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The Portugal News' campaign to support and promote accessibility in Portugal. See page 41

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2 / 3 JUNE

Master stroke P55
Portuguese golfer José-Filipe Lima made history by clinching second-place at the Portugal Open staged in Portimão last weekend, the highest finish by a Portuguesegolfer in a professional tournament staged in the country.



Bus Horror ➤ P6



A British family and a Portuguese driver were injured, some seriously, after a coach smashed into a cement mixer on the Algarve's A22 motorway, en-route to the airport.

Surrogate Services ➤ P8



Despite being a banned practice in Portugal, an Israeli surrogacy company is to open an office in Lisbon.

Frog Fungus ➤ P17



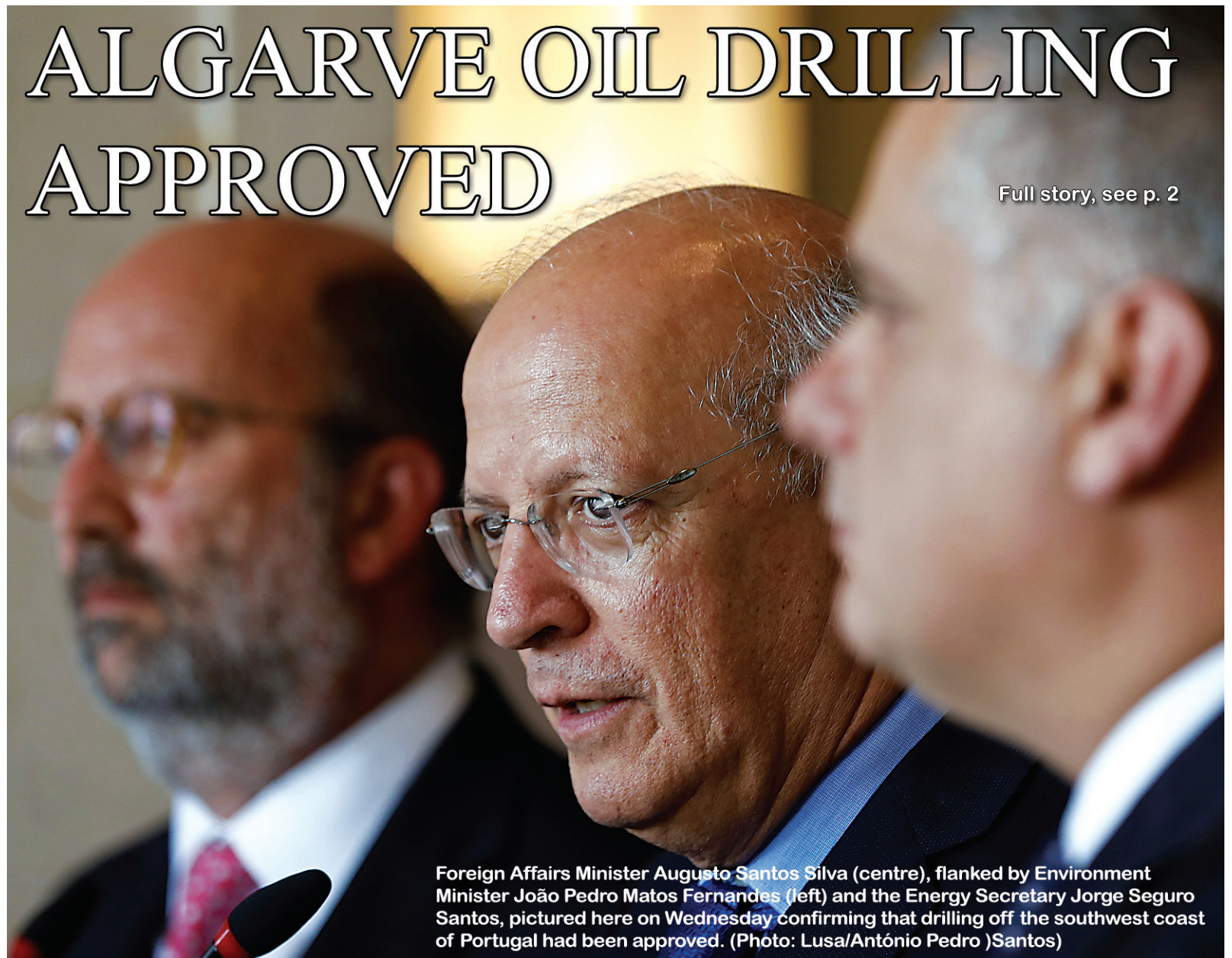
Researchers have discovered the origins of an aggressive strain of a fungus that caused a decline of frogs in Portugal.

WEATHER ➤ P3

Government says it will 'honour' oil drilling contract - no environmental study required

ALGARVE OIL DRILLING APPROVED

Full story, see p. 2



Foreign Affairs Minister Augusto Santos Silva (centre), flanked by Environment Minister João Pedro Matos Fernandes (left) and the Energy Secretary Jorge Seguro Santos, pictured here on Wednesday confirming that drilling off the southwest coast of Portugal had been approved. (Photo: Lusa/António Pedro)Santos)

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Algarve oil drilling approved

Political parties, interest groups and society in general this week reacted with incredulity and dismay after high-ranking government officials joined to inform the country that oil prospecting off the coast of south-western Portugal would commence in September. The news was made official following a decision by the Portuguese Environment Agency (APA) that there was no need for an environmental impact study to ascertain any adverse effects resulting from drilling off the Algarve coast.

There was not a political party that did not criticise the decision to allow the ENI/Galp consortium to initiate oil drilling off the Algarve coast, with MPs from the ruling Socialist Party joining in lambasting the APA. In a statement issued on Wednesday evening, MPs representing the Algarve branch of the party, said the APA had become “useless, even an obstacle, when it comes to forming policies relating to environmental issues in Portugal. They act against recommendations made by lawmakers in Parliament and in contradiction to the opinion of associations and organisations who defend environmental causes.” The Socialists said the decision is “against the interests of the Algarve and the country and, in a certain way, the APA has just confirmed its own irrelevance.” Local MPs also recalled that tourism represents around a fifth of the country’s exports, estimated at 15 billion euros, with the Algarve responsible for

around half this figure. The verdict to go ahead with drilling along the Alentejo basin unopposed came after the APA President Nuno Lancasta announced that “no significant negative impacts were identified” in the proposed drilling set to commence in September at a location 46 kilometres from Ajezur. Drilling will take place at a depth of 1,070 metres performed initially by the Sapien 12000 drillship which, until last month, had been used in operations off the coast of Morocco. Crew on board will number around 150. The prospection will last an estimated three months over a period of 50 working days. Members of the opposition PSD party expressed similar sentiments to their political opponents, saying the APA’s decision will only serve to increase “mistrust and uncertainty” among residents. They also recalled that more than 42,000 people participated in the public consultation with the opinions of respondents not held in regard.



A file photo of two surfers who joined a protest organised by the Algarve Surfers Association in the Algarve. (Photo: Lusa/Miguel A. Lopes)

The Greens have meanwhile already scheduled a debate for this Friday with other opposition parties saying they will use this opportunity to challenge the decision not to conduct an environmental impact study. The Left Bloc, part of the governing alliance, have also called for heads to roll, and are arguing the role of the APA should be to act in defence of the environment whenever doubt exists as to the potential of damage being caused to it. The Government, in making the APA’s decision known, said

through Foreign Minister Augusto Santos Silva that no further licences will be granted for future oil prospection during the current legislative period, which ends next year. However, the Minister added that the Government will honour the existing licence agreements and their respective contractual obligations for the sake of commercial stability. The disputed contract was agreed to back in 2007 by the Socialist government led by José Sócrates, with Economy Minister Manuel Pinho a signatory of the

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BRENDAN DE BEER



And Marine Activities (ASMAA) against oil prospecting off the coast of

deal. Both these former politicians are currently under investigation on charges including bribery and corruption. In the meantime, Augusto Santos Silva, who is also effectively the Deputy Prime Minister, added that should oil be discovered off the Algarve coast, it would aid Portugal in becoming less reliant on fossil fuel imports. "We will continue to need petroleum for several purposes for some time yet", he said, explaining that the Government will closely monitor measures imposed by the APA to ensure

"continued safety and environmental risk limitations." Jorge Botelho, chairman of the Algarve local council community group AMAL, lamented the decision, which he this week said is "contrary to the one we expected". The current Tavira Mayor is also adamant that drilling is not risk-free and poses potential environmental threats. He further revealed that expert opinions have confirmed this move will have an impact on the environment, while it will also have adverse effects on the economic dynamics of the

region, especially in terms of tourism.

This news comes a month after Portugal's government won 'gold' in the 2018 European Fossil Fuel Subsidies Awards. The unwanted prize was for the biggest waste of taxpayers' money on supporting dirty energy.

The second edition of a unique contest organised by Climate Action Network (CAN) Europe was won by Portugal for handing out a licence to national gas and oil companies for drilling in the deep sea in the southwest of the country.

The winners are governments who waste taxpayers' money on supporting dirty energy.

A Europe-wide digital campaign in March triggered people across Europe to vote for the worst fossil fuel subsidies.

The aim of the awards, set up by CAN Europe, is, according to the organisation, "to expose the well-hidden ways in which European governments are using taxpayers' money to support fossil fuels at the cost of the climate, the environment and people's health, and increase the pressure to rapidly phase out fossil fuel subsidies."

It said Portugal cruised to gold for handing out a licence to national gas and oil companies for drilling in the deep sea in the Southern province of Alentejo, a protected biodiversity area and a tourism hotspot.

Following this news, Francisco Ferreira, director of Zero in Portugal added: "It is unacceptable that the Portuguese government favours access to oil drilling companies on the coast, while the country has a leading role on pledging for ambitious climate action and is planning to become carbon neutral by 2050."

Sporting confirms police search, arrests

Sporting football club has confirmed that on Wednesday police searched its premises as part of a corruption investigation.

PJ police said four people were arrested following the searches. The arrests came in the wake of alleged bribes paid relating to football and handball matches.

This news follows a violent attack on Sporting players and technical staff on Tuesday by a group of around 50 people dressed in the club's colours.

The players were preparing for Sunday's Portuguese Cup final, where they take on Alves, when the alleged attacks took place.

A statement on the club's official website read: "Sporting Clube de Portugal vehemently condemned the events

registered at the Sporting Academy.

"We cannot in any way agree with acts of vandalism and aggression to athletes, coaches and staff of professional football, nor with attitudes that configure the practice of crime that in no way honour and enoble Sporting Clube de Portugal.

"Sporting is not this, Sporting cannot be this.

"We will make every effort to establish full responsibility for what has happened and we will not fail to demand the punishment of those who acted in this absolutely pitiful way."

WEATHER

Warmer weekend with cloud and showers

There may be a few drops of rainfall in the north and south of the country this weekend, but the middle band will remain dry, albeit cloudy, and thermometers will drop a degree or two at the start of next week.

Lisbon: Scattered cloud will hang over the skies of Lisbon this weekend, clearing up on Sunday, with the mercury rising to around 27 degrees Celsius, before dipping a few degrees on Monday, rising gradually from Wednesday onwards, to highs of close to 30 degrees Celsius by next weekend.

South: Some rain may fall on southern Portugal this weekend, being heavier on Saturday, followed by light scattered showers on Sunday, although temperatures will rise to close to

30 degrees. Thermometers will drop a degree or two on Monday and Tuesday, but highs will stay in the high 20's for the coming week.

North: Light showers are also forecast for northern Portugal this weekend, where thermometers will drop noticeably, from highs of around 25 to 20 degrees by Monday, but they too will start to pick up again from the middle of the coming week, and will climb to around 26 degrees Celsius by the following weekend.

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Immigrants pictured here earlier this week protesting outside Parliament against a lack of documents. (Photo: Nuno Fox/Lusa)

Immigrants protest outside parliament over a lack of documents

Over a hundred immigrants gathered in front of parliament yesterday to protest over a lack of documents.

A spokesperson for a welfare association supporting the immigrants said many of them had been in Portugal working and paying tax for years, but had not yet managed to get their residency cards or access to the National Health Service. Most of the immigrants were from Africa and Asia.

British tourist dies after being hit by train in Lagos as fellow Brit is killed in Albufeira hit-and-run

A British tourist believed to be in her 60s died after being hit by a train in the Algarve city of Lagos, a day before a fellow Briton was killed in a hit-and-run in Albufeira.

The woman had been walking back to Lagos from Meia Praia beach when she was struck by the train as she crossed the tracks on a pedestrian crossing.

The incident happened on Sunday morning at around 10.20am, and temporarily halted circulation of trains on the track between Lagos and Portimão.

According to newspaper *Correio da Manhã*, passersby at the spot and the train driver both tried to get the woman's attention, but she failed to realise the locomotive was speeding towards her.

The report said she would have been killed almost instantly, and her body was taken for forensic autopsy.

In related news, a day later, in Albufeira, some 38 kilometres from Lagos, a British national was killed in the early hours of Monday morning after a hit-and-run at a pedestrian

crossing on the main avenue in Albufeira, the police said.

The 54-year-old British citizen, who was with his son, aged 22, was taken to the Albufeira health centre, but could not be saved.

The driver, allegedly a 25-year-old French national who was driving while under the influence of alcohol, abandoned the vehicle but was tracked down and detained by the police. He was taken into custody. The Public Prosecutor has launched an inquiry to determine whether the driver could be held accountable for the crime of manslaughter.

This was the second deadly accident involving pedestrians on Albufeira's Avenida dos Descobrimentos in just 24 hours.

The day before, Sunday, an 80-year-old woman was killed after being hit by a van near the Dolphins roundabout.

The elderly woman was seriously hurt and succumbed

to her injuries at the spot despite local firefighters and INEM paramedics' best efforts to revive her.

The incident happened just before 7.30am Sunday morning.

Her body was also taken to the Legal Medicine Bureau in

Portimão for autopsy.

The road was completely closed down for much of Sunday morning because of the accident, the circumstances of which are being investigated by GNR police.

Since the beginning of the year and until 7 May, the National

Road Safety Authority (ANSR) has registered 3,060 accidents on Portugal's roads, which is up 27 on last year's figures.

This year's accidents have caused nine fatalities (one less than in 2017), and 51 serious injuries (down 11 on the same period of last year.).

Algarve tourism board has new president

A new president has been elected to chair the Algarve Tourism Board (RTA), taking over from Desidério Silva, who was once the Mayor of Albufeira.

The new head of the RTA is João Fernandes, the RTA's former vice-president, who was chosen through elections held last Friday afternoon.

He was elected by the RTA's general assembly, which is made up of 32 members, including the mayors of all of the Algarve's councils, a government representative, regional business

associations and unions.

In the elections only 31 of the 32 members were able to vote, as the Association for Portuguese Casinos (APC) was unable to attend.

João Fernandes won with 17 votes against the 11 votes in favour of his predecessor, Desidério Silva, and there were three blank ballots.

"I salute my opponents for the serenity with which this act took place and for the good manners with which, at the end, everyone greeted each other. It's a good sign that there is a lot of good work to be done in the future and that we can all be counted on", he said.

Fernandes takes over from Desidério Silva in mid-August.

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British relatives injured in crash on Algarve motorway

N CARRIE-MARIE BRATLEY

Fourteen British tourists who were all part of the same extended family, plus a Portuguese driver, were injured in a horrific accident involving a bus and cement mixer, early on Wednesday morning, on the Algarve's A22 motorway.



Fourteen British tourists plus the Portuguese driver were injured in an accident involving a bus and cement mixer, early on Wednesday morning, on the Algarve's A22 motorway. (Photo: Lusa/Luís Forra)

A Faro Hospital spokesperson confirmed that all fifteen people on the bus were taken to the unit, four of whom were in a "moderate clinical" condition, the driver being among those who were seriously injured. None of the injuries were life-

threatening. According to the hospital spokesperson, the four most seriously injured had suffered exposed fractures and head injuries, and were admitted to the hospital, with the remaining eleven passengers with less serious injuries being gradually

discharged throughout the day. A GNR spokesperson told **The Portugal News** all passengers on board the bus were British tourists and were being transported by the Spanish-registered coach from the popular holiday resort of Praia da Rocha (Portimão) to Faro airport,

some 72 kilometres east. A statement from the British Embassy confirmed they all belonged to the same extended family. It is not yet known what part of the UK the tourists are from, but they are believed to be aged between 9 and 77. "We are offering support to a British family following a traffic accident in the Algarve, and our staff are in contact with the hospital services", the Embassy said. The accident, which happened near the Areeiro Tunnel between Loulé and Faro at just before 8am, resulted in this particular stretch of the motorway being closed as rescue workers attempted to prise the injured from the wreckage; an operation that took about two hours. At least two people were said to have been trapped and needed cutting free from the mangled wreckage. Police confirmed an investigation will now be launched to determine what caused the vehicles, which were both moving at the time of the incident, to crash, in dry, sunny weather.

Ferry between Madeira and mainland Portugal could launch next month

A ferry between Madeira and mainland Portugal could, reportedly, be launched next month.

According to newspaper *Jornal da Madeira* a ferry between Funchal and the Algarve city of Portimão could start in June if the regional government validates the only proposal on the table following a public tender. The ferry would be operated by Grupo Sousa and would carry out 12 crossings per year between June and September, for the price of around €60 a return ticket.

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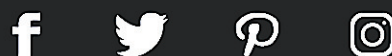
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Surrogacy clinic to open in Lisbon but won't practice in Portugal

Despite being a banned practice in Portugal, an Israeli surrogacy company is to open an office in Lisbon, which pledges to fulfil people's wishes of being biological mothers or fathers, for a fee of between €40,000 and €85,000.



The company Tammuz, which was founded about a decade ago in Israel, now wants to branch into Portugal with an office in Lisbon, joining other companies available in this country albeit until now exclusively online.

In comments to *Lusa News Agency*, Tammuz CEO Roy Nir guaranteed the company's operations in Portugal would be completely legal as any processes would be carried out outside of Portugal.

He said the Portuguese office would just be somewhere "to receive, with great pleasure, anyone interested in doing the process outside of Portugal."

"We are not going to do anything in Portugal, because Portuguese legislation does not even allow the option of the agencies", said Roy Nir, explaining the physical space that will open in Lisbon will simply serve to make people feel safer and more confident when embarking on a process that "has a lot of money and emotion involved".

In Portugal, surrogacies are prohibited. Until recently only women who could not have children, due to a lack of uterus, were allowed to resort to a surrogate, but without any money changing hands.

On April 24, that law was considered unconstitutional.

Through Tammuz, all women who accept to be surrogates are paid and anyone, regardless of their state of health, can

acquire their services.

The ideology of the company is simple: "Everyone has the right to have a family", from heterosexual or homosexual couples, women or men alone, the administrator says, adding: "We have helped create more than 750 families" [in a decade].

It is in Ukraine and the US that the vast majority of the babies are born.

According to Roy Nir, Ukrainians receive between €20,000 and 22,000 euros, and American surrogates about 50,000 dollars, or €42,000.

A choice of country is offered due to local legislation: in Ukraine, only married heterosexual couples can resort to surrogacy and if "the woman has a medical condition that means she cannot conceive."

In the US the scenario is different; "there is no discrimination", and it is in the US that homosexual couples can fulfil their dreams of parenthood, although at almost double the cost of what heterosexual couples might pay.

Roy Nir recalls that a surrogacy is a very complex process, since it takes an egg donor and another woman available for pregnancy, clinical services, doctors and legal services.

But the administrator ensures that the company deals with everything from the first contact of clients, until the day they take their newborn home.

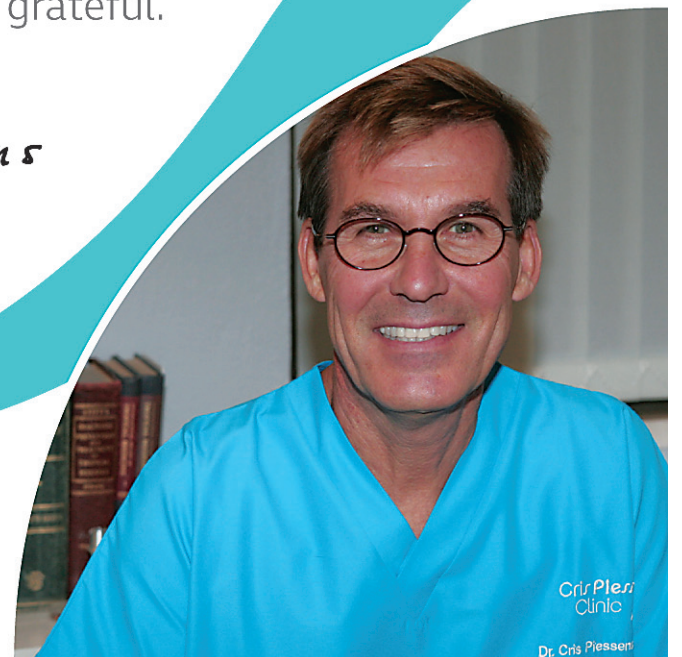


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So much fun for kids at the International Algarve Fair

Younger visitors to the International Algarve Fair will be truly spoiled this year as huge effort has been poured into finding new and exciting things for them to enjoy – for free!



The organisers of the Fair have scoured far and wide and drafted in a whole range of exhilarating activities to entertain children from toddlers to teens, and all without draining parents' pockets. A pirate net and giant slide, pedal karts, an inflatable football pitch and an inflatable trampoline are just some of the inventive new kiddies' activities that will be at the fair for all to enjoy, courtesy of fun company Turma Radikal. The massively popular Circo Pequeno entertainers will also be there, as usual, with their magical range of plat-spinning, bubble-blowing and bouncy castle fun. For the first time ever, the Fair will be hosting the MUSITRIX Show; an interactive, pedagogical concert for children, which will be held on both days. The audience is invited to dance and sing along with the MUSITRIX show, staged by Planeta Yupi, which features musical themes accompanied by guitar, harmonic, Didgeridoo and percussion instruments. Have a go on the Magic Microphone, which transforms the voice of the speaker, and take a trip to through the jungle, singing along with Indians and animals. A Disco ends the show, during which the public is invited to burn off some energy by dancing and jumping around. The Lagoa firefighters will be

back again this year, with their exciting activities for older kids, including the fantastic water hose and zip-line, while a range of other treats for children, such as candy floss and popcorn stalls, and face painting, will also be dotted around the FATACIL showground (extra fees apply). All this, plus a packed line-up of family entertainment for all ages, which includes the customary fashion shows, dance acts, yoga demonstrations, as well as the evening extravaganzas: The Protons, who take the stage on Saturday, and the famous Daddy Jack band, performing on Sunday. The International Algarve Fair is being held at the Fatacil showground in Lagoa on 2 and 3 June, and is now firmly established as one of the largest annual events in Portugal on the

expat calendar, attended each year by thousands of people. The International Algarve Fair Facebook page is also updated daily with new information on exhibitors along with announcements in the Classifieds section of The Portugal News where listing and additional details will appear of exhibitors. For more information Tel: 282380317, email: sales@algarvefair.com or visit: www.algarvefair.com. Also, watch the video on the above website to see all the Fair has to offer, on www.algarvefair.com. Keep an eye out for next week's edition of **The Portugal News**, which will feature a two-page spread with times and locations for all shows and activities.



Photos: TPN



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Lisbon court releases Eurovision stage invader on bail

The man who invaded the stage during UK contestant SuRie's performance at the Eurovision Song Contest has been released on bail and is awaiting charges.

SuRie was performing her song 'Storm' when the person, wearing a black and red bandana and slogan t-shirt, snatched the microphone from her hands during the live broadcast at the event in Lisbon, Portugal on Saturday night. A statement from Eurovision's operator, the European Broadcasting Union (EBU), said: "The stage invader was questioned by police immediately following the incident, and then held in custody until Monday 14 May when he was seen in court in Lisbon. "He has now been released on bail, with charges pending the result of an ongoing police inquiry. "The EBU, RTP and Portuguese Authorities take security very seriously and an investigation into what happened is ongoing."

The EBU had previously

confirmed the intruder - who had shouted "We demand freedom" while on the stage - had been taken into police custody for questioning. A spokesman for the EBU said on Sunday that the man gained access to the stage by climbing "into the camera run". He then "reached the main stage via the bridge, pursued by security", the spokesman continued. They said he was "removed off stage after seven seconds" and was being questioned by police, and that an investigation was taking place. SuRie, who ended up coming 24th out of 26 countries at the event, refused the chance to sing again after her performance was disrupted. On Monday, the 29-year-old singer told ITV's This Morning that she had not been scared by the invasion, which saw her left without a microphone for

several seconds. "There wasn't any time to feel fear," she said. "He was suddenly there, security were on him as quick as he was on me, he got the mic for a few seconds, that was out of my hands, but the song was still going. "The backing vocalists were still singing, the crowd was still chanting, so I just turned upstage for a moment but I was still clapping and cheering with the crowd, I just didn't have the mic. "I turned back and saw the mic on the floor, and I thought, 'well thats mine, I'll finish this song'." Portugal meanwhile ended last, having won the competition in 2017.

TPN/Lusa



A Man invades the stage during the performance of SuRie (R) representing the United Kingdom with 'Storm' during the Grand Final of the 63rd annual Eurovision Song Contest (Photo: EPA/Jose Sena Goulão)

Easyjet expansion to slow as airports reach capacity

EasyJet's expansion in Portugal is going to slow down because of congestion at Lisbon and some lack of capacity at Porto, the company's director in Portugal, José Lopes, said on Tuesday.

Some flights were diverted to Porto as Lisbon was full. Almost all airlines diverted to Porto, which meant that there is a lack of slots in the summer of 2018 [March to October], he said.

He added that these limitations at Porto should end next year after the airport manager improves the runway enabling capacity to increase once again.

José Lopes also said that decisions had to be taken to

increase capacity at Lisbon airport before the secondary airport at Montijo

comes on line in 2022. Easyjet has nine aircraft based in Lisbon and flies

61 routes to nine European countries.

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Soul in the Algarve carnival attracts masses to Alvor

The SITA (Soul in the Algarve) Carnival has established itself as an annual event that has become highly anticipated by both locals and local businesses alike in the small Algarve fishermen's village of Alvor.



The Soul in the Algarve carnival returned to the village of Alvor last Sunday, filling it with dance, music and cheer. (Photo: Supplied)

The event is organised by tour operator Soul in the Algarve, which every May since 2005 has brought several hundred soul music lovers from the UK and beyond for a week of sun and fun in the Algarve. On Sunday 13 May, thousands of people again flocked to the village to watch the carnival, which fills the cobbled streets with colourful costumes and upbeat parades. The mega Mardi Gras-style carnival parade is organised by

British events entrepreneur Vivvy B, who runs the Soul Network and Soul in the Algarve holidays.

Local businesswoman Kate Fitzsimmons, who owns the Sunset Alvor Bar, said: "It's brilliant; it brings people in from all over the Algarve, not just locals, and now people know about it and know it's on, some even plan their holidays to coincide with it".

She added the SITA carnival has come to unofficially mark start of summer, "because it so colourful and so much fun."

The first SITA Carnival was held in May 2015 to celebrate 10 years of bringing groups of visitors to Alvor, and has become a firm favourite among locals. "Since that day we have not looked back and the SITA carnival is now a hugely celebrated annual event in the beautiful fishing village of Alvor", says Vivvy B, adding "We dress up in colourful Carnival costumes and parade. We put this event on to say thank you to the people of Alvor for welcoming us back each year."

International Mini Meeting 2018 being held in Portugal

The beaches of Mira and Vagueira are hosting the International Mini Meeting (IMM) 2018 between Thursday and Monday. This is the biggest Mini event in the world that attracts 1,000 cars and 2,500 participants.

The event dates back to 1970's Germany and is always held at different places for owners and enthusiasts of the British Motor Company that

came out in 1950.

This year Mira and Vagos were chosen for the five-day event, the first time it has been held in Portugal. *TPN/Lusa*

Monte Gordo flooded with Harley Davidson mean machines

Hundreds of Harley Davidson enthusiasts flocked to Monte Gordo this week, to take part in a biking event organised by the 1st Algarve Free Chapter and Vila Real de Santo António council.

The get-together brought around 450 bikers and 240 rumbling motorbikes to the Algarve, from 14 different countries, who are staying in Monte Gordo for a long weekend of bike rides throughout the lower Guadiana, Algarve and Alentejo regions.

Harley Davidson aficionados from countries including Portugal, Belgium, Luxembourg, France, Hungary and Poland, as well as as far away as Brazil, Canada, South Africa and Vietnam, made the

trip to the Algarve for the event, which started last Tuesday and runs until next Monday, 21 May.

It is the 14th Free Chapter event in the Algarve, and the third time it is being based in Monte Gordo.

In a statement, the organisers explained: "The Free Chapters aim to bring together Harley Davidson owners, create friendship ties and organise events that will allow the discovery of the countries and people where they are held."

GNR clamping down on drink-drivers until end of month

The GNR police force is, from this week, stepping up its presence on roads to clamp down on errant drivers.

Officers will be out in force on the country's busiest roads to inspect for drink-drivers and help prevent accidents. The action will

remain in force from today until 28 May, and targets roads where drink-driving offences and accidents are most frequent.



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CSI Portugal: PJ police lab honoured with award



Portugal's LPC/PJ police force and laboratory has been awarded the Bill White Prize for the best work of the year 2017 in the field of fingerprint identification at an event in Los Angeles. (Photo: The Portugal News)

As part of the annual Biometric Identification Conference, held last week in Los Angeles (US) and attended by more than three hundred participants from five continents, Portugal's LPC / PJ police force and laboratory was awarded the Bill White Prize for the best work of the year 2017 in the field of fingerprint identification.

The case that was the basis of the distinction came as part of an investigation into online child pornography, conducted by the PJ's National Unit to Combat Cybercrime and Technology Crime (UNC3T). The intervention of the LPC, which led to the identification of two sexual

abusers through fingerprints, was considered innovative and of great technical-scientific quality, opening new fields to the use of lofoscopy (the branch within criminalistics in charge of analysing and processing every papillary evidence derived from a criminal offence) and in the use of biometric databases.

Coimbra pondering CCTV in upper town to combat plague of graffiti

The mayor of Coimbra, home of Portugal's oldest university, has called for more action against graffiti on the city's major buildings and monuments, saying that the introduction of video cameras to the upper town is not ruled out.

The task of removing graffiti is estimated to cost the local council some €500,000 a year, and in recent days 'tags' have appeared on several

national monuments in the city. "This is a serious matter and, although it is not new, it had not happened with this intensity and lack of

taste," the mayor, Manuel Machado, told *Lusa News Agency*. "Even when the [Maoist] MRPP entertained itself scribbling slogans on

walls, at least one could note a certain aesthetic sense. What we see today is a mess. "It's unacceptable, it should be punished, it is a

crime." Machado said that a video surveillance system was "one of the tools" that could be used to combat the problem.

Machado cited the São Salvador church as one of example of a monument whose façade has become covered in graffiti phrases and tags. *TPN/Lusa*

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ALGARSAFE 18 and Seminar “Emergency Response in Portugal



The ALGARSAFE18 exhibition will be held next weekend in Portimão. (Photo: Supplied)

From 24 to 26 May, the Portimão Arena and the Fair and Exhibition Park will once again be the stage for ALGARSAFE - the International Civil Protection and Relief Fair of Portimão, an initiative co-organised by Portimão council and the Firemen of Portimão, supported as partners by Civil Protection Portimão; Junta da Freguesia of Portimão; APSEI, Liga dos Bombeiros Portuguese (Union of Portuguese Firemen); National School of Firemen and Safe Communities Portugal

This will be the largest fair of its type south of the Tagus, involving the organisations of public safety services and civil protection services, safety and health agents, as well as the operators of the whole system of protection operations. A unique program over the three days will cover all safety issues! The objective of the fair is to give visitors awareness of information and services available that can help protect lives, and opportunities to understand the systems that are in operation. The fair will cover 4,000m² of indoor space accommodating providers and suppliers of goods and services in the area of security and safety, civil protection agents, and the integrated system of operations of protection and relief at national level. In addition, there is some 8,000m² of outdoor space: where there will be demonstrations including vehicles and civil protection equipment; Operational Exercises and workshops; Awareness and Public Information Activities and static displays. Altogether there will be around 100 exhibitors and entities taking part, over 50 activities already scheduled and some 10,000 people expected to attend. The fair is also directed at families so

children are welcome - there is plenty to see. The event starts on 24 May at 9am with a guided visit of the fair and practical demonstrations, followed by a Seminar “Emergency Response in Portugal” organised by the Municipal Civil Protection Service in Portimão and Safe Communities Portugal. With presentations by officials and agents of the Integrated Protection and Relief Operations System and the Integrated Medical Emergency System, this seminar, presented in English, aims to provide an opportunity for foreign citizens to understand the functioning of response systems within the scope of civil protection and help in Portugal, as well as clarifying any doubts about the rules and procedures to be adopted in emergency situations. This seminar is a unique opportunity to learn how the government agencies deal with major emergencies in Portugal. The full 3-day programme can be downloaded in PDF format from the “civil protection page” on the Safe Communities Portugal website. Registration for the seminar can be made at the ALGARSAFE’ administration office, or through the email: eventos@ahbvp.pt. Registration is free, subject to the number of seats available.

Tavira land cleaning awareness session for the foreign community

Safe Communities Portugal, the Guarda Nacional Republicana (GNR) Tavira and Bombeiros Tavira will jointly be holding an awareness session at Clube de Tavira, concerning land cleaning to help prevent the spread of rural fires in the Eastern Algarve.

The presentations by the organisers will be in English and the Institute for Nature Conservation and Forests, (ICNF) have also been invited. The aim of the seminar is to help those who may still be unclear concerning the various laws, the reporting of neighbouring overgrown land, enforcement action being taken,

advice that is available, contact points and other issues. There will be plenty of time for questions and answers. It will be in English, but the presenters will be able to explain points in Portuguese. Entrance is free. Seating is limited, and given the interest in this topic, you are advised to guarantee your seat

by contacting info@safecommunitiesalgarve.com or call 913045093. The organisers thank the Mediterranean Gardening Association Portugal (MGAP) and the Algarve History Association for their help in promoting this event. Clube de Tavira is located at R. da Liberdade 23, 8800-399 Tavira next to the City Hall.



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Researchers discover origins of aggressive fungus that caused decline of frogs in Portugal

A new study published in the journal *Science* reveals that the latest, more aggressive strain of the amphibian chytrid fungus, which has caused the decline and forced extinction of several species of amphibians around the world, including in Portugal, in recent decades, originated in Southeast Asia in the early 20th century.

This aggressive strain of the fungus has been detected in Serra da Estrela and elsewhere across the Iberian Peninsula.

Since the 1990s the link between chytrid (Batrachochytrium dendrobatidis), a microscopic fungus, and the decline of several amphibian species

worldwide has been debated.

The fungus infests the skin of frogs, toads and other amphibians causing a disease called chytridiomycosis.

In more susceptible species, this fungus has been responsible for numerous episodes of mass mortality.

However, it was not known where and when this fungus and its more aggressive lineage originated.

The results of the now-published study, which involved an international team of more than 50 researchers from 38 institutions, reveal that the strain emerged in



A new fungus has been found to be affecting the frog population across the globe, including in Portugal. (Photo: Andy Rain/Epa)

Southeast Asia, namely on the Korean peninsula.

"This is an issue that has been at the centre of staggering debates over the last two decades, with diverse suggestions on the table such as South Africa, North and South America or even Japan", explains Gonçalo M. Rosa, researcher of the cE3c - Centre for Ecology, Evolution and Environmental Change (Lisbon University's Faculty of Sciences) and the Zoology Institute of

London (UK).

In Portugal, the fungus was associated with mass losses for the first time in 2009, in Serra da Estrela, where Gonçalo M. Rosa has since established a monitoring programme.

"Toad populations were the most affected, especially in the higher areas of Serra da Estrela where, in some ponds and lakes, they were simply no longer seen or heard", the researcher explains.

The results of this study, coordinated by Imperial

College London, indicate that the movement of amphibians caused by human activity - for example through pet trade or for gastronomic purposes - will have made a significant contribution to the global spread of this strain.

The authors recommend greater control over trade in amphibians from Asia, as well as greater attention to hygiene and biosafety measures in their transport, due to the high risk of export of previously unknown strains outside the region.

Controversial beach bar project approved for Lagos' Dona Ana beach

The Portuguese Environment Agency (APA) has approved the construction of an 80 square metre beach bar for the famous Dona Ana beach in Lagos.

According to newspaper *Barlavento*, work on the controversial project will not be going ahead this year as beach season has already started, but it will be taking shape sometime

in the future.

Lagos Mayor Joaquina Matos said two beach bars are contemplated in the coast land plan for that area, one of which already exists.

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Last Easter holidays helped boost tourism figures. (Photo: Lusa)

Easter drives increase in hotel business - INE

Easter drove hotel activity in Portugal, with the number of guests rising 11.6 percent to 1.5 million and overnight stays by 10.3 percent to 4 million in March, compared to the same month of 2017, the National Statistics Institute (INE) said on Tuesday.

The increase in guests in February was 6.5 percent and in overnight stays was

6.2 percent, according to INE, which recorded a rise in the first quarter of this year of 7.7 percent in number of guests and 7.6 percent in overnight stays.

Overnight stays in hotels accounted for 71.9 percent of the total, rising by 11.1 percent in March, with three-star units seeing significant growth (14.5 percent), in line with previous months.

In tourist accommodation, the rise was 22.7 percent, 13.8 percent in tourist apartments and 12.8 percent at inns.

In the March statistics, the rise in overnight stays by Portuguese nationals increased, registering growth of 16.3 percent against 7.9 percent in

February, resulting in 1.1 million overnight stays, "a result influenced by the calendar effect of the Easter period, with an impact at the end of the month."

In terms of foreign markets, the increase was of 8.2 percent (5.5 percent in February) to 2.9 million overnight stays.

In the quarter, overnight stays increased by 10.5 percent for residents and 6.4 percent for non-residents.

INE noted that the Spanish market (12.7 percent of the total), "traditionally sensitive to the 'Easter effect'" showed significant growth of 75.1 percent, while in the first quarter it grew 30 percent.

TPN/Lusa

PM confident that economy will grow more this year

The Portuguese Prime Minister said on Tuesday that data on the growth of the Portuguese economy in the first quarter of this year is in line with the Government's forecasts and added he was confident in an acceleration of growth until the end of 2018.

António Costa was speaking to reporters at the Pontinha barracks in Odivelas municipality, following the publication of the latest figures from the National Statistics Institute (INE), according to which the Portuguese economy grew by 2.1 percent on year in the first quarter and 0.4 percent against the previous quarter.

According to the Prime Minister, these figures "are

in line with the forecast" of the Government, as this year it expected, "a slower pace of growth of the Portuguese economy, in line with the evolution of the European economy."

"But the Government is expecting with the quarter that has already begun that the economy will see a better result," he said.

According to the prime minister, there are two indicators that lead the

minority socialist government to remain optimistic about the rest of the year.

First, according to the PM, "there is the fact that in the first quarter investment has grown significantly, which is important."

"Alongside this, we can see by the evolution of social security contributions that the rate of reduction of unemployment and job creation remains very

fast," he said.

According to a flash estimate released on Tuesday by the National Statistics Institute (INE), Gross Domestic Product (GDP) increased by 2.1 percent in volume in the first quarter of 2018 (2.4 percent in the previous quarter) and compared to the fourth quarter of 2017, GDP increased by 0.4 percent in real terms (0.7 percent in the previous quarter). TPN/Lusa

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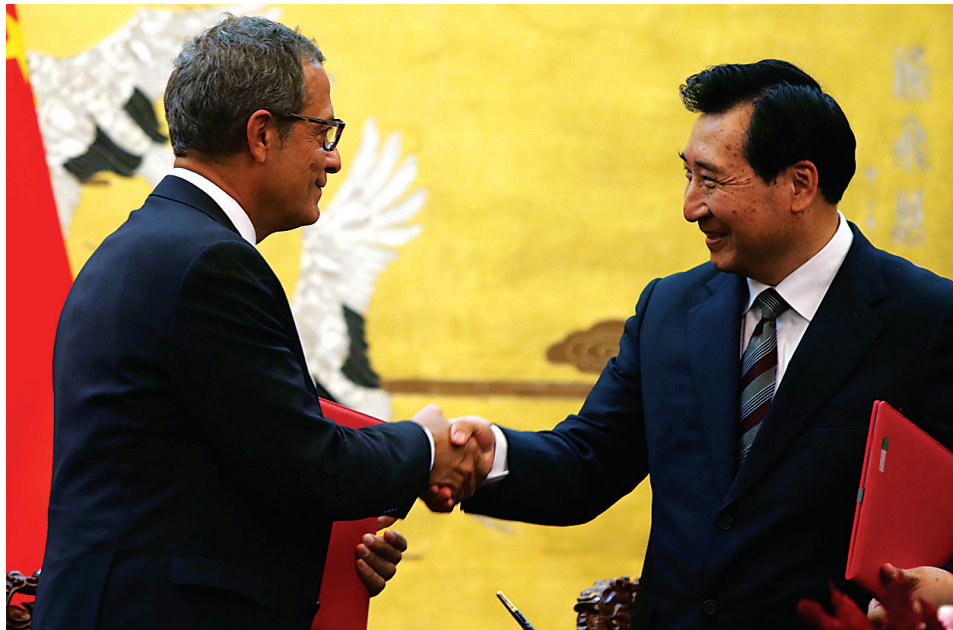


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EDP President António Mexia meets a representative of China Three Gorges during a visit to Asia. Photo (Estela Silva/Lusa)

EDP says takeover offer from CTG is too low

Portuguese power company EDP – Energias de Portugal believes that the price offered by China Three Gorges (Europe) to acquire it is too low, the company said in a statement filed with the Portuguese Securities Market Commission (CMVM) on Tuesday.

“The Executive Board of Directors considers that the price offered does not adequately reflect the value of EDP and that the premium implicit in the offer is low considering the practice followed in the European utilities market in situations where there has been acquisition of control by the potential buyer,” the statement said.

On Friday, China Three Gorges launched a voluntary takeover bid for EDP, offering 3.26 euros per share, representing a

4.82 percent premium over market value.

In the information filed with CMVM, EDP said it had started internal procedures and will make a statement, “in due time on the other terms of the offer,” that will be communicated to the Executive Board of Directors of EDP when China Three Gorges (Europe) sends it “the project of the prospect which will include the relevant details of the Industrial Project.”

On Monday, financial news agency Bloomberg

reported that EDP was preparing to reject the takeover bid on the grounds that the proposed price is low.

CTG, which already owns 23.27 percent of EDP, intends to keep the company headquartered in Portugal and is offering €3.26 per share, or a 4.82 percent premium over the market price, which values the company at around €11.9 billion.

EDP shares closed on Monday up 9.32 percent to €3.40.

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Two Portuguese business schools among top 50

The ranking combines assessments from two kinds of training programmes placing Católica Lisbon School of Business and Economics in 40th place and the Nova School of Business and Economics

Executive training courses at Portuguese universities were distinguished in the Financial Times ranking that put Católica Lisbon and Nova SBE among the best 50 in the world.

(SBE) in 50th.

Católica Lisbon issued a communiqué stressing the fact that this was its

12th consecutive appearance in the Financial Times list of best schools. TPN/Lusa

Financial risks coming down

Portugal's financial stability risks are gradually coming down, but more must be done to solve the question of borrowings and non-performing loans (NPL), rating agency DBRS said earlier this week.

However, and despite the borrowing and NPL levels coming down, “they are still high” so “more has to be done to reduce these levels to make them more manageable”, it said.

It also noted that the developments in the real-estate market were generally positive, but this was still an area that needed to be monitored, DBRS added.

As business loans and

NPL were coming down, the “banking sector was recovering and financial stability was improving”, DBRS said, adding that Portugal's efforts were paying off.

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Malaysia: A Second Chance



Newly-elected Malaysian Prime Minister Mahathir Mohamad takes questions at a press conference in Kuala Lumpur, Malaysia over the weekend. (Photo: EPA/AHMAD YUSNI)

He was a ruthless authoritarian who had his own deputy prime minister, Anwar Ibrahim, jailed on a trumped-up charge of sodomy when Anwar called for economic and political reforms in

1998. But he preserved Malaysia's basic democratic institutions when ethnic resentments threatened to overwhelm them, and he left the country in good shape economically when he retired at the age of 75 in 2001.

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preserved Malaysia's basic democratic institutions when ethnic resentments threatened to overwhelm them, and he left the country in good shape economically when he retired at the age of 75 in 2001.

It's unlikely that he ever imagined he would be returning to power at the age of 92.

Like Mahathir, his successors in office came from the United Malays National Organisation, a party claiming to represent the Malay half of the population that has dominated every ruling coalition since 1957. He criticised them from time to time, but he remained a loyal member of UMNO until the flagrant corruption of the last prime minister, Najib Razak, drove him to quit the party in 2016.

Najib's thievery was big and brazen. \$4.5 billion disappeared from a state investment vehicle called 1 Malaysian Development Berhad (1MDB) on his watch, and \$700 million of it ended up in his bank account. (He said that it was a gift from a friend in the Middle East.) Many other people in his government also got large sums of money, but only Najib bought a hundred-metre yacht complete with helicopter pad and movie theatre.

The theft began shortly after Najib won the 2008 election, and by the 2013 election so many

Mahathir Mohamad was always a curious character. He was prime minister of Malaysia for 22 years, and although he did not enrich himself, many of his cronies did very well from corrupt practices that he did little to curb.

Malaysians were aware that something was seriously wrong that the opposition coalition, led by Anwar Ibrahim (who had been released from jail in 2004), got a majority of the votes. It didn't win the election, however, because Malaysia's first-past-the-post election rules gave Najib's coalition more seats.

By now the US Department of Justice and the FBI were going after \$1.7 billion of 1MDB money that had been spent or hidden in the United States - "The Malaysian people were defrauded on an enormous scale," said Deputy FBI Director Andrew McCabe - but Najib just carried on as before.

When Anwar Ibrahim's support continued to grow, Najib had him arrested, tried on another sodomy charge, and jailed for five years in 2015. The following year Mahathir Mohamad quit the ruling party because he was "embarrassed" by the corruption, and popular protests began in the streets of Kuala Lumpur. Najib didn't even blink.

Last year Najib dismissed his own deputy and the attorney-general for making critical comments about the scandal, and in January the new attorney-general he appointed declared him free of any guilt over the affair. That was when Mahathir Mohamad's patience ran out, and he declared that he would lead the opposition coalition against Najib in the 2018 election.

He promised that he would immediately get a royal pardon for Anwar Ibrahim if he won, and would hand over the government to Anwar within two years. Although nobody quite trusted him, enough voted for him anyway, and the Malay-dominated coalition led by Najib lost power for the first time in the country's history.

Mahathir has already sprung Anwar from prison, and the American,

N GWYNNE DYER

Swiss and Singapore authorities are all eager to help him track down where the stolen money went. He even thinks he can recover most of it. And Najib Razak has been ordered not to leave the country pending further investigations into his fortune.

A happy ending to the tale, but there is one more service Mahathir could do for his country, and he is the only person who can do it. Only he has the prestige, and now also the power, to end the special legal position enjoyed by his fellow Malays.

Malays are, on average, more rural, less well educated and poorer than the other half of the country's population (Chinese, Indian and indigenous people). In an attempt to improve their lot and win their votes, successive Malay-led governments have granted them large educational and commercial privileges.

Perhaps special access for Malays to Malaysia's crowded universities should remain, although it is irksome to better-qualified students of other groups who are frozen out. But the rule that allows only Malay-led companies to bid on most government contracts is holding the entire economy back and has been the main source of corruption for the past six decades. Mahathir could and should kill it.

The four-party coalition he leads includes many Malays but is not dominated by them. At 92, he has no future political ambitions and can afford to annoy the entrenched clan of Malay 'businessmen' who live off padded government contracts.

If he acts now, he would give the country a second chance to become what it could be: a prosperous, spectacularly multi-cultural Asian version of Switzerland (without the mountains, of course).

ASK Kurt

All your computer questions answered

What is a SSD?

A solid-state drive (SSD) is a data storage device for your computer. In everyday use, it provides the same functionality as a traditional hard disk drive (HDD)—the standard for computer storage for many years. In fact, you wouldn't even know whether you're using an SSD or HDD if it wasn't for the differences in how they operate.

HDD's store their data on spinning metal platters, and whenever your computer wants to access some of that data a little needle-like component (called the "head") moves to the data's position and provides it to the computer.

Writing data to a HDD works in a similar fashion, where parts are constantly moving. SSD's, on the other hand, don't move at all. They store their data in blocks. When the computer wants some of that data, the SSD just says "okay, here it is." This is a simplified explanation, of course, but you might have noticed that the SSD's process seems a bit more direct and efficient. It is, and speed is the primary advantage of an SSD over a traditional HDD.

A new SSD can speed up your computer in several ways:

- Boot times will be significantly reduced.
- Launching applications will occur in a near-instant.
- Saving and opening documents won't lag.
- File copying and duplication speeds will improve.
- Overall, your system will feel much snappier.
- For these reasons alone an SSD is basically the single best upgrade for your desktop or laptop computer if you're looking for a way to make it operate faster.

Feel free to contact us for pricing on 934807027.

Email your questions to Kurt: kurt@algarvecomputercentre.com



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The meanings behind car badges

Audi

Audi's four interlocking rings date back to the very origin of the company. The early Audi joined forces with three other brands in 1932 - DKW, Horch, and Wanderer - to create Auto Union, and each ring represents an arm of that company. The brand would later revert to simply calling itself Audi.

Hyundai

Glance at it, and Hyundai's logo looks simply like an italicised H. However, it's actually intended to symbolise two people shaking hands and making a deal - not the easiest thing to spot!

BMW

BMW's logo is commonly said to represent a spinning aircraft propeller, but this likely dates back to a 1929 TV ad, showing a plane with the logo superimposed on it. The truth is much simpler - the blue and white represent the colours of the Bavarian Free State. At the time of its design, it was illegal to use national symbols in a commercial trademark, so the order was reversed.

Mitsubishi

Mitsubishi's deceptively simple three-pointed emblem is actually the combination of two family crests - Yamauchi and

Iwasaki. The name also derives from these: 'Mitsu', which means three, represents the three oak leaves of the Yamauchi family crest, while 'bishi' means water chestnut, as well as rhombus. The overall shape of the logo is also reminiscent of the founder's first employer - the three-leaf crest of the Tosa clan.

Alfa Romeo

The double-sided Alfa emblem features a red cross on its left side, as the symbol of Milan, and on the right, a snake 'eating' a man. This is the symbol of the Visconti family and dates back to the crusades, when Ottone Visconti fought a noble Saracen knight. Beating the knight, he took the symbols from his shield. Alfa Romeo says the symbol actually shows a man being reborn and renewed from the mouth of the snake, but the flailing arms say otherwise to us.

Ferrari

One of the world's best-known car logos, the prancing horse emblem first appeared on the plane of WWI pilot Francesco Baracca. Baracca's mother told Enzo Ferrari that using the horse would bring good luck, and it certainly seems to have done the trick. The yellow background represents the brand's Modena hometown.



Porsche

Porsche's logo is fairly simple - the amalgamation of two coats of arms. It takes elements from the Free State of Wurttemberg in Western Germany as well as its former capital, Stuttgart.

Rolls-Royce

The original 'Spirit of Ecstasy' is thought to be actress Eleanor Thornton, who modelled for a sculpture called 'The Whisperer'.

When Lord Montagu of Beaulieu requested a custom logo for his Rolls-Royce, this was the inspiration - and it was such a hit that Rolls-Royce commissioned it for all of its cars.

Mercedes

The iconic three-pointed star was created to embody the firm's desire to establish motorised mastery of the land,

sea, and air. That's right, Mercedes planned for world domination. Scary.

Subaru

Subaru's six stars represent the Seven Sisters constellation - also known as Pleiades, and called 'subaru' in Japanese. They also represent the six companies that merged together to form Subaru's parent brand, Fuji Heavy Industries.



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Musical Evening To Aid Estoi Casa Do Povo



In 2009 just after its inauguration, the Rotary Club of Estoi Palace International (RCEPI) looked for a project that would help the underprivileged in Estoi. Financial collapse was engulfing the world and the number of families registered locally with the Faro Food Bank was rising dramatically. Our then President Agnete Sylvan talked to the Director of the Casa do Povo about how we could help and the monthly food packs distributed from the Community Centre to those registered with the Food Bank were discussed. At that time each family only received 1 litre of long life milk per month. Our Club decided to increase this to 6 litres per child and 2 litres per adult for each family at an annual cost of approximately 2500 euros. This is funded in the main by the quiz nights organised by RCEPI.

As we approach a milestone of 50,000 litres of milk delivered since the inception of the project, a Musical Evening was organised

to celebrate in support of the Estoi Casa do Povo.

Music was provided by All Mixed Up, a choir from Moncarapacho giving their first ever performance; Rattle 'N Strum playing guitars, ukuleles and banjo; Bob Dylan tribute artist Boris Buggerov; and blues guitarist Pete Robinson. An enthusiastic audience enjoyed an entertaining evening from all the acts present.

Over the years Estoi Palace Rotary Club has helped the Casa do Povo in various ways, installing a heating system, wheelchair ramps, painting the interior, and helping to buy them a new van, to name but a few. The 1000 euros raised at this event on Saturday 5th of May, was donated to the Community Centre and will be used to renovate an exterior area.

For further information on Rotary Club Estoi Palace International contact moc@rotaryestoiipalace.org, www.rotaryestoiipalace.org.

4th Annual White Night

Participate in a unique event and support the Portuguese Community!

A night dedicated to the colour white and to fellowship! Enjoy a dining experience in elegant and convivial surroundings at an historical location in Faro Old Town. 230 guests attended last year's event.

The concept of a Dinner in White (Branco ao Jantar) is back for the fourth time in Faro. The event will be held again at the Catering College (formerly a 17th century convent), Largo de São Francisco, on June 9th 2018 from 7:30 p.m. It is organized by the Rotary Clubs of Estoi Palace International and Olhão, in association with the Alliance Française in Algarve. The objective is to primarily raise funds in favour of the Portuguese Association Beleza dos Afetos; that helps victims of autism and their families, as well as the Algarve Food Bank. Entry fee is 20 € per person.

The "dress code" for the

evening is WHITE. You will bring your own food and drinks. Round tables (for 10 or 12 people) will create the opportunity to welcome your friends. A judging panel will give a prize to the most attractive and innovative table. The evening will also include various cultural events. All organizers are volunteers. The funds collected will be donated to these two associations and to other charities supported by Rotary.

Seating being limited, tickets must be purchased in advance, preferably for a full table. They will be available (cash only) at the Alliance Française in Faro, Rua de Maio 1.º n.º15, near the port. Alternatively, payment transfer via MultiBanco is also possible: please contact us for bank details.

For more information and booking: algarve@alliancefr.pt
Contact in Portuguese - M.º Carmo Justo - 918 291 581

Contact in French and English - Christine Fay - 919 892 977

Whose Life is it Anyway?

Despite the subject matter, Whose Life is it Anyway? is not a depressing play but one that challenges our beliefs in an uplifting and reflective way.

The play, by Brian Clark, is about a woman in hospital who fights for the right to choose to die.

The hospital's view is that euthanasia is illegal and doctors must try to preserve life and cannot destroy it. Claire Harrison, is a quadriplegic after a car accident, four months prior to the opening scene of the play. The doctors managed to stabilise her, but Claire is unable to move any part of her body other than her head and she cannot survive independently from the hospital.

Before the accident she was a sculptor and she now wonders if she will ever be able to return to the life she once

led. When she realises she will never be able to do so, she decides she does not want "to go on living with so much effort for such little result". The hospital staff, however, maintain that it is their job "to save life, not to lose it".

These opposing views are argued throughout the play in a witty and thought-provoking way and help to widen our knowledge of, together with opinions on, euthanasia and free will.

Join The Algarveans at the Lagoa firestation (Bombeiros Voluntários) on May 23 at 7.30pm to read through the play and enjoy cheese and wine whilst doing so.

Please email the director, Chris, at winnies@btpenworld.com or call him on 919 198 840 to let him know you are coming to help with catering numbers.

Algarve Activity Bike Rides

Saturday 19 May: - No Ride today, too many other commitments.

Sunday 20 May: - Bike Ride starting in Loulé, we meet in the avenida opposite the market at 09.15am ready for a 09.30am start. This will be a fairly easy ride of around 35 kms with a café stop somewhere along the way.

If you would like to come along to one of these rides, please confirm either by text, email or on Facebook via the Activity

Algarve Bike Rides page. If a ride has to be cancelled for any reason, such as bad weather, notification will be via text. We reserve the right to cancel any ride if less than 5 people are signed up. Price for participation is €5 per rider per ride. For more information please contact Paul Beesley on tel: 913226954, email: paul@algarvebikeholidays.com, see our website: www.algarvebikeholidays.com, or Facebook: AlgarveBike Holidays.

Let's Walk in the Algarve

Tuesday May 22 - Let's Walk to the River

A beautiful easy walk of just over 2 hours to the edge of the Arade river. On your way you should see the storks nesting in the olive trees. 10.30am start - meet at the church in the centre of Odiáxere, a village on the EN125 between Portimão and Lagos. If coming from Portimão the church is on the left. There is parking and cafés close by. Julie 965 753 033

Tuesday May 29 - Let's Walk from Poço Barreto

A fairly easy walk of about 2 hours through unspoilt

countryside and orange groves with good views all round.

10.30am start - meet at the Café Sustelo, Poco Barreto. The village is on the main road between Silves and Algoz. The café is on the left and parking is by the train station to the right. Chris 913 011 537

There is no need to book please just come along wearing shoes suitable for country walking and please bring a sense of humour! There is a nominal charge of €5 per person which includes a donation to charity. If the weather looks doubtful please call beforehand - Julie 965 753 033.

St Patricks Society Irish May Walk

Saturday May 26: The St. Patricks society May walk will be led by that famous Algarve walker Peter Eichhorn.

Our walk will take place at Corte Valada around 5km north of Odiáxere. We will meet at 10.30am. The walk will be approx. 7-8km long.

With the lovely walk chosen, we may have to cross a shallow stream. I advise bringing a small towel to dry wet feet.

Directions: In the centre of Odiáxere turn north direction Baragem. Set counter to zero. Follow the road for 2,20km and

turn right direction Farta Vaca.

After 3,55km turn left uphill on a dirt track to Corte Velada. Follow this road until your counter shows 5,00km. Park behind the ruin at the right side.

You are now at 37° 11' 08.58"N; 8° 40' 18.62 W.

Lunch is available after the walk so please let us know; A) if you are coming and, B) if you wish to stay for lunch.

Contact: John O'Neill 969459029 johnobocadorio@gmail.com or Peter Eichhorn 914078174 petereichhorn1@sapo.pt



Swiss Club Algarve open to New Members

Swiss Club Algarve was founded on the 26th of April 2018, a sunny day, which can only be a good sign!

We started with 31 members who are all interested in the meaning and purpose of our activities. This is, we all like to share the social, cultural and culinary enjoyments of life in the Algarve.

And, if needed, to give hints, advice, and support to each

other. We aim to be an easy-going, laid-back community. Our next event will be a boat tour on the Guardiania River (Spain frontier) including lunch in a nice spot, at the end of June. Everyone is invited and welcome to participate.

For further information, send an email to peter.bickel@gmx.ch, President of the club's board. All interested are welcome to make friends (no costs!).

APAA does Mamma Mia!

If you missed "Sound of Music", please don't miss "Mamma Mia" Saturday May 19 at Recanto dos Múros, Silves at 7.30pm.

€20 includes a 3 course meal with drinks. Tapas starter, plus choice of Wild Boar Stew, Turkey with mushroom cream sauce or Bacalhau with cream and prawns, dessert, plus wine,

beer and water during the meal (pre and after drinks extra).

Sing along to the ABBA soundtrack. Please feel free to dress in your best ABBA outfit or come as you are. Win a bottle of cava for the best ABBA outfit

email: info.apaaportugal@gmail.com or call Jenny on 919041903

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SUPPORT: CAMARA MUNICIPAL DE LAGOA

Please send your Club or Community news to:
newsdesk@theportugalnews.com

Charity quiz night

The Cupid Quiz Group invites you to their next quiz night on Saturday May 26, in aid of The MAYDAY Animal Sanctuary.

The Cupid Group is an unofficial club including full- and part-time residents and visitors who get together every five or six weeks through the year for a fun quiz evening and supper. They meet on Saturday evenings at Christopher and Roberta New's house near Alcantarilha Station – inside if cold or out on the covered terrace during the summer. Supper is supplied by Roberta and other volunteers so there are virtually no costs associated with running the events. The result is that although the entry fee is only fifteen euros and numbers are strictly limited, a typical evening raises between three and four hundred euros all of which goes straight to the animals.

The quiz, a combination of general knowledge, pictures and music – all using pre-prepared answer sheets - is compiled by

quizmaster Chris and all marking is carried out by his wife and resident marker "Robbie the Robot"! There is therefore no tedious swapping of answer sheets between teams and consequent disagreements over marks – though that is not to say that queries never arise!

For supper there is a choice of main course and a selection of sweets and it is no surprise that the quiz supper is known for being one of the best in the Algarve.

The next quiz night is scheduled to run on Saturday 26 May at 7.30pm, hopefully on the large, fully shaded, outdoor terrace.

There is room for a few new players if you would like to join in the fun and meet some new people either as an individual or as a small group - assured that all monies raised go straight to the animals, contact Chris on 917 764 885 or christopher.c.new@gmail.com. Please note that pre-booking is essential as everyone has to be part of one of the teams of four to six players.

Nobel Teens Survive 100km Trail of Discovery

Students aged 14 and 15 in the Nobel International School Algarve completed the school's second Journey of Discovery, a physical and mental challenge taking in more than 100km from Porches to Foia and back. The group of 28 young people departed on Friday 27th April for seven days, walking an average of 200,000 steps and experiencing one day of reflection and solitude.

This is the second time that the international day and boarding school has led a Journey of Discovery and Head of School Mike Farrer joined the party along with geography teacher and D of E leader Matt Harris, and science teacher Andreia Rodrigues.

The group, mostly inexperienced in outdoor pursuits, learnt to cook on stoves and developed their competence in camp craft skills. They forged rivers, toasted

marshmallow and Nutella cookie sandwiches on the barbecue and they cooked spaghetti bolognese in the pouring rain! Most importantly, many overcame some of their worst fears: a week without their parents, their phone, TV, solitude, walking 100km, pain. During the penultimate day, the entire group had four hours of complete solitude, when they each read a letter written by their parents and had the chance to respond.

Group leader Matt Harris, who has been leading outdoor education expeditions for more than 20 years, said: "It was such a pleasure to watch the dramatic changes in each student throughout the week; to see them develop from being a group of individuals to a super high-functioning team by the last day. They come back determined, motivated, clearer about their future ideas and plans



– we see immediate positive change. It never ceases to amaze me how powerful the act of journeying is for young people, particularly for groups. It tests them both physically and mentally, and also really pushes along the development of independent learning skills and personal and social skills. This particular trip is planned quite

carefully to be almost physically and mentally impossible, and we encourage the whole group to go; many of whom might not be keen on this kind of challenge and many who have very little experience, so you can't go to that place, near the impossible, without finding things out about yourself."

Bowls Algarve

Another gloriously sunny day dawned for this week's match on Thursday 10th May, and the venue this week was Valverde Bowling Club in Almancil. We, on the Algarve are extremely lucky to have such beautiful venues at which to bowl. We have clubs to visit deep in the countryside with wonderful views, clubs whose home greens are right on the beach overlooking the sea, and everything in between. No wonder the Springtime visiting teams enjoy coming to the Algarve so much.

This week's games were hard fought amongst the teams, but always played within the spirit of the game. Pedras Panthers remain in the top slot with fourteen points, and Alvor Kestrels and Balaia Dolphins in

joint second place with twelve points each. Valverde Vulcans and Valverde Vikings in fourth place on ten points each. Albufeira Wildcats are on nine points, Floresta Falcons on six points, Tavira Tigers have four points and Alvor Egrets whose turn it was to rest this week, at the bottom with three points, all fighting hard with plenty of time to catch up.

The Summer League season is shorter than the Winter League due to there being less teams entered. We have four weeks before a week's break, to be held at the end of May, then the final five weeks of the competition from the beginning of June until the beginning of July, when there is a Celebration Presentation lunch.

To all Ex Round Tablers — there is a choice !!

There IS another 41 Club on the Algarve, not as large as the old one but one of the reasons for that is that we only have Ex Round Tablers as members, the other of course, is our age. Having recently celebrated its first anniversary, I am pleased to report that membership of the "ALGARVE INTERNATIONAL S.E.T. 41 club has increased its membership by 25% since its affiliation to "The Association of Ex-Round Tablers Clubs".

In view of the fact that 2 of the founder members were National Officers at the time of its inauguration, an invitation to participate in the Iberian Cluster was almost automatic.

Having failed in our previous efforts to create a

Round Table in the Algarve, our members current aim is to establish an organisation which brings together ex-Tablers from various countries who have chosen to take up residency permanently or part time here and would enjoy some old Round Table fellowship.

We currently meet on the second Tuesday of the month at a restaurant in the centre of the Algarve close to Paderne and after the meeting are joined by our Ladies for lunch.

If you have an interest in joining us, please send an email to joshatmatos@hotmail.com detailing your personal Round Table and 41 Club history.

I look forward to hearing from you. - Josh

Book launch - Catherine of Braganza

Isabel Stilwell will be presenting her book Catherine of Braganza in Cascais on the 22nd of May at 5.30pm. It has just been translated into English. It will be a wonderful evening

spent talking about Catherine, historical novels, writing, books and much more.

For more information, visit: www.isabelstilwell.com, [Facebook.com/istilwell](https://www.facebook.com/istilwell)

Livros Horizonte and Isabel Stilwell have the pleasure of inviting you to the book launch of

CATHERINE OF BRAGANZA

THE COURAGE OF A PORTUGUESE INFANTA WHO BECAME QUEEN OF ENGLAND

Tuesday, 22nd May 2018, 5:30 pm, Casa de Santa Maria, Cascais

Please RSVP to alexandra.cayolla@livros-horizonte.pt or 21 346 6917 by 19th of May 2018

CASCAIS FUNDACÃO D. LUIS LIVROS HORIZONTE



Show Band Charity

It was a full house at the Bombeiros Fire Station, Lagoa, for a dinner, sponsored by "The Salvation Army" and a Country & Western Show by "The Strings & Things Show Band".

The 13-piece Show Band led by Band Leader Howard Scott Parkin were on top form playing the Greatest Country Hits of all time to a very

enthusiastic audience, who had the bonus of also seeing "The Ukulele Ladies", a 13-piece guest band from Sweden, perform a nice set of songs, in both Swedish and English.

A fund raiser that amounted to 1,000.00 euros for the Bombeiros confirmed that a great night was had by all.

The Strings & Things Show Band; 919 968 768

Association for the Protection of Animals in the Algarve

High Tea at Barbara's Plus Bake Sale

On Thursday 7th June at the house of Barbara Barnes, Armação de Pêra

Address and directions with booking Any time between 2.30 and 4.30 for bake sale 2.30 to 3.30 OR 3.30 to 4.30 for High Tea (please specify when booking)

7,50€ includes a glass of CAVA, white or rosé A savoury plate - sandwiches, vol-au-vents, etc. Plus a sweet plate - selection of cakes plus tea or coffee. Cakes to take away individually priced Cards and Jewellery on sale by Alan Sheppard

All monies go to APAA For directions, more information or to book your place:- Email - info_apaaportugal@gmail.com Or call Jenny on 919 041 903 Or Barbara 913 670 670

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The Sun Has Finally Arrived

And so have Manchester United in the form of our fabulous range "MLILY", just in time for summer.

We are proud to be the sole representatives for MLILY in the Algarve. MLILY are global partners of Manchester United Football Club, supplying the market across Europe, Asia and North America. They have a simple mission and winning formula: "To create a bed that truly benefits your health and lifestyle" and "To offer premium products for exceptional value".

MLILY'S cooling layers are perfect for our hot summer nights, the careful combinations of the best cooling gels, comfort memory foam and advanced pocket springs provide layers that are cool and breathable and adapt to all body shapes and sizes; all designed to give you a more regenerative sleep.

The orthopaedic range with its firmer feel and flex support system provides

stability for your back and hips, ideal for anyone who suffers from chronic back pain and is currently being used by M.U.F.C to aid players performance and recovery.

To complement the range we have two MLILY pillows. The Ambience, containing Cool Comfort Gel and The Indulgence, which combines luxury duck and down with Supreme MLILY Memory Foam that can be added or removed to create your preferred sleeping position; both contouring perfectly the shape of your neck and head.

To further enhance our range we have added The Climate Control and The Sensacool. Both, as the names suggest, have wonderful cooling properties. The Climate Control has a unique "ICE FABRIC" that is cool to the touch, a turntable mattress with a warm side for winter and the cool side for summer, the perfect all year round solution.

The Sensacool with 1500 springs and specially designed fillings, offering a cool sensation, could also be an ideal choice to help you wake refreshed and ready to face the day.

With some great discounts available, all of these products are in stock ready for delivery.

If you require any further information please contact one of our bed experts in either our Lagos or Almancil store.

See our main advert on page 47.



Plan your garden to use less water

If you are having a new house built, by instructing your architect/builder you can plan a water saving garden, and also save money.

By using plants indigenous to Portugal that need minimum water and maintenance and Artificial Grass from Belgium your garden

looks good all year round and you don't need to pay a gardener to maintain the lawn. You also save the cost and hassle of having irrigation fitted, so it's win-win.

This formula also works of course if you remodel your garden.

It is quite possible that in the near future water use restrictions may come in. Just like California where it is illegal to water a lawn during a drought.

See our adverts on pages 4 and 24 to see where the nearest distributor is to you in the Algarve for Mãos Verdes grass and accessories.

With new build properties, the existing builder can do all the preparation work at minimal cost, making installation even cheaper. Check out our website www.maosverdes.pt, where you will find installation videos and a list of suitable installers.

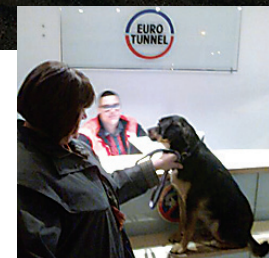
If you send pictures and a plan of your proposed installation, we can frequently give you an estimated cost by return of email.

We are looking for more Garden Centres to stock our grass and also to increase our list of installers.

See us at the Algarve Fair 2/3rd June. Stand No. 06



Euro Pet Transport looking after your valuable cargo!



Euro Pet Transport is a small family business run by local Algarve residents, Ian and Sheila, who provide a quality and secure service, relocating pets across Western Europe.

Scheduled trips run monthly between Portugal and the UK and bi-monthly between Portugal and Germany with flexibility for additional dates. Travelling via the toll roads and the Eurotunnel allows for a more comfortable, shorter journey where pets are never left alone.

With regular stops at safe destinations along the route for walking the dogs, road travel can be a much less stressful and daunting experience than flying as cargo. Animals' needs are always put first, providing owners with peace of mind that pets will arrive at their destination without delay and in safe hands.

All pets travel in specially adapted

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Secure, roomy cages within the vehicle are positioned allowing all animals to see outside through tinted windows - from experience, having access to a window view often makes both dogs and cats more relaxed travellers. Everything your pet needs for a safe and comfortable journey has been considered - being pet owners themselves, Ian and Sheila know all too well how valuable their cargo is!

In addition to working with pets, Euro Pet Transport has established links with various rescue organisations across several countries, relocating cats and dogs to Germany, Holland, Belgium, Switzerland and the UK.

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SOMETHING TO SHOUT ABOUT!



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With summer just around the corner, it's time for alfresco dining, patio lounging and outdoor entertaining.

Chatsworth Flower Show, where he will be exhibiting a garden on behalf of Macmillan Cancer Support, here are his top tips on how to add character to any urban garden.

- 1. Look for the sun**
 In a small garden, the spot where the sun is shining at 6pm on a Friday in July is the most important part - so whatever your design is, it's basically got to revolve around that golden spot. If you want to enjoy the early-evening sun, put some seating there so you can enjoy your sundowners.
- 2. Don't be afraid to be bold**

Don't think that just because you have a small space all you can do is put a 50cm flower bed around the outside of the area you're designing. Break up the space with planting jutting out onto pathways - that way your journey through even the smallest of gardens becomes interesting.

Careful planning will help you use the space to your best advantage. I always describe designing a small urban garden like a game of Tetris. You have a list of essentials and it's all about fitting them into the garden in the best possible way. I try to keep my material selection down to three - that way the space is much more harmonious and less cluttered. Structure is key. Planting trees gives any garden good vertical character and really helps to create the framework for a garden.

- 3. Incorporate self-seeding plants**
 Self-seeders will fill holes and create their own planting plan without you having to lift a finger. There is a lot to be said for just letting certain plants do their own thing. Nature will find a balance and if you keep the edges under control, you've got a low maintenance garden that has created itself.

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But for city and town dwellers, creating a leafy paradise in the middle of an urban jungle can seem like an impossible pipe dream. To the rescue comes London-based garden designer Michael Coley, who's a pro when it comes to transforming city spaces. Ahead of the RHS

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Home hacks for a less frazzled life

There's never going to be a magic wand for making life easy - but we're huge believers that little things really can add up to make a big difference, and as is so often the case, it starts at home.

Making little tweaks to cut the drama and chaos, and make managing the day-to-day a bit simpler, can really help with keeping stress in check.

Here are five 'home hacks' for life less stressed (and no, we haven't mentioned baths, plants and candles - although we are huge fans of those too...).

1. Have a 'frequently misplaced items' place

Always seem to be dashing around at the last minute, rummaging for misplaced keys or hunting down your bus pass? There's enough stress and chaos without adding to it by being late all the time, because you can't find something just as you're about to leave the house. An easy solution to all this is to have a dedicated place for 'frequently misplaced everyday essentials' - perhaps a lovely ceramic dish, or a little shelf - where you put said essentials every time you enter the house. It'll soon become a habit you barely notice you're even doing. That way, every single time you need to grab them quickly, you'll know exactly where they are. Who knew it was that simple?!

2. Make storage solutions your best friend

Now, we're not claiming to be neat-freaks (my bedroom still frequently looks like a tornado's passed through). But that said, the power of decluttering should not be underestimated. I mean, entire global movements have been

dedicated to this topic, and it's proved to be a goldmine for book publishers in recent years, so there must be something to it.

Being more mindful as a consumer (basically not buying tons of stuff you don't actually need), and having regular charity shop clear-outs are two great ways of keeping clutter levels in check. But do yourself a favour and kit your space out with adequate storage solutions too. If space is mega-tight (hello fellow renters!), then head to one of those budget homeware shops and stock up on sturdy boxes that can go under the bed/stairs/sink/atop bookshelves - anywhere, so long as you're concealing the chaos. You will feel calmer and more in control. Honestly, it's amazing how much lighter you feel when your space isn't full of mess.

3. Start labelling (or at least sorting)

How many times have you bought something you know you already have somewhere at home, but just can't find? (Sellotape and adapter plugs are my guilty items.) Here's a little weekend project that'll make this a thing of the past and invite a new sense of stress-free order into your home and psyche. So, rather than having drawers and boxes stuffed randomly with bits and bobs, sort them by theme and then get labelling (or just add a discreet tag inside the drawer or box if that's more your style).

So it might be 'Travel Items' (adapter plugs, noted),

'Stationery' (Sellotape, yep), 'Electrical-stuff-you're-not-even-sure-is-for' (all those extra cables and bits that come with new phones/laptops/etc). This probably sounds like a no-brainer to some people, but if you're the sort of person whose whole household organisational system resembles Monica's 'secret closet' on Friends, get on it.

4. Print a 'power picture'

Feeling strong and confident isn't something that just magically happens; sometimes you need to work at it a little - and a touch of DIY home decor could be just the ticket. Pick a photo that reminds you of a moment in time, place or people that makes/make you feel amazing and powerful. This might be from that time you completed a charity run, a holiday when you felt utterly free and on top of the world, or a snap with family and friends that floods your heart with joy. Get it printed, frame it, and hang or place it somewhere you'll see every time you're getting ready to leave the house. Then, as you're about to head out and face the day,

look at your 'power picture' and take a second to drink it in and go back to that place: You're ready.

5. Invest in health-enhancing purchases (like a great mattress)

It's tempting to spend a fortune getting your home looking stylish - but racking up huge credit card debts to do so really isn't going to help those stress levels. Make your home cosy and personal, but do so within your means and accept that the 'dream home' might be a long-term goal.

When you are able to make some splurges, start with the ones that are truly going to make a difference to your life and wellbeing - like an amazing mattress. They don't come cheap, but quality sleep is so important. Switching to a really well-made mattress with the right level of support - no more tossing and turning trying to get comfortable or waking up with knotty shoulders and sore hips - can literally change your life. Surely that's worth way more than upgrading your TV or having a slightly more Pinterest-worthy sofa?

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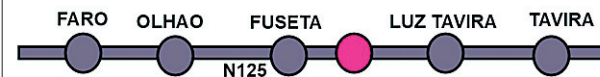


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The Algarve Dog Show 2018, June 2 and 3, Fatacil, Lagoa

Our judge is ready. Colin Cummins will be joining us again as show judge. Colin has bred and shown Labradors and Chows.

Bring your gorgeous dogs along to the Dog Show and show Colin what beautiful dogs we have here in the Algarve.

The show is open to all dogs, pedigrees, mixed breeds, ruffy tuftys, 4 legged, 3 legged, 2 legged with wheels. It is a FUN dog show to highlight the uniqueness of all dogs; to highlight their characters and personalities, well trained and cheeky!! And it is these traits which Colin will be looking for.

Your dog might have a special trick up its sleeve, whether it be sit and stay on command, roll over, balance biscuit on nose, shake paw or play football - every dog is special and unique and they all enjoy showing off. Or think about dressing up like your dog for the Dog and owner lookalike, whether

it is painting your face or fancy dress.

The aim of the Algarve Dog Show is to have fun and raise money for charity. The more PAWS THROUGH THE DOOR the more money is raised for the charity.

The 1st GIVE ME the PAW Obedience Trophy - new this year - GIVE ME the PAW have come up with a new competition which will run as part of the Algarve Dog Show each day. You can enter your dog into the competition for 3€ per dog and all money raised will go to this years charity. So what is it? There are 6 exercises which your dog and you will be marked on. STARTING POSITION - dog has to go close to owners left leg, turn around and sit. HEELWORK ON LEAD - dog has to walk close to owner, 2 turns left, 2 turns right, 2 Uturns and a stop. RECALL - recall from 20 metres. DISTANCE CONTROL - 3 metres distance dog has to down and sit up. DOWN & STAY 30 SECONDS - owners go 20 metres away.

SOCIABILITY AND GENERAL EVALUATION - good relationship between dog, owner and judge. Great prizes for 1st, 2nd and 3rd places. So have a go, even if you and your dog are not 100% prepared, it is all fun and raises more money for the charity.

PAWS THROUGH THE DOOR - There are 17 classes each day which are open for all to enter. There are classes for mixed breeds and pedigree so everyone is welcome. Please see list of classes. Puppies have to be over 4 months and the class is open to those aged up to 9 months. All the other classes are open to one and all. All you need to enter

a class is to bring your dog, a lead and its vaccination record book. Each class is 3€ to enter with the 5th class FREE and all proceeds go to the charity. The more paws that enter then the more money is raised for the charity.

This years chosen charity is MAYDAY situated in the South-West Algarve providing refuge for up to 120 dogs. They all have warm, comfortable houses and shelters from all weather. Karen and her team work tirelessly to provide shelter, food and medical care for these dogs, while trying to find them loving forever homes. Money raised at this year's show will go towards

providing new fencing, sterilisation and medication.

CaneUtile dog club will be doing a demonstration each day. CaneUtile is a non-profit dog sport club whose mission is to integrate dogs in society and promote dog sports. The club has won the National Champion School's title 8 times, and the chief trainer Celso Alves is the most titled trainer in Portugal. He is a worldwide reference, winning the Mondioring's Portuguese Cup 11 times and participating at the World Cup several times. The club helps with the training of all dogs, no matter the age or breed, doing individual or group training depending on each case. The club has rehabilitation and behaviour problems programmes available, as well as the basic obedience program for pet

dogs and sports as Obedience, IPO and Monitoring. The club also trains and provides dogs for movies, series and other productions.

So come along and join us on the 2nd and 3rd June at Lagoa, as part of the International Algarve Fair, and help us raise much needed funds for this local charity.

Please arrive at least 45 minutes before the start of the class to allow time for registration and to get to the collecting ring.

You need to bring your dog's vaccine document. The vet will have the right to exclude you if you do not have this with you. You have to have the microchip number and up to date rabies vaccination to enter.

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Saturday 2nd June 2018	Sponsorship	Sunday 3rd June 2018	Sponsorship
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Best Puppy (4-9 months)	Merrylegs Pet Hotel	Dog with the X-Factor - best tricks	GIVE ME the PAW
Young handlers <16 years old	Hotel Vilamar	Best Female - Mixed Breed	Dog Emporium
Dog and Owner Lookalike	EUROPet Transport	Best Female - Pedigree	EUROPet Transport
Waggiest Tail	Alicias Transfers	Doggy with the Best Eyes	IBEX Insure
Portuguese Breeds	LuzDoc	Best Male - Mixed Breed	VS Coms
Best Male Pedigree	Maos Verdes	Golden Oldies >8 years old	LuzDoc
Best Rescue	LuzDoc	The BIG SIT!	Maos Verdes
The BIG SIT!	Alicias Transfers	The best Recall	GIVE ME the PAW
The best Recall	GIVE ME the PAW	Best Rescue	Alicias Transfers
Golden Oldies >8 years old	VS Coms	Best Male Pedigree	Clinica Veterinaria de Vilamoura
Best Male - Mixed Breed	Clinica Veterinaria de Vilamoura	Portuguese Breeds	Merrylegs Pet Hotel
Doggy with the Best Eyes	IBEX Insure	Waggiest Tail	Alicias Transfers
Best Female - Pedigree	EUROPet Transport	Dog and Owner Lookalike	EUROPet Transport
Best Female - Mixed Breed	Dog Emporium	Young handlers <16 years old	Hotel Vilamar
Dog with the X-Factor - best tricks	GIVE ME the PAW	Best Puppy (4-9 months)	VS Coms
Best Groomed dog	Hotel Vilamar	Caneutile Display	Hotel Vilamar
Adopt-A-Dog	Maos Verdes	Adopt-A-Dog	LuzDoc
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Pack your bags it's festival time!

EXIT FESTIVAL Staged in an imposing fortress high above the mighty river Danube, it quickly becomes clear why Exit festival is developing an equally formidable reputation.

Having emerged from a resistance movement during troubled times in the Balkans, the annual four-day event was once again crowned Best Major Festival at the European Festival Awards in 2017.

An eclectic mix of music, unique setting and almost-guaranteed sunshine during Serbia's scorching summers create an extremely successful formula.

What's it like?

Every July, almost 50 stages and performance areas are packed into the vast Petrovaradin Fortress on the eastern bank of the country's second city Novi Sad.

As festival entrances go, a narrow wooden bridge spanning the lush green grass of a former moat is certainly different. Historical charm continues through an arched gateway where a series of illuminated tunnels and winding cobbled paths lead to competing sounds of punk rock, techno and reggae.

At the heart of the maze-like interior is the colossal main stage. Snoop Dog, Sex Pistols and Gloria Gaynor are among the diverse headliners of years

gone by, with Jamaican pop star Grace Jones and multi-Grammy winner Ziggy Marley - son of reggae star Bob - set to join that list this July, while French DJ David Guetta will close the festival.

What's the history of the festival?

The 18-year-old event originated from much more humble beginnings with a serious political objective.

"Exit was the first event after the civil wars that gathered massive amounts of young people from all of these republics," explains joint-founder and current festival director, Dusan Kovacevic.

"Nobody thought that would happen; that people from Croatia, Bosnia, Montenegro, Slovenia and Macedonia would come to Serbia to party."

Peace, freedom and democracy remain core values of the event and a celebratory atmosphere endures.

Who goes there?

Residents of the former Yugoslavia still account for the majority of visitors - around 70 per cent - with many teenagers from the surrounding areas viewing their first Exit as a coming-of-age experience.

Thousands of revellers continue to stream into the venue until the early hours, long after some main acts have completed their encores.

They are primarily here for the festival's signature DJ sets, pumped out in the

dusty, 25,000-capacity dance arena, which is widely regarded as the jewel in the festival's crown. A sweaty night spent among the sea of bodies and strobe lights until the sun rises above the fortress walls leaves me in no doubt as to why.

Regardless of whether you enjoy electronic dance tunes, there is no denying that Serbia knows how to host a party. And given 2017's record-breaking attendance of in excess of 215,000, they are likely to be doing so for the foreseeable future.

Five more fabulous European dance festivals you have to try...

1. Flow Festival

Where: Helsinki, Finland

When: August 10-12

Held in a disused power station only a short walk from the centre of Helsinki, Flow Festival features a variety of artists playing indie rock, soul and jazz. The main stage can host up to 25,000 people.

Balloon 360 Stage, one of the venue's highlights, was born six years ago as a result of an architecture competition. Other venues include the Black Tent, the Red Garden and the Backyard. This year, Patty Smith and Arctic Monkeys will perform among other national and international artists.

2. Sziget

Where: Budapest, Hungary

When: August 8-15

Born after the fall of the

Portugal is home to fantastic summer music festivals, however if you are looking to combine a break with some summer sounds, why not pack your bags and travel to some of the top events this year?



Exit festival in Serbia. (Photo: Bernard Bodoi/PA)

Soviet Union to provide arts programming for students, Sziget Festival has become one of the biggest music events in the world.

More than 1,000 performances take place on the 266-acre Obuda Island for an entire week in August. With nine stages, parties, an amusement park and a beach, the festival is a well-rounded, fun experience for everyone. Dua Lipa, Lana Del Rey and Kygo will be there this year.

3. Earth Garden Festival

Where: Malta National Park, Malta

When: May 31-June 3

Spread across five different music stages, not only does this festival have everything from electro, to funk and reggae, it also takes place in one of the

sunniest spots in Europe.

Earth Garden is eco-friendly too; with the Reusable Cup System, they invite guests to produce as little waste as possible. This year's festival is also part of the cultural programme of Malta's European Capital of Culture 2018.

4. Sonar

Where: Barcelona, Spain

When: June 14-16

Right in the heart of Catalonia, Sonar Festival is celebrating its 25th birthday this year. A celebration of electronic music and arts, the event is a meeting point for creative and talented people, uniting established artists with emerging talents.

Along with the music, enjoy a selection of food trucks featuring organic, handmade products. This

year's acts include Ibiza Pareo, Lorenzo Senni and Steve Lean.

5. Outlook

Where: Pula, Croatia

When: September 5-9

Croatia is known for its summer party spirit. Located in an abandoned fort on the Adriatic coast, Outlook brings together artists from all over the world. The opening concert takes place in Pula's 2000-year-old amphitheatre. For the first time this year, new location Zerostrasse - an underground network of tunnels - opens up exclusively for festival ticket holders. Built during WW1 as a shelter from air raids, the tunnels connect the heart of the city to Pula's fortresses and military grounds. Chimpo, Fatima and Jam Baxter are among the artists performing.



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Cocktails to make ahead of your picnic!

From making freshly made cordials to something as simple as twisting the top off a bottle and pouring yourself a perfectly

made drink, *Batched & Bottled, Cocktails to Make Ahead* by Max & Noel Venning will show you how to up your cocktail game. Here are three of their

infusions to drink in the sunshine, that can actually be put together on a cloudy day...

1. Fennel & Elderflower Fizz

Perfect for a picnic and easy to prep the day before. The savoury note from the fennel means this pairs well with light food. Along with the prosecco and a few fronds of fennel to garnish, it makes for a very sophisticated summer tippie.

Ingredients: Elderflower and fennel cordial (200g bulb fennel, 500ml elderflower cordial), couple of bottles of prosecco. Fennel slices and leaves to garnish.

Utensils: Plastic bowl (750ml), funnel, coffee filter

Method: To make the elderflower and fennel cordial, slice the fennel as finely as you can using a sharp knife. Keep some of the sliced fennel for garnishing, plus any leaves. Place it in a bowl, pour the elderflower cordial over, cover with a lid or cling film and leave in the fridge for 24 hours. Strain the mixture by lining a funnel with the coffee filter and run some cold water through to remove any lint. Put the funnel over the empty cordial bottle and pour through the liquid. Will keep in the fridge for up to one week.

Serving suggestion: If

In the world of mixology, cocktail components can be fussy and time consuming. But it needn't be that way, especially if you forage ahead for fresh ingredients and do a little prepping, so they can be ready to serve at a moment's notice.



you're taking this to a picnic, fill a cool box with ice and put in the prosecco and cordial. Wrap the garnish in damp kitchen paper and place on ice. To serve, place ice cubes in a wine glass, add 25ml cordial and top with prosecco. Stir slowly, garnish, drink.

2. Southern Belle Punch

This is your new go-to cocktail for a large party and can be prepared way in advance and stored in the fridge. With a bowl of this on the table, you'll find when it's your turn for a drink, it will probably be gone. So we recommend making twice as much.

Ingredients: 500ml bourbon whiskey, 150ml fresh, strained lemon juice, 150ml sugar syrup, 20ml maraschino liqueur, 10ml Angostura bitters, 400ml strong Earl Grey tea, chilled, 400ml chilled water - serves approx 10 people. Ice to serve.

Garnish: Selection of edible flowers, seasonal fruit, citrus fruits, berries or mint sprigs

Method: A few hours before you want to serve, simply add all the ingredients to your chosen punch bowl and stick in the fridge to get it nice and cold. It will keep for 24 hours.

Serving suggestion: Pull the bowl out of the fridge and add the ice. Get extravagant with the garnishes - as it's a centrepiece, you can go overboard with edible flowers, seasonal fruit and mint sprigs. Citrus wheels look great bobbing under the surface, along with mint sprigs and berries. Leave a ladle in the bowl and let your guests help themselves.

3. Tarragon & Grapefruit Collins

The bittersweet, mildly aniseed flavour of tarragon teams well with the acidity of the pink grapefruit in this drink, and it's a perfect refresher to sip on a warm weekend afternoon in the park. It's also more than a match for spicy food.

Ingredients: Tarragon syrup (150ml sugar syrup, 75g fresh tarragon), 500ml gin, 150ml fresh, strained grapefruit juice, 100ml fresh, strained lemon juice, 150ml tarragon syrup, couple of bottles of soda water - serves approx 10 people.

Garnish: Tarragon stems or slices of grapefruit

Utensils: Tupperware-type container, 150ml sterilised bottle, 2l jug, sieve

Method: To make the tarragon syrup, combine the sugar syrup and tarragon in a container, seal and leave to infuse overnight in the fridge. Strain through a sieve, transfer to the bottle and seal. It will keep for approx. two months in the fridge. A couple of hours before you want to serve, add all the ingredients to the jug and put in the fridge.

Serving suggestion: Fill the jug with ice and top with soda water, giving it a quick stir to combine everything. Fill some tall glasses with ice and pour. To garnish, take some tarragon stems and give them a slap to release the aroma, then slide one down the side of each glass. Otherwise, a slice of grapefruit is equally pretty.

Batched & Bottled by Max & Noel Venning is published by Quadrille. Available now. ■

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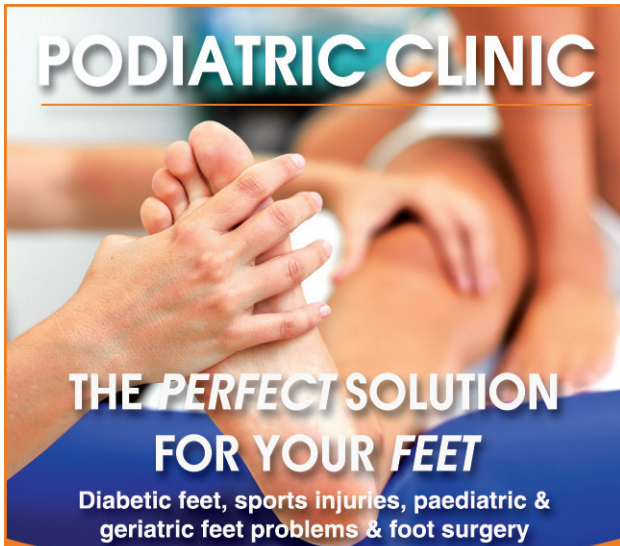
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Keep you skin summer safe

Warmer weather means it's time to remove the jumpers and to start bearing more skin. While it is great to feel the warm sunshine, spending hours in the baking sun does come with its risks, so this is a good time for a reminder about the importance of protecting your skin.

Skin cancer is the fifth most common cancer in the UK, according to Cancer Research UK. There are different types of skin cancer, and while some can seem easy to treat, others can spread and become life-threatening if not caught early enough - which is why it's vital to keep on top of your sun-protection regime and look out for any tell-tale warning signs that might emerge.

"Not all skin cancers look alike - it's important to know what the warning signs are and to check your skin every couple of months," says Dr Stephanie Munn, dermatology clinical lead at Bupa UK. "Like most cancers, early detection is

key in treating and stopping the spread of the cancer."

Remember, while any one of these signs could have a number of innocent causes, it's always worth checking with your GP, sooner rather than later, if you notice any changes to your moles or any new blemishes that you're concerned about. Here are seven potential skin cancer warning signs to keep in mind...

1. A new mole

Some people have more moles than others - but how familiar can you claim to be with each of yours? "It's important to get to know any moles, freckles and marks on your skin, so you'll recognise if there are any changes or

abnormalities. In many cases, the change won't be anything to worry about, but it's a good idea to get any changes checked out by a doctor or medical professional," says Dr Simon Latham, medical officer at Push Doctor.

There's certainly no need to panic if you notice a new mole popping up on your skin - but keep an eye on it. It's also a good idea to count all the existing moles you can find and give them a look-over every now and then, and remember to check awkward places like the soles of your feet and your back, using a body-length mirror.

2. A mole that's changing size or colour

You know it's important to check on your moles regularly, but what exactly should you be looking for? "In a normal mole, the border should be smooth," says Dr Sarah Brewer, Healthspan medical director. "If it is irregular, scalloped, or ragged then that may be a warning sign - usually, the ones that look a little 'ugly' are the ones to watch. If you notice a mole getting darker, larger, or becoming raised, get it checked by your GP." Look out to see if the surface becomes scaly or if it's

causing irritation as well, and compare it to other moles on your body to track any differences.

3. An itch that won't go away

"If a mole starts to itch or change in other ways, it should always be brought to the attention of your doctor," Dr Brewer says. "This is sometimes a sign that the mole is changing and that, if it is left untreated, it may develop into a skin cancer." The same is true for any spot or blemish which is causing you trouble for an extended period of time - don't spend months scratching the same part of your body before you get it checked out.

4. Lumps or ulcers

Skin cancer doesn't just present itself in moles; lumps and ulcers can also be symptoms, so keep an eye on anything on your skin that doesn't seem quite right. Ulcers are often found around the eyes - these bleed easily and are usually pale in appearance. Red lumps can also be clues and these can be harder to find; they usually appear on hands, ears and the scalp and are more common in people who use medication that could suppress the immune system.



If a mole starts to itch or change in other ways, it should always be brought to the attention of your doctor.



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A dermatologist examining mole of female patient with magnifying glass. In a normal mole, the border should be smooth. (Photos: PA Photo/thinkstockphotos.)

5. Black spots in awkward places

"Skin cancers can occur on the most intimate of places," notes Dr Brewer, who advises us to check our privates and inside the mouth. Dentists check for mouth cancer as well as tooth hygiene, so regular check-ups are a good idea. "Bring any odd patches of discolouration inside the nose or around your genitals to your doctor's attention - don't let embarrassment put you off," Brewer says.

6. A spot under the nail

It's rare, but melanoma can develop under your

finger and toe nails too - so keep an eye on any dark spots under the nail that linger for longer than a couple of weeks. It's a sign that Dr Brewer is always on the lookout for: "I recently took a man aside at a party and asked about the black spot under his thumb nail," she says. "Turns out, he'd hit himself on the nail with a hammer and the black bruise was slowly growing up and out with the nail, but you can never be too careful!"

7. Bumpy or shiny skin

Non-melanoma skin cancer is less serious

than melanoma, but should still be checked to prevent it spreading across the body. Bumpy, red or shiny skin is a sign that you might have this strand, says Dr Munn. "Keep an eye out for any lumps with scaling or crusting skin on top, or if an area of skin is raised and isn't healing normally. There could be other causes of bumpy skin, like eczema or an allergic reaction, so talk to your doctor who can diagnose and treat the problem."

It's important to get to know your skin and take note of any irregularities, but there's plenty you can

do to reduce your risk of developing skin cancer. "Make sure that you cover up - wear a hat, sunglasses and long sleeves and apply sunscreen to any area that's directly exposed to the sun," Dr Latham stresses. Experts recommend using sunscreen with an SPF factor of at least 30, and re-applying it every two or three hours (and more frequently if you're in and out of water). Once you've slipped on a hat and slopped on some cream though, there's nothing to stop you making the most of the glorious weather. ■

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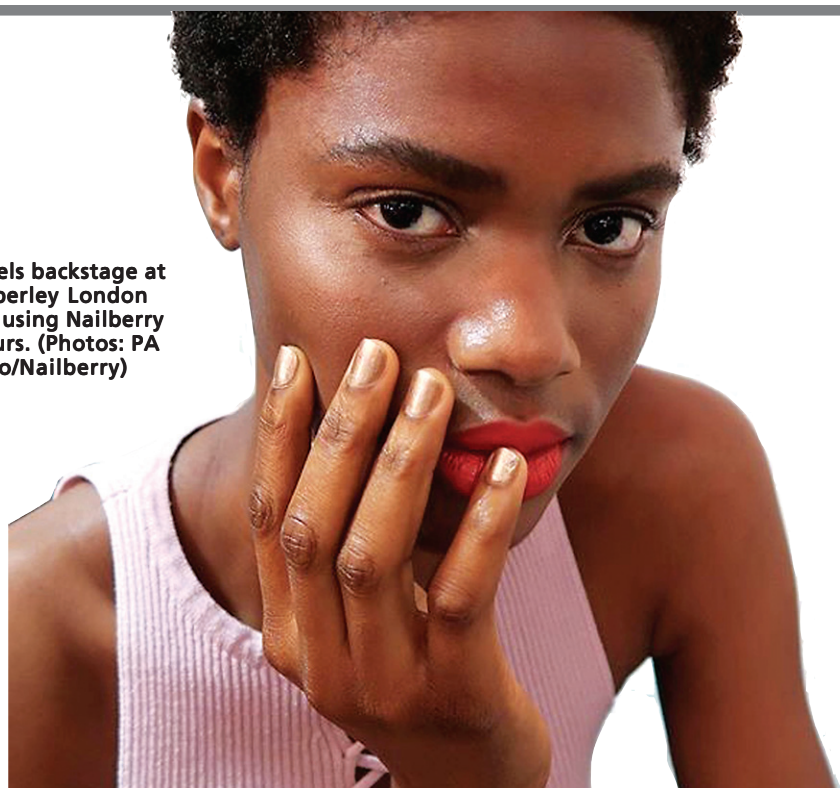
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Models backstage at Temperley London SS18 using Nailberry colours. (Photos: PA Photo/Nailberry)

Spring nail trends

Whatever the weather outside, you can easily get into the spring mood by simply painting your nails.

There was an air of optimism on the SS18 catwalks, and in the new season collections, as metallics, pastels and vibrant, travel-inspired shades came to the fore.

Ready to give your talons the spring treatment? These are the catwalk looks and new polishes we're coveting now...

1. Metallic mood

At Temperley SS18 models were given a double dose of molten magic courtesy of Nailberry.

To achieve this extra-shimmery shade, a gold base was topped with an iridescent silver glitter.

2. Think pink

YSL Beauty's spring La Laque Couture collection features a trio of pretty pinks. Our favourite? The zingy Excite Me Coral, a warm orange-pink that looks good on everyone.

3. Buffed to perfection

If you often gravitate towards pastel pink for spring, try switching things up with a toffee nude, as seen on the Osman SS18 catwalk.

The chic shade in question is Artistic Colour Revolution's Running in the Buff-alo, chosen by session manicurist Nickie Rhodes-Hill and applied to neatly rounded nails.

4. Neapolitan flavour

Chanel's latest Le Vernis collection was inspired by the stylish city of Naples, and shades include cool pastels (we love pink Nuvola Rosa and mint Verde Pastello) and hot hues (try bright yellow Giallo Napoli and rich red Arancio Vibrante). It's like a holiday for your hands.

5. Shimmery shades

Orly's six-piece Pastel City collection does what it says on the tin, offering a choice of straight-up pale shades, but the prettiest polishes are those with a frosted finish, like the chocolatey Metallic Haze and the teal Electric Jungle.

6. Lisbon lacquers

OPI looked to Europe's trendiest city break destination for its latest range, offering no less than 10 nail varnishes

based on the sights and sounds of Lisbon. For a blast of Iberian freshness, try the bright sea green or sunny yellow.

7. Join the dots

Most cases of nail art on the catwalks look way too complicated to attempt at home, but backstage at Richard Malone we saw a design we can totally get on board with.

All it takes is a coat of baby pink, then add three little blue dots on your ring and pinky fingers. Easy-peasy and very pretty.

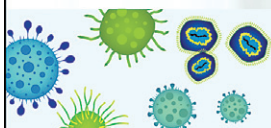
8. Havana blast

Leighton Denny's Cuban-inspired spring range sure is hot, hot, hot. The punchiest picks from the Havana Heat collection are without doubt the spicy red Firecracker and the multi-coloured glitter Street Dance. Layer them up for a truly caliente combination.



Most cases of nail art on the catwalks look way too complicated to attempt at home, but backstage at Richard Malone we saw a design we can totally get on board with. (Photo: PA Photo/Nailberry)

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Less calçada, more smooth pavements please

Traditional Portuguese paving, calçada, is under threat in Lisbon with more smooth surfaces throughout city being called for to improve accessibility for those with mobility issues travelling around the city.



Beautifully crafted calçada in the Rossio in Lisbon

accessible



Used with kind permission of the artist José de Guimarães

Portugal

our heritage,” said Ana Sofia Antunes, “But while the calçada is of interest to be maintained, there are many parts of the city where we should have already learned how to reconcile the history and tradition of calçada with more accessibility friendly pavements so that we can all move about.”

The Secretary of State made reference to “smooth pavement strips which have already been adopted on the Avenida da República as a solution for accessibility which could be rolled out throughout the city”.

Balancing the need to preserve traditions and heritage with the need to make cities and towns accessible for everyone,

no matter what their level of mobility, is an issue that has led to heated discussions, however the Secretary of State said that while this was a very important issue she reminded journalists that her biggest goal relating to accessibility was to change the terms of European support.

“We are in a current community framework that does not provide anything in the way of support for the creation of accessibility in physical space.

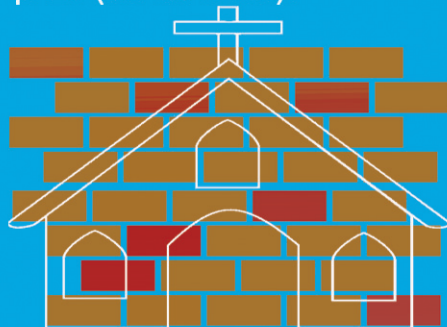
She concluded: “It is fundamental that in the next community framework that there are guaranteed funds so that municipalities and different entities that want to invest in accessibility have the community funds to be able to achieve this.”

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Find us on Stand N° XX Fatacil on 2 & 3 June



The Secretary of State for the Inclusion of People with Disabilities, Ana Sofia Antunes, has defended plans to create more strips of smooth pavement throughout the streets of Lisbon.

Ana Sofia Antunes was joined by Portuguese President Marcelo Rebelo de Sousa and members of the Salvador Association on a trip around Lisbon with members in wheelchairs showing the politicians the reality of the difficulties faced by those attempting to get around Lisbon on calçada pavements.

Both good and bad examples of paving in Lisbon were highlighted during the tour in which Ana Sofia Antunes also defended the need for “community funds to include support for works to improve accessibility.”

According to the Portuguese newspaper *Diário de Notícias* there were many criticisms by those on the tour relating to the irregularity of the calçada paving, however the Secretary of State defended the need to make pavements better for those with accessibility issues.

“There are a lot of people who defend the calçada, and it is important to defend it because it is part of



Close-up of calçada

What is your experience of Accessible Portugal?

There are many positive examples of how Portugal is working to become accessible for all, as well as negative experiences, and we would like to hear about them.

The Portugal News is working to highlight Accessible Portugal and we want to hear about all the best examples from businesses, associations and entities, while if you have had a poor experience then we may be able to help to encourage change for the better.

Whatever your needs, accessibility is an essential for everyone and we hope to work together to make Portugal Accessible for all.

Contact us by emailing access@theportugalnews.com

'Dias d'As Virgens Negras' is a series of events to be held in the Lady Chapel of Guadalupe, near Raposeira, to commemorate the Black Virgin of Guadalupe. Design Workshop - **2nd June**, 4pm to 6.30pm. Singing Workshops - **9th and 15th June**, 4pm to 6.30pm, led by Carme Juncadella (International Choir of Aljezur.) Movement Workshop - **16th June**, 10.30am to 1pm. Final Concert - **16th June** 7pm, accompanied throughout by the International Choir of Aljezur. For reservations and Information Tel: 914 016 037. associacaocorvoearaposa@gmail.com. Additional Thematic Concert - **2nd June**, 9pm, Igreja de Santa Maria, Lagos.

SOCIAL

Drawing the Nude in Olhão - Beginners and artists meet in Olhão every **Thursday** morning. New students are very welcome and guidance is given if required. Contact jill.stott@gmail.com for more information regarding drawing or modelling.

Coro dos Amigos do Museu. We are an international four-voice choir based in São Brás de Alportel. We sing sacred and secular music from medieval to 21st century, with concerts several times per year. We rehearse on **Thursdays** from 6.30pm. Ability to read music is an advantage, but not essential. If you think you would like to join us, please contact David on david51.littlewood@gmail.com, or on 289 489 374.

Barbershop Chorus "Bella a Cappella" Welcomes new members. Men and Women from all nationalities, to experience joy and fun in Harmony singing. Rehearsals **Tuesday** evenings in the lagar in Moncarapacho. For details go to www.bellaacappella.net or call Andrea: 962932978

Crown Green at Alvor bowling club **every Friday** at 10am, bowls available free of charge. For more info please contact Peter or Janette Tel:- 966169747 or 965700536.

The East Algarve International Shanty choir is looking for an enthusiastic musical leader. Musicians, Male and Female singers welcome! Join the **East Algarve International Shanty Choir**. Rehearsals weekly on **Thursday**, 5pm Luz de Tavira, at café Chic Zé. Tel. 00351 926684061 Website: www.eaisc.eu

C.A.S.A. - the Algarve's leading Social Club for expats meets **monthly** for dinners / lunches and social events. For more information email info@casasocial.club or telephone 282495475 www.casasocial.club

afpop - East Algarve Coffee and Chat Morning - Member-2-Member. Coffee & Chat mornings. The monthly Coffee & Chat morning. They are always the **last Wednesday** in the month. The



coffee mornings are organised by a group of afpop members. It is very informal, a chance to meet up, make friends and have a chat. If you are interested in the Coffee & Chat mornings contact: Sherry on 916 913 612 or email: slosantaclara@gmail.com. Usually in the East Algarve Pedras da Rainha Club House. GUEST SPEAKER: Karin Holmström Forster Karin will be talking about her project to train guide dogs for the visually impaired young people living in the Algarve.

afpop - PTM/Monchique Luncheon in Caldas de Monchique on **22 May** at 12.30pm. Venue: Rest. Rouxinol, Location: Caldas de Monchique, Price: €20 pp. Bookings with: Gerty Geerts, E-mail: geerts.gerty@gmail.com **Lunch in Foral Restaurant** on **24 May** at 12.30 for 1pm. Lunch inclusive, cost of €14 for Members and €15 for non-Members to include tip. This lovely restaurant is situated in Foral between Algoz and Messines it is a fully inclusive meal. Bookings with: Heather and Les. E-mail: silves@afpop.com Mob: 966 677 295. **Badminton in Silves** come and try Badminton. This is a regular **Thursday** evening slot booked for Badminton players at the pavilion of the Escola EB 2,3 Dr. Garcia Domingues in Silves between 8pm and 10pm. Badminton players will need to bring their own racquets and pay a small fee to cover costs. More information contact Sue on suesharman9@gmail.com or call 910 108 730

Vale de Milho Golf Club members meet at 9 am on **Tuesdays** and **Fridays** for golf competitions. It is a friendly club and visitors are welcome. For more information contact Hazel Hopps 282 358 022

Walking Football for the 50+ - Every Thur. 9.30am - 11am, at José Arcanjo Stadium, Olhão (behind McDonalds EN125) Fitness, fun & friendship. Only €3 / session. Contact: 916504903

Walking Football for those over 50 year-of-age who want to enjoy the beautiful game but at a more leisurely pace. **Mondays** 4G Astro pitch adjoining the Eduardo Mansinho Sports Hall, Avenida Zeca Afonso, Tavira

Tuesdays Over 60s ONLY Astro-turf pitch adjoining the José Arcanjo Stadium, Olhão (behind McDonalds on the EN125) **Thursdays** Astro-turf pitch adjoining the José Arcanjo Stadium, Olhão (behind McDonalds on the EN125) All sessions run from 9.30 to 11.30am and cost 3 euros. For further information: www.walkingfootballalgarve.com christopher.wright@hotmail.co.uk

New Duplicate Bridge Club at Lagoa Hotel on the EN 125 in Lagoa, next door to O Casarão Restaurant. **Thurs** 1:45pm. €5 including refreshments. No joining fee. All welcome. 282352022 / 969174130

Duplicate Bridge - Come and join us in a friendly informal atmosphere. All levels and nationalities welcome. **Wed & Fri** afternoons at Vale d'El Rei Hotel. Please contact 911 561 224 or 282 358 885

Duplicate bridge - Come and join our friendly international club. **Thursday afternoons**, 3pm start at Restaurante Solar da Poeta in Almancil. Or **Friday afternoons**, 2pm start at Museu do Trajo in São Bras de Alportel. For pre-registration and information call Frank Spelbos at 937 802 110 or email to spelbos@sapo.pt

Bridge; Friendly social game Tuesdays & Fridays 1:15pm Marina Club Suite Hotel Lagos. Just tip up or call 963977642 - partner not necessary

Painting for Pleasure Classes, water colours, oils or acrylics - Beginners onwards, individual tuition on **Tues** mornings at Four Seasons Fairways (Quinta do Lago, Almancil) 10am to 12noon. **Wed** at Mesquite near São Brás from 10.30am to 12.30pm, 2.30pm to 4.30pm. Tel. Terry Reed, tel: 289 845 561

Duplicate Bridge - Come and join us. Friendly Club, all nationalities and levels welcome. Every **Mon & Thurs** at the Cristal Hotel, Carvoeiro. 1.45pm for 2pm. Tel: 282 357 953 or 282 357 657.

Duplicate Bridge - Come along to our friendly International club on **Tues** afternoons, 1.45 pm for a 2 pm start. At the Aroma di Mar Restaurant in Olhos de Água. For further details call Mary Moore: 289 416 199.

Friendship group, Os Amigos, meets on the **third Tuesday** of each month, for walks, lunch, and other activities. For details contact lindabell@cogb.com

SPORT

Formula 1 World Championship in Motonáutica - The event takes place in the estuary of the river Arade from 10am to 7.30pm on **19 & 20 May**. Free guided visits to the paddock areas available. www.vivaportimao.pt

Walking Football begins again at Boavista Spa on the N125 between Lagos and Luz. **Every Wednesday** 9:30am - 11:30am. Everyone over 50

welcome. Contact: brian.efoster@yahoo.co.uk

Tavira County Lawn Bowling Club - Cerro do Leiria, Santa Caterina, Fonte Bispo, Tavira. Tel: 963997582.

Balaia Bowls Club, Olhos de Agua, Albufeira - roll-ups on Tuesdays and Fridays at 09:45am. Tuition available if required. Please telephone Jill on 935701155

Algarve Hash House Harriers meet **weekly**. Call 289 413 854 or 918 806 044. Follow us on Facebook & visit www.algarvehhh.org

Valverde Lawn Bowls Club - Almancil, now open five days per week. Come and join us for our roll-ups on **Mon, Wed, Thur, Fri & Sun** from 10am. Tuition is available if new to the game, holiday makers are welcome. Call Jen on 282 332 628 or 937 264 287.

Walking football at Browns in Vilamoura. **Tuesdays and Thursdays** at 9:30am. Come try it out! Contact info@browns-club.com or 289 322 740

THEATRE

Entre Mares Festival - Sem Retorno - Dancinema on **May 23rd** at 9.30pm, Tickets: €5. Dois Séculos on **May 26th** at 9.30pm, Tickets: €10. Taking place in the Teatro Municipal de Portimão. tempo.bol.pt

Clowns - Enano, Leo Lobo & Tosta Mista, **May 31st to June 1st**, 9pm, Monchique,

Antiga Serração. Tickets: €7 lavrromar.bol.pt

WORKSHOPS & COURSES

Meet people and make friends. Learn to play bridge. Contact the Vale del Rei Bridge group. Beginners sessions starting in January. Tel 968457888.

Music Improvisation and Ensemble Skills - Sat 3pm-5pm Costume Museum, São Brás de Alportel. Exploring the technical & theoretical aspects of improvising in different keys & applying these new skills within a small-group environment. All instruments & abilities welcome.

Scottish Country Dancing held on **Monday** evenings from 7:30 to 9:30pm at the NOBEL International School Algarve. Contact Mardie Cunningham on 282 356 029 or email mardie@sapo.pt.

Musical Instrument Classes - Guitar, Ukulele, Keyboards, Mandolin, Banjo, etc. Beginners lessons available: **Tuesdays-Fridays**, Intermediate players can join our Show Band. Almancil centre. 919 968 768

Latin and Ballroom Classes - Tuesday mornings 10-1.30 at Alvor Community Centre. Beginners, Improvers, Jive, and Intermediate/Advanced. Please contact Caroline on 961916821 / Email strictlydancingcarvoeiro@hotmail.com

Drawing Workshop at Guadalupe Chapel near Raposeira, Vila do Bispo. **June 2nd** 4pm to 6.30pm. Led by Maria Taquelim as part of the Black Madonna celebrations with final concert events on **June 16th**. Tel: 911 456 695, associacaocorvoearaposa@gmail.com



Last Week's Winner : Charlotte Andrade, Lagoa

9th SOMETHING TO BARK ABOUT!

Just come along to the International Algarve Fair and enter your dog into as many classes as you want to win some lovely prizes! All you need is a collar and lead and your dog's vaccination record book.

ALGARVE DOG SHOW

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2 & 3 June (11am until 5pm) Fatacil, Lagoa

Organised by **Paws4Pets** and The Portugal News as part of the International Algarve Fair www.algarvefair.com email: sales@algarvefair.com

NOTE Events are correct at the time of going to press and according to information given to The Portugal News. However, events may be cancelled, delayed or fail to live up to their billing.

SATURDAY 19/05/18

Table listing TV programs for Saturday 19/05/18 on channels BBC One, BBC Two England, Channel 4, and ITV London.

SUNDAY 20/05/18

Table listing TV programs for Sunday 20/05/18 on channels BBC One, BBC Two England, Channel 4, and ITV London.

MONDAY 21/05/18

Table listing TV programs for Monday 21/05/18 on channels BBC One, BBC Two England, Channel 4, and ITV London.

TUESDAY 22/05

Table listing TV programs for Tuesday 22/05 on channels BBC One and ITV London.

Must See TV

Jamie's Quick & Easy Food (C4, Monday at 8pm)

New series. Jamie Oliver offers viewers the ultimate set of go-to recipes for quick and easy-to-remember cooking having developed a collection of tasty dishes that each use just five ingredients, producing stress-free meals perfect for busy days and for those people who don't have the time or energy to devote to complicated cooking. This first edition of the new run features mouth-watering recipes for flaky pastry pesto chicken, spicy 'nduja vongole, a comforting sausage bake, and a watermelon granita.

View our TV Guide from anywhere via our website!

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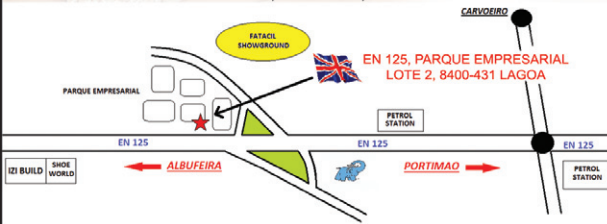


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Charities

CC ASSOCIAÇÃO DE CARIDADE MÃOS DE AJUDA Helping Hands Charity Shop, 13A Avenida Dr. Eduardo Mansinho, Tavira. 100 metres from Porta Nova Post Office. Open Monday, Wednesday, Saturday 10am to 1pm. Help us to Help others in the Tavira Area. 963558138

CC - ADL SUPPORTING FAMILIES This is a new Charity set up to support local families in crisis. We receive unwanted furniture, white and electrical goods, baby equipment, bedding, towels etc..and distribute items to local families who need them. We cover the Guia, Algoz, Tunes area and further afield. For more information about the work of the Charity and how you can help please contact Su Davis: 932307548 su.davis@sapo.pt Facebook: Support for families in the Algarve and Desafios Luminosos.

CC THE NANDI CHARITY shop Summer clothing now in store. Bargain prices. Furniture can be collected within 30 k Lagos. Tel 912741857

CC PORTIMAO SOUP KITCHEN
 Beco Sao Jose, Rua Sao Jose, under old bridge in Portimao. Come & help us make sandwiches & serve food to hungry but appreciative people. For more info call Joy 917 358 098

CC SECOND CHANCE charity shop at Largo Das Ferreiras(on roundabout), Ferreiras, Albufeira. Open Tuesday to Friday 10am to 4pm. Saturday 10am to 1pm. Supporting people in need, also Bombeiros, Soup kitchens, Riding for the disabled, AHSA day care centre for the elderly and more. Contact Maggie Cook 917707808.

CC CADELA CARLOTA shop in Lagos open Monday till Friday 10.00-13.00 /15.00-17.00hrs. Almadena: Monday till Friday 10.00-16.00 hrs Saturday 10.00 -13.00hrs. You are always welcome to donate and to purchase. We always need extra hands in our shops.

CC THE GOODWILL CHARITY. R.Direita 5, Ed. Portus Magnus, Portimao. (Close to Theatre). 968 740 693 10am-2pm. Clothes, bric a brac and furniture in saleable cond., large items collected.

CC APAA CHARITY SHOPS - Dunas do Alvor: Tues to Sat 10.30am - 2pm. Cerro Grande, Albufeira: Tues to Sat 10.30am - 2pm. Rua Elias Garcia, 20, Silves: Mon to Sat 10am - 2pm. Volunteers always welcome info.apaaportugal@gmail.com

CC WEEKLY BOOK SALE. Come along to our Book Sale every Friday from 10.00 to 12 noon at Monte da Palhagueira Nursing Home & Retirement Village Hall, Gorjoes. All proceeds go to The Boys Home Faro. Tel: 289990901

CC THE DONKEY SANCTUARY needs all your unwanted items for our shops in Ferragudo, Carvoeiro and Lagoa . Larger items i.e. furniture can be collected. The shop funds allow us to feed our many mouths at the Sanctuary. We always need extra hands at our shops so if you can spare 3-4 hours a week give us a call. Chris 966033127

CC MADRUGADA ASSOCIAÇÃO provides home-based, end of life, palliative care to patients and their loved one free of charge. Your donations of household items or clothes would be very welcome. Volunteers are required for our retail shops, delivery service, Centre support and very importantly fund raising. If you can help with any of the above please call us 282 761 375 or visit our shops on Rua Direita No100, Praia da Luz.

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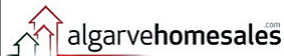
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2 / 3 Jun

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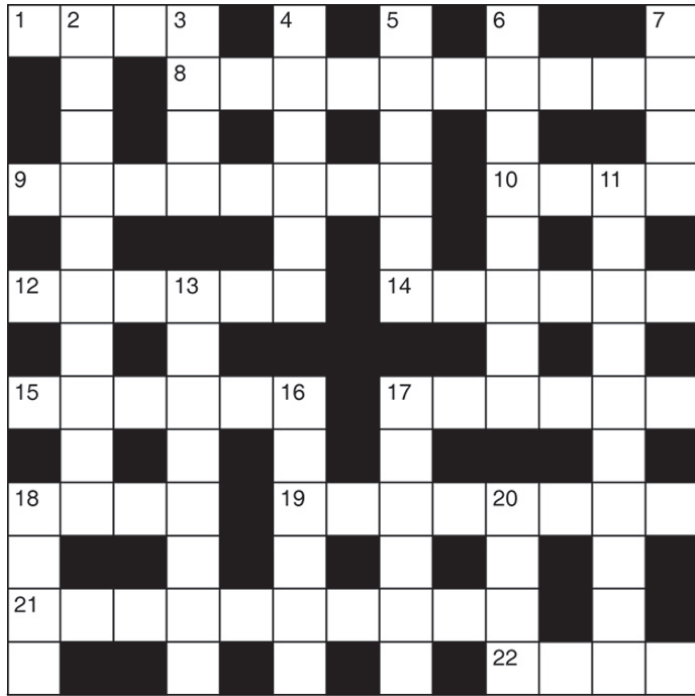


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Verse of the Week
Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



Last week's cryptic crossword solutions

Across: 4 Tipping; 8 Obeyed; 9 Special; 10 Tirade; 11 Treble; 12 Increase; 18 Entrance; 20 Speech; 21 Sprain; 22 Bear out; 23 Grocer; 24 Dresser.
Down: 1 Contain; 2 Retract; 3 Meddle; 5 Impotent; 6 Packet; 7 Neatly; 13 Alehouse; 14 Infancy; 15 Tenner; 16 Appear; 17 Hearts; 19 Report.

CRYPTIC CROSSWORD

ACROSS

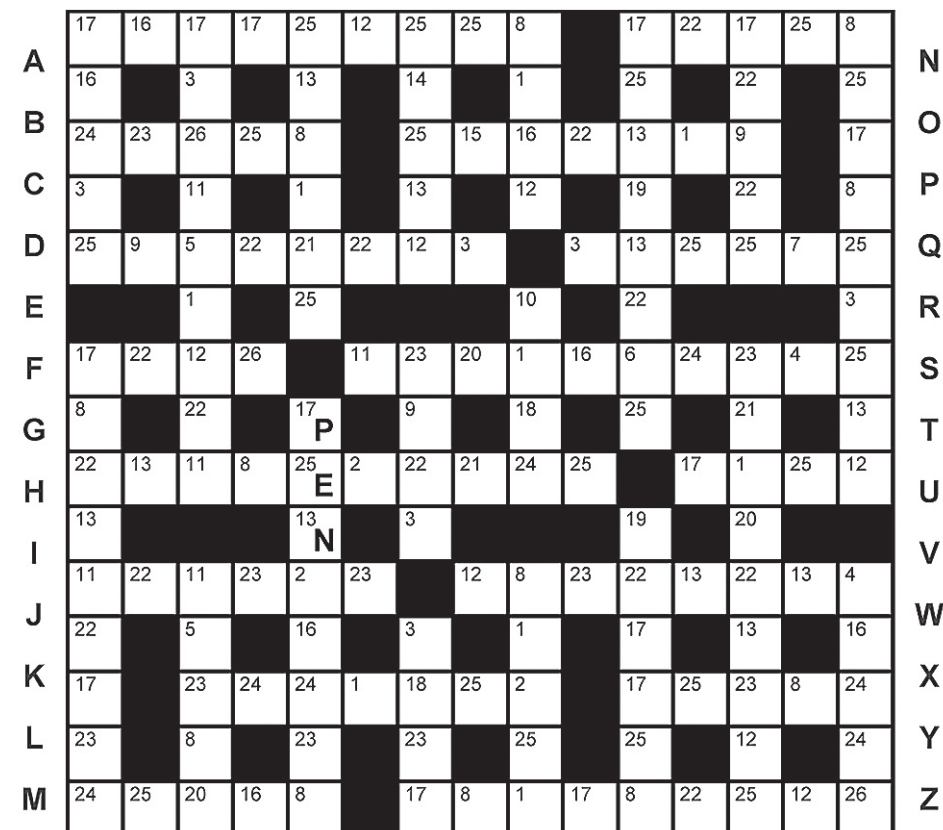
- Notion an aide has? (4)
- Draw a drink and don't make a hit (4,1,5)
- A year's supply of dates? (8)
- Evict some boisterous tenants (4)
- Pursued, say, but still pure (6)
- Illuminated and let out, but not very much (6)
- Indicate need to change (6)
- Air a hut (6)
- Party animal? (4)
- Didn't sit inside and was conspicuous (5,3)
- How to learn to dance in stages (4,2,4)
- Blend of teas to fully satisfy (4)

DOWN

- Aloofness of a military unit (10)
- Peas scattered in recess (4)
- It's taken to mean you don't drink (6)
- It may contain a slug, or a lot of slugs! (6)
- Drink that may not be yours? (3,2,3)
- Killed in one attempt (4)
- Such a person is his own master (4-6)
- Temporary substitutes for false teeth? (8)
- Tries to write compositions (6)
- They're worn for films (6)
- Very very average (2-2)
- They could be lucky to have brief swims (4)

CODEWORD

1	2	3	4	5	6	7	8	9	10	11	12	13	N	
14	15	16	17	P	18	19	20	21	22	23	24	25	E	26



QUICK CROSSWORD

ACROSS

- Greedy (4)
- Devotee (10)
- Pasta tubes (8)
- Metal (4)
- Dinner jacket (6)
- Spectres (6)
- Frank (6)
- Small beams of light (6)
- Colour (4)
- Cave in suddenly (8)
- Probability (10)
- Engrave with acid (4)

DOWN

- List of words (10)
- Information (4)
- Japanese garment (6)
- Norseman (6)
- Remedy (8)
- Soft feathers (4)
- Hopeful (10)
- Imperil (8)
- Trick (6)
- Liquid measure (6)
- Placid (4)
- Assistant (4)

Last week's quick crossword solution

Across: 6 Approve; 8 Scared; 9 Connect; 10 Assets; 11 Rookie; 12 Conitrie; 18 District; 20 Corpse; 21 Arrest; 22 Beneath; 23 Damsel; 24 Include.
Down: 1 Askance; 2 Passing; 3 Better; 5 Progress; 6 Random; 7 Victim; 13 Indebted; 14 Diverse; 15 Stately; 16 Modern; 17 Appeal; 19 Threat.

SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Answers next week.

	1		2		7	
2	8				5	3
			5	1		
9	6				3	1
3			7			5
7	8				4	9
			4	3		
8		3			4	7
	4			5		8

Medium

	8		5		1	4	
				6		3	
2	1	6		4			
		2				7	
7						8	
	4				2		
			8		6	3	7
8		5					
4	7	1				8	

Hard

Last week's solutions

Last Week's Codeword Solution

F	A	T	H	O	M	U	S	E	F	U	L	L	Y
E	H	L	U	I	A	O							
B	A	I	L	I	F	F	D	R	E	C	U	R	
R	R	V	I	C	O	N	S	Q	K				
U	N	D	U	E	S	K	T	A	U	P	E		
A	N	S	H	R	U	B	E	R					
R	E	V	I	E	W	O	A	V	E	R			
Y	T	E	X	T	O	L	L	P					
	P	Y	R	E	O	M	Y	O	P	I	A		
J	R	P	E	R	K	Y	P	M					
A	R	O	M	A	C	E	R	E	C	A	P		
R	B	U	N	Z	I	P	E	O	E				
G	U	I	L	D	E	T	R	A	P	P	E		
O	N	I	M	C	S	E							
N	I	G	H	T	C	A	P	T	H	R	E	A	D

3	6	7	2	4	1	9	5	8
5	1	4	3	8	9	6	2	7
2	9	8	6	7	5	1	4	3
9	8	3	7	2	4	5	1	6
4	5	2	1	6	3	7	8	9
1	7	6	5	9	8	2	3	4
7	3	1	8	5	6	4	9	2
8	2	9	4	1	7	3	6	5
6	4	5	9	3	2	8	7	1

Medium

Hard



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Papadatos wins Open de Portugal, Lima gains historic runner-up spot

Dimitrios Papadatos secured his maiden European Challenge Tour title by carding a gritty three under par final round of 69 to win the 56th Open de Portugal at Morgado Golf Resort by one shot. The tournament will go down in memory locally as being the professional event which saw a Portuguese player claim their highest finish when José-Filipe Lima claimed an impressive second place.

Australia's Papadatos started the final day in Portimão one shot behind overnight leaders José-Filipe Lima and Stuart Manley but overtook the pair with two birdies in his first four holes and never looked back.

The 26-year-old, a three-time winner on the PGA

Tour of Australasia, rolled in a 25-foot birdie putt at the tenth to extend his advantage over the chasing pack and despite dropping a shot at the par five 16th, he rallied to bag his fourth gain of the day at the par three 17th.

After coping with the windy conditions all day, the man from Sydney was left

with a tricky eight-foot par putt on the 18th but he holed out with aplomb to set the clubhouse target at seven under par.

With home favourite Lima unable to birdie the 18th to force a play-off, it was Papadatos who was crowned champion, and he was delighted to have claimed his first victory in Europe.

"It feels pretty good and a big relief, especially after the last couple of days," he said. "It's been very windy and difficult, you had to

grind out results in such a bunched field when it's very hard to break away and get in front. But I was fortunate enough to do that in the end.

"I played the course well today. I was very solid finishing long par putts, and I didn't threaten to make many birdies as I was hitting it poorly today. But I hung in there and my short game was good and I took a couple of opportunities when I got them.

"I've had a couple of wins back in Aus and I've never won in Europe, so it's maybe not the biggest but it's definitely the most important as it's going to get me going over here. "I've been trying the last two or three years to get myself going in Europe and onto the main tour, so this is a big step forward and it's going to help me out a lot.

"I flew into Portugal on Monday lunchtime and only booked my flights last Friday, so this tournament wasn't even on my radar.

"I was just going to come over for Walton Heath for the US Open qualifier, but with my category I happened to get in here. I was second reserve for Spain next week, so the win might sneak me in there now."

With victory in Portugal, Papadatos moves up to ninth place on the Road to Ras Al Khaimah Rankings with 32,000 points.

Lima, whose share of second place is the highest finish by a Portuguese player in their home open, also rises up the Rankings and now occupies 16th place with 16,350 points.



Portugal's José-Filipe Lima claimed an impressive second place at the Open de Portugal. (Photo: Filipe Guerra)



Dimitrios Papadatos secured his maiden victory in Europe by winning the 56th Open de Portugal at Morgado Golf Resort (Photo: Filipe Guerra)

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Benfica snatch Champions League place from Sporting

N CHRIS WRIGHT

With FC Porto already crowned champions it was left to Benfica and Sporting to sort out who would gain UEFA Champions League qualification and the many millions that a second-placed finish would bring. At the bottom of the table five teams battled to avoid the two relegation places.

In recent years Madeira has not been a happy hunting ground for the 'big three' and so it was to prove for Sporting who knew they had to win against Marítimo.

Despite a positive start from the Lisbon outfit, the hosts began to make progress down the wings and but for a crucial block by Rodrigo Battaglia in the eighteenth minute Gamboa would have given the islanders the lead.

Thirteen minutes later and Marítimo opened their account through Diederrick Joel when the Cameroonian popped up at the near-post to glance a header past Rui Patrício.

Sporting soon responded as Gelson Martins fed Bas Dost at the back-post for a classic one-touch finish from the Dutchman, taking both clubs into half-time level.

Sporting strived to penetrate a resolute home defence but to no avail. Worse was to come in the second minute of stoppage time when a goalkeeping

error by Patrício, so often the saviour at the back, allowed Gevorg Ghazaryan's weak shot to find the back of the net and in the process dump Sporting out of Champions League contention.

Benfica, who only weeks earlier had looked set to lift the Primeira Liga title, struggled to overcome a Moreirense side who needed points to assure their survival in the top flight. The Eagles had opportunities with Alejandro Grimaldo, Pizzi and Jonas all going close in the opening twenty minutes.

Five minutes after the break Benfica got the all-important goal as Grimaldo's cross hit Alfa Semedo's arm and, after consulting the VAR, referee Fábio Veríssimo duly awarded a penalty. Jonas stepped up to the spot and slotted home his thirty-fourth league goal of the season.

Benfica therefore finished second, seven points behind FC Porto with

Sporting ending up third, three points ahead of fourth place SC Braga who lost 1-0 at Rio Ave. Porto finished their campaign with a 1-0 at Guimarães thanks to a seventieth minute goal by Ivan Marcano.

A very happy Dragons boss Sérgio Conceição was able to end the season with a club record points haul of eighty-eight, equalling the league record accumulated by



Benfica supporters celebrate after claiming second spot in the Liga and the final remaining spot for the lucrative Champions League. (Photo: MÁRIO CRUZ/Lusa)

Benfica two years ago. Portimonense put an end to any hope Paços de Ferreira had of avoiding the drop to the Segunda Liga when Pires slotted home a brace of goals for the home side. Micael pulled a goal back for P.Ferreira two minutes from time but Wellington

Carvalho's strike in stoppage time ensured the Portimão side ran out 3-1 winners. Feirense battled against Estoril knowing that a point would ensure safety and send their opponents down. A hard fought 0-0 draw resulted in Estoril being

relegated after six seasons in the top flight. Promoted from the Segunda Liga are CD Nacional (Madeira), after just one season in the second tier, and Santa Clara (Azores) who return to the Primeira Liga after a fifteen-year absence.

Portugal's Renato Sanches angers Swansea fans over emoji tweet

Renato Sanches has kicked his last ball for Swansea after enraging fans on social media just hours before the club were all but relegated from the Premier League.

The Bayern Munich midfielder - who has had a disastrous loan spell at the Liberty Stadium - was rounded on by Swansea fans last Wednesday after his new personal emoji was announced on his official Twitter account.

The previous evening Swansea had lost their crunch relegation battle against Southampton, and a few hours later the club's relegation was all but guaranteed after Huddersfield held Chelsea at Stamford Bridge.

Fans responded angrily to the tweet and departing Swansea manager Carlos Carvalhal termed the social media post "stupid", although he insisted that it is not the reason the Portugal international has played his final game for the club.

The emoji controversy has rounded off an unforgettable season for the 20-year-old Sanches, who was named young player of Euro 2016 after Portugal won that tournament.

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