.
- 14.25 Ninia Warrior UK. 15.30 Paul O'Grady: For the
- Love of Dogs India. 16.00 The Real Camilla: HRH
- the Duchess of Cornwall. 17.00 The Chase: Celebrity Special.
- 18.00 Harry Hill's Alien Fun Capsule. 18.30 ITV News and Weather
- 18.45 ITV News London: Weather.
- 19.00 Little Big Shots. 20.00 The Durrells.
- 21.00 Invitation to a Royal Wedding. 22.00 ITV News and Weather;
- Weather. 22.20 Peston on Sunday.
- 23.15 Last Laugh in Vegas. 00.10 This Time Next Year.

01.00 Jackpot247. 03.00 Motorsport UK

06.05 The King of Queens.

Channel 4

- 06.30 The King of Queens. 06.55 Motor Sport: FIA World Rallycross
- Championship. 07.55 Eat the Week.
- 09.00 Sunday Brunch. 12.00 Formula 1 Azerbaijan Grand Prix Live Build Up.
- 12.40 Formula 1 Azerbaijan Grand Prix Live. 15.55 Formula 1 Azerbaijan
- Grand Prix Live Reaction. 16.30 CarSOS.
- 17.30 Grand Designs 18.30 Channel 4 News.
- 19.00 Escape to the Chateau. 20.00 The Crystal Maze. 21.00 Homeland.
- 22.05 Gogglebox 23.00 8 Out of 10 Cats Does Countdown.
- 00.00 FILM: The Voices (2014). 02.00 FILM: Happy Bhag Jayegi (2016).04.10 Come Dine Champion of

Champions. 05.05 Building the Dream.

- **BBC Four** 19.00 Only Connect.
- 19.30 University Challenge 20.00 Mountain. 21.00 Battle of Jutland: The
- 22.00 Easter Island: Mysteries of a Lost World. 23.30 Timeshift: A Day at the Zoo. 00.30 How to Be Bohemian with

Navy's Bloodiest Day.

Victoria Coren Mitchell. 01.30 Mountain. 02.30 Battle of Jutland: The

Must See TV

Navy's Bloodiest Day.

Britain's Got Talent (ITV, Saturday 8pm)

Ant and Dec host the third heat of the nationwide talent search, which sees a wide variety of acts, from comedians to contortionists, singers to spoon players, compete to impress judges Simon Cowell, Alesha Dixon, Amanda Holden and David Walliams. Whoever the quartet choose to send through to the live stages will then be in with a chance of winning a huge cash prize and a coveted slot at the Royal Variety Performance later this year, following in the footsteps of 2017 winner Tokio Myers.

MONDAY 30/04/18

BBC One

- 06.00 Breakfast. 09 15 Rin Off Britain: Food
- 10.00 Homes Under the Hammer
- 11.00 A1: Britain's Longest
- Road.
- 11.45 The Housing Enforcers. 12.15 Bargain Hunt. 13.00 BBC News at One;
- Weather 13.30 BBC Regional News and
- Weather. 13.45 Doctors.
- 14.15 800 Words. 15.00 Escape to the Country.
- 15.45 Flipping Profit. 16.30 Flog It! 17 15 Pointless 18.00 BBC News at Six:
- Weather. 18.30 BBC Regional News and
- Weather 18.55 Party Election Broadcast.
- 19.00 The One Show. 19.30 Civilisations Stories; BBC News; Regional
- News. 20.00 EastEnders 20.30 Getting a Fair Trial? -
- Panorama. 21.00 The Woman in White. 22.00 BBC News at Ten.
- 22.30 BBC Regional News and Weather 22.45 Have I Got a Bit More News for You.
- 23.30 The Graham Norton Show. 00.15 Weather for the Week

Ahead. **BBC Two England**

- 06.00 Flog It! Trade Secrets. 06.30 Heir Hunters 07.15 Rip Off Britain: Food.
- 08.00 Sign Zone: Hugh's Wild West. 09.00 Victoria Derbyshire.
- 11.00 BBC Newsroom Live. 11.30 The Week in Parliament. 12.00 Daily Politics.
- 13.00 Live Snooker: The World Championship. 18.00 Eggheads.
- 18.30 Britain in Bloom 19.00 Live Snooker: The World
- Championship 20.00 Only Connect. 20.30 Coast Lives 21.00 Secret Agent Selection:
- WW2. 22.00 QL 22 30 Newsnight

23.10 Weather.

23.15 Snooker: The World Championship 00.05 Snooker: World

02.05 Sign Zone: Countryfile. 03.00 Sign Zone: MasterChef: The Finals

Championship Extra.

ITV London

- 06.00 Good Morning Britain.
- 08.30 Lorraine. 09.25 The Jeremy Kyle Show. 10.30 This Morning.

13.30 ITV Lunchtime News:

Weather. 13.55 ITV News London; Weather. 14.00 Judge Rinder.

15.00 Tenable.

12.30 Loose Women

- 15 59 ITV London Weather
- 16.00 Tipping Point. 17.00 The Chase.
- 18.00 ITV News London;
- Weather. 18.25 Party Election Broadcast 18.30 ITV Évening News;
- Weather.

Windsor.

Weather

Weather.

Salute.

01.40 Jackpot247.

06 00 Countdown

Showtime

22.30 ITV News London:

22.45 Elton John: I'm Still

00.30 Last Laugh in Vegas:

03.00 The Jeremy Kyle Show.

06.45 3rd Rock from the Sun.

07.10 3rd Rock from the Sun.

07.35 Everybody Loves

Raymond.

08.00 Everybody Loves

Raymond.

10.05 Ramsay's Hotel Hell.

12.00 Channel 4 News

Summary.

14.10 Countdown.

DIY.

17.30 Buy It Now.

18.30 Hollyoaks.

or Away.

17.00 Four in a Bed.

18.00 The Simpsons

Trade.

Grylls.

22.00 Kiss Me First.

00.05 First Dates

23.00 999: What's Your

01.00 Lee and Dean.

Emergency?

01.30 Our Wildest Dreams.

02.25 Hidden Restaurants with

03.45 Come Dine Champion of

BBC Four

20.00 Jet! When Britain Ruled

of Leonardo da Vinci.

22.00 The Ottomans: Europe's

Muslim Emperors

Timewatch Guide.

00.00 Jet! When Britain Ruled

01.00 Top of the Pops: 1983.

01.30 Top of the Pops: 1983.

Michel Roux Jr.

03.20 KOTV Boxing Weekly.

Champions

19.00 Beyond 100 Days;

Weather.

the Skies. 21.00 Art on the BBC: The Genius

23.00 Roman Britain: A

the Skies.

19.30 Sea City.

19.00 Channel 4 News.

20.00 Holidays Unpacked.

21.00 The Island with Bear

20.30 Tricks of the Restaurant

12.05 Coast vs Country.

13.05 Posh Pawnbrokers

15.00 A Place in the Sun: Home

16.00 Escape to the Chateau:

11.00 Undercover Boss USA.

08.30 Frasier.

09 00 Frasier

09.35 Frasier.

Channel 4

Standing, a Grammy

- 19.00 Emmerdale 19.30 Coronation Street.
- 20.00 Give It a Year. 20.30 Coronation Street 21.00 The Royal Wives of
- 22.00 ITV News at Ten;
 - 14.15 800 Words.
 - 15.00 Escape to the Country.
 - 16.30 Flog It!
 - Weather.
 - 18.30 BBC Regional News and
 - 19.00 The One Show.
 - 20.00 Holby City.
 - 22.00 BBC News at Ten. 22.30 BBC Regional News and
 - 22.45 Life and Death Row: In Cold Blood
 - 00 45 BBCNews

23.45 Obesity: The Post Mortem.

- 06.30 A1: Britain's Longest Road.
- 07.10 The Super League Show. 08.00 Sign Zone: Sea Cities -
- Championship. 12.00 Daily Politics.

Championship.

10.00 Live Snooker: The World

- 18.00 Eggheads. 18 30 Britain in Bloom 19.00 Live Spooker: The World
- 20.00 Top of the Shop with Tom
- 22.00 Cunk on Britain. 22.30 Newsnight.
- Championship. 00.05 Snooker: World Championship Extra.

02.05 Sign Zone: MasterChef:

- 08.30 Lorraine.
- Weather. 13.55 ITV News London:
- 14.00 Judge Rinder. 15.00 Tenable.
- 17.00 The Chase.

View our TV Guide from anywhere via our website!

Road. 11.45 The Housing Enforcers. 12.15 Bargain Hunt.

TUESDAY 01/

BBC One

09.15 Rip Off Britain: Food

11.00 A1: Britain's Longest

10.00 Homes Under the

Hammer

- 13.30 BBC Regional News and
- 13.00 BBC News at One; Weather
- Weather.
- 13.45 Doctors.
- 15.45 Flipping Profit.
- 17 15 Pointless 18.00 BBC News at Six:
- Weather. 18.55 Party Election Broadcast.
- 19.30 EastEnders; BBC News; Regional News.
- 21.00 The Split.
- Weather: National Lottery Update.
- 00.40 Weather for the Week Ahead.
- **BBC Two England** 06.00 Flog It! Trade Secrets.
- Brighton. 09.00 Victoria Derbyshire.
- 13.00 Live Snooker: The World
- Championship.
- Kerridge 21.00 Hospital.
- 23.10 Weather. 23.15 Snooker: The World
- The Finals. **ITV London** 06.00 Good Morning Britain.
- 09.25 The Jeremy Kyle Show 10.30 This Morning. 12.30 Loose Women
- Weather.
- 15.59 ITV London Weather. 16.00 Tipping Point.

13.30 ITV Lunchtime News;

05/18

- 18.00 ITV News London: Weather.
- 18.20 Party Election Broadcast.
- 18.30 ITV Evening News; Weather.
- 19.00 Emmerdale
- 19.30 Devon and Cornwall Cops.
- 20.00 This Time Next Year. 21.00 The Boyal Wives of
- Windsor.
- 22.00 ITV News at Ten; Weather. 22.30 ITV News London:
- Weather.
- 22.45 Harold Shipman: Doctor Death
- 23.45 The Durrells
- 00.35 Jackpot247.
- 03.00 Loose Women
- 03.45 ITV Nightscreen. 05.05 The Jeremy Kyle Show.

Channel 4

- 06.00 Countdown.
- 06.45 3rd Rock from the Sun. 07.10 3rd Rock from the Sun.
- 07.35 Everybody Loves Raymond.
- 08.00 Everybody Loves Raymond.
- 08.30 Frasier.
- 09.00 Frasier.
- 09.35 Frasier.
- 10.05 Ramsay's Hotel Hell.
- 11.00 Undercover Boss USA.
- 12.00 Channel 4 News Summary.
- 12.05 Coast vs Country.
- 13.05 Posh Pawnbrokers.
- 14.10 Countdown.
- 15.00 A Place in the Sun: Home or Away.
- 16.00 Escape to the Chateau: DIY.
- 17.00 Four in a Bed.
- 17.30 Buy It Now.
- 18.00 The Simpsons. 18.30 Hollvoaks.
- 19.00 Channel 4 News. 20.00 Class of Mum and Dad.
- 21.00 My F-ing Tourette's
- Family. 22.00 Surviving the Island with
- Bear Grylls. 23.05 Flight HS13.
- 00.00 Ramsay's Kitchen Nightmares USA.
- 00.55 One Born Every Minute.
- 01.50 The Supervet.
- 02.45 The Channel: The World's Busiest Waterway.
- 03.40 Come Dine Champion of Champions.

BBC Four

- 19.00 Beyond 100 Days; Weather. 19.30 The Culture Show: Wars
- of the Heart. 20.00 King Alfred and the
- Anglo-Saxons. 21.00 The Story of the Jews.
- 22.00 The Celts: Blood, Iron and Sacrifice with Alice Roberts and Neil Oliver.
- 23.00 The Mystery of Murder: A Horizon Guide.
- 00.00 Bombay Railway
- 01.00 Top of the Pops: 1983.
- 01.30 Top of the Pops: 1983.
- 02.00 King Alfred and the Anglo-Saxons.

WEDNESDAY 02/05/18

- 09 15 Rin Off Britain: Food
- 10.00 Homes Under the
- 12.15 Bargain Hunt.
- 13.00 BBC News at One; Weather
- Weather.

- 15.00 Escape to the Country.
- 17 15 Pointless
- Weather. 18.30 BBC Regional News and
- 19.00 The One Show; BBC

- Hugh Fearnley-
- Whittingstall.
- 22.30 BBC Regional News and Weather: National Lottery

- Ahead.
- 00.20 BBCNews

BBC Two England

- 06.30 A1: Britain's Longest Road.
- 07.15 Rip Off Britain: Food.
- 08.00 Sign Zone: See Hear. 08.30 Sign Zone: Great British
- Railway Journeys.
- 09.00 Victoria Derbyshire. 10.00 Live Snooker: The World
- 11.30 Daily Politics.
- 13.00 Live Snooker: The World Championship.

- Kerridge. 21.00 Love In the Countryside.
- 22.00 Detectorists.

- 02.35 Sign Zone: MasterChef:
- 03.35 Sign Zone: Pilgrimage:

- 06.00 Good Morning Britain.
- 10.30 This Morning.
- 12.30 Loose Women 13.30 ITV Lunchtime News:
- 13.55 ITV News London:

BBC One

- 06.00 Breakfast
- 11.00 A1: Britain's Longest
- Road.
- 11.45 The Housing Enforcers.
- 13.30 BBC Regional News and
- 13.45 Doctors.
- 14.15 800 Words.
- 15.45 Flipping Profit.
- 16.30 Flog It!
- 18.00 BBC News at Six:
- Weather.
- News; Regional News.
- 20.00 Watchdog Live. 21.00 Britain's Fat Fight with
- 22.00 BBC News at Ten. Update.
- 22.45 A Question of Sport.
- 23.15 Ambulance.
- 00.15 Weather for the Week

- 06.00 Flog It! Trade Secrets.

- Championship.
- 18.00 Eggheads.
- 18.30 Britain in Bloom. 19.00 Live Snooker: The World
- Championship. 20.00 Top of the Shop with Tom
- 22.30 Newsnight.
- 23.10 Weather.
- 23.15 Snooker: The World Championship.
- 00.05 Snooker: World Championship Extra.
- 02.05 Sign Zone: See Hear.
- The Finals. The Road to Santiago.
 - ITV London
- 08.30 Lorraine.
- 09.25 The Jeremy Kyle Show.
- Weather.

Weather

- 14.00 Judge Rinder
- 15.00 Tenable. 15.59 ITV London Weather.
- 16.00 Tipping Point.
- 17.00 The Chase. 18.00 ITV News London; Weather.
- 18.30 ITV Evening News; Weather.
- 19.00 Emmerdale.
- 19.30 Coronation Street. 20.00 Heathrow: Britain's Busiest Airport.
- 20.30 Coronation Street 21.00 Benidorm.
- 22.00 ITV News at Ten; Weather. 22.30 ITV News London; Weather.
- 22.45 UEFA Champions League Highlights.
- 23.45 Play to the Whistle. 00.20 Jackpot247. 03.00 Grantchester

Channel 4

- 06.00 Countdown. 06.45 3rd Rock from the Sun.
- 07.10 3rd Rock from the Sun. 07.35 Everybody Loves
- Raymond. 08.00 Everybody Loves Raymond.
- 08.30 Frasier.
- 09.00 Frasier. 09.35 Frasier
- 10.05 Ramsay's Hotel Hell. 11.00 Undercover Boss USA. 12.00 Channel 4 News
- Summary. 12.05 Coast vs Country. 13.05 Posh Pawnbrokers.
- 14.10 Countdown. 15.00 A Place in the Sun: Home
- or Away. 16.00 Escape to the Chateau: DIY.
- 17.00 Four in a Bed.
- 17.30 Buy It Now. 18.00 The Simpsons 18.30 Hollvoaks.
- 19.00 Channel 4 News. 20.00 The Secret Life of the
- Zoo. 21.00 One Born Every Minute. 22.00 First Dates.
- 23.05 My F-ing Tourette's Family. 00.05 Live from Abbey Road

Classics.

01.15 FILM: Playing for Keeps (2012).

00.35 How'd You Get So Rich?

- **BBC Four** 19.00 Beyond 100 Days:
- Weather. 19.30 The Culture Show: Lego The Building Blocks of
- Architecture. 20.00 The Great Rift: Africa's Wild Heart. 21.00 Flizabeth I's Secret
- Agents. 22.00 The Celts: Blood, Iron and Sacrifice with Alice
- Roberts and Neil Oliver. 23.00 Putin: The New Tsar. 00.00 Bombay Railway. 01.00 Top of the Pops: 1983.
- 01.30 Top of the Pops: 1983. 02.00 The Great Rift: Africa's

BBCOne

- 06.00 Breakfast.
- 09.15 Rip Off Britain: Food.
- 10.00 Homes Under the Hammer 11.00 A1: Britain's Longest
- Road.
- 12.15 Bargain Hunt.
- 13.00 BBCNewsatOne; Weather
- Weather.
- 13.45 Doctors. 14.15 800 Words.
- 15.00 Escape to the Country.
- 16.30 Flog It 17.15 Pointless
- 18.00 BBC News at Six: Weather.
 - Weather 19.00 The One Show 19.30 EastEnders; BBC News;
 - 20.00 Britain's Best Home Cook
- 21.00 Ambulance. 22.00 BBC News at Ten. 22.30 BBC Regional News and

23.45 Election 2018.

- **BBC Two England** 06.00 Flog It! Trade Secrets.
- Road. 07.15 Rip Off Britain: Food. 08.00 Sign Zone: David
- Attenborough's Natural Curiosities. 08.30 Sign Zone: Kate Humble:
- Off the Beaten Track. 09.00 Victoria Derbyshire. 11.00 BBC Newsroom Live.
- 13.00 Live Snooker: The World Championship. 18.00 Eggheads.

18.30 Britain in Bloom.

- 19.00 Live Snooker: The World Championship.
- 21.00 Syria: The World's War. 22.00 MOTD: The Premier League Show.
- 22.30 Newsnight. 23.10 Weather. 23.15 Snooker: The World
- 01.05 Josh Widdicombe: What Do I Do Now. 02.05 Sign Zone: MasterChef:

The Final

- ITV London 06.00 Good Morning Britain.
- 12.30 Loose Women
- 13.55 ITV News London; Weather. 14.00 Judge Rinder.

15.00 Tenable.

- 16.00 Tipping Point.
- 17.00 The Chase.
- 18.00 ITV News London; Weather.
- 18.30 ITV Evening News; Weather. 19.00 Emmerdale.
- 19.30 Google, Facebook & You: What They Know -
- Tonight. 20.00 Emmerdale. 20.30 Paul O'Grady: For the
- Love of Dogs India.
- Weather. 22.30 ITV News London;
- 22.45 UEFA Europa League

00.40 Give It a Year. 01.05 Jackpot247.

- Channel 4
- 06.00 Countdown. 06.45 3rd Rock from the Sun.
- 07.10 3rd Rock from the Sun. 07.35 Everybody Loves Raymond.
- Raymond.
- 08.30 Frasier. 09.00 Frasier.
- 10.05 Ramsay's Hotel Hell. 11.00 Undercover Boss USA.
- 12.00 Channel 4 News Summary. 12.05 Coast vs Country
- 14.10 Countdown. 15.00 A Place in the Sun: Home
- or Away. 16.00 Escape to the Chateau: DIY. 17.00 Four in a Bed.
- 19.00 Channel 4 News. 20.00 Location. Location.

17.30 Buy It Now.

- Location 21.00 999: What's Your Emergency? 22.00 True Horror.
- Show. 00.35 The Island with Bea

Grylls.

02.25 Class of Mum and Dad. 03.20 Tricks of the Restaurant

01.30 Surviving the Island with

Bear Grylls.

- 19.00 Beyond 100 Days: Weather.
- 19.30 Top of the Pops: 1985. 20.00 Secrets of the Super
- Changed the World. 22.00 The Celts: Blood, Iron and Sacrifice with Alice Roberts and Neil Oliver.
- 23.00 Law and Order.

FRIDAY 04/05/18

BBC One

- 06.00 Breakfast.
- 09 15 Rip Off Britain: Food 10.00 Homes Under the
- Hammer 11.00 A1: Britain's Longest
- Road. 11.45 The Housing Enforcers.
- 12.15 Bargain Hunt.
- 13.00 BBC News at One; Weather 13.30 BBC Regional News and
- Weather. 13.45 Doctors.
- 14.15 800 Words. 15.00 Escape to the Country.
- 15.45 Flipping Profit. 16.30 Flog It!
- 17.15 Pointless 18.00 BBC News at Six;
- Weather. 18.30 BBC Regional News and
- Weather. 19.00 The One Show 21.00 Lethal Weapon. 22.00 ITV News at Ten:
- BBC News; Regional News
- 20.00 EastEnders.
- 21.00 Have I Got News for You. 21.30 Homefrom Home. 22.00 BBC News at Ten.
- Update. 22.35 The Graham Norton

Show.

- 23.25 Wannabe. 23.50 FILM: No Strings Attached (2011).
- **BBC Two England** 06.00 Flog It! Trade Secrets.

06.30 A1: Britain's Longest

Road

07.15 Rip Off Britain: Food. 08.00 Sign Zone: Antiques

09.00 BBC Newsroom Live:

Election Special.

- 10.00 Live Snooker: The World
- 12.00 Election 2018. 13.00 Live Snooker: The World

Championship.

Championship. 18.00 Eggheads. 18.30 Britain in Bloom

16.30 Live Snooker: The World

- 19.00 Live Snooker: The World Championship.
- 22.00 Episodes. 22.30 Newsnight. 23.00 Weather.

23.05 Front Row Late.

23.35 Snooker: The World

- Championship.
- Trial? Panorama. 02.50 Sign Zone: Civilisations. 03.50 Sign Zone: The Assassination of Gianni

Versace: American Crime

ITV London

- 06.00 Good Morning Britain.
- 08.30 Lorraine.
- 09.25 The Jeremy Kyle Show.
- 10.30 This Morning. 12.30 Loose Women
- 13.30 ITV Lunchtime News: Weather. 13.55 ITV News London;
- 15.00 Tenable.
- 14.00 Judge Rinder.
- Weather.

- 15.59 ITV London Weather 16.00 Tipping Point.
- 17.00 The Chase. 18.00 ITV News London:
- Weather. 18.30 ITV Evening News;
- Weather.
- 19.00 Emmerdale. 19.30 Coronation Street.
- 20.00 Love Your Garden. 20.30 Coronation Street.
- Weather. 22.30 ITV News London;

Weather.

Show.

22.45 The Keith & Paddy Picture 23.10 Through the Keyhole. 00.10 Jackpot247.

- Channel 4 06.00 Countdown.
- 07.10 3rd Rock from the Sun. 07.35 Everybody Loves Raymond.
- 08.00 Everybody Loves Raymond. 08.35 Frasier.

06.45 3rd Rock from the Sun.

09.35 Frasier. 10.05 Ramsav's Hotel Hell. 11.00 Undercover Boss USA.

12.00 Channel 4 News

Summary. 12.05 Coast vs Country. 13.05 Posh Pawnbrokers.

15.00 A Place in the Sun: Home

14.10 Countdown. or Away. 16.00 Escape to the Chateau: DIY.

17.00 Four in a Bed.

. 18.30 Hollyoaks.

22.30 High & Dry.

23.05 First Dates.

03.05 Kiss Me First.

2018. 21.00 The Jazz Ambassadors.

22.30 Latin Music USA.

17.30 Buv It Now. 18.00 The Simpsons.

19.00 Channel 4 News.

- 19.30 Unreported World. 20.00 Our Wildest Dreams. 21.00 Gogglebox.
- 00.05 FILM: The Grey (2011). 02.10 True Horror.

Champions.

22.00 Friday Night Dinner.

19.00 World News Today; Weather. 19.30 BBC Young Musician

BBC Four

04.00 Come Dine Champion of

23.30 Kings of Rock 'n' Roll. 00.30 Stunning Soloists at the BBC.

THURSDAY 03/05/18

- 11.45 The Housing Enforcers.
- 13.30 BBC Regional News and
- 15.45 Flipping Profit.
- 18.30 BBC Regional News and
- Regional News.
- Weather. 22.45 Question Time.
- 06.30 A1: Britain's Longest
- 12.00 Daily Politics.
- 20.00 The World's Most Extraordinary Homes
- Championship. 00.05 Secret Agent Selection: WW2
- 08.30 Lorraine. 09.25 The Jeremy Kyle Show. 10.30 This Morning.
- 13.30 ITV Lunchtime News; Weather.
- 15.59 ITV London Weather.

- 22.00 ITV News at Ten:
- Highlights. 23.45 Lethal Weapon.
- 08.00 Everybody Loves
- 09.35 Frasier.
- 13.05 Posh Pawnbrokers
- 18.00 The Simpsons 18.30 Hollyoaks.
- 23.05 Gogglebox 00.00 The Real Football Fan

Trade **BBC Four**

- Elements. 21.00 Jumbo: The Plane That
- 00.25 Top of the Pops: 1985. 00.55 The Somme: Secret Tunnel Wars.

- 21.00 Prince Harry's Story: Four Royal Weddings.
- Weather.
 - 19.30 Sounds Like Friday Night;
 - 20.30 The Button.
 - 22.25 BBC Regional News and Weather: National Lottery
 - 01.30 Weather for the Week Ahead. 09.05 Frasier.
 - Roadshow.
 - Championship. 15.00 Flection 2018.
 - 21.00 Syria: The World's War.
 - 00.25 FILM: Easy Money (2010).02.20 Sign Zone: Getting a Fair
 - Story. 04.45 This Is BBC Two.
- 22 years!
- Follow us on Facebook Contact us at: +351 282 313 966 info@directtransport.net www.directtransport.net
- Direct Store with us! ★ Removals ★ Freight and logistics ★ Storage 🖈 UK online shopping ★ Weekly UK-PT service 🖈

Directory

Books

LGARVE

Edifício "O Galeão" Loja 1 & 2 Rua dos Pescadores 8400-512 CARVOEIRO LAGOA

282354310

Tue - Fri 9.30 - 5.00 Sat: 9.30am - 2.00pm raymond.compton@gmail.com



English Language Book Exchange Refunds on return New books to order Audio Books C.D.'s Cards DVD's

Heating & Cooling

Fires Of Portugal

Selected range of wood burning fires supplied and professionally installed by Geoff Waller Advice and quotation given on site Servicing and repairs / Reconditioned fires



TEL: 289 489 958 MOBILE: 967 721 209 sales@firesofportugal.com www.firesofportugal.com Villager Aarrow fogo montanha

Interiors & Furnishings

Bureaucratic Services

Rua Mar e Guerra Nº 75 A

Braciais 8005-424 Braciais - Faro

Faro office 00351 289 816 390 Mobile 00351 927 773 239

Now is the TAX RETURN season. Call us!

- Fiscal Representation
- Non-habitual Residency Tax **Status**
- Rental Licences
- Vehicle Matriculation
- Enchange or Register Driving Licences
- Accountancy and Tax Advise

info@algarveassistants.com

Carpentry

KITCHENS & WARDROBES GAZEBOS & PERGOLAS CARPORTS &GARAGES WOODEN HOUSES



Free quote & design for any carpentry project. (+351) 968 967 347
Visit our website for large enquiries.woodliving@gmail.com portfolio of work. www.bensonmadeiras.com

Drains

Blocked Drains? Call: ANDY

Tel/Fax 282 471 335 Mobile 918 647 305

DK D Power Jetting | Camera Inspection DRAIN Drain Repair | Root Removal KING

Drain Reconstruction New equipment for Improved Service:

Mini Digger with Operator

New Sewer Drains Septic Tank & Soak-aways





in SUPER KING

- All sizes- specialising Drawer Divans Children's Beds
- Wood Frame Metal Frame Guest Beds
- Ottoman Storage Orthopaedic
- Beds (*all sizes) Pocket sprung, Memory Foam, pillow top etc.

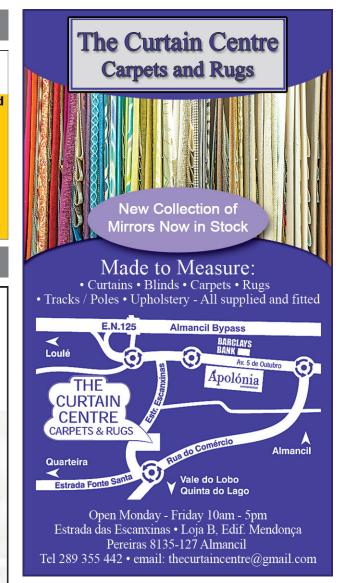
VISIT THE SHOWROOM ON EN125 LAGOA

OPEN Mon to Fri 10am-5pm ΓEL: 918 780 783 Sat - 10am-2pm email: bedwarehousespain@hotmail.com www.bedwarehousespain.com

All top brands, bankrupt stock including Sealy, Silentnight, Reylon, Rest Assured, etc NOW STOCKING TOP NAME BRITISH SOFAS SUCH AS HARVEYS, NEXT, DFS ETC.









accurate, factual and unbiased info



Painting & Decorating

BEDROOMS EXTRA 🤯

LAGOS: Tel: 282 762 383 ALMANCIL Tel: 289 050 919 Fax: 282 792 113 Fax: 289 051 040 The Biggest British Bed Retailer in the Algarve

ALMANCIL SHOP UNDER NEW MANAGEMENT. NOW OPEN ALL DAY SATURDAYS

SPRING SALE





5ft climate control 1000 pocket - Summer/winter seasonal mattress. Revolutionary cool 'ice fabric on one side for summer and natural fibres for winter on the other side.

5ft divan set-only - €899 | 5ft mattress only - €699



GLOBAL PARTNER OF MANCHESTER UNITED

Algarve residents can now sleep easy just like the elite athletes of Manchester United Football Club. Bedrooms Extra are proud to be sole representatives for MLily in the Algarve and are excited to be bringing this fantastic product to our customers.

Their Sleep Scientists have worked tirelessly to ensure that their mattresses surpass the highest standards of performance for all health issues, this reflect in their partnership with M.U.F.C.

MLilys gel cooling layers are ideal for the hot Portuguese summers. The careful combinations of the best Cooling Gel, Comfort Memory Foam and an Advanced Pocket Spring Systems provide a layer system that is cool, breathable and adaptable to all body shapes and sizes. The advanced technology is also recommended for anyone with severe back pain or back related issues.

To find out more about MLily or our next day delivery service, please visit our website www.bedroomsextra.com or contact one of our bed experts in our Lagos or Almancil showrooms



ALL MATTRESSES MADE TO BRITISH STANDARD WITH OVER 80 BED SETTINGS ON 2 FLOORS



ALL ENGLISH BED LINEN AND PILLOWS 20% DISCOUNT AVAILABLE NOW

NEW RANGES IN STOCK

WITH UP TO 10% DISCOUNT OFF OUR GREAT PRICES



- 3FT, 4'6, 5FT & 6FT BEDS ALWAYS IN STOCK
- FOR IMMEDIATE DELIVERY
- 3FT BRITISH DIVAN SET ONLY €229
- 3FT BRITISH MATTRESS €75

MON TO FRI 9-6PM

Lagos - Parque Industrial do Infante, Loja 9/10, Torre 8600-256 Odiaxere Email: bedrooms@bedroomsextra.com

We are off the EN125 towards Odiaxere 500m before the A22 R/B

MON 9:30-1:30PM, TUES TO SAT 9:30-5:30PM Almancil - Edifício Bia, Bloco 4, Loja H, Avenida 5 de Outubro, 8135-100 Almancil Email: bedroomsextra@gmail.com

From A22 towards Almancil High Street 50m from the Pingo Doce turning.

Website: www.bedroomsextraalgarve.com

BEDS AVAILABLE FOR NEXT DAY DELIVERY FROM STOCK

Lawyers



Property Specialist

Power of Attorney Legal Advice - Contracts Taxes - Wills

Document Authentication Rental Licenses

(+351) 918 971 720 or (+351) 928 026 923 vv.processos@gmail.com

TOFTS

Paul Tofts

Decorating & Painting

tofts@hotmail.co.uk After 6pm Mob: 918 938 004 Tel: 289 399 370

Pools & Spas



Mobile: (00351) 918 464 235 E-mail: edwina.shrimpton@gma Address: Parque do Moinho, Lote 1B, Loja D, 8600-646 Lagos Website: edwinashrimptonlawyer.com

Danielle Shrimpton LL.B.

Solicitor

Legal Qualifications for UK and Portugal Property - Wills / Probate - General Legal Matters

Parque do Moinho, lote 1B, loja D 8600-646 Lagos e-mail: danielle.shrimpton@gmail.com

Tel: 282 080 008 Fax: 282 181 164 Mob: 918 787 729

Legals4u2 Advogados Lawyers Avocat

Lagoa Carvoeiro

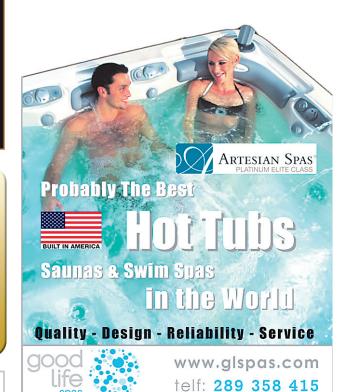
Nr Intermarche supermarket

Easy to find easy to park

www.legals4u2.eu 00351 926669548

Opticians







Directory









Lagos: 967 025 157 • Almancil: 91 814 3491 info@aquapura.com.pt • www.aquapura.com.pt











Removals & Storage

www.komsol.eu

www.ilka-chemie.com



- Local removals, packing and storage in Almancil
- Worldwide shipping service

Mob. 933 935 153

concretseal.portugal@sapo.pt

- Weekly service to and from the UK
- Online shopping collection/delivery (one box to full load)
- References readily available

FOR A FREE QUOTATION CONTACT: David Stebbeds on (+351) 289 399 946 (+351) 919 873 075 Email: david@dlsremovals.com Visit: www.dlsremovals.com



Office/warehouse: Parque Industrial do Infante, Unit 8, Torre, EN125, Odiaxere, Lagos



The Portugal News In Print - On Line - On Air



TRANSPORT • SHIPPING REMOVAL SPECIALISTS

UK | PORTUGAL | IRELAND | EUROPE

ALGARVE REMOVALS

"Relax, your move is in safe hands."

- Weekly full or part load removal service to and from UK. Portugal, Spain & Ireland
- Full or part packing service
- One box to full load removals
- Villa to villa moves withing the Algarve

- Storage warehouse in both the UK & the Algarve
- Storage available for long or short periods
- Fully insured, secure and alarmed

ONLINE SHOPPING

- Shop online at amins high street stores and have your items delivered the following week
- Anything from one to multiple items

Local Depots at: Alcantarilha - Almancil - Tavira

a FREE quote

Email: sales@algarveremovals.com www.algarveremovals

algarve

Tel: 0044 161 8737863 0044 1925 812563 STORAGE: SHORT OR LONG TERM



VEW France-Portugal Service

• From £55 per m³

RHA

Regular shipping service

Sealed and secure containers

Cars and Motorbikes

QUATRO ESTRADAS, LOULÉ DEPOT – PORTUGAL Tel: 00351 910767634

- Refurbishment
- Decorating

SALFORD DEPOT - UK

In between housesVisitors arriving?

Boxes & packing materials for sale Free quotations

Warehouse visits welcome

Tel: 968 031 955 • email: algarvestorage@gmail.com • www.algarvestorage.com

TV & Satellite



TELECOMMUNICATIONS & AUDIO

The Latest Equipment at the Best Prices All satellites TV & Via Internet IPTV (English, German, Spanish, Dutch, French, Italian, etc) Digiboxes (SD Sky +, Sky HD, MultiCAM, PCMCIA, Freeview, Freesat HD)

Multicards All BBC & ITV + Ch 4 & 5 + News + Movies + Kids + Music + Sports + Many others + Radio Get 350 TV channels & 200 Radio stations FREE Digital Terrestrial (Portuguese channels) FREE Cable TV (Movies + Sports + Knowledge + Kids + News + Series + IPTV + Video on Demand)

VCR, DVD HD, Internet (Broadband) Audio (Hi-Fi, Background Sound, Home Cinema) CCTV, Intercoms, Domotics

High-quality systems installed by qualified engineers Instalations and technical support within 24 hrs (a 3-Year Guarantee)

Tel: 964890260 Email: skynet@live.com.pt

To place an advert in this section, please call 282 341 100 or email: sales@theportugalnews.com

U-STORE

SELF STORAGE

- * Individual locked units * Daily access
- * Fully insulated premises
- * Dry, clean & secure
- * For Home & Business

Urb. Industrial Marateca, lote 26 - Chinicato - 8600 LAGOS Tel / Fax: 282 798 490 - Telem: 917 010 365 www.u-store-portugal.com · info@u-store-portugal.com

in our modern, dry, secure warehouse

Commercial & personal storage from €2 per m³

Please call us for a

no obligation free quote

www.nwdfltd.co.uk | peter@nwdf.co.uk

info@nwdf.co.uk



- Wrapping & packing and transport service
- David Wright Lda, Armazém 2, sítio do Além, 8135-011 Almancil

Auto Repair

EVERYTHING YOUR CAR NEED YOU WILL FIND HERE

Call: 282 475 317

Located In:

Portimão - Boliqueime - Loulé - Faro - Olhão - Tavira



SERVICES

- **Tire Sales & Services**
 - **Car Repair**
- Oil Change
- **Brakes Repair**
- **Battery & Electrical**
 - Heating & A/C

www.servipneus.pt









THIS IS THE ONE BUSINESS OPPORTUNITY YOU MUST NOT MISS

Go to www.algarvefair.com for more information Call 282 380 317 or email sales@algarvefair.com

Cinema

NEW THIS WEEK

Avengers: Infinity War Stars: Karen Gillan, Elizabeth Olsen, Josh Brolin. *Genre*: Action Action, Adventure, Fantasy. *Director*: Anthony Russo, Joe Russo. *Rating*: PG-13. *Plot*: As the Avengers and their allies continue to protect the world from threats too large for any one hero, a new danger has emerged from the cosmic shadows: Thanos. A despot of intergalactic infamy, his goal is to collect all six Infinity Stones, artifacts of

on all of reality. Everything the Avengers have fought for has led up to this moment the fate of Earth and existence itself has never been more

uncertain.

Isle of Dogs Stars: Bryan Cranston, Koyu Rankin, Edward Norton. Genre: Animation, Adventure, Comedy *Director*: Wes Anderson *Rating*: PG-13. Plot: Set in Japan, Isle of Dogs follows a boy's odyssey in search of his lost dog.

Cinema Listings

NOS Forum Algarve - Faro

unimaginable power, and use them to inflict his twisted will

Peter Rabbit (PV); Isle Of Dogs; Rock Dog (PV); There's no place like home; Rampage; Truth or Dare; The Jungle Bunch; Game Night; Avengers: Infinity War 2D & 3D

NOS Mar Shopping - Loulé

The Jungle Bunch (PV); A Monster in Paris (PV); Game Night; Avengers: Infinity War (2D & 3D); A Quiet Place; Death Wish; Peter Rabbit (PV); The Death of Stalin

Gran-Plaza NOS - Tavira

Avengers: Infinity War; Rolling to You; Truth or Dare; Rampage; The Jungle Bunch (PV); Pacific Rim: Uprising (2D & 3D); Peter Rabbit; Rampage

Algarcine - Portimão

Avengers: Infinity War; Death Wish; Soldado Milhões; The Jungle Bunch (PV); Colo; A Quiet Place; Avengers: Infinity War

Algarcine - Lagos

Avengers: Infinity War; Soldado Milhões;The Jungle Bunch (PV); Death Wish; A Quiet Place

Algarcine Ria Shopping - Olhão

Avengers: Infinity War; The Jungle Bunch (PV); Death Wish (PV); Rampage; A Quiet Place; Rudolfo, O Gatinho Preto (PV)

Cineplace AlgarveShopping - Guia

Avengers: Infinity War (2D & 3D); Peter Rabbit; Winchester; Raposa Manhosa e Outras Histórias (PV); Armed Response; Early Man; Rampage; A Quiet Place; Rudolfo, O Grainho Preto (PV); The Jungle Bunch (PV); Ready Player One; Tomb Raider; Death wish; The Death of Stalin; Sherlock Gnomes (PV)

Cineplace - Portimão

The Jungle Bunch; Avengers: Infinity War (2D & 3D); Sherlock Gnomes; Truth or Dare; A Quiet Place; Peter Rabbit (PV); Death Wish; Raposa Manhosa e Outras Histórias (PV); Ready Player One; Rampage

Cineplace Loures Shopping

Peter Rabbit (PV); Death Wish; A Quiet Place; Rudolfo, o Garinho

Preto (PV); The Jungle Bunch (PV); Game Night; Truth or Dare; Raposa Manhosa e Outras Histórias (PV); Armed Response; Avengers: Infinity War (2D & 3D); Rampage; Sherlock Gnomes; The Death of Stalin

Cineplace LeiriaShopping

Avengers: Infinity War (2D & 3D); Ready Player One: The Jungle Bunch (PV); Rampage; Raposa Manhosa e Outras Histórias (PV); Tomb Raider; Rudolfo, o Gatinho Preto (PV); Sherlock Gnomes (PV); Armed Response; A Rapariga no Nevoeiro; Peter Rabbit (PV); Death Wish; The Forgiven: A Quiet Place: Sherlock Gnomes (PV)

Cineplace Riosul - Seixal

Avengers: Infinity War (2D & 3D);Peter Rabbit (PV); Death Wish; Winchester; Raposa Manhosa e Outras Histórias (PV); Armed Response; Early Man (PV); Rampage; A Quiet Place; The Jungle Bunch (PV) Rudolfo, o Gatinho Preto (PV); Ready Player One; Tomb Raider; Sherlock Gnomes; The Death of Stalin

Estação Viana Shopping - Viana do Castelo

The Jungle Bunch (PV); Ready Player One; Pacific Rim: Uprising; Avengers: Infinity War (2D & 3D); Peter Rabbit (PV); Truth or Dare; Sherlock Gnomes (PV); Rampage

* (PV) = Portuguese version. (OV) = Original version.



Algarcine Portimão: 282 411 888 / Olhão: 289 703 332 / Lagos: 282 799 138 / Sines: 269 633 510.

Cineplace Guia: 289 561 073 / Portimão: 282

070 101 / Leiria: 244 826 516 / Loures: 210 110 677 / Riosul: 210 114 352 / Parque Atlantico: 296 629 514 / Covilhã: 275 334 731 / Viana do Castelo: 258 100 260 www.cineplaceportugal.pt



Cinemas NOS -Tavira. Faro & Loulé

North & Centre | South



MARKETS

LxMarket - Every Sunday at LxFactory, 10am-7pm. Unique, vintage, handmade and second hand items. Lx Factory, R. Rodrigues de Faria Lishon www.lxmarket.com.pt

CCB Market - First Sun of every month. Caminho Pedonal e Praca CCB -Belém Cultural Centre, Lisbon. Free entry.

MUSIC

Concertos Íntimos 2018 -Concerts by Filipe Catto, Ana Bacalhau and HMB. HMB, the most "soul" band of Portuguese music, present the last concert of Concertos Íntimos 2018, **19 May**, 9:30pm. Tickets: €30. Cineteatro de Estarreja, Rua Visconde Valdemouro, Estarreja. Tel: 234 811 300 www.cineteatroestarreja.com

Sam Smith - The Thrill of it All tour - **18 May**, 9pm, in the Altice Arena, Parque das Nações, Lisbon. Tickets: €41-

www.everythingisnew.pt/ sam-smith/

Paulo de Carvalho celebrates Portuguese music in Salão Preto e Prata Casino Estoril on the 30 April at 10pm. Tickets €25-€60. By law, access to the spaces of Casino Estoril are reserved for persons over 18 years of age. Casino Estoril, Av. Dr. Stanley Ho. Estoril. www.casino-estoril.pt

SHOW

New Circus shows at Casino Lisboa - Jocka
Carvalho - Tecido Vertical, 27
& 28 Apr. By law, access to
the spaces of Casino Lisboa are reserved for persons over 18 years of age. Casino Lisboa, Parque das Nações, Lisbon. Tel: 218 920 000 www.casino-lisboa.pt

April in Casino Estoril -Rogério Gil concert, 28 Apr. By law, access to the spaces

of Casino Estoril are reserved for persons over 18 years of age. Casino Estoril, Av. Dr. Stanley Ho, Estoril. www.casino-estoril.pt

The Portuguese - a Musical Comedy - The first musical in English directed to the thousands of tourists that visit us daily enabling them to enjoy quality culture while learning a bit more about the history and stories of the land of Camões. Tickets: €39. Tue, Thu & Sat, 6:30pm in the Auditório dos Oceanos in Casino Lisboa, Parque das Nações, Lisbon. Tel: 218 920 000 www.casino-lisboa.pt

"Sombras" - Flamenco show presented by Sara Baras and a group of her experienced guests. 10 & 11 May, 10pm in the Salão Preto e Prata in Casino Estoril. Tickets: €45-€75. By law, access to the spaces of Casino Estoril are reserved for persons over 18 years of age. Casino Estoril, Av. Dr. Stanley Ho, Estoril. www.casino-estoril.pt

Rui Massena performs a new concert project on **May** 5, from 9.30 pm at the O Salão Preto e Prata do Casino Estoril. Tickets: €15-€40. By law, access to the spaces of Casino Estoril are reserved for persons over 18 years of age. Casino Estoril, Av. Dr. Stanley Ho, Estoril. www.casino-estoril.pt

The Lisbon Players invite you to the performance of "Home" by David Storey on on the 3 ,4, 5 ,10, 11, 12, 17, 18, 19 of May 2018 (at 9pm) or 13 May at 4pm. Please confirm your attendance 24 hours in advance on our site www.lisbonplayers.com.pt or by phone (21 396 1946).

EUROVISION Song Contest - 8-12 May 2018 Portugal is honoured to hold the 63rd Eurovision Song Contest at the Altice Arena, Lisbon. arena.altice.pt

AUCTIONS

Auction House Algarve. Our next live auction is 5 May. Approx 500 lots including antiques, collectables, art, jewellery, tools, furniture, sports equipment, designer handbags. All of the items can be viewed at the auction house and through our online catalogue at www.ahalgarve.com. Tel: 289 832 380 or email us at info@ahalgarve.com

CHARITY

Charity Concert by New Orleans Jazz Band, on Saturday 28th at 5pm,Museu do Traje, São Brás de Alportel. All funds to Salvation Army in São Brás de Alportel and Friends of the Museum. Entrance: €10. Indian food and bar available during the event. Fado Night with guest fadistas on Sunday 29th at 9pm.

EXHIBITIONS

"Histórias de Outras Idades" Contemporary sculpture exhibition - Dramatic pieces from the renowned artist Rui Matos on exhibition from until 7 Jun. Open to the public Mon-Fri from 9am to 6pm. Entrance is free. Vale do Lobo Art Gallery. Tel: 289 353 327 www.valedolobo.com

Paintings by Liz Allen -Ongoing. Óchálá Casa da Chá, 12 Rua Dr. Samora Gil, Monchique. Tel: 282 912 524

MARKETS

Car Boot Sale - The Car Boot on the **first Sunday** of each month resumes at the Old School House, Vales, Aljezur, following its winter

break. Unwanted household items only--no goods grown, made or bought for profit please. Stallholders charged €2 for each table space, x multiples of €2, or €4 for vans (i.e. Transit size) and are permitted to enter and set up their tables from 7:30–9am with the sale then being open to the public from 9am.

MUSIC

JJJohns Dinner-Dance Show Afternoon + 3 course Sunday Roast €13, Sunday **6** May. 2pm - 6pm at Restaurant A Cegonha, N395 Camping Albufeira. Reservations 914900031

Fado /Live Music - O Navegante restaurant is proud to announce live music/Fado every Friday from 8:00pm. Menu from €16,00. You are welcome to join us. Try our delicious and varied cataplanas, Stone Steak and fresh fish. Booking recommended: 282 315 399 / 968 305 515

Every Monday - free New Orleans jazz concert with The Dixie Kings at Tivoli Hotel, Lagos - Open to all, just drinks from the bar - info: www.neworleansjazzalgarve.com/ index.html

Every Sunday - The New Orleans Jazzband play a dinner/ concert at O'Navegador Restaurant, Alvor - reservations 282 412 375 or 962 541 124 www neworleans jazzalgarve.com/index.html

Tavira Pop Choir - Fonte do Bispo. If you are interested in joining a fun and enjoyable Pop Choir, then come along on Sundays at 2pm-4pm. We would like a choir/musical leader to conduct and organise the various singing talents we have at present. Please contact Gillian

Tel.966 006 436 Email. Info@qtfontebispo.com



This page is primarily for cultural, sports, charity and free events or those staged by a club or society. Please send your events to events@theportugalnews.com by midday on Monday before publication.

To guarantee inclusion of other events there is a charge of 50 cents per word.

To place a paid listing, email linda@theportugalnews.com and you will be sent payment instructions.



SOCIAL

Drawing the Nude in Olhão - Beginners and artists meet in Olhão every Thursday morning. New students are very welcome and guidance is given if required. Contact jill.stott@gmail.com for more information regarding drawing or modelling.

Coro dos Amigos do Museu. We are an international four-voice choir based in São Brás de Alportel. We sing sacred and secular music from medieval to 21st century, with concerts several times per year. We rehearse on Thursdays from 6.30pm. Ability to read music is an advantage, but not essential. If vou think you would like to join us, please contact David on david51.littlewood@gmail.com, or on 289 489 374

Barbershop Chorus "Bella a Cappella" Welcomes new members. Men and Women from all nationalities to experience joy and fun in Harmony singing. Rehearsals **Tuesday** evenings in the lagar in Moncarapacho. For details go to www.bellaacappella.net or call Andrea: 962932978

The East Algarve International Shanty choir is looking for an enthusiastic musical leader. Musicians, Male and Female singers welcome! Join the East Algarve International Shanty Choir. Rehearsals weekly on **Thursday**, 5pm Luz de Tavira, at café Chic Zé. Tel. 00351 926684061 Website: www.eaisc.eu

C.A.S.A. - the Algarve's leading Social Club for expats meets monthly for dinners / lunches and social events. For more information email info@casasocial.club or telephone 282495475 www casasocial club

afpop Badminton in Silves Come and try Badminton. This is a regular **Thursday evening** slot booked for Badminton players at the pavillion of the Escola EB 2,3 Dr. Garcia Domingues in Silves between 8pm and 10pm. Badminton players will need to bring their own racquets and pay a small fee to cover costs. More information contact Sue on suesharman9@gmail.com or call 910 108 730

Crown Green at Alvor bowling club **every Friday** at 10am, bowls available free of charge. For more info please contact Peter or Janette Tel;-966169747 or 965700536.

Vale de Milho Golf Club members meet at 9 am on Tuesdays and Fridays for golf competitions. It is a friendly club and visitors are welcome. For more information contact Hazel Hopps 282 358 022

Walking Football for the 50+ - Every Thur. 9.30am - 11am, at José Arcanjo Stadium, Olhão (behind McDonalds EN125) Fitness. fun & friendship. Only €3 / session. Contact: 916504903

Meet other people, Central Algarve. New social club. singlemingle@email.com

Walking Football for those over 50 year-of-age who want to enjoy the beautiful game but at a more leisurely pace. Mondays 4G Astro pitch adjoining the Eduardo Mansinho Sports Hall, Avenida Zeca Afonso, Tavira Tuesdays Over 60s ONLY Astro-turf pitch adjoining the José Arcanjo Stadium, Olhão (behind McDonalds on the EN125) Thursdays Astro-turf pitch adjoining the José Arcanio Stadium, Olhão (behind McDonalds on the EN125) All sessions run from 9.30 to 11.30am and cost 3 euros. For further information: www.walkingfootballalgarve.com christopher.wright@hotmail.co.uk

Friendship group, Os Amigos, meets on the 3rd
Tuesday of each month, for walks, lunch, and other activities. For details contact lindabell@cogb.com

Duplicate Bridge - Come and join us in a friendly informal atmosphere. All levels and nationalities welcome. Wed & Fri afternoons at Vale d'El Rei Hotel. Please contact 911 561 224 or 282 358 885

Chess Club All Levels in eastern Algarve.

chessalgarve@mail.com for

Painting for Pleasure Classes, water colours, oils or acrylics - Beginners onwards, individual tuition on **Tues** mornings at Four Seasons Fairways (Quinta do Lago, Almancil) 10am to 12noon. Wed at Mesquite near São Brás from 10.30am to 12.30pm, 2.30pm to 4.30pm. Tel. Terry Reed, tel: 289 845

Duplicate Bridge - Come and join us. Friendly Club, all nationalities and levels welcome. Every **Mon & Thurs** at the Cristal Hotel, Carvoeiro. 1.45pm for 2pm. Tel: 282 357 953 or 282 357 657.

Duplicate Bridge - Come along to our friendly International club on **Tues** afternoons, 1.45 pm for a 2 pm start. At the Aroma di Mar Restaurant in Olhos de Água For further details call Mary Moore: 289 416 199.

New Duplicate Bridge Club at Lagoa Hotel on the EN 125 in Lagoa, next door to O Casarão Restaurant. **Thurs** 1:45pm. €5 including refreshments. No joining fee. All welcome. 282 352 022 / 969 174 130

SPORT

Walking Football begins again at Boavista Spa on the N125 between Lagos and Luz. **Every Wednesday** 9:30am -11:30am. Everyone over 50 welcome contact:brian.efoster@vahoo.co.uk

Tavira County Lawn Bowling Club - Cerro do Leiria, Santa Caterina, Fonte Bispo, Tavira. Tel: 963997582.

Balaia Bowls Club, Olhos de Agua, Albufeira - roll-ups on Tuesdays and Fridays at

09:45am. Tuition available if required. Please telephone Jill on 935701155

Algarve Hash House Harriers meet weekly. Call 289 413 854 or 918 806 044. Follow us on Facebook & visit www.algarvehhh.org

Valverde Lawn Bowls Club - Almancil, now open five days per week. Come and join us for our roll-ups on Mon, Wed, Thur, Fri & Sun from 10am. Tuition is available if new to the game. holidaymakers are welcome. Call Jen on 282 332 628 or 937 264 287.

Walking football at Browns in Vilamoura. Tuesdays and Thursdays at 9:30am. Come try it out! Contact info@browns-club.com or 289 322 740

Lagoa Triathlon - will take place at Praia Grande Ferragudo on 29 April. The women's race will start at 12.30pm with the Men's beginning at 2pm. The triathletes will then climb the podium in the Praça D. Leonor in Ferragudo to collect their prize (individual and Team.)

WORKSHOPS & COURSES

Tellington TTouch Training - Introduction to Tellington TTouch Two-Day Workshop with certified Tellington TTouch Practitioner, Alex Wilson, covering TTouch Observations, TTouch Body Work, and TTouch Groundwork. 27-28 Apr in

Portimão. Places are limited for this workshop so please book early to avoid disappointment. Please bring a crate or vehicle so that your dog can rest as there are times when we will not be working with dogs - for those without dogs, there will be opportunities to work in groups with people who have dogs. For more information or to book please visit www.algarvedogtrainer.com or call +351 915 623 472

Meet people and make friends. Learn to play bridge Contact the Vale del Rei Bridge group. Beginners sessions starting in January. Tel 968457888.

Music Improvisation and Ensemble Skills - Sat 3pm-5pm Costume Museum, São Brás de Alportel. Exploring the technical 8 theoretical aspects of improvising in different keys & applying these new skills within a small-group

environment. All instruments & abilities welcome

Country Scottish Dancing will be held on Monday evenings from 7:30 to 9:30pm at the NOBEL International School Algarve Please contact Mardie Cunningham on 282 356 029 or email mardie@sapo.pt.

Musical Instrument Classes - Guitar, Ukulele, Keyboards, Mandolin, Banjo, etc. Beginners lessons available: Tuesdays-Fridays, Intermediate players can join our Show Band. Almancil centre. 919 968 768

Latin and Ballroom Classes - Tuesday mornings 10-1.30 at Alvor Community Centre. Beginners, Improvers. Jive. and Intermediate/Advanced. Please contact Caroline on 961916821 / Email strictlydancingcarvoeiro@ hotmail.com



Last Week's Winner: Chen Waiwah, Silves



Sábado / Saturday **28 ABRIL / APRIL 2018** 17H

Museu do Traje São Brás de Alportel

Entrada / Entrance 10€*

Amigos do Museu 966 329 073 · admin@amigos-museu-sbras.pt · www.amigos-museu-sbras.pt





HELPING CHILDREN

NOTE Events are correct at the time of going to press and according to information given to The Portugal News. However, events may be cancelled, delayed or fail to live up to their billing.

Classifieds

Announcements

APRIL+MAY PROMO: Discount on all your Infrared heating panels: WWW.SHS-PT.COM

Algarve



...in safe hands!

Assisted Care and Support in your Own Home

Tel. (351) 917 472 828 www.algarve-homecare.com

CC DEPRESSED/ **BIPOLAR** Friendly Support Meetings, 1st Monday of the Month 6:30pm, upstairs Casa Inglesa, Portimão. 914878927



The Club, which meets at 12 noon Mondays is open to both men and women. After a bowl of soup, prepared by one of our congregants, any subject may be discussed, but religion, as a topic is given a miss.

Sometimes we have a guest speaker.

There is no charge and all are welcome. If you wish to attend please email for details of the next meeting and directions (usually in the Lagoa area) Email

copy@theportugalnews.com

Auctions



NEXT LIVE AUCTION Saturday, 5 May 2018 10.00am onwards

- Approx. 500 lots.

 Antiques and Collectibles

 Designer Handbags

 Furniture and Art

- Tools Jewellery Antique, Vintage

- and Modern
 Sports Equipment

Check out our page on Facebook to view items coming up at Auction and view the catalogue and bid on line at www.ahalgarve.com where further details are available. Tel: 289 832 380 or email us at info@ahalgarve.com

Bathrooms



ADRIAN STUART DIXON 29 Years experience in the Algarve. Portuguese & English spoken. References on request 282 033 852 965 275 774 borboleta_44@yahoo.co.uk

Caravans & Motor **Homes**

CARAVAN WANTED looking to buy a UK caravan. Cash waiting. Call 966706140

BAILEY SENATOR Oklahoma.

4 Berth, 6 Bed Caravan plus Porch Awning, Mover and many extras. €4995.00. Tel.283647107. +447980865817.

Charities

CC ASSOCIAÇÃO DE CARIDADE Mãos de Ajuda Helping Hands Charity Shop, 13A Avenida Dr. Eduardo Mansinho, Tayira 100 metres from Porta Nova Post Office. Open Monday, Wednesday, Saturday 10am to 1pm. Help us to Help others in the Tavira Area. 963558138

CC THE GOODWILL CHARITY. R.Direita 5, Ed. Portus Magnus, Portimao. (Close to Theatre). 968 740 693 10am-2pm. Clothes, bric a brac and furniture in saleable cond., large items collected.

CC APAA CHARITY SHOPS - Dunas do Alvor: Tues to Sat 10.30am - 2pm. Cerro Grande, Albufeira: Tues to Sat 10.30am - 2pm. Rua Elias Garcia, 20, Silves: Mon to Sat 10am - 2pm. Volunteers always welcome info.apaaportugal@gmail.com

CC SECOND CHANCE charity shop at Largo Das Ferreiras(on roundabout), Ferreiras, Albufeira. Open Tuesday to Friday 10am to 4pm. Saturday 10am to 1pm. Supporting people in need, also Bombeiros, Soup kitchens, Riding for the disabled, AHSA day

care centre for the elderly

and more. Contact Maggie

Cook 917707808. CC WEEKLY BOOK SALE. Come along to our Book Sale every Friday from 10.00 to 12 noon at Monte da Palhagueira Nursing Home & Retirement Village Hall, Gorjoes. All proceeds go to The Boys Home Faro. Tel: 289990901

CC CADELA CARLOTA shop in Lagos open Monday till Friday10.00-13.00 /15.00-17.00hrs.

Almadena: Monday till Friday 10.00-16.00 hrs Saturday 10.00 -13.00hrs. You are always welcome to donate and to purhase. We always need extra hands in our shops.

CC THE DONKEY SANCTUARY needs all your unwanted items for our shops in Ferragudo, Carvoeiro and Lagoa Larger items i.e. furniture can be collected. The shop funds allow us to feed our many mouths at the Sanctuary. We always need extra hands at our shops so if you can spare 3-4 hours a week give us a call. Chris 966033127

CC MADRUGADA **ASSOCIAÇÃO** provides home-based, end of life, palliative care to patients and their loved one free of charge. Your donations of household items or clothes would be very welcome. Volunteers are required for our retail shops, delivery service, Centre support and very importantly fund raising. If you can help with any of the above please call us 282 761 375 or visit our shops on Rua Direita No100. Praia da Luz.

CC THE NANDI CHARITY SHOP, Winter sale now on. Bargain prices. Furniture can be collected within 30 k of Lagos. Tel 912741857

CC stands for Community Care and these ads are provided free of charge by The Portugal News to help the various charities involved. These advertisements must be renewed at the end of the year at which time they must contact copy@theportugalnews.com for renewal.

CC - ADL SUPPORTING

FAMILIES This is a new Charity set up to support local families in crisis. We receive unwanted furniture, white and electrical goods, baby equipment, bedding, towels etc..and distribute items to local families who need them. We cover the Guia, Algoz, Tunes area and further afield. For more information about the work of the Charity and how you can help please contact Su Davis: 932307548 su.davis@sapo.pt Facebook: Support for families in the Algarve and Desafios Luminosos.

Chimney Sweep

Fires ()f Portugal

WOODBURNINGFIRESPECIALISTS ogo Montanha and freestanding fires. On site expert quotation Supply, install, service
& sweeps
sales@firesofportugal.com
www.firesofportugal.com
Geoff Waller 289 489 958 or

Education

PIANO LESSONS from professional musician. Beginners to advanced. jevans@oninet.pt 916206792

LEARN PORTUGUESE

easily and effectively: accredited courses (with focus on speaking) starting soon. Beginners: 7 May. Pre-intermediate: 4 May. Centro de Linguas de Lagos. Call: 282761070. email: info@centrodelinguas.com



Love Portugal and want to know it better? Read all about it's

Read all about it's people and recent history in Jenny Grainer's book

*PORTUGAL & THE ALGARVE NOW AND THEN.'

You will be surprised, amused and sometimes shocked but you will love it Buy a signed converse.

will love it. Buy a signed copy directly from the author on: jennygrainer@sapo.pt. Kindle and paperback version available from Amazon.com or Amazon.co.uk On sale also at

The Portugal News office in Lagoa.

Entertainment & Leisure



ALGARVE WEEKEND WALKERS. Join us for professionally guided walks through the lovely Algarve countryside. 29th April São Bras. 10.30 start, €5 donation. Contact algarveweekendwalkers@ gmail.com



JJJOHNS DINNER-

Dance Show Afternoon at Restaurant A Cegonha N395 Camping Albufeira Sunday May 6th from 2pm to 6pm. A delicious 3 course Sunday Roast €13,-pp, excl. drinks. On stage Country-Singer JJJohns and Suzanna Wilson with good ol' country songs, country duets + 60's&70's. Chris Cottis will teach some new Line-Dances. Special guest is singer/ multi instrumentalist Jackson Rivers. Reservations 914900031

For Sale Private



POOL TABLE 7ft includes delivery and accessories. 1200 Euros - Tel. 966006666

MINI-MARQUIS, 6 metres by 4.5 metres. Excellent condition. Call for pictures. €500. Tel.283647109, +447980865817



SNOOKER TABLE 8ft includes delivery and accessories. 1350 Euros - Tel. 966006666

Friendship

LISBON AREA. Blonde girl, blue eyes seeks fun and sporty man. Animal lover, to practice sports as a friend. 939837426

Furniture



Health and Beauty

ASSISTANT NEEDED for our friendly Millburn Dental office-willing to train 973-376-5577

Jobs Offered

REAL ESTATE consultant needed -

Marcela Properties We are recruiting a real estate consultant for our new Office in Praia da Luz. - Real Estate Experience -Responsible - Fluent in English and French - Proactive - Own vehicle CV to info@marcelaproperties.com CALL 00351 282 788 977

ARE YOU an **Experienced Publicity** Salesperson? Join us at The Portugal News. See our full advert on page 14.

www.marcelaproperties.com

Kitchen Renovations

HIGH QUALITY KITCHEN RENOVATIONS

100s Door Styles & Colours Complete Qualified Professional Re-fit Service

Tel: +351 966521828 newkitchendoorsalgarve@ yahoo.com www.homestyledoors.co.uk FB: Replacement Kitchen **Doors Algarve**

George & son

Save thousands of Euros! Lots of door designs if needed.

Don't buy a new kitchen until you've spoken to us! We can renovate your old kitchen at a very reasonable cost. Free. NO-obligation estimates. Call Jamie on 968 211 631 or 965 137 517 or email jamiekitchen83@gmail.com





Pets



JO JACK Missing April 9th from

Figueira-Vila do Bispo area. Neutered, tagged, 1 Yr old. Reward Mob. 919 640 289.



▶ 1 or 2 visits daily or house sitting Reeping your pets Happy at Home.

▶ In case of an emergency, we will take your pet to their vet clinic.

petsitters.algarve@gmail.com 282 315 255 961 972 581 - 926 663 871

Photography

1DAY **PHOTOGRAPHY**

workshops running throughout May and June. Are you stuck in Auto mode! then these workshops will help you take control. With practice sessions through the day. Contact palmtreesphotography@ gmail.com for more details.

Pools & Gardens

LEAKY POOL?

Damaged Tiles? Fibreglass Lining is the answer. Tel.964431372. lesliearnold@kanguru.pt

Property for Sale



FERRAGUDO MODERN

T1 Apartment Great river/marina views from fantastic elevated position over old town. Few minutes walk beaches/village centre. Fully furnished loungediner, fitted kitchen, full bathroom and lovely bedroom. Small balcony overlooking old town. with larger terrace to the front. Large private secure garage. No service charges. Reduced to only €119.000 ovno. Details/pictures e-mail: 2jfoat@gmail.com Tel (0044)1227731308

FOR SALE or lease for sale: B&B (9 rooms w. ensuites) w. restaurant + private villa, 1.5ha, Monchique, coastal view. For Lease: Longterm! B&B w. restaurant. Bank guarantee is essential. Contact: bellalouisa@hotmail.de

FOR SALE Alvor. Looking for a villa near the beach? Without a huge garden to maintain? Friendly quiet neighbourhood. 4 bedroom. 530.000€. Let's talk. 919074147 or919961168

LAND & HOUSES ALGARVE YELLOW HOMES

Sociedade de Mediação Imobiliária Lda

For detailed information. please visit our website: _ www.landandhousesalgarve.com www.algarve-property-search.com

Tavira: 281 320 281 Vilamoura: 289 301 294

DOMAIN NAMES for sale: Albufeira.immo, QuintadoLago.Immo, ValedoLobo.immo. Mail:

offers to FritsKL@Planet.nl

Property Services & Building

LEAKING ROOFS &

Terraces Problems solved 27 years experience in Algarve. Call 913 223 402

BUILDING WORKS

All types and sizes carried out to a very high standard. 27 years experience throughout the Algarve.

Shoreland Properties Lda. Tel. 913223402 or 282763000 shorelandproperties@ mail.telepac.pt www.shorelandproperties.com

Simple, cheap & effective RATES FOR CLASSIFIED ADS €0.50 Per word €4 extra Boxed ad €10 extra Photo 10% discount if you book on line Call 282 380 315 email classads@theportugalnews.com web: www.theportugalnews.com/classifieds News

PROQUINTA -

ALGARVE Property Services. We provide all management. Maintenance and administrative services any client could need. Professional, personal and bi-lingual team. Please call 916287054 or email info@proquinta.com www.proquinta.com

www.theportugalnews.com

ALGARVE ROOF &

Property renovations and maintenance from leaks to roofs & balconies guttering, painting etc. Call Jason Tel 960136445 281324602

No need to worry about maintenance and service. We are experienced ex Speed Frame technicians with a wide knowledge of this product. For maintenance, repairs or new units, call us for quick and efficient

PVC Directo We double the glazing -Not the price 282 317 472

info@pvcdirecto.com

service at reasonable prices.

Property Wanted

NEED A quick sale? Anything considered villas, apartments, garages, shops etc. central and western Algarve. Quick decision, offer within 48 hours. Possibility to complete the whole transaction within a couple of weeks. No agents fees. 964373720 ptalgarve@gmail.com

Removals & **Storage**

NWDF_{LTD} **STORAGE**

€2 per m3 per week (no complicated control Personal/Commercial secure storage Daily access (at no cost)

Fork Lift Truck available (at no cost) Flexible terms (no penalties for early remo Collection/Delivery service at excellent rat Email: peter@nwdf.co.uk www.nwdfltd.co.ul

EN125, QUATRO ESTRADAS 0044 161 873 7863 00351 910 767 634

U-STORE Lagos Self-Storage



Individual locked units Fully insulated premises

Daily access, Dry, Clean & Secure

For Home & Business

282 798 490 / 917 010 365 www.u-store-portugal.com info@u-store-portugal.com

Satellite

TV. Hi-Fi, Satellite repairs, Tavira area. Experienced engineer. Tel:964-721-714. www.trevortronix.com

PLEASE NOTE:

When adding a photo to your classified online, please use an alphanumeric name with no spaces otherwise the system will not read it and the photo will not appear.

Insure your property in Portugal through The Portugal News

As a homeowner in Portugal, make sure you get the right insurance cover, designed specifically for your needs.

GENEROUS DISCOUNTS ON PROPERTY INSURANCE

- Dedicated in-house UK Claims handlers and overseas Loss Adjustors
- Cover whether your property is occupied or not Specialist providers of holiday home insurance and static caravans in Portugal

OF LONDON, has been designed to meet the needs of homeowners in Portugal.

- Underwritten by one of the world's leading insurers Lloyds
- Cover for your property whether occupied or unoccupied
- Cover for short and long term lets
- Up to £5 million public liability as standard
- UK based call centre and all documentation in English
- Dedicated in-house claim handlers and overseas loss adjusters
- Swimming pool cover
- Temporary accommodation following an insured loss
- Loss of rent included following an insured loss
- Optional Accidental Damage cover
- No hidden fees

) INTOSURE Insurance that sp

Intasure is a trading name of Arthur J. Gallagher Insurance Brokers Limited which is authorised and regulated by the Financial Conduct Authority. (Financial Services Register Number 311786) Registered Office: Spectrum Building, 7th Floor, 55 Blythswood Street, Glasgow, G2 7AT. Registered in Scotland. Company

UK centres and English documentation

✓ Dedicated in-house claim handlers and overseas loss

Up to £5 million public liability as standard

✓ Instant cover over the phone

to receive a free no obligation quote



Services offered

WINDOW CLEANING,

professional, reliable and affordable service established since 2003. Traditional and reach and wash methods. Tel 916818852

classads@theportugalnews.com

BRITISH PLUMBER.

40 years experience. No job too small. William 937722988. 00447900081515





MJG CUSTOM

Classics British classic car restorer 30 years exp. Based Northern Portugal Tel: 939736444 info@mjgcustomclassics.com

facebook/

migcustomclassics

Transfers



Vehicles



MERCEDES SLK 430 V8. AMG body kit, UK plates, 2001, RHD, Petrol Coupe. €5,120 ONO 965 034 258. 918 793 237

CABRIOLET FOR

summer? Renault Meganne 1.9 DCI 6 speed Nov 2006 hardtop. UK registered RHD, panoramic glass 5*Ncap 45MPG 100,000m FSH. Excellent condition €1950 ONO 914246415 / 00447785938925

CAR WANTED. Must have working AC and be Portuguese registered left hand drive. Anything considered. Private buyer. 962574138



PANAMERA GTS PDK (4x4) 4.8L(V8) RHD UKReg. Dec.2012(62) Excellent Condition, High Specification, only 21,000 miles. €49,950

Phone 919444169

SUZUKI WAGON R 2004 petrol 66000 Miles RHD MOT October 2018 only 400 Euro good condition. Tel. Tom 00447812247226



ROVER 75 Tourer (LHD-UK). €3.950. June 2005.

Classic V6-2.5L Petrol. High specification, good condition, manual, only 15,000 miles. Tel: 919543553



OPEL CORSA GTC 1.3 90cv Year 2008. 182,000km Portuguese Plates Diesel, 5 seats sportif Version MOT until July 2018 Price: 6,500Eur Contact:919999320

Wanted



SAVE YOUR STAMPS trim them to 1/2 cm all round and send to The Portugal News, Apt. 13, 8401-901 Lagoa. We will send them to the Helen Keller Centre (Biblelands) in Israel where they are used to fund education for visually impaired children.

Places of Worship

Lisbon

ST GEORGE'S CHURCH; LIS-ST GEORGE'S CHURCH; LISBON (Church of England). Av. S.Jorge 6 (north of Estrela Gardens). Service 11:30am every Sunday. 211 306 293. British Cemetery open weekdays 10am-1pm ST PAUL'S CHURCH, ESTORIL (Church of England). Av. Bombeiros Voluntários 59 (behind Hotel Sana Estoril). Sunday School. Service 9.30 am every Sunday. 211 306 293.

306 293.

ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN)
Rua Arriaga, 13, Lisbon: Sun. 11.am.
Bi-lingual Sunday school & creche is available. Minister's 218 043 410,

available. Minister's 218 043 410, www.standrewslisbon.com
THE SALVATION ARMY, Lisbon. Reboleira Corps (Praceta Almada Negreiro, Lote 213 Loja Dt do Exército 11 A); Chelas Corps (Rua Rui de Sousa, Lote 65 A loja C); Laranjeiras Corps (Bairro de Laranjeiras). Lisbon (21 805708).

GRACE INTERNATIONAL

GRACE INTERNATIONAL
COMMUNITY CHURCH,
Cascais. English speaking church, Cascais. Eriginii speaning criticity.
Cascais. www.lisbongrace.com
LISBON SYNAGOGUE: R.
Alexandre Herculano № 59. Tel: 13
931 130 celesboa@mail.telepac.pt
LISBON - SYNAGOGUE OHEL
JACOB Shabat services. Call
217075292

IGREJA BAPTISTA de Queijas (close to Cascais) Rua Carlos Santos 8B, Queijas Near the Olympic Sta-dium off the A5. 214172087. Sun: English 10:15.

RIVERSIDE INTERNATIONAL CHURCH A
Contemporary, caring, Christian
Church in Cascais, Galerias O
Navegador, Av. 25 de Abril, Piso-1.
We offer children and youth ministries
and simultaneous translation into Portuguese. Riverside has congregations
in Cascais, Porto, Coimbra, Sarilhos
Grandes and Feiió. in Cascais, Porto, Communa, Communa Grandes and Feijó. www.riversideintchurch.com

riversideintchurch@gmail.com
KINGDOM HALL OF
JEHOVAH'S WITNESSES. JEHOVAH'S JEHOVAH'S
Gathering for Worship. All Welcome, no collections. Rua Penha da França, Lisbon - Fri 7.30pm Sun 6pm Tel: 213 421 604. Rua João de Deus, Sintra - Tues 8pm Sun 10.15am Tel: 219 243 316 Av Comunidades Europeias 342, Cascais - Wed 8.30pm Sun 2.15pm Tel: 214 831 060 Praça da República, Bombarral, Obidos - Wed 8.15 Sat 5 30pm www. iw.org 5.30pm www.jw.org

Oporto

GREATER GRACE INTERNA-TIONAL FELLOWSHIP has con-temporary Christian gatherings on Sun afternoons at 3rd Baptist Church, R. Estação 133, & Sat evenings, 18t floor, Confeitaria Palácio (across the "Emergency" entrance of Hospital St² António); www. NovaAurora.com, 220 994 785 or send an SMS to 917112736.

220 994 785 or send an SMS to 917112736.
RIVERSIDE PORTO INTERNATIONAL CHURCH English language church Sun, 5pm, at R. Gonçalo Sampaio, 361, (nr Boavista roundabout) and on 3rd Sun every month at Valença do Minho. Tel: 916 440 795. contact@riversideporto.com // www.riversideporto.com ST. JAMES'S CHURCH, Anglican Chaplaincy of Oporto. Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain 226 091 006. www.stjamesoporto.org

11am Details from Chaplain 226 091 006. www.stjamesoporto.org
THE SALVATION ARMY
OPORTO Pereiro Corps (Av. Vasco da Gama, 675-2 E Ramalde), Service 10am, Salvation Meeting 5pm. Coloras Corps. (Av. dos Bom-beiros Voluntários) Sun- 10am. Thu 4pm Ladies Home League Meeting.
KINGDOM HALL OF JEHOVAH'S WITNESSES

JEHOVAH'S WITNESSES. Gathering for Worship. All Welcome, no collections. Jardim Arnaldo Gama, Porto. Thur 8.15pm Sat 8.15pm

The Algarve

ALL SAINTS ANGLICAN CHURCH, AIGARVE Holy Communion every Sunday. Almancil 10.30am Almancil Community Centre (ASCA). Lagoa 11am at Lagoa Convent Chapel. 282380311 www.allsaintsalgarve.org ST VINCENT'S ANGLICAN CHURCH C of E. Sun: 9.30am Igreja das Pereiras, EN125 between Quatro Estradas & Almancii; 11.30am St Luke's, Gorjões; 8.00am & 11.30am Igreja N Sra da Luz, Praia da Luz, nr Lagos. Visitors are especially welcome. 282 789 660 & 289 366 720 www.stvincentsalgarve.org

come. 282 789 660 & 289 366 720
www.stvincentsalgarve.org
INTERNATIONAL CHRISTIAN
FELLOWSHIP of Portimão Sun
11am. The Bridge" (A Ponte), Cedipraia
Shopping Centre no. 23 / 282 042 836 /
917 358 098 www.icf-portimao.org
I N T E R N A T I O N A L
COMMUNITY CHURCH, Lagos.
Newfrontiers. Sunday service in
English 10.30am. Madness
Restaurant, Lagos Marina, Lagos. Tel.
960450750 www.icc-lagos.org
INT. EVANGELICAL CHURCH
OF THE ALGARVE Vale Judeu at
10.30, just off the EN125 - third left
after Vilamoura entrance in direction
of Faro iec-algrave.com. 289328635.
LAGOA CHRISTIAN FELLOWSHIP, English Speaking Calvary
chapel of the Algarve, Sun 11am for
comtempory worship and Christ
centered Bible study. Bu Douter

chapel of the Algarve, Sun 11am for comtempory worship and Christ centered Bible study. Rua Doutor Basilio Teles 32, Lagoa. Pastor Jon Martin: 960 159 007 www.lagoafellowship.org TAVIRA CHRISTIAN CENTRE welcomes all in the name of Jesus. We meet on Sundays @ 10:30 aiming to worship in Spirit and Truth. Find us: EN125 sail roundabout/Sta.Margarita exit/400 meters/house on right corner. tavirachristiancentre.wordpress.com. Facebook; Phone Else 912467792 or Beth 966807604.

Beth 966807604.

SALVATION ARMY Service Sundays at 10am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, S.

Brás Alportel. **ALL NATIONS**, Todas as Nações, ALL NATIONS, Todas as Naçoes, All welcome, contempory worship service and children's club. Carvoeiro Tennis Club, Mato Serrão Carvoeiro. Sundays 10.30am-12.00pm, Stephen and Elaine 965 360 708

Service and children's club. Carvoeiro. Sundays 10.30am-12.00pm, Stephen and Elaine 965 360 708

JEWISH COMMUNITY OF SOUTH PORTUGAL Shabbat services. Call 922206333.

THE LIVING HOPE Baptist Church, Albufeira. Sun 4pm. Pastor Mark Pereira, Mob. 964860765.

OASIS CHRISTIAN FELLOW-SHIP CONEXAO, R. Dr. Joaquim Tello 32C, Lagos. Sun: 11am; Tue: 11am; Thu: 3pm Bible Study. Int. English w! Portuguese translation available. Michael - 964 285 351 / Lois - 914 381 598 www.oasischristian fellowship.com

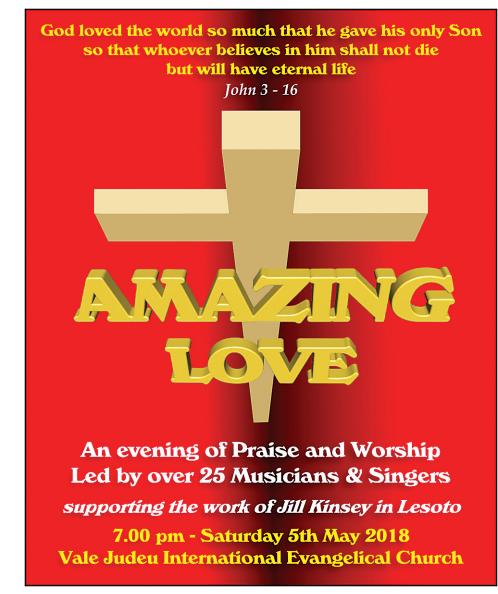
R.C. MASS in English, Igreja N Sra da Luz, Luz near Lagos. Saturdays 7pm. 917464353.

LIFE HUB Albufeira Knowing Jesus and making Him known. House-church in Balaia meets Thu-7.30pm. Call Paul on 926482323 for directions. TAVIRA From December, S Holy Mass in English will be at 12.15 pm. Church of Santa Maria Tavira Every Sunday 914621429 tavira@diocese-algarve.pt KINGDOM HALL OF JEHOVAH'S WITNESSES. Gathering for Worship. All Welcome, no collections. Largo Eng. Sarrea Prado, Portimão Mon 7.30pm Sat 4pm Tel. 282 476 111 Beco 25 de Abril, Ferreiras, Albufeira Wed 7.30pm Sun 10:15am Tel 289 432 542 www.worg HOUSE OF PRAYER CHAPEL Rua Municipio 31 Next to Hotel Paraiso, Albufeira Sunday service at 10am and 6pm For more info call now: 91458 666 IGREJA METODISTA WESLEYANA PORTIMÃO. Services Sunday 4pm. Silveira, Lote 2 - Lj. A Beco do Moleiro, Caldeira do Moinho - PORTIMÃO (near the round about of Aqua Shopping Center) GPS: 37° 08' 47.92? N 008" 32' 22.13? W For infos or social help, please contact us: 931721005 www.imwportimao.org

Verse of the Week

When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them?

Psalms 8:3 & 4; New International Version (NIV)



Daly and Rocca ready to renew great rivalry

John Daly and Costantino Rocca, who conjured up an epic finish to The Open 23 years ago, will aim to turn back the clock this summer when they renew their great rivalry on the Old Course at St Andrews in The Senior Open presented by Rolex.

he 2018 edition of the event will represent the first time that The Senior Open has been contested at the Home of Golf since its inception in 1987, and the return of so many golfing legends to St Andrews from 26-29 July will unquestionably revive magical memories of the past.

One of the most nervejangling Open finishes played out over the Old Course occurred in The Open in 1995, when Rocca touched the hearts of millions of golfers worldwide by first fluffing a chip to the 72nd and final green then, amazingly, holing the resulting 65-foot putt to secure a play-off. The Italian lost out in the four-hole play-off to Daly, who captured his second Major title in the process. However, it was Rocca's outrageous stroke from the Valley of Sin just off the 18th green which captivated the crowds and earned the smiling Italian an unlikely fame which has lasted to this day

Both players, now competing in the ranks of senior golfers, have confirmed they will return to the Old Course in search of the Senior Claret Jug but Rocca stole a march on his American rival today (Monday) when he paid an early visit to the scene of his remarkable stroke of good

At 61, Rocca remains the effervescent, cheerful character who played in two Ryder Cups, beating no less than Tiger Woods in the 1997 singles at Valderrama, just 18 months after capturing the biggest title of his career, the PGA Championship at Wentworth Club. This time, for the benefit of watching media on the steps of The R&A Clubhouuse, Rocca undertook to re-enact that 65-foot putt from 1995 using the same putter which he wielded like a magic wand all those years ago. Rocca said: "It's great to be back at the Old Course again. It never loses its charm, and I can't wait to return here for The Senior Open. It is the place where I hit the shot which made me famous around the world and I am thrilled to have perhaps one last chance to play at such a great venue. "People still talk about that moment in 1995 many years afterwards, and I can still remember the occasion as if it was yesterday. When I made a mess of my chip and left myself in the Valley of Sin with that long putt to get into the play-off with John Daly, many people were downhearted. They didn't give me a chance of holing the putt. "However, I kept thinking

positive and just concentrated on forcing a



off with John Daly for the 1995 Open Championship. (Photo: Getty Images)

play-off. I saw the line and as soon as I hit the putt I honestly had a feeling it was going to go in...and it did! Everything just went crazy after that. Rocca, who famously collapsed on the ground, banging his clenched fits on the turf in exultation, added: "There is an old sporting expression that 'no one remembers who comes second' but just like Jean van de Velde at Carnoustie, there are exceptions to that rule!" Daly, who has a rare opportunity to add a Senior Major at the Old Course to add to his 1995 Open triumph, recalled: "I'll never forget watching Costantino's putt on the 18th go in.

'When I saw him fluff his chip, I thought that was it and that I would be The Open Champion; but what came next I think surprised all of us.

"I felt really good about my game going into the playoff, and was so pleased when the final putt dropped. To win The Open at the Home of Golf is something

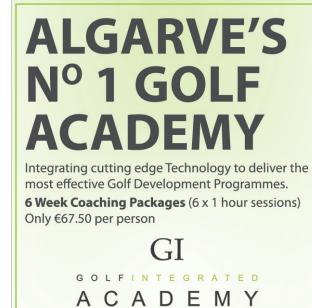
truly special, not many golfers have had that opportunity over the years. "I can't wait to go back to St Andrews for this year's Senior Open, it will be a truly memorable week and a fantastic chance for spectators to come and watch some of golf's greatest senior players on one of the world's most

recognisable golf courses." A large array of Major Champions, Ryder Cup captains and global tournament winners will tee up in The Senior Open presented by Rolex on 26 July, including defending champion Bernhard Langer of Germany and three-time winner Tom Watson of the United States









Vila Sol www.golfintegrated.com Tel: +351 912 263 555





48 The Portugal News • 28 Apr 2018 Sport FC Porto on fire as Benfica leave it late



FC Porto's **Alex Teles** celebrates with his teammates after scoring a goal against Vitória de Setúbal. (Photo: **EPA/Jose**

C Porto, having lost their midweek Taça de Portugal semi-Sporting were in no mood

to take it easy against Vitória de Setúbal. The Dragons roared into a three goal lead after just sixteen minutes through Moussa Marega, Ivan Marcano and Yacine

The visitors pulled a goal back through João Amaral on twenty-four minutes but FC Porto's three-goal lead was soon restored by Jesús Corona's deflected effort ten minutes before the break.

Brahimi.

final against

FC Porto took their foot off the gas in the second-half and it was left to Alex Telles to add number five with a pin-point accurate free-kick after seventy-two

minutes. Sérgio Conceição's men now face a difficult trip to Madeira on Sunday where they have failed to win against Marítimo on their last five visits. Bottom club Estoril entertained Benfica knowing they needed points if they were to avoid the dreaded drop. Likewise Benfica, two points behind FC Porto, were desperate for victory. The Eagles scored after nine minutes when Rafa Silva latched onto Andrija Zivkovic's through ball before firing home. Rafa and Raúl Jiménez maintained the pressure on Estoril as they searched for a second goal but the visitors only had the one goal to show for their efforts come the half-time break. Rui Vitória's men paid the

The Primeira Liga leaders hit five against Vitória de Setúbal, Benfica snatched victory in stoppage time at lowly Estoril while Sporting had to rely on a Bas Dost spot-kick to secure all three points against Boavista.

price for their wasted opportunities when Rafik Halliche volleved home the equaliser just after the hour mark. Lucas Evangelista nearly

completed the turnaround for Estoril four minutes later, when his shot deflected off Ruben Dias, leaving Bruno Varela beaten before clipping the outside of the post and bouncing wide of the mark.

Two minutes into stoppage time and a glancing header by Salvio, from Alejandro Grimaldo's cross, secured victory for Benfica and severely dented Estoril's hope of survival. Sporting, who will meet D.Aves in the

Portugal Cup Final, still have hopes of catching Benfica and acquiring automatic qualification for the Champions League next season.

The Lions took the lead against Boavista when Robson handled in the box and Bas Dost calmly slotted home the spot-kick after twenty-six minutes. Vagner, in the visitor's goal, was in stunning form as he denied Bas Dost a second goal and then two minutes before the break saved Gelson Martins goal bound shot. The single goal victory keeps Sporting three points behind Benfica with the teams going head-to-head at the Alvalade on 5 May.

Facelift for Portimão's Clube Naval

Portimão's nautical Naval Club is to be renovated.

Around €150,000 is to be invested in renovating the existing facility.

The club is currently the second biggest club in the Algarve city of Portimão, with around 1,000 members. The project will include new changing rooms and storage facilities, as well as accommodation for visiting

Unique Boat Experiences Algar Experience Dolphin & Caves Caves & Coastline Promo Code 10% Discount Valid exclusively for online bookings, phone or email until 31st December 2018 PNEWS10 Barbecue www.algarexperience.com 🗹 reservas@algarexperience.com BOOK ONLINE or visit us at Albufeira Marina - Algarve (+351) 967 525 127 | (+351) 289 591







toldolanda sun





€125,000 Ref.CNA6473

cerronovo.com sales@cerronovo.com +351 289 510 790

*i rightmoveoverseas



info@toldolanda.com | www.toldolanda.com | 914 609 517 | Portimão